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 Coose . Crab door and pert frou down the refrigerato
 Tuesday tired righ now, wust watch
tube for ahbile so
ummm tired
un the dream you are a ummmmmm
Inthe dream, oua are a baby yagan
sititing in the shopping cart which mother




Huhn What Oh, we re there.". Out not the sidewalk.








 Gee, some people sure
Here ocmes hefor
The potate





## Help Yourself to Legal Aid


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 Because of the emphasis on self-help
and also
and difificulties of over.the-phonond diagnocsinal
sing Of course, if your handeppersonon is is a the the door witht the sherift, the entire trit tricities
police eroce and the national euard. or it
pou iust wand






## Protein Insecurity



Groceries
Fresh Produc
Fresh Produce
Fresh Meats
Imported Beer \& Wines
Sundries
Magazines
Self Serve Gas
$7 \mathrm{a} . \mathrm{m} .12 \mathrm{p} . \mathrm{m}$.
365 days a year 2010 Division $N$.
Handy Pantry

Favorites from the Galumphing Gourmet


## May It Never Rum Dry



## "Food First" Smashes Scarcity Myth

| Roger Strimatter |  |
| :---: | :---: |
| World Hunger: Ten Myths $\$ 2.25$, Institut for Food and Development Policy Food First: Beyond the Myth of Scarcity |  |
| America is the breadbasket of the <br> world. People are hungry because of over population. Increased food production and vigorous population control measu are the solution to world herger measure |  |
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| Ill have ome thiting in in common the they are |  |
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| all false. That, at least, is the unexpected conclusion of Frances Moore Lappe and |  |
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| ger: Ten $M$ |  |
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| Myth of car |  |
| ks Diet for |  |
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| of Global Reach |  |
| tions, are co-founders and staff member |  |
| of the Institute for Food and Development Policy (IFDP) a non-profit research |  |
|  |  |
| and education center <br> ing world hunger. |  |
| ing worla hunger $\begin{gathered}\text { Since its inception in } 19\end{gathered}$ |  |
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and technology. By American standards,
the "efficiency" of the agriculure has been
 grow more food. Afew farmers and
bureaucrast ive ithhtoftrehe-ho , the
GNP improves and he poor are more






American way hunger, hhey concluded,
lies is ot poverty. Nowadays, when mother





## Media Creates the Savage Indian

| One Saturday afternoon, a twelve-year-old Native American boy sat on the edge of his seat in a crowded theatre. $W_{\text {rapped up }}$ in the excitement of a West ern movie, he found himself rooting wildIy for the cavalry instead of his own people. Phile Lucas, Native American mpoducer, shared this story last weekwith a crowd of sixty as a a part of with a crowd of sixty as a part ofIndigenous People's Day. Lucas then |  |  |  |
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|  | Liver I Icaugh him one day. He was outside he communications bild |  |  |
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|  | \% m |  |  |
| CPJ: How did this whole thing get started?$\qquad$ |  |  |  |
|  | Thar | forcibly taken from Indians, and the |  |
| Liver: The whole thing started when a friend of mine was laying his no-sugar, |  |  |  |
| no caffeine, no meat trip on me. Day <br> after day he'd come in here, I'd pour my <br> self a cup of coffee, he'd say. "Do you |  |  |  |
| know what coffee's doing to your body $7^{\prime \prime}$ <br> I'd pick up a cup of tea and if it wasn't |  |  |  |
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| herbal tea he'd say, "Do you know what that's doing to your body? |  |  |  |
| Craig: Even tea |  |  |  |
| cream cheese and he'd say, "Do you know what those carbohydrates do, they con- |  |  |  |
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| what those carbohydrates do, they con- vert to sugar. Clean your system. Eat sprouts! Eat sprouts!" |  |  | Ind the American national anthem: |
| Crais: How could you live without |  |  |  |



## Shakespeare Play Directed by Student

| Shakespeare's Measure for Measure will e performed December $2-6$ in the main be performed December $2-6$ in the main lobby of the Library Building. The student production is directed by Stephen Temkin as part of his senior proiect and $\qquad$ | performed, for the most part, by Evergreen students. <br> Temkin has cast many of the actors in double roles. Jeff Noyes plays Angelo (the executor) and Claudio (the executee) Card" earlier this year. Student Amy |  |  |
| :---: | :---: | :---: | :---: |
| Visiting Poet to Read |  | "Take a Card, Any Card" and in "Subject to Fits." Scott Jamieson, who is currently on leave from school, plays the provos and Elbow the constable Ted Roisum plays the Duke, the character who inStitgates most of the events throughout the play. Brigitte Challie, who originally |  |
| By lessica Trea | in Northwest Review. The K. K.C. Joumal. Phantasma, and Derver Quartery. She Phantasma, and Denver Quarterly, She has given poetry readings in South Dakota, | studied acting in New York, is the one production. She play the male role of Lucio |  |
| her second poetry reading for Evergree | and Connecticut. She first read at Ever- | All of the actors are talented and dis- ciplined performers, according to Temkin |  |
|  | green in lulv of 1979 | "As far as student productions go" he said "the quality of the people on this |  |
| A Native American poet and | On |  |  |
|  | caws. |  |  |
|  | aring con niels wating fortheweeding |  |  |
| Minms. Tremblay teaches with Mee |  |  |  |
|  | as they lly along highways looking for the dead to pick clea to the bo | doing Shakespeare at Evergreen atrer he worked with a Toronto theater roup |  |
| ngs to the program her know | devouring the |  |  |
|  |  | spe | Which we still deal with and it deals with ethics and values and the way govern-- |
| eaches | themselves quicker than coyoter to ossip with magpie, to yather |  | dious institutions deal with |
|  | Sine black against the sky | , | arding to Te |
|  | In w |  |  |
| adiunct appoinment |  |  |  |
| Tremblay's Native American | amons cedars. Speaking |  | dees |
| and her close affinity with natur | they fy through mist-dark shadows | the language it was deigned po and misinterpeted in several pars |  |
| Tve been strongly influenced by | preparing some incredible magic | 1 |  |
| Ology and imagery of the Native $f$ | crows act serious, whispering about |  |  |
| on | about food supplies, about how | "The play changes drastically" explained | m. Admission is 51.50 for fudents |
| al | stole their wit when he proved |  | and $s_{2} .50$ for general public. Tickets |
| re sound, the use of |  |  |  |
| d form are very imp |  | 'The dilemmas in the play ...are not | 800-622. |



Oral contd

| with my academic program (for which I think I ought to be able to get credit) is <br> think I ought to be able to get credit) is the returning of our society to our neolithic roots, to our hunting and gathering heritage. <br> Twinkie: Return to the id Liver: Her religier <br> Liver: Her religious experience, which is an entirely different phenomenon, took <br> place in some scummy bar in the Mid- <br> west. My religious experience is based the idea that there are two paths to <br> enlightenment; one is through spiritual <br> purity, the other through decadence, and decadence is more fun. We choose <br> decadence. <br> Dolly: We're not promoting that you have to eat five <br> eat just about anything in this world; the <br> issue here is moderation. You can eat white flour, it doesn't do shit to you. A <br> these people run around saying, 'You <br> have to eat sprouts, you have to eat whole wheat bread. <br> Liver: We don't necessarily promote consumption in <br> consumption in excess, but certainly con- sumption according to freedom of will, <br> freedom of choice. There's a trend of <br> social pressure to be straight and eat healthily <br> Craig: So you don't think that you're iconoclasts. you <br> what's needed. You guys are tearing d <br> what's needed. You guys are tearing do sacred images because they have to be <br> torn down. <br> Liver: We promote the principle of free <br> ever anybody wants to consume what- <br> Dolly: The more you try to repress the <br> instinct for eating whatever the hell you want, the more of it you will eat...If you would just go along and eat whatever <br> would just go along and eat whatever the |
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| would be O.K. <br> Liver: We're not pushing sugar on everybody at Evergreen, we're pushing sugar on the people at Evergreen who | hat satisfaction and harm | EPP: That's where Devo comes from. |
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| Want sugar $\begin{aligned} & \text { Miram: } \\ & \text { Tut what about meat? }\end{aligned}$ |  |  |
|  |  |  |
| Dolly: Meat falls under so many |  |  |
|  |  |  |
| categories. <br> Twinkie: I guess I'm confused if we're |  | this diner. I knew that something was |
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| taking this seriously or not. Miriam: We're very serious about food, | Dolly: Well, yeah, because you can |  |
| personally. <br> Craig: I, personally, couldn't live with out it. |  |  |
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| Doly $\%$ I 1 like creating hings and it realls herews |  |  |
| Miriam: It makes it sticky <br> Dolly: Honey metabolizes as fast as |  |  |
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| double entendre there, honey is as bad as processed sugar because they both |  |  |
|  |  |  |
| you get cancer so you may as well eat |  |  |
| sugar. <br> Miriam : But what about meat? <br> Liver: The rap about meat comes back |  | Liver: 1 alway 5 liked the stuff. But for |
|  |  |  |
| have the paintings on the walls. They help |  |  |
|  |  |  |
| the appropriation (sic) of meat in our |  |  |
| inspiration for the creation of this club Dolly: She's gonna show this to her |  |  |
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| Liver: Neolithic man was the perfect |  |  |
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## FOODTOWN

8 a.m. .9 p.m. weekdays
10 a.m. -7 p.m. Sundays
open every day
WESTSIDE CENTER

## INTEDNSHIDS



