

Review

April, 1989; Volume 10, Number 3

Inside: **Olympic Academy XIII**

Healing Through Helicopters

The morning is overcast. A cold wind blows over the black tarmac where a line of helicopters points toward a distant wall of firs and gray-blue mountains through the haze.

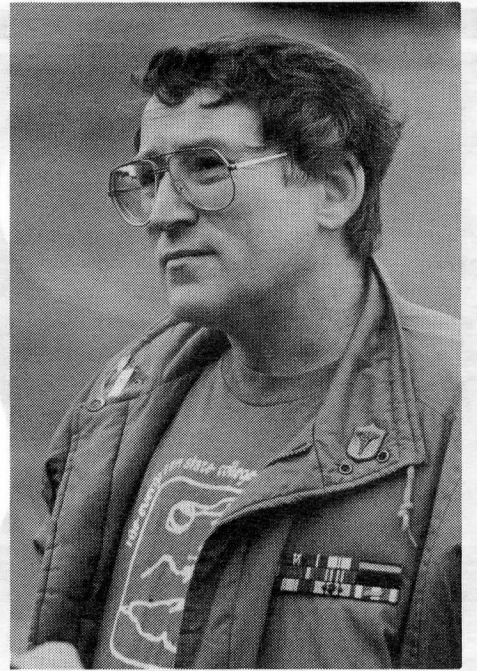
One Huey, blades spinning, shatters the calm—*thomp, thomp, thomp.*

Through the eyes of 12 veterans, this helicopter rips at deeply buried memories—memories that urgently need to surface and be dealt with before these vets can return to productive lives.

The Huey has been transformed by Evergreen student intern **Elke Faleafine** (below) into a powerful new tool of therapy for Vietnam veterans suffering from Post-Traumatic Stress Disorder. Each vet knows—today he'll fly.



HEALING THROUGH HELICOPTERS



Gene DeWeese '77

By Michael Wark
Information Specialist
The Evergreen State College

Looking at their eyes you sense they're hiding something dead serious behind expressions of nonchalance.

The chopper with the first lift of vets raises ten feet into the air and hangs. It tilts left over the lawn and lumbers forward, slowly making a wide arc to the runway. It will fly a half-hour mission, often at tree-top height, with a descent into an imaginary landing zone (LZ). A Cobra attack helicopter will fly nearby.

"A lot of Post-Traumatic Stress Disorder (PTSD) suffered by Vietnam veterans is caused by locked memories. Sometimes it takes significant experience to break through," says **Bill Vandebush**, senior counselor for the Post-Traumatic Stress Treatment Program at American Lake Veterans Administration hospital near Tacoma. He's an '87 Evergreen graduate and senior counselor in the program where *Faleafine is an intern and nurse.*

For some vets, the Huey ride brings back an explosion of memories—some horrible, some empowering. For some, their last memory is their evacuation by helicopter, half dead, from a battlefield.

The sound of the blades beats against ears and chests. You can hear it with your feet. The sound gives voice to anxiety, excitement or anticipation felt by all who stand here in front of the two-story high hangar.

It's the fifth time the helicopter ride has capped off the 12-week, in-patient program that now has an 18-month waiting list for admittance. It's considered one of the best in the country—the best if you ask *Faleafine*. More than 350 Vietnam vets have been through the program since 1986.

Out of 21 full-time therapists and nurses working in the program, three are graduates of Evergreen. Two more are students, including *Faleafine*. As an intern, she's worked with Evergreen Faculty Member **Les Wong** since last summer to develop and implement the Huey therapy, while working full-time as a Licensed Practical Nurse at the hospital.

When she began working at American Lake in August of 1986, *Faleafine* noticed that vets always stopped talking and listened as Hueys flew by the hospital heading for nearby *McChord* and *Fort Lewis* air bases. The reaction brought back memories of her German parents' and grandmother's response to air-raid sirens after World War II. "They freeze in their positions. You can see them freak, it's terrible," says *Faleafine*. The similarity in reactions made her curious, and after four months at the hospital, she was thinking about Huey therapy. It wasn't until after she began discussing her ideas with *Wong* that she suggested the therapy to administrators of the PTSD treatment program. Now vets relive their war experiences on helicopter rides, write down their memories and impressions of the flight, and discuss them with each other and in group sessions.

"The Huey flights have a stronger impact than anyone expected," says *Faleafine*. "The experience gives them a lot to work with."

"Anyone who's worked with PTSD knows that the sound of Hueys has a strong impact on vets. All of us knew it, but *Elke* did something about it," says *Vandebush*.

Vandebush knows the power of the Huey from experience. Like other hospital staffers who are vets, *Vandebush's* first ride on a Huey months earlier wasn't easy because of his last memories of Vietnam. During a heavy battle, an air strike was called and the bombs fell short of their target; shrapnel damaged his head and lower back. Running for help he was shot six times by a sniper. He points to his perfectly matched artificial eye and comments on the work of surgeons who skillfully rebuilt the side of his head. His voice is slightly affected by the wound at the base of his neck.

"If it wasn't for the helicopter coming in I'd probably be dead," he says. "They got me to an aid station, then eventually to a hospital ship, where they put me back together, pretty much."

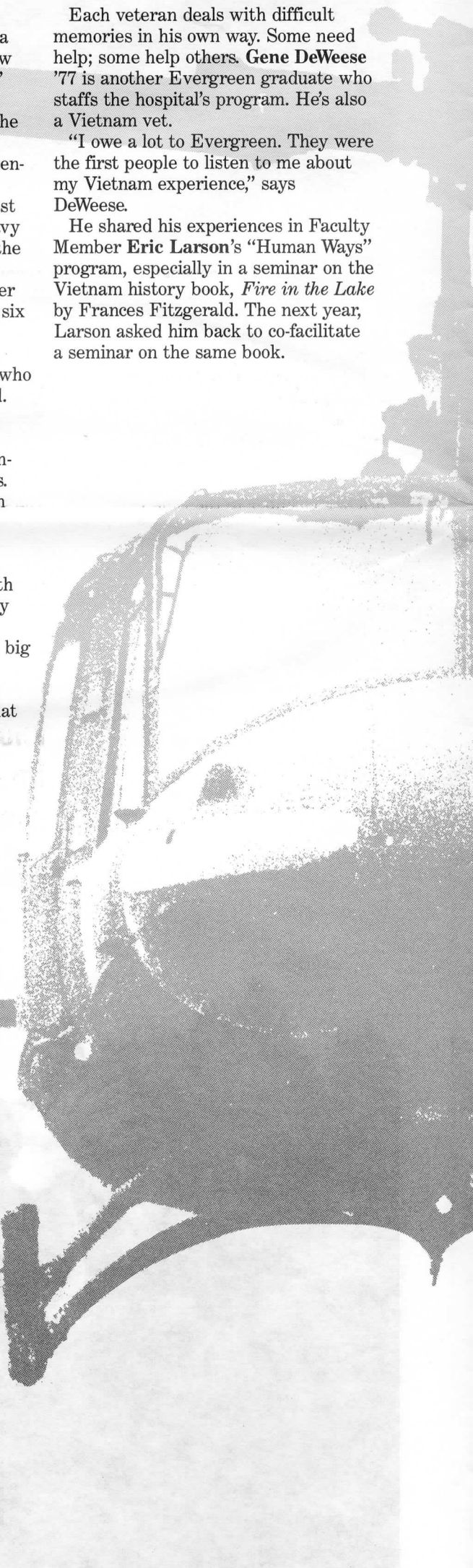
Vandebush is a thick-set man with wide shoulders and a face that easily conveys a sense of cheeriness. "My first Huey trip back here had a real big impact on me. I felt the impact for about two weeks. You feel things on the flight like physical sensations that can't be recreated anywhere else."

For some vets, the Huey ride brings back an explosion of memories—some horrible, some empowering.

... A long way from Vietnam to an airfield near Tacoma; a long way from the 60's to the 80's.



National Guard pilot conducts a pre-flight briefing to vets.



"The first time I came for my ride I had chills, from the moment I left the briefing chamber to the time I returned to the building. It was the most powerful, intensive emotional experience I've ever felt."

"That helped me a lot in recovering from my own stress situation. I have a deep, deep appreciation for that school," he says.

DeWeese first met **Jim Burke '79**, another hospital therapist at American Lake, in an Evergreen program called "Helping Relationships." Burke is the only person in the nation doing intensive research on the effects of a program called "Outward Bound" on PTSD. Outward Bound takes vets into the wilderness and challenges them to do things like rappel down cliffs and shimmy across rivers on ropes. It has a very positive impact on PTSD.

But for DeWeese, the strongest, most positive experience in dealing with post-traumatic stress has been getting in touch with Vietnam by way of a Huey ride in Washington state.

"The first time I came for my ride I had chills, from the moment I left the briefing chamber to the time I returned to the building. It was the most powerful, intensive, emotional experience I've ever felt."

The tarmac is hopping with action. Men in National Guard uniforms move to and fro, huge airplanes are taking-off low overhead, and an occasional green helicopter painted with a red cross rushes past from a nearby landing area. Jumping head first into this world of military activity magnifies the therapeutic impact of the day, as the vets wait quietly for their ride.

The vets are accompanied by several hospital staff and a cadre of five reporters and a TV camera crew of two. National Guard pilots, mechanics and staff circulate among the crowd.

The National Guard has a one-of-a-kind arrangement with the Veterans Administration to get the vets onto Hueys. The arrangement exists because of persistence by Faleafine.

"For most of the vets, it's the first time they've been on a helicopter since the war. For many it will be the last," she says.

On board, vets and hospital staff are buckled into canvas seats and the doors are closed. In Vietnam the doors were always open, but it's the sensations and smells of fuel that trigger the memories. Each person on board wears a headset with a microphone.

"We want to know if anything significant is happening with you. It's very important that you tell us," says Faleafine. There is no doubt she means this. The helicopter will touch down immediately if the experience proves too strong for anyone.

Not all the vets have strong reactions to the flights according to Faleafine. But some are holding on by a thread as memories rush through their minds. She says that in our society, it's okay to feel anger, but not sadness or sorrow. The sensations of the Huey trigger such strong memories, yet the veterans suffering from PTSD can't be angry because there's nothing to strike out against. They struggle to hold onto the facade that carries them through day-to-day life. For these people the experience is very difficult. They have to find new ways to deal with their past, and therein lies the therapy.

The vets who walk off the first two flights look invigorated and confident. One strides away, head high, after happily slapping the nose of the copter. Some have a faraway look in their eyes.

Thomping blades and the roaring engine provide background to the voice of Vandebush as he speaks into a microphone held by National Public Radio reporter Carol Levinson. Feet firmly on the ground after her first-ever flight on a helicopter, she asks if it's unusual that the vets didn't talk during the flight.

"They enjoy the flight. It demonstrates that it's peacetime and helicopters are safe," Vandebush responds. "You could see them thinking. The wheels are turning as they think about their Vietnam experience. It was good for them. They look, they feel, they remember, and they get wrapped up in the experience. They don't talk much."

Several hours later, when the shock wears off, they will talk. Floodgates will open.

"Anyone who's worked with PTSD knows that the sound of Hueys has a strong impact on vets. All of us knew it, but Elke did something about it."

Back on the ground and a step closer to home.

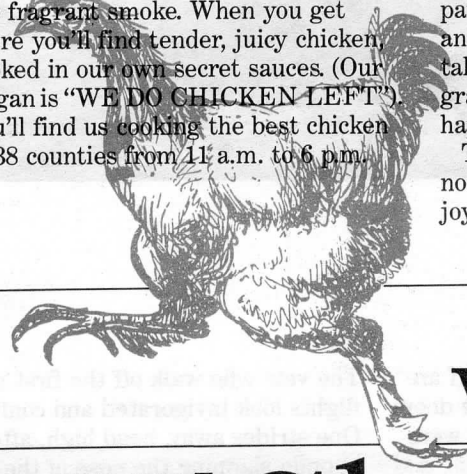


Alumni Greener Gathering

Alums Offer Super Saturday Breakfast and Chicken

by Val Thorson '75
Alumni Association President

Hey! It's back! What's back? Alumni Chicken! Due to popular demand (and coming back to our senses) that Super Saturday classic, Alumni Barbecued Chicken, returns to the campus plaza behind the Lecture Halls. Just follow the fragrant smoke. When you get there you'll find tender, juicy chicken, cooked in our own secret sauces. (Our slogan is "WE DO CHICKEN LEFT") You'll find us cooking the best chicken in 38 counties from 11 a.m. to 6 p.m.



If you're an Evergreen grad, your Alumni Association invites you to start Super Saturday at the Alumni Breakfast and Annual Alumni Meeting. At 9:30, we'll be serving up a light breakfast (\$2 per person) in CAB 110.

The meeting will begin at 10. You'll have a chance to vote for new Alumni Board members—and even run for election yourself and have a say in how the Alumni Association is run. The best part of any meeting is entertainment and there'll be plenty of that as we'll take a look at what's new with Greener grads and give an update on campus happenings.

The meeting will be over before noon, giving you plenty of time to enjoy Super Saturday. Hope to see you!

we Do cHiCken Left!

SUPER ★ WEEKEND ★ CALENDAR

Friday, June 2	Friends of the Rag Performance 7 p.m. and 9 p.m. Communications Building (See details at right.)
Saturday, June 3	Annual Alumni Breakfast Meeting 9:30 a.m. CAB 110 Super Saturday XI, including world-famous, interdisciplinary Alumni Chicken booth 11 a.m.-6 p.m. Alumni Dance Library 4300 8 p.m.-1 a.m.
Sunday, June 4	1989 Commencement Ceremonies 1 p.m. Campus Plaza



"Dance of the Living Thread" Kicks Off Super Saturday Weekend

If you've ever wanted to wear something beyond your wildest dreams, you can see those dreams come to life on Friday, June 2, when a group of fashion innovators who call themselves "Friends of the Rag" bring their creations to Evergreen. The evening of performance art will kick off Super Saturday and Graduation Weekend at 7 and 9 p.m. in the Communications Building.

Friends of the Rag began with a performance for a political fund raiser in 1972 and grew in popularity until they were invited to appear at the Smithsonian and the White House.

Friends of the Rag celebrates wearable art from one-of-a-kind designs to outrageous costumes with the motto, "If the art fits, wear it."

The group writes vignettes around their costumes which are set to music and choreographed.

Evergreen connections are strong with Friends of the Rag. Out of ten performing artists, seven are Geoducks. Dancer **Don Martin** was a member of the first four-year graduating class in 1976, while **Karen Kirsch '79** is currently an adjunct faculty member at the college. **Donna Pallo '78** and **Linda O. Mathews '80** are also dancers and choreographers. **Barbara Zelano '88** narrates the vignettes, **Leslie Myers '87** is a technical advisor, and **Bruce Whitney '81** contributes music to the performances.

Tickets for both performances are \$7 for students and alumni and \$10 for the general public. Tickets are available at Yenny's, the Bookmark, the Evergreen Bookstore or by calling Evergreen's Development Office at (206) 866-6000, ext. 6565.

After A Super Day, Don't Forget the Night

Rock the night away on Super Saturday, June 3, in Library 4300 from 8-1 p.m. The Alumni Gig Committee is making plans to close out the academic year with the best Alumni Dance yet. Live, no-holds-barred rock and roll featuring Olympia's own "Crazy 8's," refreshments, Geoduck surprises and more will be on tap. Call the Alumni office at (206) 866-6000, ext. 6192, for complete details.

Your Name

If you'd like over 15,000 people, including 7,000 alums, to see your business card, then send a black and white, camera-ready copy of it and \$20 to:

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After a Decade of Research, Cascadia Still Going Strong

By Mark Clemens
Information Services

How do you identify an individual whale? With no dark or light hair, no black or bright blue eyes, no slender or stocky body type to go by, most people are at a loss to tell one whale from another.

But to members of the Cascadia Research Collective in Olympia, there are details that can make each and every whale unique. Humpback whales are relatively easy to distinguish by the coloration and scars on their flukes. In the case of blue whales, it's all in the skin, as each whale has a distinctive pattern of pigmentation.

It takes months of painstaking research, something which many of Cascadia's members learned to do in their environmental studies programs at Evergreen.

The Cascadia Research Collective, a non-profit corporation dedicated to environmental research and education, was founded a decade ago by eight Evergreen graduates: **John Peard**, **Daphne (Smith) Stone** and **Sally Klotz**, all members of the class of 1975; **Sarah Madsen '76**; **Susanne Carter**, **Pam Miller** and **Jim Cabbage**, class of 1977; and **John Calambokidis '78**. Other Greeners who have worked with Cascadia are **Barb Taylor** and **Stephen Kant**, class of 1978; **Pierre Dawson** and **Tim Pearce**, class of 1979; and **Joe Buchanan '81**.

The founders' experience at Evergreen came in two areas. One group, supported by a National Science Foundation grant, conducted a study of seals, while the second group did an environmental study of the Nisqually Delta. The Cascadia Research Collective was started to continue that work, and has since become well-respected for its research on marine mammals and birds, and contaminants.

"Probably the most unusual thing about Cascadia is that none of us who founded the collective had advanced degrees," says Calambokidis. "That was unheard of in 1979, and still is, but we made it work because we all did advanced research at Evergreen. We had



Members of the Cascadia Research Collective include (left to right): **John Calambokidis '78**, **Joe Buchanan '81**, former Evergreen employee **Greg Falxa**, **John Peard '75** and **Gretchen Steiger**. Whales pictured alongside the right-hand margin are from Cascadia's identification files.

practical experience in field research, writing reports and publishing them that would have been impossible at any other undergraduate college."

The collective operated out of Cabbage's and Calambokidis' living room until 1983, when they moved into their current headquarters in the Water Street Building in downtown Olympia. Working as a collective, no member draws a salary, except as funded by specific contracts. Of the original eight members of the collective, only Calambokidis continues to work at Cascadia full-time, though other founding members are still involved in some projects.

In a given year, Cascadia will work simultaneously on six or seven research contracts, which have ranged in size from \$3,000 to \$200,000. In its ten-year existence, Cascadia has successfully completed over 30 contracts, primarily from federal and state agencies. Collective members may hop from project to project, but may also specialize and lead a project, depending on their interests and abilities.

Although Calambokidis and Gretchen Steiger are the collective's only full-

time, year-round staff members, more than 20 different people worked on Cascadia projects last year. This year Evergreen students **Elizabeth McManus**, **Payton Carling**, **Jeff McGowan** and **Jennifer Horn** have interned with the collective, which has had more than 30 interns altogether.

Currently, Cascadia is carrying out five research contracts, three of them for the Marine Sanctuary Program, a division of the National Oceanic and Atmospheric Administration. Two of the contracts involve surveys of whales, one on humpback whales and one on blue whales. Both are being conducted in marine sanctuaries in the Gulf of Farallones and near the Farallones Islands west of San Francisco. The third contract is for a survey of harbor porpoises in the same area off the California coast.

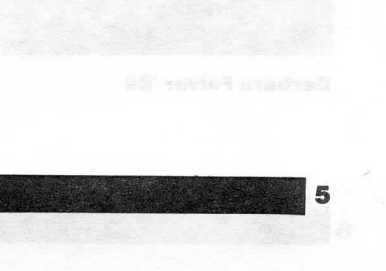
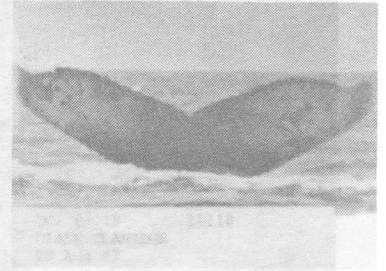
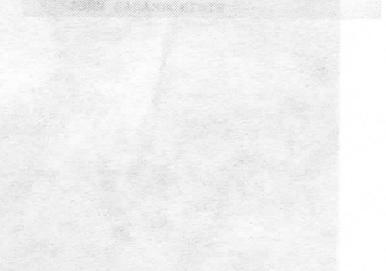
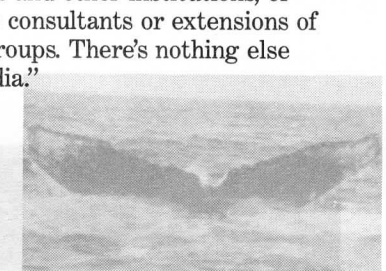
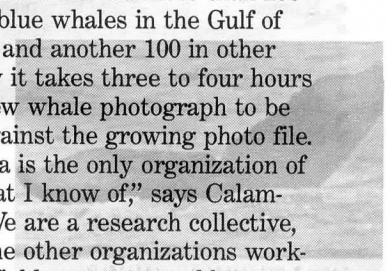
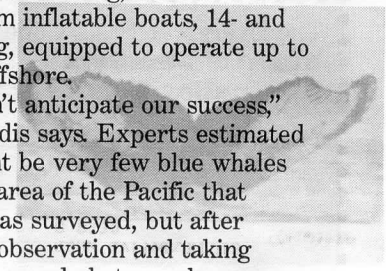
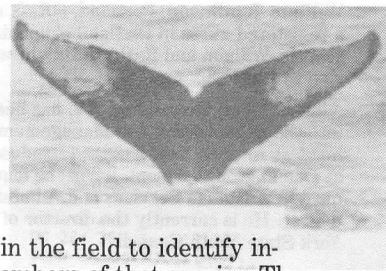
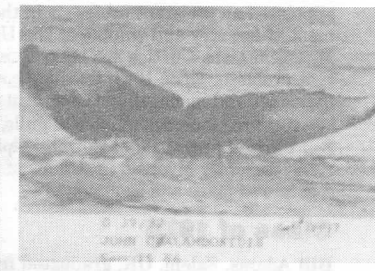
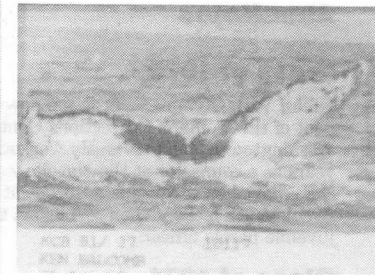
All three surveys are routine studies of population and migration patterns, but the two whale surveys involve specifically identifying individual whales. On the blue whale research, in particular, Cascadia is doing pioneering work, as it is one of the first attempts

by anyone in the field to identify individual members of that species. The work is often exciting, most of it conducted from inflatable boats, 14- and 16-foot long, equipped to operate up to 25 miles offshore.

"We didn't anticipate our success," Calambokidis says. Experts estimated there might be very few blue whales left in the area of the Pacific that Cascadia has surveyed, but after months of observation and taking several thousand photographs,

Cascadia has identified more than 250 individual blue whales in the Gulf of Farallones and another 100 in other areas. Now it takes three to four hours for each new whale photograph to be checked against the growing photo file.

"Cascadia is the only organization of its kind that I know of," says Calambokidis. "We are a research collective, while all the other organizations working in the field are supported by universities and other institutions, or are private consultants or extensions of lobbying groups. There's nothing else like Cascadia."



"A Big Mama..." That's what **Wendy Stern '75** says it feels like to be a full-time caretaker at the **Olympic Wildlife Rescue Center**. Located 15 miles west of the Evergreen campus, the 12-acre site serves as a healing station for orphaned and wounded birds and animals.

"We get a lot of pesticide victims in the spring," says Stern, "orphaned babies in the summer (we had 16 bottle-fed fawns last year) and lots of animals who've been wounded by hunters in the fall."

Creatures frequenting the 11-year-old facility include blue herons, hawks, deer, raccoons, flying squirrels and opossums. The center's goal, explains Stern, is to return birds and animals to the wilds. Some animals, however, like **Bambi (left)**, whose knees are damaged by gunshot wounds, are permanent residents.

Stern, who's worked at the non-profit center since 1986, encourages other Greeners to find out more about the project by writing: **Olympic Wildlife Rescue Project, 54 Mox-Chehalls Road, McCleary, WA 98557**; or calling, **(206) 495-DEER**.

AlumNotes

Class of 1973

Eldon Vail, Olympia, WA, is the new superintendent of the Women's Corrections Center at Purdy, Washington. Eldon previously worked for five years as a counselor at the Naselle work camp, then moved on to various positions at Cedar Creek youth facility, then to Tacoma to work as a juvenile parole officer.

Class of 1974

Curtice R. Griffin, Sunderland, MA, has been appointed an assistant professor in the department of forestry and wildlife at the University of Massachusetts. Curtice has been a visiting assistant professor since 1985, teaching courses on the dynamics and management of animal populations. His research includes studies of gulls, Delaware Bay birds of prey, bald eagles and piping plovers. He is currently involved in studies of river otters, coastal red foxes and salamanders.

Class of 1975

Bill Adams, Salem, OR, graduated from Willamette University's Graduate School of Management in 1982 and is currently director of Faculty and Staff Development for Oregon State University in Corvallis. He served as the president of the Oregon Training Association in 1988 and has been a consultant to state and local social service agencies on management issues and programs to reduce client violence. Bill has been married for 11 years, has three children and has just finished building a new house.

William Tomlinson, Portland, OR, is working as a registered nurse in Portland elementary schools. William and **Kathy Baldwin** were married in June '88.

Alan Krieger, Duansberg, NY, has been accepted into the Organization and Management Department at Antioch/New England Graduate School at Bennington, Vermont, where he is pursuing a master of Human Services and Administration degree. He is currently the director of the New York State Youth Council.

Class of 1976

David Current, Seattle, WA. David's audiovisual production company, Current-Rutledge, was awarded a Gold Medal from the International Film and TV Festival of New York for its production of "AIDS-Wise, No Lies." Current and Rutledge spent seven months interviewing and photographing a diverse group of young people, including many who were living with AIDS. "Our goal," says David, "was to break through the sense of invulnerability common to most teenagers that says 'AIDS has nothing to do with me.'" The video is being used in high schools and colleges across the country and is distributed through New Day Films.

Class of 1977

Judith Utevsky, San Francisco, CA, recently received her master's degree in social work. She is working as a post-graduate intern at San Francisco Children's Hospital's Comprehensive Child Crisis Service, a psychiatric service for children, adolescents and their families.

John Hennessey, Charlestown, MA, is an information systems consultant at the Arthur D. Little Company. As part of his job, John has traveled extensively, including recent trips to Jeddah, Saudi Arabia, and Luxor and Cairo, Egypt.

Thomas L. Fleischer, Prescott, AZ, recently moved to the Southwest to join the environmental studies faculty at Prescott College. He is teaching a combination of natural history, conservation biology, human ecology and wilderness history/politics.

Class of 1980

David Mazor, Belchertown, MA, was recently married to **Kathleen Mathews**, a psychologist, who is working on her doctorate at the University of Massachusetts. David completed his feature film "Exquisite Corpses" last July and is now working on a documentary film commissioned by the rock group, Duran Duran.

Myles Mustoe, Ellensburg, WA, is an adjunct professor of geography at Central Washington University. Myles, who also teaches in elementary and high schools, makes geography come alive for his students by having them monitor world band (shortwave) radio broadcasts from the countries they are studying. "I started with geography and asked what do they need to know to use shortwave," he says. He used broadcasts to teach about time zones, longitude and latitude and how radio waves propagate through the atmosphere. He also encourages students to take notes on broadcasts and to correspond with overseas stations. Myles is the author of a new book on the use of shortwave as a teaching tool, *Shortwave Goes to School—A Teacher's Guide to Using Shortwave Radio in the Classroom*, published by Tiare Publications, P.O. Box 493, Lake Geneva, WI 53147. The book contains an introduction to shortwave, lists equipment sources, explains how to set up a "Shortwave Learning Center," provides various "master forms" for use with the Center and features over 40 assignments.

Class of 1981

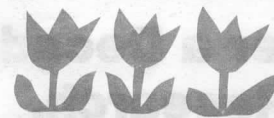
John Stocks, Coeur d'Alene, ID, has been elected an Idaho State Senator in the Coeur d'Alene district.

Class of 1982

Wanda Gayle (formerly **Wanda Schroeder**), Salt Lake City, UT, is a technical writer for the Unisys Corporation. She lives with her husband, **Howard Berkes**, a reporter for National Public Radio. They recently trekked to the Annapurna Sanctuary in Western Nepal.

Ronni Hacken and **Maureen Foye Parker** '83, Olympia, WA, were applauded in the March issue of *The Pulse*, a newsletter of the Olympia AIDS Task Force. Hacken and Parker, partners in Counseling Consultants, have been volunteer facilitators of a support group for people who are HIV positive, have ARC or AIDS and their families and friends. Those interested in the group or in the AIDS Task Force can call (206) 352-2375 for more information.

Cheryl Henderson, Phoenix, AZ, is serving as a special assistant to Phoenix City Manager Marvin Andrews as part of the National Urban Fellows program. At the conclusion of the 14-month fellowship, Cheryl will be awarded a master's degree in public administration from Bernard Baruch College of New York City University. In addition to the ten-month internship, the fellowship includes 16 weeks of academic study at the university.



In Memory

Sage Russell Turner '83

Sage Russell Turner, 31, died March 25, at home after a long struggle with cancer.

He was born in Portland, and returned with his family to Oregon in 1973 after living in Alaska, Arizona and New York. He graduated from Willamina High School in 1976, attended Portland State and graduated from Evergreen in 1983. He was employed as an organic granary worker, cabinetmaker, sign painter, and math tutor.

Survivors include his wife, Lorraine Ming Tong; parents, Ralph and Phyllis Turner; grandmother, Ruth Turner, all of Rock Creek Road (Sheridan). Contributions may be made to Health Dynamics Hospice, McMinnville, Oregon.

Class of 1984

Darcy Fox, Portland, OR, was married to her long-time friend, **John Angell**, on July 30, 1988. She enrolled in Western States Chiropractic College in 1985 and will graduate this June after completing a chiropractic internship. Darcy and John plan to move back to the Seattle area to open a practice.

Nina Carter, Olympia, WA, has announced her candidacy for the Olympia City Council, Position Number 7. In recent years, she has been active in Olympia's Westside Neighborhood Association and is currently a member of its governing board. She is also the citizen representative on the Thurston County Solid Waste Advisory Committee. She is employed as a program manager for boater environmental education at the Washington State Parks Commission.

Class of 1985

Julia M. Becker, Cincinnati, OH, has had her work exhibited in galleries in Ohio and Kentucky. In June, she will have a one-woman show of her work at the Carnegie Arts Center in Covington, Kentucky.

Helen Mary Lazara, Seattle, WA, has enrolled at the School of Law at the University of Puget Sound in Tacoma, Washington.

Class of 1986

Sherry Hill, Olympia, WA, has created her own advertising and public relations firm, Sherry Hill Creative Communications. In 1988 her firm received three awards from the Washington Information Council for a brochure and graphic identity project for Capable Prosthetics and Orthotics of Tacoma.

Class of 1988

Heidi Arbogst, Olympia, WA, and nine current Evergreen students have opened the Reko Muse Gallery. The non-profit gallery and artistic events center is located in what used to be a garage in downtown Olympia. It was created to provide a forum for artists working with anything from reels of film to pages of poetry.

Class of 1989

The Class of '89—those seniors who will graduate from Evergreen this June 4—will present \$3,135.75 as a class gift to the college's Longhouse project. The sum is the largest amount of money ever raised by a graduating class. Thanks!

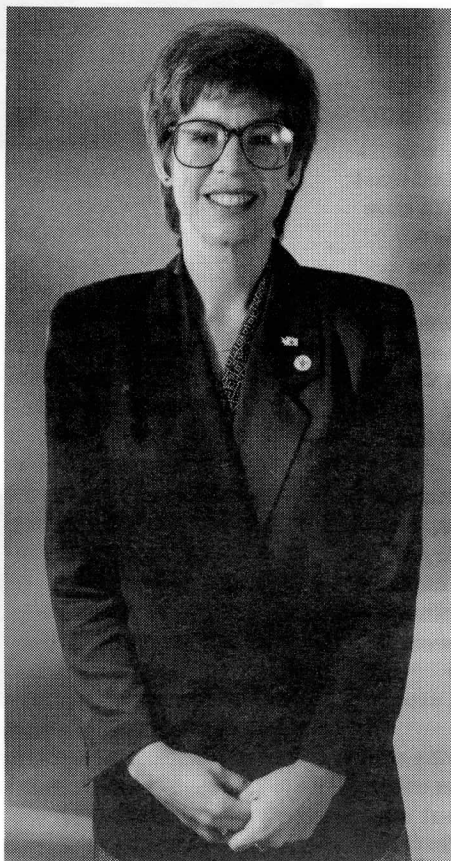
The Evergreen State College Alumni Association

Board of Directors Nomination Ballot For 1989-1991

I nominate _____ (phone) _____
of (address) _____
(city) _____ (state) _____ (ZIP) _____
Signed _____ Date _____

Nomination ballots should be returned to:
The Evergreen State College Alumni Association
CAB 214, The Evergreen State College
Olympia, WA 98505

Deadline for nominations is May 30, 1989



Barbara Felver '88

Making It Better...

As a national survey has shown, more Evergreen students place a high priority on "making the world a better place to live" than their peers in other colleges. This is true for **Barbara Felver**, an MES alumnus and current MPA student who works for a pioneering state agency dedicated to providing low-cost health care. In her spare time, she serves as a member of the Alumni Association's Board of Directors.

A 1984 graduate summa cum laude of Central Washington University, Felver turned her undergraduate study of psychology and the liberal arts in a new direction when she entered Evergreen's Master of Environmental Studies Program. She received her MES degree in 1988, but didn't stop there. Now nearing the end of her first year in Evergreen's Master of Public Administration Program, Felver has been working furiously for the Washington Basic Health Plan.

"I love it—it's never dull," says Felver. "We hit the ground running last fall and it's been busy ever since."

The new state agency was created by the legislature in 1987 as a five-year demonstration project. Its mission is to provide up to 90 percent of the cost of health care for families who qualify. Under the plan, people whose income is not low enough to qualify for Medicare, but can't afford the high cost of private insurance, pay a small fee to the state for basic medical coverage.

"It's the first state-supported health plan of its kind in the nation," says Felver, adding that the agency has had inquiries and requests for assistance from half the states in the country. She received a coveted Governor's Executive Fellowship to work for the pioneering agency, and is responsible for managing the membership division. While more than 3,000 families in three counties have already enrolled for coverage, the Basic Health Plan ultimately hopes to have 25,000 enrollees in six counties.

Of the nine full-time employees Felver works with, two are also Evergreeners: **Leslie Oren Thorpe**, the assistant director of external relations, who received a B.A. in 1981 and her MPA degree last year; and **Hieu Nguyen** '84, who designed and operates the agency's computerized billing system.

Working with Greeners was one of the reasons Felver welcomed her election to the Alumni Association's governing body. "Being on the board," she says, "has been very satisfying. It's a dynamic group of alums, and whenever we're together there's an exciting exchange of ideas."

Since joining the Board last year, Felver has worked with the Communications Committee. The biggest task she's taken on was organizing the first-ever reception for people associated with Evergreen's graduate programs, the Master of Environmental Studies and Master of Public Administration. Hosted by President **Joe Olander**, the whirlwind event took place on the fourth floor of the Library last December, and attracted more than 150 students, faculty and alumni of the MES and MPA programs.

"It was delightful," Felver recalls. "A lot of members of the first MPA and MES classes were there, as well as people who had finished their coursework, but were still working on their theses. The result of our gathering was renewed interest in the college and what it stands for."



Mansothy Ken

National Honor for Helping

Mansothy (Sothy) Ken's story begins in Cambodia in 1975, when she and her sister lost their family during war and revolution. This year Ken is a Greener and one of five U.S. students honored with the National Humanitarian Award (formerly the Robinson Humanitarian Award).

"I have tried to break the barriers and the misunderstanding between people of different backgrounds," says Ken.

A junior putting herself through college, Ken is working toward a career in medicine. She volunteers as a social worker and interpreter at the Olympia Refugee Center, a non-profit organization that serves mostly Southeast Asian refugees. There she helps people with job and housing applications, refers them to appropriate services, and interprets for them in hospitals, courts and counseling centers.

"I find myself talking to the young about education in this country, and to the adults about their granted rights as tenant, employee and patient. In short, to their rights as a person," she says.

Ken also serves as a tutor and counselor for low-income, inner-city high school students working toward college admission in Evergreen's Upward Bound program. She directed Evergreen's Asian Pacific Isle student

group, worked as an Affirmative Action Assistant and has organized intercultural presentations at local high schools.

In 1982 at age 17, Ken escaped Cambodia to spend three years in refugee camps in Thailand and the Philippines. She decided to leave Cambodia when the communist government said her high academic achievements warranted sending her to the Soviet Union to study. In the refugee camps she volunteered as an English teacher and interpreter. She arrived in the United States in 1985, completed her high school diploma in a year, and enrolled at Evergreen in 1986.

The National Humanitarian Award and \$1,500 was presented by Campus Compact, a coalition of more than 150 colleges across the nation that encourage public service as an integral part of higher education. The monetary award will be used to further Ken's efforts with the Refugee Center, which will use the contribution to install a computerized accounting system and pay for salaries. Ken traveled to Minneapolis early in April to receive her honor.

She is writing a book about her life which she hopes to publish soon. "I believe this is the best way of getting through to most people," she says. "I want to share the knowledge I have of my country, my culture, my experience in coming to this country and my life in America with people here," says Ken.

Evergreen Hosts the Olympic Mind

Layer upon layer of the world's Olympic Movement will be peeled back, examined and debated, as international leaders of amateur sport gather on Evergreen's campus June 21-24 for United States Olympic Academy XIII.

You're invited to attend this U.S. Olympic Committee sanctioned event that is void of starting guns and finish lines—an event which is designed to shape the future of the Olympic Movement and is held annually on a different college campus.

"We will hear why African nations view the Olympic movement with skepticism from Dr. Amos Oduyale of Ogun University in Nigeria, hear the Soviet perspective of the Olympics from Alexander Koszowski, a Soviet government official, and learn the value of Olympic education as viewed by Dr. Otto Szymiczek, dean of the International Olympic Academy in Olympia, Greece," says Peter Dodds, director of Academy XIII. "No contemporary controversy will be left untouched. Everyone who has an interest in sport will find several issues he or she can take to heart among more than 30 sessions."

The problems of steroid use and drug intervention strategies will be examined in depth with two doctors who have worked with the United States Olympic Committee (USOC) on these issues. If you followed the judging crisis in the 1988 Summer Olympics, you can gain insight into this difficult task from gymnastics, ice skating and boxing judges. The women's crisis in coaching, the value of physical education in K-12 school systems, international politics and the Olympic movement are all topics of discussion. Even a member of the Steinbrenner Commission will be there to examine the ethics of corporate sponsorship of "amateur" athletes.

"Each session will be taped and transcripts are produced for the USOC. What is said during these sessions will be heard by people who have

influence in the Olympic movement," says Dodds. "It will be very exciting."

Although official Olympic activities touch most colleges briefly then move on, for Evergreen the Olympic Movement is here to stay. An important highlight of Academy XIII is the Site Dedication Ceremony for the permanent United States Olympic Academy. The world's second permanent Academy is scheduled for completion in 1992 near the Port of Olympia on Budd Inlet. The only other Olympic Academy is in Olympia, Greece. The dean of the permanent academy will be a member of Evergreen's faculty, and President Joe Olander is a member of the United States Olympic Committee's Education Committee.

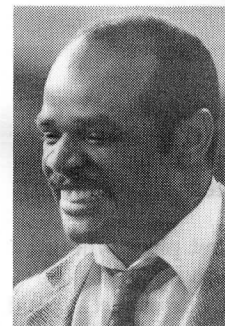
"Several sessions during the conference will examine the role of permanent Olympic Academies in shaping amateur sport at all levels, from peewee leagues to the elite Olympic athlete around the world," says Dodds. "Li Li of China, John Saunders of Australia and Dr. Young-Hwan Kim of South Korea will be especially interesting for this portion of the conference."

Evergreen is offering two credits for people who take part in a seminar series held in conjunction with the sessions. The conference also features a variety of recreation, including some fun athletic endeavors and a cruise on Puget Sound with a live jazz band.

Registration for Academy XIII is \$90, \$30 for students. If you take the credit option, it will cost an additional \$114. For a brochure and registration form, or for more information, call Evergreen at (206) 866-6000, ext. 6530.

"Olympic Academy conferences will still travel from campus to campus after the permanent Academy is built," says Dodds. "It will probably be a long time before another conference is held in the Northwest. Last year it was held at Penn State, and next year it travels to Emory University in Atlanta. This conference is a once-in-a-lifetime event for many people."

Cheatham Named Recreation Director



Ron Cheatham

Grab your racket or ball, any kind of racket or ball, and chances are you'll have your hands full playing against Ron Cheatham, Evergreen's new director of Recreation, Wellness and Sports.

He's a hands-on manager who loves athletics and wants to learn almost every sport—that's why he plans to jump from a plane this summer—

with a parachute, of course. But that's not why he got the job. Ron Cheatham was exactly what Evergreen was looking for.

"People who knew my background encouraged me to give it a try, and the college seemed like a perfect match," says Cheatham. Cheatham brings 13 years of YMCA experience in Puyallup, San Diego and Yakima to the job, as well as coaching experience at the high school and college level. A 1976 graduate of Washington State University, Cheatham has served on the WSU Alumni Board.

Record-Setting Geoducks

One Geoduck butterflyed and another dove into the record books of Greener swimming history this year as the season ended in fast times.

The Geoduck stokers exploded in the NAIA District I Championships in mid-February, when every swimmer beat their personal fastest time. "That's a coach's dream, when everyone swims their best time," says Coach Bruce Fletcher, whose philosophy is based on doing your best, rather than just winning.

"Team captain Aaron Soule dropped his times drastically and was an inspiration to the whole team," says Fletcher. Geoduck diver Beth Gaza also won the district title in the one-meter diving event, becoming Evergreen's first diving champion.

Five swimmers qualified to compete in the NAIA National Championship meet March 1-4 in Milwaukee, Wisconsin. And they swam hard.

Sarah Applegate, freshman, set three school records and became the fastest woman swimmer in Evergreen's history by placing fifth in the 200-yard butterfly event.

His career includes a year as a professional football player with the BC Lions of Vancouver, Canada, and a stint as a semi-pro baseball player.

"I look forward to getting to know the students and the campus—just becoming familiar with the community here," he says.

Cheatham replaces Jan Lambertz, who is taking classes at State University of New York at Potsdam while remodeling her farmhouse in upstate New York.

It's a busy time for the new director. The Campus Recreation Center Phase II is moving toward completion in June. "It's one of the nicest facilities I have ever seen, and I've seen a lot of them," he says. Also this June, Evergreen hosts the United States Olympic Academy XIII, a conference sanctioned by the United States Olympic Committee (see above).

Cheatham's philosophy of management involves trying all the duties his employees must perform. For instance, even though he's not a strong swimmer, he worked several shifts with his lifeguards to get first-hand experience on the job.

With a serious dedication to wellness, Cheatham combines a background in administration, public relations, fund raising and the development of health enhancement services.

Brad Carlson, freshman, set a school record in the 100-yard breast stroke, placing 18th.

The relay team of Clair Littlewood, sophomore, Tamara Nameroff, sophomore, Katie Nelson, junior, and Applegate competed in the 200-, 400- and 800-yard freestyle relay events, as well as the 400-yard medley relay, setting school records in all four events.

"The students did an outstanding job and represented Evergreen at the national meet in a very classy way," says Fletcher. "Overall, the whole team had a great season."

Side Note: For the second year in a row, Forrest Wilcox, director of the Evergreen Fund, organized a last-minute phone-a-thon to help swimmers pay travel costs for nationals. Seven swimmers and Coach Fletcher made 254 calls in four hours to earn 59 pledges worth \$1,087 just three days before the swimmers boarded the plane for Wisconsin. Once again alums and friends of Evergreen made it possible. Thank you all!

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Would You Do It Again? "You Bet!" Say Alums

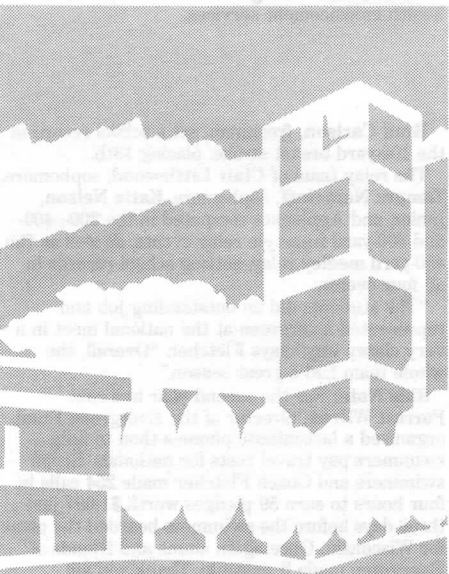
Here is a sampling of the results of a survey of Evergreen alumni that was conducted by the college's Office of Institutional Research earlier in the year. A questionnaire was mailed to 600 of the 2,188 alums who graduated in 1985-1987. Completed questionnaires were returned by 343 alumni, a response rate of 57 percent.

Some of the questions on the survey paralleled questions used on the American College Testing Alumni Survey, so that the responses of Evergreen alumni could be compared to national norms. Those norms represent 24,813 alumni of public colleges who were surveyed in 1984-85 and 1985-86.

"Overall, Evergreen received a strikingly positive endorsement from its alumni," says **Steve Hunter**, '79 the college's director of Institutional Planning and Research. "Evergreen grads believe their education contributed in significant ways to their personal growth; they're finding work and they are continuing their educations in graduate and professional schools at roughly twice the rate of other college graduates around the nation. Some areas for improvement were also indicated," Hunter notes, "but it appears in large part that Evergreen's curriculum does what our faculty claim it should do."

Alums Write Back

The questionnaire also gave alums an opportunity to respond to some open-ended questions in writing. What follows are selected from the responses of more than 100 alums.



Personal Growth

Evergreen's questionnaire asked alums to indicate whether the college had contributed "very much," "somewhat" or "very little" to their personal growth in 22 areas. In comparison with national norms, far more Evergreen alumni said that their alma mater had contributed "very much" in the following areas.

	TESC Alumni	National Average
Understanding different philosophies and cultures	58%	31%
Understanding the interaction of man and the environment	49%	26%
Writing effectively	59%	38%
Recognizing rights, responsibilities and privileges as a citizen	37%	20%
Critical thinking	54%	37%
Working cooperatively in a group	57%	40%
Defining and solving problems	60%	44%
Understanding and appreciating the arts	37%	24%
Speaking effectively	44%	34%
Working independently	62%	52%

What were your most positive academic experiences at Evergreen?

"Evergreen is the first place where I had the opportunity to integrate the bits of information I was collecting and synthesize them into a new understanding of the world. It's the difference between collecting a pile of bricks and building a house. At the "regular" universities I attended I got a load of bricks which collected in piles that never added up to any coherent whole. At Evergreen, I was so intent upon building the house that the bricks just went into place without having to memorize each one. You know what I mean?"

*Female, 27 years old
Graduate Teaching Fellow—
Psychology, University of Oregon
Graduated 1986*

"Two Revolutions in Art and Thought" with **Charles Teske** and **William Winden** was far and away the most positive and influential experience I had at Evergreen. The teachers were eloquent examples of trans-disciplinary thinking—from jazz to Joyce; from opera to Oppenheimer. Charles Teske is also the *best* writer of evaluations—I'm still learning from his critiques."
*Male, 28 years old
Ph.D. student—Brown University
Graduated 1984*

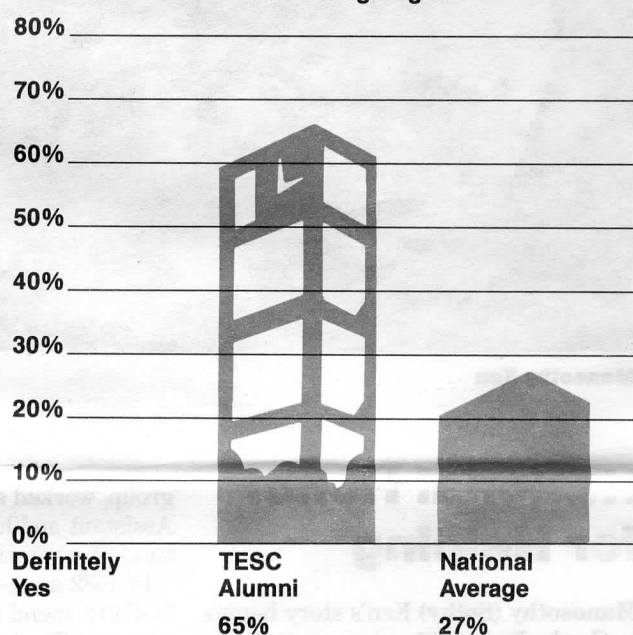
Would Evergreen Alums Do It Again?

Alums were asked, "If you could start college over would you choose Evergreen again?" Alums could respond on a five-point scale between "definitely yes" and "definitely no." As you can see, Evergreen alums were overwhelmingly positive.

Still Learning and Self-Employed.

In comparison with national norms, a significantly smaller proportion of Evergreen alums reported they were employed full-time, 49% to 70%. A significantly larger proportion of Evergreen alums, (91% to 30%), however, indicated they were either self-employed, or employed and continuing their education. The latter category is three times the national norm.

If You Could Start College Over, Would You Choose This College Again?



What do you recommend improving?

"Facilitate the transition from traditional colleges to Evergreen for transfer students. I found it easy to fall through the cracks and consequently wasted a lot of time finding my way back to what Evergreen is all about. You should expect serious students to know how to direct themselves, but not as soon as they start there."

*Male, 27 years old
Library clerk
Graduated 1985*

"There should be a summation of the work done before graduation. It would be helpful for students to put together everything they've learned—to tie it together in whatever way they see appropriate. For example, my courses ranged from history and languages to environmental sciences; I now see that this variety *has* served me well, but I could have realized this before leaving Evergreen if I had gone through a process of pulling my experiences together for other people to understand (a paper, play, sculpture, etc.) This is also a good way to think about what jobs a graduate is qualified for."

*Female, 23 years old
Nursing school student
Graduated 1985*

What advice would you give prospective students?

"You'll get your money's worth if you do Evergreen its way. Write and rewrite long evaluations of yourself, your faculty and your programs. Be an adult, instead of a high-schooler in college. Take your education seriously and your role as a responsible human being. Don't complain about dogs on Red Square—they're part of the school spirit. Throw away all the trappings of high school, all that 'rah! rah! rah!' stuff. Hug other Greeners, even if you don't know them. P.S. A geoduck is an animal, sort of like a clam, not a duck, as I thought."

*Male, 25 years old
Apprentice pressman
Graduated 1985*

On the Cover:

Evergreen Intern Elke Faleafine cheers another successful take off and return in the groundbreaking treatment she's helped to pioneer.

The Evergreen ReView

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