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MOUNTAINEERING COURSES

The Evergreen State College Outdoor Activities Program is offering a variety of spring mountain courses and outings, according to student coordinator Sally Lee. Some of these will be formal, requiring a registration fee; others, will be informal with inevitable transportation expenses.

The informal programs include river running, bicycle touring, and hiking and will follow the "common adventurer" philosophy which encourages people to participate in outings which have minimal danger, and do not require a guide or leader, Ms. Lee says. Anyone may initiate a trip or outing by coming to the Outdoors Kiosk.

The formal programs include a basic mountaineering course, summit climb outings, rock climbing courses and ski touring lessons which begin the first week of spring quarter and continue throughout the quarter.

The basic course in mountaineering will provide instruction in mountain travel with objectives such as hypothermic considerations, route finding, overnight camping and equipment, knot tying, rope handling, belaying, group decision making, use of ice axe and crampons, shelter building with igloos and snow caves, and crevasse rescue. The course consists of four lecture hall discussions, two weekend outings and a chance to climb Mt. Rainier. The cost is \$20 for students, \$25 for faculty and staff and \$30 for community members.

For those interested in "bagging peaks", there will be guided ascents to nine prominent peaks throughout the state of Washington, including Mt. St. Helens, Pinnacle Peak, Glacier Peak, Mt. Shukson, Mt. Rainier, Mt. Stuart and others. Cost will be \$30 for students, \$32.50 for faculty and staff and \$35 for community members for all nine climbs.

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Dick Nichols, Director Information Services

Two types of rock climbing courses will be offered in April and May near Leavenworth, Washington. One consists of "following" techniques and short boulder problems to establish class ability level. A multiple lead climb will follow completing the weekend course, which costs \$10 plus transportation. The second type of rock climbing course consists of two weekends of aid climbing, leading, and solo self-feeding belay climbing to be done with the security of a top-rope belay. Cost is \$25 with admission by permission only from Bob Jensen. Enrollment in both of the rock climbing courses will be limited to three persons to insure intensive instruction and close teacher-student contact.

A four-week course in spring ski touring will include Wednesday lessons and travel to Paradise near Mt. Rainier, White Pass and Mt. St. Helens. The cost is \$25, which includes transportation. Ski touring equipment can be checked out from the Outdoor Equipment center in the Campus Recreation Center.

For more information or sign up sheets, stop by the Campus Recreation Center office #302, or phone 866-6530, or 866-6027.