

## ICBM

Friday Nite Films November 14-The Servant (G. Britain, Starring Dirk Bogarde, James Fox, Sarah Mlles Wendy Craig A snotty young Englishman hires a manservant who subtlely and completely reverses their relationship of servility domination by the end of the film. A study of the changing class structure in England, corrupting human relationships, and homosexu-The Servant is one of Losey's most

FILMS: On Campus

assured films, a total integration of acting fluid camera work and design."-G. Sadoul unusual angles and a totally illogical plot. Lec ture Hall 1, 3, 7, & 9:30 p.m. (\$1.25) The Academic Film Series Wednesday, Nov. 19. Loving Couples by

Mai Zetterling (Sweden, 1965, 113 min. b/w) starring Gunnel Lindblom. Harriet Anderson, Gio Petre, Anita Bjork, Eva Dahlbeck and Gunnar Bjornstrand (Many of the actors as well as the director have been seen in films by Ingmar Bergman.) Loving Couples is an unlinching, sometimes bawdy and erotic, feminist film about aspects of amour, illicit and servant, a "fun-loving model," and a young, orphan heiress, all from the same sylvan 1915 wedish estate, meet in the maternity ward. They talk about men. Double labor. May be shocking to some. "Bold"-NY Times. Rightthinking males are encouraged to attend. Lecture Hall 1, 1:30 and 7:30 p.m., free! -E.R.

Free Film The full-length feature film Iphigenia, star ring Irene Pappas, will be shown on Thursday, vember 13, at 4 p.m. & 7:30 p.m. in the Recital Hall. Communications Bldg., TESC

The Grape Vine Group Nov. 15. The Grape Vine Group presents The Twelve Chairs, a Mel Brooks classic at 3. 7. and 9:30 p.m. Admission \$1.25.

The Preservation of Mount Tolman Alliance PMTA) will be presenting two slide shows on 220 E. Union (Next to the YWCA). The slide hows explain how Native Americans' lives, ands, and cultures are being destroyed by the im and coal mining ventures of mult iational corporations. One slide show focuses n the Colville Reservation in Eastern Wash ngton, and one on the Navajo people in the uthwest A \$2 donation for PMTA is suggested, less if you can't more if you can. Chiltren welcome or for childcare call Callie at 456-6664 (days

#### THEATER: Tacoma

"The Night of the Iguana" Nov. 13, 14, 15 at 8:15 p.m. FSCC Theatre (9401 Farwest Drive/964-6539) The play will be presented in the Performance Lounge. Call for more information

"The Deadly Game" UPS Inside Theatre will present 'The Deadly Game' Nov. 13-15, 20-22, at 8 p.m. The performances will be in Jones Hall, UPS Campus For more information call 756-3330.

Tacoma Actors Guild Tacoma Actors Guild presents "Bus Stop" by William Inge. The production opens Nov 13 and will run through Nov. 30. "Bus Stop" is a warm comedy about a group of people stranded overnight in a snow storm. William Inge brings to the theatre a freshness of approach and appreciation of average humanity that is touching and stimulating.

Tickets for "Bus Stop" are on sale at the box office, 1323 South Yakima, Tacoma, (272-

#### THEATER: Seattle

Seattle Reportory Theatre "Strider: The Story of a Horse": A West Coast premiere at the Seattle Repertory theater (225 Mercer, Seattle). The play will be pertion and show times call 447-4764.

THEATER: On Campus

Taproot Theatre Company Christian Fellowship of The Evergreen State College is sponsoring the Taproot Theatre Company from Seattle Pacific University for a performance of "Gifts" and "Old Ymars Clay ot." The Taproot Company is composed of Christian actors and actresses who are in residence at Seattle Pacific. The performance will be on Nov. 18 at 8 p.m. in Lecture Hall 1

Peter Caddy, founder of the Findhorn comnunity in Scotland, will speak on Sunday, Nov 16 at 4515 16th Ave., N.E., in Seattle Admission is \$4 and it starts at 7 p.m.

Faith Center Nov. 18 the Faith Center and campus Sexuality in the Recital Hall of the Communications Building at 8 p.m. Only \$1

#### WORKSHOPS: Olympia Area

Solar Energy Association

Thursday, Nov. 13, 6 p.m.: Regional meetng Potluck at the Center. Solar activists rom Mason, Lewis, Grays Harbor and Thurson Counties are coming to discuss further regional networking" and to see how the Center can assist this effort. All interested are

welcomed to join. Friday. Nov. 14, 2 p.m.-9 p.m.: The Owner-Builder and the Energy Code: Workshop sponsored by the Washington State Energy Office at the City Hall Council Chamers. Bring your blueprints and floorprints for

Friday, Nov. 14 and Saturday, Nov. 15 (9 a.m -1 p.m.): How to Light Up the Legisla-ture -a two-session workshop at the Timbernd Library. 8th and Franklin. Louise Taylor tters a workshop on "Lobbying Techniques or How to Find Your Way to the Restroom." you can't make it to both sessions, come to the one you can. Learn how to become an effec-

## WORKSHOPS: Seattle

R.E.I. Co-op Clinic Series Free Lectures, Presentations and Demonstrations

Thursday, Nov. 13, 7 p.m. - The Galapagos Islands with Keith Gunnar: Acclaimed Northwest photographer Keith Gunnar will present beautiful area of the world

Saturday. Nov. 15, all day-Professional Ski Clinics: see ski movies and demonstrations, talk with manufacturing representatives from Rossignol, Trak, Bonna, Tyrolia, Look, Nordica, Salomon and Haugen. See what's new in the 1981 lines. 11 a.m. & 2 p.m.-Downhill Waxing and

11:30 & 1:30 p.m.-X-C Waxing Demon-

12 noon & 3 p.m - X-C Waxing Demonstra

11:30 & 1:30 p.m. - X-C Ski Wear: Fashion, Fabrics and Use by Diana Jagersky of

12:30 p.m. & 3:30 p.m.-Cross-Country Track Demonstration with Don Portman of Sun Mountain 1 p.m. & 3 p.m.-Downhill Ski Fashions: What's new in styles, fabrics and fills; how to

select what's right for you. Chriss Olson of R.E.I. Co-op, 1525-11th Ave., Seattle, For more information, contact Tom Hutchison,

TRAVEL AND ADVENTURE

2-Bit Adventures 2-Bit Adventures trip this weekend is to the Olympic Hot Springs. For information and reservations, call 866-2253 or 352-7595. Cost

#### GALLERY - ON CAMPUS

Two new art exhibits, both featuring works by Pacific Northwest photographers, will be on display in galleries at The Evergreen State College November 1-30. Regional artists will be featured in "New Northwest Photography," a show curated by Evergreen Faculty Member Dr. Kirk Thompson and opening in Gallery Two on the second floor of the Evans Library Black and white and color photographs will

illustrate four major groups of images created in the past year by artists Michael Burns, who focuses on large-scale Seattle architecture; Ford Gilbreatht a former Evergreen staff photogra-pher who recently completed a Seattle Arts Commission grant with his series of hand-colored "Bus Photographs;" Terry Toedteneier, a Portland artist who has completed a survey of early Northwest landscape photography; and Carolyn Tucker, a University of photography and painting in her creations.

Opening in Gallery Four on the fourth floor of the Evans Library is a show comprised of more than 40 photographs offering an Evergreen "Retrospective," of selections by nearly a dozen college staff, students and graduates. The exhibit, collected by photography teacher Craig Hickman, will include works taken during the past nine years at Evergreen by staff artists Ford Gilbreath and Tracy Hamby, and Evergreen alums Michael Cohen, Stu Tilger, arry Shlim, Bob Iyall, Dick Park, Bonnie Moonchild and Marcia Hanson

GALLERY EXHIBITS: Portland The Works of Edward Steichen The career of Edward Steichen, who died in 1973 at the age of 93, paralleled and to some extent influenced, much of the development of 20th Century American photography. He was otographer, still-life and landscape photographer. There are examples of all phases of hi work in this exhibition, which covers a 60-year period. The exhibit will be on display Nov. 11 through Dec. 21 at the Portland Art Associaion gallery, 1219 S.W. Park Avenue, Portland (503/226-2811). Gallery Hours: Tues.-Sundays Closed Mon. Admission: Adults \$1. students 50¢. Senior citizens and children under 12, free. Admission is free to all on Fridays,

GALLERY EXHIBITS: Seattle

Seattle Art Museum "Song of the Brush: Japanese paintings from the Sanso Collection: Asian Ceramics from the John D. Rockefeller III Collection. The exhibit will be on display through November 23 at the Seattle Art Museum in Volunteer Park (14th East and Prospect, 447-4710). Foster/White Gallery

Mark Tobey: Market Portrait Sketches-A collection of ink on paper portrait sketches of people and life in and around the Seattle Pub-lic Market. The sketches are from the estate of the late Mark Tobey. Preview: Thursday. Nov. 13, 5:30-7:30 p.m.

Ted Rand: New Watercolors-The San Juan Islands, Preview: Thursday, Nov. 13, 5:30-

Both exhibits will be on display through December 1. Gallery Hours: Mon.-Sat., 10-5:30 p.m.: Sun., noon-5 p.m. (311 1/2 Occidental Ave. South, Seattle/622-2833).

Greenwood Galleries Janet Laurel-Words and Images: An Exhibition of Sumi Painting. The exhibit will be on display through Nov. 29. The gallery is located at 89 Yesler Way, Pioneer Square, Seattle.

PLU/Wekell Gallery Pacific Lutheran University's Wekell Gallery will be showing the works of ceramicist Anne Hirondelle during the month of November Ms. Hirondelle is noted for her fluid manipula

tion of clay and refined glazes. In conjunction with PLU's exhibit, Ms. Hirondelle will conduct a workshop dealing with her techniques on Nov. 25 at 9 a.m. The workshop is free, and the public is invited to attend. For more information, call the PLU Art Department at 383-7573.

MUSIC: Seattle

Leo Kottke in Concert

Guitarist Leo Kottke, a popular performer in the Northwest, returns to Seattle for a concert at the Opera House on Wednesday, November 19 at 8 p.m. Joining Kottke on the bill is singer/songwriter Jesse Winchester. Tickets for he Northwest Releasing event are on sale at the Bon downtown and at the usual suburban

MUSIC: On Campus Nov. 20 Scott Cossu and his band will be performing in the Recital Hall at 8 p.m. Opening for Scott and friends will be Evergreen's own Dave Marcus. Dave will be accompanied at times by Peter Randlet, an Evergreen graduate and adjunct faculty member

MUSIC & DANCE: Olympia Area

Olympia Ballroom A Greek Dance Party at the Olympia ball-room on Saturday, November 15. The party will begin Saturday afternoon at 1 p.m. with the teaching of simple Greek dances by Tesa Wanamaker, a member of the Eleniki Dancers of Seattle. This will be a beginning level class and all are welcome. Dances to be taught include Kalamatiano, Syrto, Tsamiko, Hasaposerviko. Zorba and others. The party will continue in the evening, beginning at 7:30 p.m. with dancing and entertainment. Traditional Greek refreshments will be available for purchase. The cost is \$3 for the afternoon and \$4 for the evening. There is a combined afternoon and evening price of \$5 per person. For more information, call Al Wiedemann at 866-6063 or the Olympia Ballroom Association at

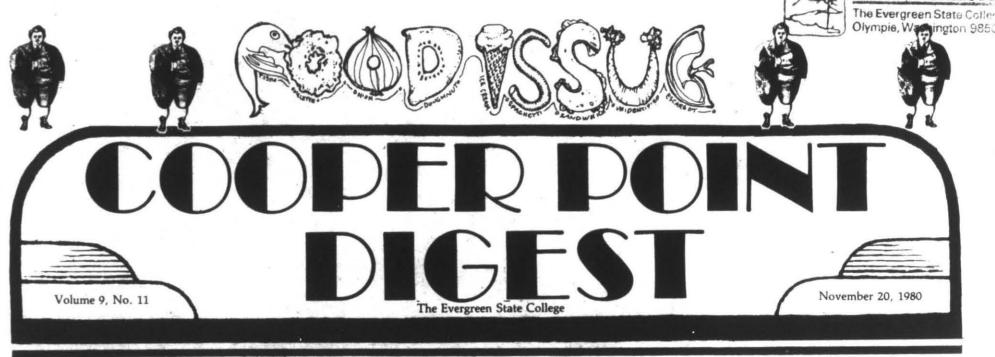
APPLEIAM will be hosting an afternoon of luegrass banjo workshops for the beginning no experience necessary) and the intermedi ate/advanced player. They will be held at AJ Sunday, Nov. 16, with beginners from 12 p.m. and the inter/advanced from 3-5 p.m. The beginning workshop will cover all the basic techniques used in Scruggs-style banjo from tuning to simple melodies and songs. Good basic information for players and nor players-bring a tape recorder. There will be some banjos available for those who have

one-by arrangement with the instructor. The advanced workshop will review the basics and also cover back-up, syncopation, upper neck leads, and countless ways to improve your own playing, with new songs and

Both workshops will be taught by Jeff Miller, teacher and performer in Olympia and Seattle who has recently joined the ranks of the Muddy Bottom Boys from Portland The cost of the workshops will be \$10. Advanced egistration is encouraged but not required-

931 NW 20th Apt. 22 Portland, OR 97209 or call (503) 227-6157 for more info.

Applejam Saturday, Nov. 15-Scatter Creek SB-(\$2) Hard-driving bluegrass instrumentals and 3-part vocal harmonies by one of Olympia's newest bluegrass bands. Dave Hitchens and Brad Griswold, who got their start with Snake Oil, and Low Harrington, who is best remembered from his years with Tall Timber, are joined by fiddler Paul Smith, a refugee from California who recently settled in Seattle. Doors open at 8 p.m.—open mike 8:15 p.m. Main act follows. 220 East Union.



# **Budget Cuts Oust Facilities Staff**

By Andy McCormick

On October 1, Governor Dixy Lee Ray directed that the state's budget be cut by two percent, so that it would balance. Earlier this year, a three percent cut had already been enacted so that, in effect. Evergreen, like all other state institutions faced the prospect of operating with five percent less money than the college had planned for

On October 8, Director of Facilities Dave Wallbom walked into Kris Robinson's office and informed her that, because of the budgetary cuts, her positionofficially entitled Space Analyst- was being terminated. That same day, Supervisor of Buildings and Grounds Dave West received the same message from

On October 14, the newly hired Vice President for Business, Richard Schwartz, addressed a memo to "the Evergreen Community" concerning the "job elimina tions." Schwartz stated that he had accepted Wallbom's plan to R.I.F. (reduction in force) West and Robinson, but due to a number of questions from members of the community about the "Facilities decision-making process," he decided to take a week to "review every possible piece of information about those decisions." The job eliminations were to be held in abeyance for that week.

On October 21, Schwartz announced his decision to accept the Facilities Department's plan. David West was transferred to the Clerk-of-the-Works for the field project—the soccer stadium—making possible an early, if forced, retirement on January 1, 1981. Kris Robinson, in accordance with procedures outlined in the Evergreen Administrative Code, was offered a recently vacated secretarial position at a classification level equivalent to the rank of her prior job. She refused. She told the CPJ that she had been making \$1,883 a month, and this new position paid something like \$1,100.

This briefly is a chronological outline of the events leading to the elimination of David West's and Kris Robinson's jobs.

#### CONTROVERSY SURROUNDING R.I.F. DECISION

President Dan Evans spoke to the Evergreen community about budgetary reductions on September 15. At that point three percent was the magic number; the additional two percent would not be announced by the Governor until October According to many in attendance that day, Evans left the impression that a reduction in force would not be necessary for the college to meet its required cutbacks.

Those who heard Evans, Kris Robinson among them, were very shocked and surprised to hear some 3 1/2 weeks later that, despite Evans's speech, reductions in force were underway. Robinson said. "How can you trust them when they do something like this?"

The quickness with which the R.I.F. was made also disturbed members of the Evergreen Community. On October 1, Governor Ray announced the 2% cut. and a week later two employees, who have been at the school since its beginnings, had their jobs eliminated.

But, in fact, the decision-making process had begun back on September 16-one day after Evans spoke to the community. On this date, the business office sent out instructions to each budgetary unit head requesting that they review the unit's expenditures. Each unit





Marilyn Frasca: "I was shocked at first. Kristi was so much a part of the school. I tried to stop it immediately. I took the petition around to the faculty and they'd read over it, just like it was another thing to sign. Then they'd say, 'Kristi Robinson? Kristi Robinson! They can't get rid of Kristi Robinson. She runs this place.'

was instructed to cut 1.25% for a low figure, and 2% for a high-the idea being, apparently to anticipate beforehand how much the Governor was going to cut. In addition, the unit heads were to list what effects each figure would have on the unit's ability to perform its function, or render its services. These reports were due

back in the business office by October 3. In this way, when all the data was gathered, management would be able to assess how the budget would break down on a school-wide scale. With each unit listing the things that were expendable, and the things that were not, a kind of priorities list was established.

By comparing priorities, management could then calculate the least damaging way for the college to absorb the loss in

According to Richard Schwartz, "We determined that Facilities would take a heavier cut so we would protect academic monies, the teaching budget. Everyone tries to protect the academic area first, and I support that." In fiscal terms this translated into about \$43,000 that Facilities had to cut from its budget.

The decision to shift the burden of the cutbacks onto Facilities was made only after alternative methods of cutting costs had been discussed. One such proposal was to shut down the college for a week. This was rejected because of contractural difficulties with the faculty: a unanimous agreement would have been needed before such an action could have been taken. Yet, opponents of the R.I.F. say that alternatives like these should have at least

Dave West: "I've been at Evergreen for ten years and have seen the place grow up. The [termination] was completely unexpected, out of the blue. I was very hurt, and very upset.... I don't regret the last ten years, I just regret the way it (the R.I.F.) was done."

#### ACADEMICS TAKE PRIORITY **OVER PERSONNEL**

Why did Dan Evans leave the impression that no jobs would be eliminated. when the data concerning this very assertion was not being sent out until the next day? Vice President for Business Richard Schwartz answered that Evans had stated that reductions in force were "our lowest priority," but had not ruled out the possibility of their being used.

At any rate, once management collected the information from each unit head, a decision was made that Facilities would have to absorb about 30% of the total cutback. This is about 8% more than their normal share. Management decided that the reductions could not be prorated-distributed equally among all the units-because a full 2% cut on the academic budget would mean faculty reductions at a time of increasing enrollment.

been brought to the attention of the community. Perhaps then, by a sort of collective decision-making process, the \$43,000 could have been cut without any permanent personnel losing their jobs.

But at that point, it was up to Dave Wallbom to review the Facilities budget, and cut out the required amount. His decision was to get rid of West's and Robinson's jobs. Asked about other possible options, Wallbom said he could have simply riffed [sic] other positions, and in eliminating management positions, he was "not taking the typical approach of sending [eliminating] maintenance/ grounds people." He did this because at a ower salary level it would have meant eliminating more positions to meet the required cutback.

Schwartz notes that "while there were any number of approaches Dave (Wallbom) could have taken," the Facilities Director did not have the time. The

reason for the hurry, Schwartz says, was because cutting back in October would be far less difficult, than in, say, December when much of the money would already have been spent.

Archives

#### **CHARGES OF VINDICTIVENESS**

Others, in particular Kris Robinson, charge that Wallbom's decision was made "vindictively," because of personal conflicts. Dave West alluded to the possibility of personal conflict between he and Wallbom being a factor in the termination decision, but also stated that this "may or

may not have been so. Both West and Robinson believe how ever, that there were other ways for Wallbom to have made the cuts within the Facilities Dept. West stated that there were a "thousand ways it could have been done." He also said that there were "other people over the retirement age. Not the compulsory age, but 65." Robinson referred to the "wasteful stuff" Facilities buys, and to the fact that there was no discussion about "putting people on the 11-month status," as other budgetary

units have done to meet the cutbacks. Robinson also questioned the procedure by which Wallbom decided to eliminate her job. She says that back in July she had a conversation with Rita Cooper in which the Personnel Director told her that if a 2% budget cut went through, then the position of Space Analyst would be

endangered. Rita Cooper affirmed to the CPJ that she told this to Robinson in the summer At that time, Cooper was reviewing the Facilities job roster with Dave Wallbom Their purpose was to determine how a 2% budget cut would affect the various jobs. Cooper also said that had she known Dave West's job was potentially in jeopardy, she would have warned him

Cooper told Robinson that she should see Wallbom about her status. Kris said she "told Dave that I'd like to know the truth, because I was planning to take a month's leave in August and if my job was going to be terminated, I'd start look ing for a new one. He said, I have never heard anything about this." Consequently, Robinson said she felt like Wallbom had "set her up" when he eliminated her job.

Another point of contention between Robinson and Wallbom was her claim that he did not understand-nor make an effort to understand-what her duties entailed. "He was always complaining that he didn't know what I did in my office. So I asked him three times to come in to see what I do, how my job operates, what I spend my time on. He never came in

"It is very hard for me to believe he made a good managerial decision," Kris Robinson said

The CPJ asked Wallbom to respond to Robinson's critique of his decision. His statement: "Back in July, Rita and I determined that if a 2% cut were enacted certainly her position (Robinson's) would be one of those looked at. I asked Kris about certain proceedings of her job. which she took the wrong way. She asked me if I intended to abbreviate or eliminate her position. I said no. I did tell her that if we faced a 2% or a 12% gubernatorial directive, then certainly her job-and all other jobs on campus-would have to be reviewed. She is not remembering all the

## LETTERS

#### THE WEEKLY RAG

To the Editor:

In regards to Kenneth Sternberg's article on the management of A.S.H. apartments, I found the piece at once short-sighted and irresponsible.

I am an A.S.H. resident now and was also a resident during a period of its former management. It has been my experience that service rendered by Ray Miner is a vast improvement over the former management. Not only have Miner and staff been more responsible in keeping office hours but have also fixed promptly things which inevitably go wrong in modern housing of this sort. Likewise, there has been a general improvement in grounds-

I too have heard complaints of Mr. Miner's more regimented attitude towards management. There seems to lie here a clear conflict between Evergreen views of a new order in business and the more traditional approach, one which has been accepted by many businesses today.

If this is what you had to say, Mr. Sternberg, I wish you would have said it. I found your reporting of dead cats and your implications as to the character of Mr. Miner to be of a national Inquirer mentality. We deserve a weekly newspaper of responsible journalism instead of a weekly ragsheet that is yellow in nature.

Thomas Anson

#### ASH TRASH

To the Editor,

l am a full-time student at Evergreen and I have worked for ASH doing light maintenance for approximately sixteen months, twelve for the Moores and the other four for the Miners. The only attribute which enabled me to retain my employment at ASH was the quality of my work.

The Miners fired me when they arrived. They thought I seldom worked for my wages and when I did it was poor quality. In the following weeks, after observing my work, they hired me back, explaining that they were misinformed as to who I was and the work that I did. These people are honest and do not hesitate to admit their mistakes. IN ALL RESPECTS

During my employment under the Moores, the general atmosphere was one of mild entertainment with underlying work motive. The Moores often acknowledged they wanted out of their job. They felt they were worth more pay and finally got what they wanted: a job with more pay. I'm glad for them but my joy did not put a roof over my

The description I presented above cultures a lax policy. To anyone who has had a job that they didn't like, this would appear to be normal conduct This highly maleable authoritative body was great for "FREEWAY LIFE STYLES," but for others it was at

"I WAS ON MY WAY TO THE TOP UNTIL BECAME A. SUDDENLY I FELT ... DESPICABLE ADDICT BRILLIANT! WITTY! BEGIN? I GUESS WII MY PERCEPTIONS SEEMED MY FIRST CUP. HEIGHTENED. FACT IT TASTED GOOD JUST WENT FROM COFFEE I NEVER WENT HOME THAT DIDN'T GO TO WORK THE VEXT DAY, EITHER. WAS BROKE AND HOOKED TRIED TO FORGET IT. NOTHING TASTES LIKE DRANK GALLONS OF HERBAL AND I KNEW IT! I HAD TO TEAS .. BUT THEY WOULDN'T

MISUNDERSTOOD

Using the model of Julian Jayne's

work as a framework to label a

modern enemy is not only an informal

fallacy (Ad Veracundum); this is a

cop-out. A national figure head as

leader can be the basis for some very

rational fears. We don't really need to

use a book on anthropology to seek

some irrational fears. Finally, and I

seek to put this delicately, in quoting a

Your headline "War Issue" for the

last CPJ (probably) helped to solidify

the myths and assumptions surround-

ing the Women's Center. It went right

over my article "Do Not Walk in Fear

any Longer," which gave the impres-

sion that my article complied with

your "War Issue" theme. While I do

eel the urgence to take action to stor

rape/assault on and around campus, it

is stated in our statement of purpose

rather we are emphasizing strength in

numbers." It was a detrimental (to the

Women's Center) oversight on the part

of the CPJ staff to put that title and

I do not want to spell out all the

clear that generalizations, and especi-

ally those not challenged, lead to

We at the Women's Center recognize

the bad experiences some women and

men have had with other women: we

also recognize and respect all women's

choices. And we have done our best to

clear up assumptions about the Center

by encouraging all women to partici-

pate in our activities and by supporting

any woman who comes to us with

Yet, we consistently hear assump-

ions and myths about women at Ever-

alienation and unjust rumors.

thoughts, ideas or feelings.

that article so close together.

we are not offering bodyguards,

David E. Freeman

source, accuracy might be important.

ASSUME NOTHING

**BICAMERALISM** 

To the Editor,

To the Editor

times irresponsible and highly insult ing. I can not with all respect to conscience, wash my hands of the part I had in that situation, but rather that a better management was not known to

COOPER POINT JOURNAL. I can see

THIS CHILDISH PUBLICATION SELDOM APPROACHES UNBIASED

IT UPHOLDS FREEDOM OF SPEECH AS A BLINDING LIGHT IN A COAT CLOSET, WITH THE

INSTEAD OF EXHAUSTING ALL OF THE AVAILABLE INFORMATION RESOURCES. YOU BOUNCE AROUND HALF-COCKED PICKING THE INFORMATION THAT TICKLES

I realize you people work hard to put this paper out and I don't want your job. I just hope you get the job you want when you leave. If this letter gets you mad and inspires you to produce journalism of award-winning quality, I'm all for you. It would be

In closing, THE ONLY HOT SLAN-DER IS QUOTED SLANDER!

**EDITOR** Kathy Davis Associate Editors



Victoria Mixon Art Director

**Business Manager** 

Craig Bartlett

Karen Berryman

Advertising Manager Richard Ordos

Photographer/Ad design Bill Livingston

It was my intent in writing this letter to tell you what I thought of the in reading it over that I need to sum-

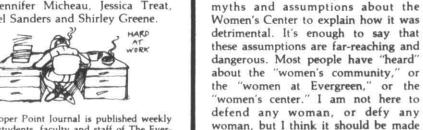
SOCIAL SIGNIFICANCE.

DOOR SHUT.

YOUR FANCY.

Paul M. Perry

Doughnut Holes and the Lollipop Guild: Jeffree Stewart, Bill Montague, Ken Sternberg, Loretta Huston, Trisha Riedy, Andy McCormick, Peter Epperson, Jennifer Micheau, Jessica Treat,



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## VETERANS WERE **FORGOTTEN**

I am really appalled at this school's recognition of Veterans day. The people here recognize everything from gay rights to Christmas, but refuse to recognize the people that have given their life to try and preserve the way of life that we know. I am not saying that war is a good thing, but in the past it has been a fact of life. I do not think that any American wanted to give up his life, but they did to preserve this country. I submit this as something to consider: people that have died in this unfortunate manner at least deserve our respect, if nothing else. It really is too bad that this school

takes such a negative view of these

Americans which gave everything they

green, or at the Women's Center. But

assumptions out. And when they do,

as I once did, they find that no, we

won't hate you if you're not politically

correct; and no, we won't exclude you

because you are not a lesbian, or are a

lesbian, and no, we won't tell you that

your personal choices in life are right

or wrong. If you believe that you have

a right to access at the resources in the

Center, then half your assumptions

clear up. The other half clears up when

you actually come in for yourself and

Women's Center Co-Coordinator

The CPJ staff regrets that it may have

contributed to misunderstandings or

certainly not our intent. Thank you,

Marcy, for calling attention to our

graphic faux pas. -Ed.

unjustified fears about the purpose and

politics of the Women's Center. This was

Marcy Robertson

rarely see anyone checking these

possibly could for your rights. Cpl Douglas Bennett

U.S. Marine

#### FEEBLE MINDED **ALIENS**

To the Editor:

Since the people of Seventhflooropia want to be so childish that they think that this country is no longer worth being a part of, because their candidate did not win the election, I think that they ought to be charged out-of-state tuition since they are no longer a resident of this state. It is really too bad that people have to be so feebleminded, and make themselves so small that they do not even want to give the man a chance. Stupidity seems to be the grounds of forming this new

Proud Citizen

#### STILL STIRRED UP FOR IESUS

for you.

To the Editor: I am writing in response to a letter entitled "Getting Stirred Up," written by Andy Maxwell and published in this column last week. The letter contained a message that I think we especially need here at Evergreen, and I personally want to thank our newspaper editors for printing it.

Millions of people of different cultures and backgrounds throughout history have seen their lives elevated to new heights of peace, joy and righteousness as a result of receiving our Lord Jesus Christ into their lives. Trusting Him gives them an experience of His forgiveness, love and His wonderful plan for their lives.

You can do the same thing. Anyone interested in talking more about the subject can call me at 459-3183 or 491-6611 (Christian Life Community). Jesus loves you and desires the best

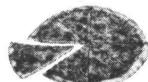
> Thanks, Tony Ilfie

# The Fat Fried Lifestyle

By Bill Montague

Tick, tick, tick tick, bbbbbBBBBZZZZZ "ummmmmmm. Huh? What? Hit the button. Helluva way to wake up in the morning." Cool silence, the room still dim and drowsy, the first dribble of sunlight just beginning to filter through the curtains. "Wanna sleep some more...last night, all that beer, the pizza, uhhhh. sleep just ten more, just ten more minutes .... " Eyelids trying to close, drifting back into the silent ummmmmm. "HOLD IT FOOL. LOOK AT THE TIME. YOU HAVE CLASS TODAY. GET UP. Don't wanna get up, sleep just ten more...NO!"

Stumble up, stagger into a bathrobe and into the bathroom. "Damn that light is bright..." Turn on the tap, peer miserably into the mirror. "Yuck, nasty." Hands cupped beneath the spigot, cold water in the face... "aaaaaaa!" Again. 'Helluva way to ... " Again. "... wake up n the ... " Again. " ... morning." Out of the bathroom and into the kitchen. "hungry ... food ... no time ... hurry . check the fridge." Lean over and peer into the moldy interior; eyes watering, legs shaking, dreaming of eggs, fried in butter, lots of butter, with crunchy white toast, more butter, Welch's grape jam, long juicy strips of bacon, slick and shiny with a coating of congealed grease, Minute Maid orange juice (from the Florida sunshine tree!) coffee, lots of sugar, lots of cream. "Lessee here, uh. ... slice of leftover pizza and uhh ... ah, and a beer!"



guz urp! Chomp, chomp ulp; chomp, chomp. ulp... "Ah, much better! Throw the bottle under the sink, back into the bedroom. Step into the pants, pull on the shirt, socks, step into the shoes, bend over to tie .. "Huuuullllp! Woops, almost lost the pizza there." Grab the books, off to school.

Flag down the bus and curl up in the back, watch the woods roll by, smeared and blurry with rain. Eyes filled with visions of pancakes with several quarts of maple syrup, turgid and greasy as motor oil, thick slices of ham, hash browns with ketchup, gallons of Minute Maid. .. Up the Parkway and into the Loop. The doors open. Rise and stretch, then down the steps, across Red Square and into the CAB Building. "Oooohhh my head!"

Down the echoing staircase, two steps at a time-bounce, bounce, bounce. "Huuuullllp! Almost lost that pizza again." Past the ERC, "Autta nuke all them damn sproutheads...." and the TV

lounge (...come as you are, come as you want, to Jack in the Box!!) Into the warm greasy arms of SAGA. What's behind the counter? Scrambled eggs, limp and watery and looking demoralized. Half-cooked strips of bacon, growing stiff with rigor mortis. A thick odor of frying hash browns..."Huuuullllp! Gonna lose that pizza yet . . . " Away from there. Cross the aisle and nuzzle up to the coffee urn. "Oh, beautiful coffee urn, shining silver giver of hot, black life!" An extra large cup, milk and sugar (two teaspoons? Make it three.) What else? Hows 'bout a sweet roll? Soft and spongy as Play-Do, a few shrivelled raisins, nice thick sugar glaze Yeh!



Elbow through the crowd, "excuse me pardon me ... O hi, howyadoing. excuse me ... " Pay the nice lady, find a table and sit down gingerly, "My poor aching back!" Munch and guzzle, light up that glorious first cigarette, every cell screaming, "nicotine, nicotine!" Ahhhhhh "Ohmygod lookatthetime!" Cram down the last of the sweet roll, wipe a few stray crumbs from the beard and then off.

Back across Red Square and up another insanely echoing stairwell, "God what a head! Should pop a couple of aspirin. Into the classroom. "Good morning. howyadoing good morning Talking about the Japanese again today. Lean back in the chair, "Damn things musta been designed by a sadist," and dream: piles of tempura and big steaming bowls of sukiyaki, little ceils of sushi, bottles of saki, steamed tofu with vegetables.

"What? Lunch time already?" Back down the stairs and into the rain. "Should I run for it? No, better walk, running's bad for the digestion." Push through the crowd and into the Deli ... "Hi, howya doing, hi, how'sitgoing? Hi, howareya... Now what? A sandwich maybe? "... on white bread please (Don't look as me that way lady, I know what I like . . . ) extra mayonnaise, two slices of ham, processed cheese, lettuce and tomato...NO SPROUTS! Lessee . . bag of cheetoz, ice cream sandwich. Another sweet roll. More coffee (three teaspoons of sugar? Make it four.) Eat and run.

More class; "gonna watch a movie on Mexico, great!" Sit down in the back; lights out, catch a few more winks, "just

ten...more...ummmmm..." Beef tacos swirl in an elaborate dance around a bowl of guacamole. Two enchiladas doing the tango, surrounded by a flurry of barbeque-flavored corn chips. Carmen with



rose in her mouth, taking a bath in an enormous pot of chili... Ole! "Huh? What? Movie's over, time to go . .

Stop in the Deli for another bag of cheetoz and a root beer, then back out to the Loop. Crowd into the bus, "Hi, howyadoing, hi, how'sitgoing ... . " Find a seat and sit staring at the rain trickling down the window. "What's for dinner? Go home, pull out a frozen turkey pot pie and a can of Campbell's tomato soup? Naw, too tired to cook. Eat at the Spar. Sit back and close the eyes, imagine a Baby Ruth bar: stale chocolate, caramel, bitter peanuts. Or how's 'bout a Hostess fruit pie? A sloppy Joe? Fig newtons and a glass of Kool-Aid? Potato chips and Frito brand clam dip? A pack of Twinkies, the poor man's eclair? The bus sways and lurches, the motor grumbling. "Nice and warm in here so cozy, could almost fall



"Huh? What? Oh, we're there." Out onto the sidewalk, around the corner and down to the Spar. Push through the double glass doors and sidle up to the counter. "Coffee please." Check the menu for something good. Here comes the coffee (four teaspoons of sugar? Make it five.) Light up a cigarette, "Boy, am I beat ... " Take a look around, what's everybody else eating? Clam strips and French fries, tuna fish sandwich on Wonder Bread, salisbury steak and mashed potatoes. "Hmmmm how about a chili burger, potato salad instead of fries (gotta cut down on the fried foods) and a strawberry shake? Sounds good." Give your order to the waitress. Buy a newspaper and scan the headlines: Crop Failure in Africa ... Food Riots in India Bangladesh Appeals for More Aid Gee, some people sure got it tough. Here comes the food.

The potato salad is awful, "shoulda ordered fries," but the chili burger is

"doesn't taste like strawberries though: more of that artificial stuff." Pay the bill and stand undecided over the candy counter: Milky Way? Payday? Butterfinger? Baby Ruth. The old standby. Put a quarter on the change mat and head for the door. Check the clock on the way out, "twenty-five after miss the bus gotta run!" Sit on the bus and eat the candy, throw the wrapper on the floor Watch the billboards roll by (New Tangle! The candy that explodes with flavor. 'hmmmm, haveta try some of that.") Get



off at the house and trot up the driveway. "huh ... huh ... huh ... gotta get more exercise, lungs are getting huh huh getting bad

Close the door and put down the books. Grab a beer from the refrigerator Turn on the television and sit down in the easy chair, "should study, gotta test on Tuesday tired right now, just watch the tube for awhile so tired

In the dream, you are a baby again, sitting in the shopping cart which mother wheels up and down the long, narrow aisles. Everything is so brightly packaged. You can almost reach the shelves with stubby little arms. You pass by the breakfast cereals. There on the counter, right next to your face, is a bright red box. Though you cannot remember it, the TV has shown you the very same box on at least a hundred Saturday mornings. You utter a delighted squeal and reach for the box. But mother ignores you and the shopping cart passes on down the long. brightly lit aisle, leaving the beautiful red box behind. You howl pitifully for the object of your heart's desire, but mother will not listen. As the cart rolls down the endless aisle, you cry and cry and cry



# Help Yourself to Legal Aid

By Jennifer Micheau

SHLAP (Self-Help Legal Aid) is an S&A funded, student-run organization. Admittedly that's a pretty boring opening statement, but it does clue you into a couple of things you should know and keep in mind about SHLAP. "S&A funded" means "on you." The costs of running the office and the salaries of the SHLAP staff are paid out of the portion of tuition fees that goes to student services and activities. Simply, that means you should take advantage of SHLAP's services. After all, you're paying for it. "Student-run" means that SHLAP is staffed by Evergreen students-not by attorneys. This point may be significant in determining what SHLAP can do for you, and how to use it as a

One important difference between SHLAP staff and an attorney is that an attorney can give legal counsel, or legal advice. Legally, the SHLAP office can't

do this. Practically, they aren't experienced enough to. That means, if you come into the SHLAP office to get some pointers about suing your ex-housemate for half his/her stock in foreign oil, you may be disappointed. In other words, SHLAP is not a substitute for the counsel of an attorney

Another difference, connected to the first, is the "self-help" aspect of the program. When you hire an attorney, you pay for services like locating and making sense out of current statutes, finding other data that's relevant in your case, and fillfiling the proper forms, in the proper wording, with the proper people. The idea behind SHLAP, on the other hand, is to help you minimize lawyer's fees by performing these services yourself.

So what exactly can SHLAP do for me? It can help you help yourself by demystifying the law. The office resource library is stocked with up-to-date, readable (really!) information in the form of pamphlets, books, sample forms, subject files, and phone lists to put you in touch with the people who can answer your

questions, if SHLAP can't. There is an excellent set of self-help books dealing with car insurance, the police, landperson/tenant law, and other aspects of the law in Washington State, as well as a self-help divorce kit and information on how to file a claim and go through court procedures.

The SHLAP staff members can help you pinpoint your problem, clarify your objectives, and get access to the information and resources you need. If it's not in the SHLAP office, they can help you locate and make sense of the legal resources in the Evergreen library, or find out where else to go and/or who to get in touch with to help solve your problem. If you think you may need an attorney, but aren't sure, a staff member can help you figure that out, too. The office's attorney referral file is currently being updated and expanded. The file can help you find a lawyer who specializes in whatever your problem is, or would be willing to negotiate a consultant fee with regard to your

In short, the function of the SHLAP

program hinges on self-help. If your problem is one that can be solved without the help of a lawyer, SHLAP can help you. But you should be prepared to help yourself, too, and take responsibility for preparing your case.

Because of the emphasis on self-help and also the potential legal and practical difficulties of over-the-phone diagnosing, SHLAP does not handle phone-in cases. Of course, if your landperson is at the door with the sheriff, the entire tri-cities police force, and the national guard, or if you just want to ask about a resource we might have, by all means call. Cases are taken on a walk-in basis, so there is usually no need for an appointment. If you're on a very tight schedule or can't make it in during regular office hours, you can call for an appointment and work out a time with a staff member.

SHLAP's phone number is (866)-6107 The office is located on the third floor of the Library Building, Room 3224, and is open from 9 to 4 Mondays (closed 12-1). 12:30-3:30 Tuesdays and Thursdays, and 9-3:30 Wednesdays and Fridays

#### **IMAGES**— INTRODUCTORY **MEETING**

"Images" is an Intermediate Coordinated Study program offered this winter and spring by faculty members Marilyn Frasca and Mark Levensky. It is designed for people who are presently making images and who are technically good at making images in any of the following ways: drawing, painting, printmaking, photography, or writing. Its goal is to help people make their own images and understand their own work and the work of other people better.

An introductory meeting will be held Monday, Dec. 1, in Lecture Hall 3 from 12-1 p.m. Prospective students in the program will have an opportunity at this time to arrange an interview with the faculty to show their present



Attention Graduates! A 1981 Graduation Committee is now meeting to make plans for upcoming graduation ceremonies. The next meeting is scheduled for Thursday, November 20 at noon in CAB 108. If you can't attend, please watch for announcements of future meetings or contact Peter Epperson at the S&A office for more information. The committee is also soliciting suggestions for offcampus speakers at graduation. Suggestions can be left at the Information Center in the CAB building. Please be involved!

#### TINY HOLES PLAY FOR KAOS BENEFIT DANCE

Saturday, November 22, at 8:30 p.m. three unusual Olympia bands will perform at a dance on the fourth floor of the Library. Admission is \$2 (\$1 for KAOS subscribers) with all proceeds going to KAOS 89.3 FM. Customer sional horn) duo with Steve Peters and Steve Fisk will start the show, followed by Tiny Holes, a new band with Fisk, Peters, Phil Hertz, Paul Tison (from Conch), and vocalist Bruce Pavitt. John Foster's group will play last under the musical direction of Steve Fisk Foster will be joined by two members of Seattle's almost-famous Beakers, Mark H. Smith and George Romansic, just back from their California tour with Gang of Four. The latest issue of Subterranean Pop called Foster and Fisk's collaborations (good name for an album) "unlike anything we've ever heard. (Ever.)"

Intersection of Mud Bay Rd.

& Madrona Beach Rd.

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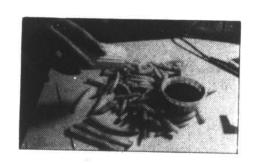




## THANKSGIVING...

SAGA STYLE

Nov. 20, Saga presents a Whole Foods Thanksgiving Dinner, serving traditional and alternative foods. Cost: \$5 for all you can eat!



#### STUDENT CONFERENCE IN D.C.

The National Student Educational Fund (NSEF) will hold the First Student-Secretary Conference in Washington, D.C., on February 19-21, 1981.

Eighty-five college and high school student leaders from various geographic regions and different areas of student service will be selected from a nationwide group of applicants in early December to participate in the conference. Selection qualifications include past experience in peer couneling services, original plans for future programs and knowledge of student-consumer

The conference program includes panel and roundtable discussions with Department of Education policymakers

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about the federal government's role in post-secondary education and workshops to assist conferees to design or improve effective peer counseling pro-

grams on their own campuses.

"Student and professional education organizations have learned that students have been producing information material for other students and conducting peer counseling programs for years," said NSEF President Kathleen Downey. "Among the programs developed by students are information, outreach and service efforts in all areas of student interest. By their involvement in these projects and the conference. students contribute substantially to the academic and community environment while acquiring valuable learning

This is an excellent opportunity for students to have their voice heard by the Department of Education. There are only 85 participant spots out of a student population of 11 million, so come to CAB 305 for more information and fill out an application, or leave your name and number with Mark Young in the W.A.V.S. mail stop. Deadline is Dec. 3.

### **AA MEETING**

Women's AA meeting (AA members only please) every Monday, 12-1:30 p.m. Library 2118.

#### HELP FOR HERPES

An estimated 500 people have genital herpes at Evergreen. Nationally, an estimated 20 to 30 percent of the sexually active population has herpes. Why? Because people are either too scared or feel that it's not important to talk about herpes.

HELP invites you to talk about and learn more about herpes, at their next meeting on Dec. 2, 7 p.m., at Timberland Library (8th and Franklin). For more information, inquire at Sem 4115, or call 866-6238 (message phone-The Women's Clinic).

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#### **GET IT TOGETHER FORWINTER OUARTER**

Any students who are contemplating an Individual Contract and/or Internship for Winter Quarter are invited to attend the December 3rd Workshop, sponsored by Academic Advising and Cooperative Education, in Lib 2205 from 11 to noon. Topics to be discussed will include: How and where to find a faculty sponsor; negotiating Individual and Internship Learning Contracts; interviewing tips for prospective interns; evaluations; and much

This is your last chance to get it together before Winter Quarter. BE THERE

#### S&A SURVEY OUT

The S&A Survey concerning the proposed Sauna switch is available now. The survey will be at the equipment desk in the Rec Center and at the information center in the CAB building. Your input will help direct what steps are taken to alleviate the locker room discrepancies and will assist the college in complying with the Title IX code. Please get involved.

The bloodmobile unit will be on

#### **BLOODMOBILE** ON CAMPUS

POETRY READING campus Monday, November 24, to receive donations. The procedure includes having your blood pressure checked, hemoglobin level tested and blood typed. Volunteers from the Puget Sound Blood Bank will be located on the first floor of the Library Building from 10 a.m. to 4 p.m. Health Services encourages all students, staff Resource Center. and faculty to again take the time to contribute their urgently needed blood. Thank you.



#### **GRANTS FOR STUDY** IN MADRID: SPRING '81

An anonymous Spanish donor has given a number of grants for American and Canadian students to study at the Facultad de Filosofia y Letras of the University of Madrid under the auspices of Academic Year Abroad, Inc. Applicants must be currently enrolled in a college or university and must be prepared to follow courses in Spanish. The grants will be paid in Spanish currency and will amount to 15.000 Pesetas.

For further information and an application, send a self-addressed envelope with 20¢ postage on it to: Spanish Scholarship Committee, P.O. Box 9, New Paltz, N.Y. 12561

# MAN-MA Good Gracker 10 NEWS NIDS

#### NATIONAL FOREST PLAN

A representative of the Olympic National Forest administration will discuss the proposed five-year National Forest plan at an open public meeting at 8 p.m. on Thursday, Nov. 20 in CAB 306. The public is invited to attend and provide their opinions on the priorities the plan should reflect. A 6 p.m. meeting of the SW Washington chapter of the Sierra Club in the ERC the same evening will discuss the best methods for implementing public input into the Forest Planning process.



Open Poetry Reading, November 20, at 8 p.m. in Library 3112 (Board Room). Step out of the closet and share yourself. Sponsored by the Arts

#### ATTENTION FIRST-YEAR STUDENTS

Did you graduate from high school during the last year? Are you interested in sharing your experiences at Evergreen with current high school students and counselors? Recent high school graduates who are returning to their home town over winter break, are needed as part of the The Evergreen Experience Program. The Evergreen Experience Program was created to reach out and help prepare students to be a "Student-Representative-for-a-

The Admissions Office is willing to train you as a Student-Representative. For further information, please call 6171 or stop by Admissions by Wednesday, December 3.

#### WIN THANKSGIVING DINNER

Rapid runners can win their Thanksgiving supper Saturday, November 22, at The Evergreen State College. That's the date of the school's ninth annual Turkey Trot-a 2.7-mile road race in which 12 first-place finishers will take home the big bird.

The event, first staged in 1972, annually draws more than 200 competitors who race in men's and women's divisions in six age categories: 0-12, 13-20,21-30, 31-40, 41-50 and 51 and

The dozen first-place winners may take home the turkeys, but secondplace finishers gain a chicken, those who come in third win a cornish game hen, and fourth-place runners will be presented one dozen fresh eggs. All competitors will also receive a Turkey Trot Survivor's ribbon commemorating their participation.

Those wanting more than food and fun are challenged to beat the best race times-both logged in 1978. Then, Scott Clay-Poole of Shelton's Running Club crossed the wire at 13 minutes and 46 seconds, and Ann Seidel of the Eugene Track Club broke the women's record with her 17-minute, 54-second

Registration for the Turkey Trot costs \$2.50 and begins at 10 a.m. in front of the Evergreen Library. The race begins promptly at 11 a.m. Saturday, also in front of the library.

#### WASHINGTON POST COLUMNIST ADDRESSES PUBLIC

David Broder, a nationally syndicated columnist for the Washington Post, will present a free public address at 8 p.m. in the Evans Library.

Topic of his Monday night address will be "media and its influence on public policy." The Pulitzer Prize winner for Distinguished Commentary is also expected to explore issues he raises in his latest book, "Changing of the Guard" which examines the generational shifts taking place in power and leadership in the American political

The Washington political reporter is also expected to confer with Evergreen students and faculty on campus December 2 in what the college hopes will become an annual series of fall



## NO BIKES ON THE HANDRAILS

Your assistance and cooperation is needed

Security has received many complaints from pedestrians about the placement of bicycles on stairways and attached to handrails throughout the campus. Uniform Fire Code 12.103 Section E, prohibits any material being placed or stored in an exit (or an extension of an exit). Additionally, it is a hazard to handicapped persons who need to use handrails for guidance or

Security is in the process of seeking other methods (in addition to the blocks) for securing bicycles. However, budgetary problems may prolong any plans for future projects.

Security will begin to impound bicycles in violation beginning December 1. Please use the bicycle blocks provided.



#### **COUNSELING CENTER** HERE FOR YOU

This note is a reminder that counseling services are available to students. faculty and staff. The newness and excitement of classes may have given way to pressures of real and imagined expectations related to the mid and end of quarter. Along with the load of academics comes gray weather and numerous other factors that may inhibit positive student involvement.

The counseling center can provide students with a safe environment in which they can deal with end of the quarter situations and pressures. We see people on a drop-in basis or through scheduled appointments. Please® feel free to refer students to the Center for any help needed. They are open Monday through Friday. In case of an emergency during off-duty hours, please contact Security.

#### WHAT'S WALLYBALL??

No, it's not a game Eddie Haskel and Lumpy play against the Beaver. It's Volleyball played in a racquetball court. You can use the walls and ceiling to bounce the ball off of, so it's a fast-moving, exciting game. The best part is that no one has ever played it before, so no one needs to feel intimidated, because everybody is a beginner.

Intramural Recreation sponsors a game of WALLYBALL every Thursday night at 7:30 p.m. in racquetball court 1. Come out and learn a new game, and be a part of a new Evergreen tradition. Only eight people can play at any one time, so reserve yourself a space by signing up on the bulletin board, first floor, CRC!







TYPING SERVICES

The Evergreen Group All work guaranteed P.O. Box 765 Olympia, WA 98507 Phone: 754-4795



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## ~ Protein Insecurity



have concluded that .28 grams per pound

of body weight, or 35.8 grams of usable

person weighing 128 lbs. is recommended

If we keep a few guidelines in mind, we

protein (from daily food intake) for a

as the minimal daily requirement.

can be sure of obtaining our protein

needs. The most important rules to re-

This can not be overemphasized. In the

ovo-lacto vegetarian diet, there is a large

selection of foods to choose from. The

basic food groups consist of grains,

legumes, nuts and seeds, fruits, vege-

tables, dairy, yogurt, milk, cheese and

eggs. The problem that occurs from abuse

of dairy products in this diet is that eating

a lot of cheese is no different from eating

a lot of meat. Cheese in particular is high

in saturated fat, just as meat is. As men-

fats contribute to rigidity of our cells and

to unnecessarily high levels of cholesterol

It is vital to make clear that a vegetar-

ian diet is much lower in cholesterol than

heard several times, but again can not be

which may lead to quicker aging and

a meat or heavy cheese diet. Another

general guideline that you may have

overemphasized, is to eliminate foods

that are neither whole nor wholesome:

rice, highly refined vegetable oils, etc.

Avoid highly processed foods, such as

for they've been stripped of valuable

frozen, canned, or dehydrated products,

nutrients; particularly the trace elements

that are essential. Once the wrong foods

are cut out, we can begin to focus on the

The next stage is to get the right bal-

choices. Vegetables, fruits, nuts, grains,

legumes and dairy sources are not "com-

two essential amino acids are not avail-

need to ingest the eight essential amino

acids—the building blocks of protein—

tein, we need to keep in mind the basic

lacto diet. These include: mixing grains

with legumes or nuts and seeds: grains or

Once we begin to experiment with these

food groups, we eventually become more

sensitive to how food is affected by our

environment, more aware of our bodies,

plants and more in tune with life in general. Along this path towards health,

there are many excellent books and infor-

mation to aid in the practice of vegetarian

cooking, nutrition and lifestyle. A few of

Laurel Robertson, Diet for a Small Planet

by Frances Lappe, The Vegetarian Epicure

let yourself explore and enjoy the qualities

by Anna Thomas and many others. So

these books include: Laurel's Kitchen by

complimentary guidelines for the ovo-

legumes with vegetables; dairy with

grains, legumes or fruit.

Whole Foods

Great Prices

from our food. To ensure a complete pro-

able. To make a complete protein we

plete" protein foods, meaning that one or

wide variety offered by the ovo-lacto

ance and variety of non-meat food

e.g., white flour, refined sugar, polished

heart problems.

egetarian diet.

tioned in the last CPJ article, saturated

member are variety and moderation.

By Loretta Huston

Vegetarianism, as we know is not a fad or a "new" way of eating, but is as ancient as the union of the first human beings with the plant kingdom. The plant kindgom includes everything from flowering plants to blue green algae and bacteria. For example, Spirulina Blue Green Algae (the green gold) which is a whole protein, high vitamin and mineral food was used thousands of years ago by the Aztecs and is now being reintroduced. The algaes of the sea have been a large part of the vegetarian diet of the ancient Northeastern Asiatic cultures, and a great variety of fungi and the flowering plants have contributed to the vegetarian diet.

There are many different reasons for being a vegetarian. While these may range from economical to spiritual, the most obvious reason people are converting is out of mere necessity to extend the dollar By realizing that the planet is becoming ever more populated, and by cutting out a few unnecessary steps such as the "Cattle eats grain link" (explained more thoroughly in "Diet for a Small Planet" by Frances Lappe), we can share the plant food on a wider scale. This stage naturally leads to less stress on the earth by using plants for a more simplified food chain. The more direct we can become with our lifestyles, the more we can conserve. Thus, any direction towards change begins with the individual and the path we choose leads us from one stage to another. Different levels of vegetarianism require many different transitions, just as anything else we observe in nature.

The most common transition to the vegetarian path is to eliminate meat and depend heavily on dairy products and eggs. This is called the ovo-lacto vegetarian diet, which can be a very imbalanced and abused diet. The dependence stems from insecurity about our protein requirements. This is especially true in our country, since we have been conditioned to believe that we need a high protein diet.

Before generalizing, we need to recognize that we are all biochemically unique, meaning that we all have a genetic individuality and our environment affects us all in a different way. Also, we need to examine protein quality, meaning how much of the protein in a particular food is usable for our energy needs. Taking these factors into consideration, experts



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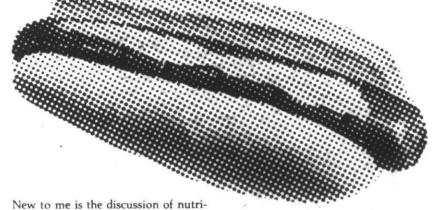
# **Favorites from the** Galumphing Gourmet

Cooking a delicious meal at home is

The Joy of Cooking

If you have never cooked for yourself "Joy" does.

Among the hundreds of recipes are dishes that will please people of all disciplines. You've probably never wondered how to cook a shark, beaver, or a moose, but if you ever got the urge, you'd be prepared. The authors exhibit a rare knowledge of food, and their "Know Your Ingredients" section is one of the best parts of the book. They explain more than you probably wish to know about items most of us use daily, including a fine discourse about growing your own



tional needs. The information here is accurate enough, but isn't presented in great depth. "The lov of Cooking" can be described as the Whole Earth Catalog of cooking. No other cookbook is as fun to read, and with a money back guarantee, no other is a safer investment

For sheer diversity and taste appeal, 'Moosewood" is the finest vegetarian cookbook around. It has over 180 recipes from many cultures, and I have yet to

Everything I've made from this book was easy to prepare, and all entrees give their preparation times, which I found to be generally accurate. A few dishes are intricate, but the instructions are very

written, and highly readable primer discusses how our bodies utilize nutrients, specific food requirements, the function of macronutrients (protein, fat and carbohydrates) and the role of micronutrients (minerals and vitamins) in our diets. Matters of dieting for weight loss and special nutritional requirements during pregnancy and early childhood are also addressed.

Throughout the book is a fine series of charts and tables listing the nutritive properties of foods and their importance in the diet. Everything stated is based on ography provides a springboard for further self-study

I recommend purchasing the hardback edition because the charts are easier to read and the woodblock prints, which adorn both editions, survive better in hardback. Whichever you buy, you can be certain of owning one of the most complete and well written cookingnutrition guides ever produced.



one of life's minor glories. If you prepare a dinner for a small group of friends who are thankful for the feast, the joy is enhanced. With the number of nutritionally minded people rising swiftly, so too have the number of cookbooks available to the local gourmet increased. In an effort to foster healthful, enjoyable eating, and to improve the odds for good potlucks, I've compiled this review of my favorite cook books. While there are many good ones available, I wouldn't be caught on a deserted island without the following cornerstones of gastronomy.

by Rombaur and Becker; \$11.95-hardcover. \$4.95-softback

and are unfamiliar with the kitchen, cooking methods, or the qualities of food, this is one book you shouldn't be without. No other cookbook has as broad a scope, covering as many aspects of preparation, ingredients, and food preservations as

cashew-ginger sauce, eggrolls, and sour cream orange cake, it would be difficult to choose my favorites from "Moosewood. You could cook something new each day and never suffer from a bored palate. Definitely a "must have" book if you're even marginally interested in good eating.

Laurel's Kitchen By Robertson, Flanders, and Godfrey \$3.95-paper; \$15-hardback

More than a cookbook, "Laurel's Kitchen" is the best guide to vegetarian eating currently available. There are three sections to the book.

The first is devoted to the spiritual, economic, and health-related reasons for following a meatless diet. The authors stress that healthful eating is intimately related to healthful living, and that it means more than just getting something down your throat. Our highly centralized wasteful methods of food production, the authors state, are indicative of the fragmentation of American life in general, and they ask readers to re-evaluate their priorities toward living and eating habits.

The second section covers whole food recipes, a general discussion of nutrition requirements, and facts about ingredients and cooking methods. If you are new to vegetarian eating, "Laurel's Kitchen" is a painless, and most fascinating initiation. Here again, each recipe I've tried has been delicious. The lasagne recipe is absolutely the greatest, and dangerously addictive.

The last section, dealing with human nutrition, transcends this work from the realm of cookbooks to that of an invaluable resource. Written by Ms. Godfrey (a registered nurse), this thorough, well-

#### Moosewood Cookbook By Mollie Katzen; \$7.95 paperback

prepare any that I didn't think were incredible

Katzen explains that each recipe was developed in the Moosewood Restaurant, where she works, in upstate New York.

clear and easy.

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## May It Never Run Dry

By Jeffree R. Stewart

The golden beverage known to us as beer has brought through the ages a vast and fascinating repertoire of tales and legend. Art, science, mythology, and the shared laughter of dozens of generations form a golden thread worthy of exploration. Beers, ales, and stouts, our lively and effervescent companions in the present, were all the more good friends in bygone days. Thus, by revealing some of the character of excellent examples, we can learn what to expect and look for in the brews of this day and age.

It takes a certain kind of water to produce a truly great beer. Certain places bring forth waters ideally suited for the brewing of malt beverages. The Pacific Northwest, and Olympia in particular, is a place so blessed. Tremendous volumes of minerally balanced artesian spring water rise here.

Barley, our next ingredient, also rises from the soils of Washington. For brewing, the grain is soaked and kept warm to sprout, whereupon it is roasted to exact specifications which determine the color and characteristic flavor of the beer. Then, through a process called mashing, a sweet, rich syrup is extracted, known as malt extract.

As if by amazing coincidence, hops (Humulus Lupulus) also grow very well in the eastern hills of Washington, where they are harvested and sorted and bid on by brewer's representatives from all over the continent. Hop flowers are what give beer its tangy, in some cases (like Guiness), bitter flavor and fine aroma

They also act as a natural preservative. How are these ingredients combined to fill the barrels? Well, depending on the kind of beer, there are several distinctive processes, but here's the basic sequence.

Barley Malt Extract is boiled in clear water for a certain length of time: longer for dark beers and shorter for light. Towards the end, hops are added to infuse their essence into the boiling wort. Then it is poured into a fermenting tank, finishing hops are added, and the liquid cools. When the temperature is correct, a pure yeast culture is "pitched" in. As it erments, careful measurements are taken of the changing "specific gravity." Once



the predetermined gravity is reached, the young beer is strained into another vessel.

The German word "Lager" means to store, and with most of the beers Americans are familiar with, this is the next step-cool storage. During this period, the yeast remnants settle and the flavor matures. Brewing at home, I find a brew which has aged a couple months far superior to one drunk while still "green. Every brewer favors his own optimum lagering time.

Clearly, there are many different tastes and ways to perceive such things as better or worse, but there are certain qualities to be found in some beers and not in others which set them apart as wellcrafted beverages.

Every beer has an aroma unique unto itself. A fuller dimension exists for a person who quaffs from a glass rather than the bottle, for thus the aroma is inhaled, as the flavor is enjoyed. In a clear glass, hold the brew up to a light to see the depth and color. You will find that certain colors distinguish different kinds

Pale gold beers are watery, delicate and distinctive if well made, tasteless if not. Amber beers are somewhat heavier, have a pronounced malty flavor, and are often

stronger in effect. Dark beers tend to be richer, stronger and more flavorful. Generally, one drinks less of and savors these

Watch the head. Naturally brewed beers will produce a thick, creamy head that will outlast three or four pourings of artificially carbonated beers that are abundant in supermarket coolers.

Taste, of course, will be the deciding factor. Exploring the beers of many different countries will reveal an amazing variety of styles and characteristics. Some you'll find inferior to the local draft beer, while others may be sipped as Ambrosia, and savored to the last.

For the sake of interest, what other factors might be involved in choosing a favorite beer? In America, we have become used to the predominance of giant corporations in marketing the various products we use. The brewing industry is no exception. Philadelphia, for example was at one time the home of 94 breweries,

120n.pean

olympia,wa

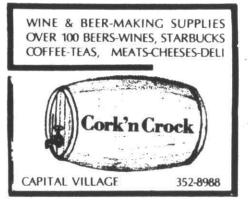
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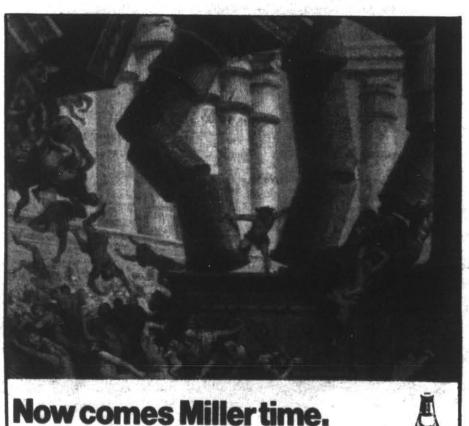
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and of these, two remain. The story of Wisconsin is similar, and represents a pervasive trend whereby large breweries replace distinctive local beers with nationally marketed beverages that all taste

We could look into where the mone goes. Over in Copenhagen, Sweden, a the Carlsberg Breweries. Some very delicious beers are made there, and th money that goes back across the ocean is also the primary funding for The Carls berg Foundation, which provides grant to scientific expeditions, works of art, cultural events, interesting architecture archaeological digs and geological research, among other things.

Beer is not a substance unto itself. Its history is intertwined with that of the human race, and many are the moments in which beer played a part. True, large quantities drunk at once can erode the delightful uplift that comes with the first one or two, and indeed, beer has been misused. Yet, for all that, it remains one of mankind's more beloved companions. Its essence is perhaps best revealed in quaffing a glass or two with friends, sharing, savoring, appreciating, being aware that history is in the making.





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Maison\_

# "Food First" Smashes Scarcity Myth

By Roger Stritmatter

World Hunger: Ten Myths \$2.25, Institute for Food and Development Policy. Food First: Beyond the Myth of Scarcity

America is the breadbasket of the world. People are hungry because of overpopulation. Increased food production and vigorous population control measures are the solution to world hunger.

These familiar and seductive statements all have one thing in common: they are all false. That, at least, is the unexpected conclusion of Frances Moore Lappe and Joseph Collins in their booklet, World Hunger: Ten Myths and the somewhat more extensive book, Food First: Beyond the Myth of Scarcity. Lappe, author of bestselling cookbooks Diet for a Small Planet and Recipes for a Small Planet and Collins, co-author (with Richard Barnet) of Global Reach, a persuasive indictment of the policies of multinational corporations, are co-founders and staff members of the Institute for Food and Development Policy (IFDP) a non-profit research and education center devoted to eradicating world hunger.

Since its inception in 1975, IFDP has challenged both Garrett Hardin's let-themeat-jellyfish "lifeboat" ethics and the traditional, time-worn liberal platitudes about

America's responsibility to feed the multitudes. The Institute (which is not connected to Werner Erhard's metaphysical "Hunger Project") publishes a monthly newsletter, and provides a slide show. and various packets of reprints and study guides on hunger. Additionally, Institute staff do research and public speaking about food and hunger issues.

Remember Mom's threats to eat your peas because children are starving in China? Reaching the conclusions presented in Ten Myths began, the authors say, with unlearning the tireless cliches they, like all of us, were weaned on. Contrary to what they had previously believed, they discovered that every country in the world has the resources necessary to feed its people and that economic and political factors, not scarcity, are the cause of hunger. "We agonized over the logical consequences of what we were learning that seemed to put us in conflict with positions we had previously supported," the authors state. "But eventually we came to an understanding that provides direction and energy instead of paralyzing us with guilt, fear or despair.

The root of hunger, they conclude lies not in any absolute scarcity of food, but in the pattern of control of the resources of food production, primarily the land. A consequence of this fact is that the socalled "green revolution"-that is, attempts by industrial nations to improve

food production in the Third World by applying the latest, most expensive techology (tractors, pesticides, "miracle" high-yield crop strains and expensive irrigation systems), far from relieving world hunger, has exacerbated it.

"The potential productivity represented by the new technology," Lappe and Collins write, "attracts a new class of 'farmers'-moneylenders, military officers, bureaucrats, city-based speculators, and foreign corporations-who rush in to buy up land. Land values soar-up, for instance, three to five-fold in only a few years in the "Green Revolution" areas of India. As land values rise, so do rents, pushing tenants and sharecroppers into the ranks of the landless. Seeing new profit possibilities, landlords evict their tenants and cultivate the land themselves with the new agricultural machinery. The percentage of the rural workforce that is landless has doubled in India (now over one-third) since the introduction of the Green Revolution innovations. In northwest Mexico, the birthplace of the Green Revolution, the average farm size has jumped from 200 to 2000 acres with over three-quarters of the rural labor force

now deprived of any land at all." Thus, the Green Revolution deepens the rift between the haves and the have-nots in the developing nations by creating a sea of landless labor "freed" into unemployment by the infusion of fossil fuels

native lands, and unceasingly pushed

human beings," Lucas declared. Indian

Indian role. Rarely does an Indian por-

tray a plumber, doctor, or garbageman.

An Indian is always an Indian, as if that

were an exclusive role. Movie-makers

even go so far as to represent only three

Thus, by ignoring the other four hundred

tribes and cultures, each with a unique

approach to life, the public is let to con-

different tribes, according to Lucas.

actors, he said, are still assigned the

"Hollywood never dealt with Indians as

them further west.

and technology. By American standards, the "efficiency" of the agriculture has been improved. Less people are employed to grow more food. A few farmers and bureaucrats live high-off-the-hog, the GNP improves, and the poor are more

underemployed and hungrier than ever. The inevitable implication of Lappe & Collins' analysis is that the judicious use of "intermediate technology" coupled with land redistribution and legal protection of the rights of smallholders, is a solution to hunger in most parts of the world. That solution is clearly at odds with the marketing needs of many monolithic corporations, which have a share in the profits reaped by the sale of farm machinery (and the consequent addiction to fossil fuels) to farmers in the impovrished nations. At odds, also, are the aspirations of local entrepreneurs bent on imitating the American way.

the root of hunger, they concluded, lies is poverty. Nowadays, when mother needs an example to coax the kids into eating peas, she uses India. China, without the help of U.S. AID, Mobil, or the World Bank, has virtually eliminated

Densely packed, provocative and amply documented, The Myths and its more comprehensive companion volume. Food First, are far and away the best introduction to the politics of hunger available in the United States today.

# Media Creates the Savage Indian

By Trisha Riedy

One Saturday afternoon, a twelveyear-old Native American boy sat on the edge of his seat in a crowded theatre. Wrapped up in the excitement of a Western movie, he found himself rooting wildly for the cavalry instead of his own people. Phile Lucas, Native American film producer, shared this story last week with a crowd of sixty as a part of Indigenous People's Day. Lucas then

showed how a powerful force like the

Similarly, caught in the excitement of a Western, Lucas said, anyone may be susceptible to sympathy for the "good" guys, the weary settlers in covered wagthirsty Indians. Yet by doing so, he added, we forget that white settlers migrated from their homes in the industrial-

Liver: I caught him one day. He was

practice what you preach, boy." He said,

I can put anything in my mouth that I

want." I said, "Well then, don't tell me

what to eat." That got me all hot and

bothered. We decided that there was a

the scales a little bit and form our own

proliferation of health food nuts running

around this place. We decided to balance

organization. So we formed the Sweets &

Meats Club. The first time we advertised

in the CPJ, we said the purpose was "to

Craig: No tobacco? I'll be darned.

that there need to be iconoclasts here

promote the consumption of meat, sugar,

caffeine, alcohol. No tobacco." That's our

Well, yeah that's really interesting. I think

Liver: But we're not iconoclasts. The

continued to page 11

theme of the organization, which ties in

outside the communications building

chewing on something that looked an

awful lot like a Twinkie. I said, "Hey,

The Oral Majority Pigs Out Interview By Miriam R. Lewis & Craig Bartlet



Twinkie, Dolly Madison, and LiverLoin perform rites on ritual chicken. Dolly: You can't.

On November 13, 1980, the CPJ interviewed Dolly Madison, LiverLoin and Twinkie, the founding members of the Meats & Sweets Club. Here are the results of an "evening of caffeine-crazed, buzz-

CPJ: How did this whole thing get started?

Liver: The whole thing started when a friend of mine was laying his no-sugar, no caffeine, no meat trip on me. Day after day he'd come in here, I'd pour myself a cup of coffee, he'd say, "Do you know what coffee's doing to your body?" I'd pick up a cup of tea and if it wasn't herbal tea he'd say, "Do you know what that's doing to your body?"

Craig: Even tea? Liver: I was awfully fond of bagels and cream cheese and he'd say, "Do you know what those carbohydrates do, they convert to sugar. Clean your system. Eat

sprouts! Eat sprouts! Craig: How could you live without

carbohydrates?

media can shape the opinions of its

ons. We may even hate the "bad", bloodized eastern cities, forced Indians off their

> clude that most Indians are the same. Books furthered the Indian stereotype, Lucas told his audience. Novels were often read as fact, and history books reported a one-sided story. Some books still tell this one-sided tale, he declared. and authors seldom give background information on the Indian people that helps readers understand their frame of refer-

Lucas then gave a history lesson. Our white ancestors, he said, came to America as immigrants, or refugees. Many were ignorant, and the native peoples taught them to grow crops, to build homes-in short, to survive. In gratitude, Lucas noted, the intruders later repelled their hosts westward.

Indians also shared their Articles of ture for societal living-with the inquisitive Europeans, according to Lucas. "Savage" communities, he added, provided women's suffrage, and these communities welcomed diversity amongst peoples. Lucas cited a European remark to show the white man's indebtedness to Indian ideas: "If these savages can have a confederation, so can we." As whites incorporated Indian ideas, Lucas said, unrest grew in Europe. Europeans thought that "personal freedom" of the savages had infected the colonists.

History books, Lucas said, glorify "manifest destiny", or in other words, that "might makes right". Land was forcibly taken from Indians, and the west was won, not earned. Thus, after being herded further and further west, evicted from their own homes and land countless times by the newcomers, these "savages" began to fight back for what had been theirs.

Indians, said Lucas, borrowed their scalping technique from the French in order to protect their homes and families and to avenge slaughters mercilessly committed by the white intruders. Europeans, he said, paid 20 pounds for the scalp of an Indian and 10 pounds for

the scalp of a child. Lucas told about the man Amherst, after whom a town and college are

named. This noble man invented germ warfare by trading small-pox infected blankets to the Indians. But history books never mention these facts. Lucas said. Instead, such books only inform us that savages scalped and fought.

Lucas then described the removal of of the Indians, and he quoted the American leader who said "the only solution to the Indian problem is to remove them," Yet, Lucas pointed out Indians had actually done nothing but get in the way of expansion. He described President Jackson's deportment of 125,000 Indians to the west, and General Scott's organized Indian hunts which removed the entire Cherokee nation and drove 14,000 souls through rain and snow from the Blue Ridge Mountains to Oklahoma

The Native American nightmare that began 400 years ago continues. Indians are still cast in roles-be it as one of the "Village People" or as a mascot for athletic teams. Just two years ago, limmy Carter signed a bill that officially recogniqed Native Americans' rights to practice their own religions. Today, Indians still sit in jail because they refused to give up that part of their culture.

Phil Lucas conveyed these hard-toswallow truths through his lecture, film, images he has produced of Indians, and in many Non-Indians, and guilt-however useless it may be-sobered the crowd. During the lecture, the woman next to me groaned and I knew exactly how she felt. wondered how a nation that boasted itself as the "Land of the Free, Home of the Brave" could nearly exterminate the people who aided its founders. I felt like shit, but was glad to know the truth. Having taken advantage of this presentation, I feel I can better relate to the Native American. Thanksgiving should be more than just another bountiful feast. It could be a time to reflect on what we have done to get to where we are.

Lucas is currently working on another production entitled "Bury My Heart at Wounded Knee,"which he hopes will reeducate the brainwashed public. The book with the same title sold just one million fewer copies than "Roots," so there may be hope that people are learning the truth.

The discussion lasted an hour longer than scheduled. Phil Lucas closed it by naming the symbols of the 'savage warriors': green corn, eagle feathers, and the sacred pipe. He answered the final question-"what are the symbols of those who call us savage?"--with a line from the American national anthem: "And the rockets' red glare, the bombs bursting in air. . .

## Staff Poets Come Out of the Closet

#### Greyhound Bus Poetry

By Miriam R. Lewis

It's Sunday Parking Per day \$1.00

Per Week \$4.00 Pay at Ticket Counter" lots of cars

red truck blue pinto (watch out from behind) no taxi aqua chevrole more or less

Coming home from church, It's nice to dress up once a week but what's the use

OAKES ELMES **ASHES** WETMORE

It's Sunday.

in Everett?

Davis Insurance Thanks for Going Greyhound

When I am 68 will I wear a striped hat? Two dogs (2 dogs) will run across the road. They will run (all the way to)

across the road (LaConner) the road. (if you let them)

The sky melts the hills beyond this flat expanse, turns them into last night's ice cream still sitting in a white dish.

Watch out for flies

#### An Evening with People Who Are Not My Family

By Kathy Davis

China cup on unmatched boat floats on my hand in sweat, every clink an alarm of missed etiquette. Escaping from searching eyes, drifting from wall to wall to window am intent, fixing every detail. Intimacy is with my coffee and anisette, quick nips at finger cookies. Slowly nodding, poor blind Beethoven is accompanied by my body's inner accusations. New York art is so kitch these days, but how is the Midwest to know?

#### Poetry Woodpecker

I recall the

Still pushing a billion

of lymph & blood

gushing red into the red breat

end-over-end

into the still unfurling

of brake fern by Columbia's edge

by craig bartlett

and a nice color (in daylight) then hot water then brown water then white water

By Roger Stritmatter

in my warm hand

startled look-

on the driver's face

she exhausts-

as worlds collide

saga coffee's impersonal and brown delı coffee's 37€ I go for machine coffee. it's only a quarter usually the cup comes first then hot water it's ready

## Haiku

By K. Sternberg

drink it

Dead trees in forest. When you see that life surrounds do you cry like me?

## There Is Only.....

By Bill Montague

There is only this dream a breath that measures the night in the tired hours when clocks grow weary of walls

and the last drunk staggers barehanded and alone down streets filled with tomorrow's

Stairs creak beneath the broken feet stars and neon signs flicker and pour through the window The unknowing sleeper sighs and then is silent.

and there is only this life this vision this silence the black pearl of summer night

## Untitled

By Victoria Mixon

On a dreaming sand shore the wind like a veil unwinds, streaming out behind: and the beach winds on like a ribbon under the palm of the falling sky.

#### Untitled

By Theresa Connor

1. The champagne slides across my tongue, gliding slowly along the roof of my mouth In drunken hesitance I watch your lust descend like a warm rain

2. The cottee is strong and bitter this morning I can smell it from the bedroom as it reaches lazily for my attention. Putting down my work, I rise and head toward the kitchen, sleep-edged eyes, oblivious of the morning shadows the morning light.

3. The irridescent silver threads flung through the air entwineda net of light descends upon me I watch, entranced.

4. The morning grey slips over my shouldercold as slate, it stabs my tormented sleep

# Shakespeare Play Directed by Student

By Theresa Connor

Shakespeare's Measure for Measure will be performed December 2-6 in the main lobby of the Library Building. The student production is directed by Stephen Temkin as part of his senior project and

performed, for the most part, by Evergreen students.

Temkin has cast many of the actors in double roles. Jeff Noyes plays Angelo (the executor) and Claudio (the executee) Noyes also played in 'Take a Card, Any

# Visiting Poet to Read

By Jessica Treat

Visiting poet, Gail Tremblay, will give her second poetry reading for Evergreen on December 4 at 8 p.m. (place still to be announced)

A Native American poet and teacher. Tremblay joins the Evergreen faculty on a caws. year-long exchange from the University of circling corn fields waiting for the weeding Nebraska. On exchange with Maxine Mimms. Tremblay teaches with Meg Hunt and Mary Nelson in the coordinated study, Explorations in Perception. Tremblay brings to the program her knowledge devouring the remains, maggots and all.

of Native American literature and weaving (she is also a weaver), as well as the study of poetry. At the University of Nebraska, Tremblay teaches both English and humanities in the Goodrich Scholarship Program -- a program for low income and minority students-and holds an adjunct appointment in the University's Writer's Workshop.

Tremblay's Native American heritage and her close affinity with nature are evidenced in the rich imagery of her poems. "I've been strongly influenced by two traditions, 'she explains. 'The mythology and imagery of the Native American, which I grew up with, has always owned me, held me and nurtured me in very personal ways. Then, of course, I am stole their wit when he proved influenced by the tradition of English poetry, where sound, the use of rhyme, off-rhyme and form are very important.

Gail Tremblay's poems have appeared in Northwest Review, The K.S.C. Journal Phantasma, and Denver Quarterly. She New Hampshire, Nebraska, Oregon, Iowa and Connecticut. She first read at Evergreen in July of 1979. Crow Voices

On the Plains, crows speak in raucous

woman to turn her back. In those open spaces, their voices seem brazen as they fly along highways looking for the dead to pick clean to the bone-Fat on road meat and grain, crows seem always ready to play tricks, to outwit themselves quicker than coyote, to gossip with magpie, to gather light and shine black against the sky.

In western Washington, crows speak in steady, conversational tones, voices muted as they convene meetings among cedars. Speaking of spells, they fly through mist-dark shadows drawing dark to themselves like shamans preparing some incredible magic to frighten evil. Inside the rain forest, crows act serious, whispering about

about food supplies, about how Raven he was so clever he could take the sun. from Denver Quarterly Fowkes plays Isabella (a novitiate) and oubles as the comic character, Mistress Overdone, the local prostitute. Karen schionning plays the male role of Pompey, Mistress Overdone's pimp and doubles as a nun. Bob Richardson portravs Escalus, Richardson, who is studying theater at Evergreen, performed in "Take a Card, Any Card" and in "Subject to Fits." Scott Jamieson, who is currently on leave from school, plays the provost and Elbow, the constable. Ted Roisum plays the Duke, the character who instigates most of the events throughout the play. Brigitte Challie, who originally studied acting in New York, is the one non-student in the production. She plays

All of the actors are talented and disciplined performers, according to Temkin. "As far as student productions go," he said, "the quality of the people on this cast is almost unheard of at Evergreen.

Temkin worked in the Words, Sounds and Images program last year where he assisted in directing "Birds, Serpents, and New Shoes." He became interested in doing Shakespeare at Evergreen after he worked with a Toronto theater group known as YES Theatre last May, when the group performed another Shakespearean play, "The Tempest." Later in the summer, he saw a production of "Measure for Measure" and was dismayed at the performance.

"I thought it was terrible," said Temkin. "It lacked any kind of vision on the director's part. He hadn't dealt with the thematic complexities of the script. I don't think the actors were comfortable with the language ... it was designed poorly and misinterpreted in several parts."

Temkin studied the play before he attended the Toronto production and realized it was a difficult play to put on. "The play changes drastically," explained Temkin. "In the middle of Act Three, the 8 p.m. Admission is \$1.50 for students play, which was written in the poetic form up to that point, suddenly becomes almost solidly prose.

"The dilemmas in the play ... are not



really resolved," he continued. "It's difficult for the characters or the audience to resolve them. But the play is extraordinary in the questions that it opens up... the ethical and moral questions that it presents concerning power, religion, and sex.

The play is still very relevant for a contemporary audience." he concluded 'It deals with issues of human interaction which we still deal with and it deals with ethics and values and the way governments and religious institutions deal with those matters.

According to Temkin, there is a great deal of interpretive work involved. In planning for the production, he cut several characters, dropped some scenes, and restructured others. Despite changes, Temkin feels that he has worked to retain the spirit of Shakespeare's work. "I'm remaining true to what I consider to be Shakespeare's intention in the play, to the integrity of the idea he was working with."

Measure for Measure will run five nights (Dec. 2-6) Curtain goes up at and \$2.50 for general public. Tickets available at TESC Bookstore. For more information contact: Campus Activities,

# COMIX PAGE



BURGER

PLEASE HAVE EXACT CHANGE

BLT

NORMAN! I'VE

BEEN LOOKING FOR

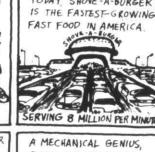
YOU ALL AFTERNOON

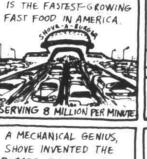
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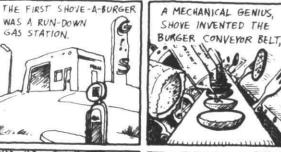
## HAMBURGER BURGER SUCCESS STORY

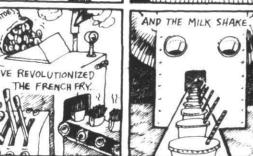


WAS A RUN-DOWN

















TRANQUILIZE



HEN LARRY FLOODED AIRWAVES, TV, AND ROADSIDES WITH HIS SIMPLE MESSAGE



continued from November 6... Norm was in the sewer and curious and had climbed a mysterious ladder.

# NORM HORMLE in outer space









ANNOUNCING! The position of Editor

of the Cooper Point Journal will be

available beginning winter quarter. Ali nterested aspirants should turn in a esume and examples of work to the resident's office, LIB 3109, by Decem-

ber 1. Applicants will be interviewed by the Publications Board on December 9, from noon-2 p.m. Good Luck!

ALSO, the CPJ needs a new Advertis-

ing Manager. If you have selling

ability, there is money to be made

from commissions. Come in to CAB

104 and talk to Karen Berryman.





YOU INTO OUR SHIP

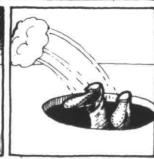
BY MEANS OF A

COSMIC HOLE.



0









## Oral cont'd.

with my academic program (for which I think I ought to be able to get credit) is the returning of our society to our neolithic roots, to our hunting and gathering heritage.

Twinkie: Return to the id. Liver: Her religious experience, which is an entirely different phenomenon, took place in some scummy bar in the Midwest. My religious experience is based on the idea that there are two paths to enlightenment; one is through spiritual purity, the other through decadence, and decadence is more fun. We choose

Dolly: We're not promoting that you have to eat five cakes every day. You can eat just about anything in this world; the issue here is moderation. You can eat white flour, it doesn't do shit to you. All these people run around saying, "You have to eat sprouts, you have to eat whole wheat bread.

Liver: We don't necessarily promote consumption in excess, but certainly consumption according to freedom of will. freedom of choice. There's a trend of social pressure to be straight and eat healthily.

Craig: So you don't think that you're iconoclasts; you think this is exactly what's needed. You guys are tearing down sacred images because they have to be torn down

Liver: We promote the principle of free will and the principle to consume whatever anybody wants to consume.

Dolly: The more you try to repress the instinct for eating whatever the hell you want, the more of it you will eat . . . If you would just go along and eat whatever the hell you please, in moderation, everything

Liver: We're not pushing sugar on everybody at Evergreen, we're pushing sugar on the people at Evergreen who want sugar.

Miriam: But what about meat? Twinkie: Meat is best raw, eaten with your fingers. That's the best way.

Dolly: Meat falls under so many

Twinkie: I guess I'm confused if we're taking this seriously or not. Miriam: We're very serious about food, personally

Craig: I, personally, couldn't live with-Dolly: I like creating things and it

really screws you up when you try to put honey in it.

Miriam: It makes it sticky. Dolly: Honey metabolizes as fast as sugar. People go "Hey, I'm eatin' my honey . . . : helpless laughter), pardon my double entendre there, honey is as bad as processed sugar because they both metabolize just as fast. If you breathe, you get cancer so you may as well eat Miriam: But what about meat?

Liver: The rap about meat comes back to our neolithic roots, which is why we have the paintings on the walls. They help us maintain the state of mind we need for the appropriation (sic) of meat in our

ritual. The paintings are the source of our inspiration for the creation of this club. Dolly: She's gonna show this to her teacher so she can get extra credit.

Liver: Neolithic man was the perfect example of the satiation of needs and wants. When neolithic man wanted food he went to that simple level that's when you have harmony, that's when you have satisfaction. We thought we could repro-

physical and life sciences, mathematics, com-

outer science, and/or in engineering. Intern

will also research programs relating to coal,

conservation, energy storage, environmenta

impact and technology, fission, fusion, and solar energy. Prefer student with background

in computer sciences, engineering, mathematics, life sciences or physical sciences.

Intern will assist the public information officer

and secretary with any and all programs and

projects of the department: typing, filing

mailing, writing, updating publications, com-munications, etc. Prefer student with artistic

creativity and reasonably good typing skills.

Must have a good working knowledge of the

Student interns will counsel high risk students

school related problems under the direct super vision of the Program Director and psycholo

gist supervisor. Prefer students who have back-

ground in personality adjustment, testing, and

Opportunities for students to work on various

bility studies, market research, transportation

mercial development, and impact studies

energy, rapid growth, boomtown, unemploy

ability and motivation to work independently.
1-3 quarters. 40 hours/week.

\$150/week plus \$150 for project and travel

rojects including planning inventories, feasi-

manpower studies, industrial/com-

Prefer students with good writing

Volunteer position. Some expenses paid

in the areas of personality adjustment and

\$150/week plus travel expenses.

English language. 1-3 quarters. 20-40 hours/week

Counseling Psychologist Intern

Public Information Intern

Vancouver, WA

child psychology.

Various locations

3 quarters. 20 hours/week

conomic Development Intern

duce that satisfaction and harmony by satiating our desires, satiating our needs and indulging ourselves, again, in the

luxury of raw meat. Which is a pleasure! Miriam: How does this work with the rest of your school life?

Liver: I keep my tendencies for raw meat private. I'm a closet raw meat eater. Miriam: You talk about how it satiates your needs; it obviously adds to your well-being. Does this help you be a better student?

Dolly: Well, yeah, because you can concentrate on what you're doing. In your classes instead of thinking about the ood you didn't have.

Twinkie: You guys are missing the point. It goes deeper than that. My philosophy on the whole matter is that it comes from satiation of the id. If we're going to be totally honest with ourselves we'd do exactly as our id dictated and eat sugar because that's just what our id wants to do. And the reason why we have so many social problems is because we neglect our id and we don't follow through. We don't eat the sugar we're supposed to eat. It becomes a real spiritual thing after that if you're really in tune with your body. Everything else of lesser importance will drop away. You won't need cars and you'll eat Twinkies. That's the way it goes.

Liver: Part of the reason we have so many world problems is that we repress our true feelings. Satiating our desire, our want for sweets is an acceptance of our true feelings, it's an acceptance of our bodies as we are.

CPJ: Twinkie, maybe you could tell us about your spiritual leader before we're

Twinkie: My sugar self-actualization

€PI: That's where Devo comes from Twinkie: Yes, I was playing music in Akron. My livelihood was making money for my next candy bar. It was a tough life. I stuck with it but it was devastating to me. Finally one day I decided that something had to change. I was living what I felt was the right kind of life but I was just wasting away. So I stumbled into

this diner. I knew that something was going to happen. I didn't know what. There was an old guy at the end of the counter. He said, "Check out the chocolate sundae." I said, "Hey I don't have any money." He said, "It's covered, it's on me." After that I wandered from park bench to park bench with him through Akron, Ohio, as he taught me the spirituality of sugar. He said, "Follow you id, follow your desires."

Dolly: My affair with sugar goes back a long way. At first we had vegetables pushed on us. But I loved cake. We had all the best bakeries near our house. I used to go to the drugstore ice cream counter and get all the weirdest ice cream

Liver: I always liked the stuff. But for many years I lived in Vermont with hippies and children and dogs. I tried to find some kind of karmic reality in love, good health, and mung beans. But I got VD, and left the state.

CPJ: Vermont's for lovers (Helpless laughter)

CPJ: The interview is starting to degenerate. This is how I wanted the interview to end, so I brought some Reese's peanut butter cups ... I thought we could ritually

pass them around. S&M: All right ... sugar ... (sugar chanting) mmm mmm

CPJ: These have crunch. S&M: Good stuff.

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Interns will be involved in assisting residents with employment, financial and housing needs. They will also be actively involved in teaching basic living skills, helping residents with their involvement in leisure activities, partipating in group therapy meetings, and dealing with psychological problems that arise during the resident's adjustment to the community. Prefer students with background in sociology or

psychology. 1-3 quarters. Hours are negotiable

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Student intern will be responsible for total operation of station, including implementation station policies, hiring, equipment supervision, financial planning, staff relations, development of training workshops, documen tation of station activities, relations with advisory board, campus and public. Prefer student with background in communications and/or management. Application deadline is

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