



My dad ~
age 2 1/2

A lot of times I run into clouds of smoke hanging in seemingly random places on AMMONIA campus. I can usually look ahead of me and see who is making them. I try to dodge the clouds.



Everywhere I go at TESC people are smoking. CARBON They can't smoke MONOXIDE inside so they smoke in front of the CAB, community center, library, lecture halls, BENZENE labs, and on the paths and trails. They have to because they are addicted.



Once a Smoker

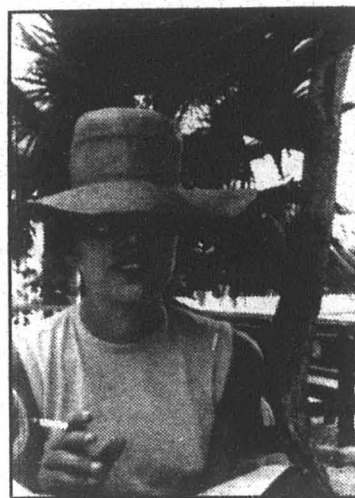


Now a happy non-smoker

my dad (pictured above) quit smoking on thanksgiving 1991. I totally never thought that he would. he started smoking when he was 15. his family had just moved to japan and all his new friends smoked so I guess he started smoking too. my mom smoked for a little while too. she started in high school so that she could be a rebel. when she got pregnant with me she quit so that I could be a normal healthy child. it was easy for my mom to quit because she wasn't really that attached to cigarettes. my dad on the other hand was really addicted. he worried all the time (he still does) and cigarettes were his main way to combat worry and stress. his addiction was more emotional than physical. I worried about my dad dying from cancer or emphysema or some other horrible smoking disease. my mom and brother worried a lot too. my dad tried all sorts of ways to quit smoking but he never seemed to be able to. he would quit for a little while, but always relapse. like I said before, we pretty much gave up hope after a while. then he quit. just cold turkey without anything special. I guess he just went through some sort of change that finally gave him strength to do it. I don't know if I've ever been happier about anything in my whole life. cigarettes can't take my dad away from me. ever.

by Krista Eickmann

seepage



My mom -
the rebel

NICOTINE

Sometimes when I run into a cloud of smoke it triggers a mild asthma attack. I really ARSENIC hate that. Other times my nose just wrinkles at the stench.



Must... drink more coffee... must stay awake... gotta do a quarter's work

Cooper Point Journal

December 2, 1993

THE EVERGREEN STATE COLLEGE

Volume 24 Issue 9

Savage catches suspect in Organic Farm trail exposures

by Sara Steffens

On Nov. 22, a man confessed to sexually exposing himself five times on the Evergreen Organic Farm Trail since October. "I wish I could say it was good police work. It was, but it was also good descriptions from students, and a real community effort," said Public Safety Sergeant Larry Savage, to whom the man confessed.

The man is a student at South Puget Sound Community College. Savage will forward his confession and statements from the victims to the county prosecutor's office by the end of this week. Savage will ask the prosecutor to charge the man with four counts of public indecency. The man's name will be released if he is charged by the county prosecutor. In the meantime, Savage has advised him to stay off the Evergreen campus.

Because the man has no previous record, the public indecency charge will only be a misdemeanor. Savage first encountered the man on Nov. 12. On that day, a class left the Organic Farm around 2:30 p.m.; one woman was

riding her bicycle back to campus when she saw a man who gave her a strange feeling. She bicycled immediately to Public Safety to report this. Savage said that because the woman was bicycling, it gave him an extra five or 10 minutes to get to the trail. Along the way, he questioned students from the class; many reported seeing the man on the trail.

Finally, Savage saw the man and stopped him for questioning. The man claimed he had been out jogging. But according to Savage, he was neither sweating nor breathing heavily, although he was dressed in heavy clothing. Savage accompanied him to the man's car in B-lot. The suspect showed Savage his driver's license. Savage put the man's photo in a montage of photos. Two out of three exposure victims were able to positively identify the man.

... he just said, 'That trail was secluded and I knew I'd never get caught.'

Savage again called the suspect into the Public Safety Office for questioning on Nov. 22. Savage informed him that he had been identified, and said he advised him that, "Honesty's going to be your best chance here." The man then confessed to exposing



Sergeant Larry Savage of Public Safety explains how he encountered and questioned the suspect in several recent sexual exposures. photo by Ned Whiteaker

himself to five times on the Organic Farm Trail. Savage said that the man knew he had a problem and needed help.

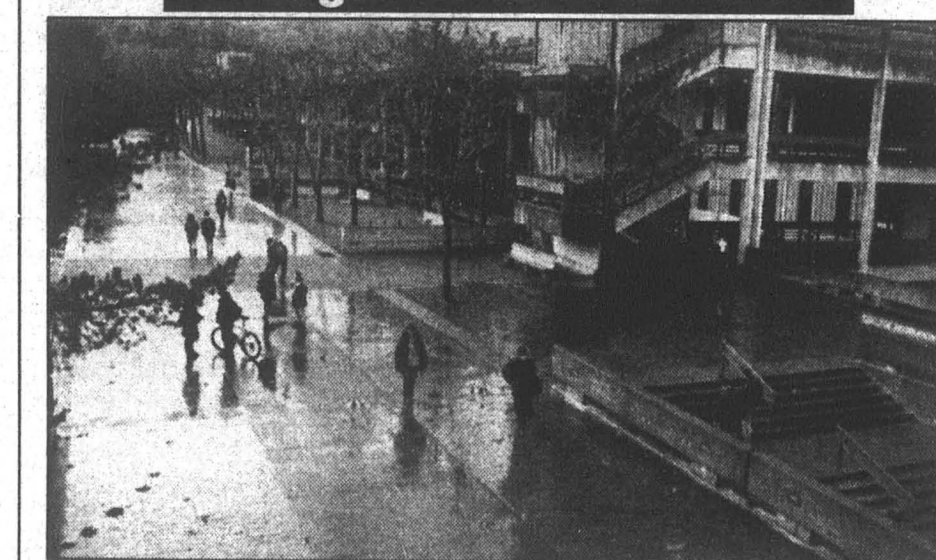
The incidents described by the man match the reports made by four women. In the fifth instance, a woman on the trail recognized the man as the same person who

had previously exposed himself to her. She ran in the other direction. The man exposed himself anyway, but she did not look back, so no charge can be filed for that incident.

"I asked him why he chose The

see charges, page 14

Evergreen Gets Me Wet



Rain, rain, rain. It's wintertime again folks, so pull out those trenchcoats and put on those rubber boots. photo by Ned Whiteaker.

Library humidity drops to nose-bleed levels during break

by Rob Davis

A study conducted by Environmental Health and Safety Officer Jill Lowe over Thanksgiving break revealed that the humidity level of air in the Library building falls far short of safety standards.

According to Lowe, "the lowest preferred level of humidity is around 30 percent, and that's the level of a desert. Humidity in the Library building remained at or below 15 percent during the study. This is lower than we expected."

At least three people complained of bloody noses and skin and mucous membrane irritation. "Most buildings on campus have low humidity," said Lowe. "Low humidity is a very regular occurrence in cold weather. We're also finding somewhat low humidity in the building even on rainy days like these. This will affect everyone." She encouraged anyone having difficulties to call her at x6111 and file a complaint.

"High pressure fronts from the Arctic hit the South Sound area and lower the humidity level," said Eric Boldt, a National Weather Service meteorologist. "As the temperature falls, the air also will feel dryer from the temperature as well as the humidity change."

Though plagued with air quality problems both this year and last, Library patrons and staff began experiencing new air quality traumas early Monday morning during break.

"Due to the cold weather, the ventilation system for the A-wing perimeter [classrooms and offices with windows] as well as for the B & C wings [Library proper, computer center] came on later than expected," said Ken Jacob, Facilities director.

For Your Information:
If you have any questions or complaints about the environmental quality on campus please call Jill Lowe at x6111.

"Normally the system starts operating at 6 a.m., but we were on a different schedule for the break, so it started at 6:30 a.m. In the A-wing, it didn't start up until 7:34 a.m. The system actually was on, but it was throttled down and restrained since the outside air was so cold. It actually cut down the amount of fresh air circulating in the system."

"I'd been in the Comm building since 8:30 a.m.," said Marcus Frank, a Library staff member. "Five minutes after I came in here, I noticed it. My lips bum, my mouth has a metallic taste, and I'm having stomach cramps."

Both Frank and other Library staff phoned Lowe to file complaints.

Julie Hebert, Library unit supervisor, said, "I called her and told her I felt drunk. The air in here is so bad that see nosebleed, page 14

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Financial Aid hires a consultant to examine efficiency of award process

by Stacey Shaw

The staff of the Financial Aid office met this week to discuss ways to process paperwork more efficiently. They are struggling with insufficient staff, an out of date automated system, and an increase of 483 applicants in comparison to the number at this time last year.

"The main reason for the increase in applicants is that more people are eligible for aid," said Georgette Chun, director of Financial Aid. She said that this aid comes mostly in the form of student loans. Chun added, "Anyone interested in a student loan can get one after they apply for financial aid." This increase in paperwork has put the Financial Aid staff under a lot of pressure she said. "They have worked weekends to clear student loan applications."

The decision to use voice mail for

phone calls was an attempt to cut the time spent by staff doing anything other than processing paperwork. A new staff member is soon to be added and there has been some controversy over what the role of that person will be.

At the meeting this week, a decision was made to bring consultant Diane Tsukamaki into the office in January. Tsukamaki is the former president of the Western Association of Student Financial Aid Administrators. She will spend three days analyzing each station and then relay her recommendations to the Financial Aid office. Some have suggested that the new staff should process Stafford loans, while others want to wait for Tsukamaki's recommendation.

Stacey Shaw is a recent addition to the CPJ staff.

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Olympia, WA 98505

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Statewide alcohol policy deadline is fast approaching

by Andrew Lyons
The state-wide deadline for colleges and universities to address their alcohol consumption policy is fast approaching, forcing Evergreen to take a look at its own policy.
By Jan. 1, each of the six state schools must submit a policy to the Washington Higher Education Board.
The plans submitted by each of the schools are required to include means for assuring "to the highest degree possible, that there is no underage drinking." They must also include details of services that will be provided for students with drinking problems.
According to Substitute House Bill 1082, passed in March, "each of the state universities, and The Evergreen State

College shall submit to the Washington Higher Education Coordinating Board, a comprehensive plan to combat student alcohol abuse, including underage drinking."
"This bill is aimed at moderation," said Mike Heavey, D-Seattle, one of the original sponsors of the bill. "It's geared toward schools with Greek systems who are reluctant to have guidelines," he said.
Heavey attributed an increase in violence on college campus' related to alcohol as the reason for proposing the bill.
The key incident Heavey mentioned took place at the University of Washington's Greek row last year. A woman went outside to complain about the noise level and someone hurled a

beer bottle at her face. She lost an eye as a result.
Despite the fact that Evergreen has no Greek system, it must also comply with the legislative decision.
"Not only schools with Greek systems have alcohol problems," said interim Provost Russ Lidman.
One incident in particular occurred at Evergreen. On Halloween night 1991, an intoxicated student lacerated another student's face with a broken bottle in Adorn.
Another drug-related incident happened last year, when a student was found dead in the Modular housing laundry room. The cause of death was a suspected heroin overdose.
"What we need to do is make sure that people are aware of the policy, and they follow the policy," said Lidman.
The current policy states that "for on-campus events a liquor or banquet permit is required and must be posted at the event."
The policy goes on to state that staff or faculty involved with class potlucks or other school-related activities take full responsibility if alcohol is served. The policy statement is virtually devoid of mentioning alcohol consumption in campus housing.
Initially the policy was attached

to a list of possible DTFs, but that idea has been abandoned since there is already an alcohol policy advising committee through Vice-President for Student Affairs Art Costantino's office. The group has been in existence since last fall, and consists of a combination of students and faculty.
According to Costantino the group is looking at the colleges' current policy to make sure that they are in line with state regulations. The group is currently seeking more students.
"One of the things we do is talk about drug and alcohol treatment on the campus," said Costantino. The committee is planning to conduct an anonymous poll to see what kind of alcohol and drug use exists at the campus. They also are writing a grant proposal to set up a program for people seeking treatment.
When it comes time for the college to file its report, the group will "summarize what we've been doing, because doing that, I think we will meet the requirements of the legislature," said Costantino.
"It seems to me that we're pretty much conforming with what the legislature wants now," he said.
Andy Lyons is the A&E editor for the CPJ.

Less waiting in lines to register for winter quarter classes

by Stacey Shaw
Hoping to streamline the registration process, Registration and Records has made a number of changes.
Pre-registration is taking place Dec. 9 to 17 and non-negotiable appointments will be made for students during that week.
If a person cannot keep their appointment date, they do have a few options. If the program does not require a signature, a friend can register for the person during their appointment time. A person unable to be at the Registrar's in person can also call during their appointment time or mail in a registration. If a program does require a signature, students are encouraged to get faculty approval at the academic fair on Wednesday, Dec. 8 from 3 to 5 p.m. Registrations for evening and weekend

students will be accepted on the same day from 3 to 6 p.m.
If none of those options apply, the student must register during the open registration dates on Jan. 3, 4, 6, and 7. On Wednesday, Jan. 5 the Registration office will be working with wait lists and balancing the drop list, so they are not accepting registrations.
Students doing internships and/or contracts must bring those to the registration office in person during walk-in time. Contract and internship proposals will not be accepted by mail.
Appointment dates were selected based on the amount of credit a student had as of Nov. 1. After those categories of seniority were determined more or less by class standing a random process was instilled within those categories.
Stacey Shaw is a CPJ staffer.

Meeting of the Minds ...
Find your calling at a CPJ story meeting. Always Monday; promptly at 4 p.m., CAB 316

What you don't know can kill you

HIV/AIDS

Yesterday, Dec. 1, was World AIDS Day. In the United States alone, the Center for Disease Control has received reports of almost 200,000 deaths from AIDS. There is no known cure for AIDS. You can, however, reduce your risk of contracting HIV, the virus that is believed to cause AIDS. Protect yourself.

World AIDS Day



Vanessa Sabb and Roger Brooks, who both have AIDS, spoke to an audience of Evergreen students yesterday about living with AIDS. They are both members of the Olympia AIDS Task Force speakers' bureau. photo by Ned Whiteaker

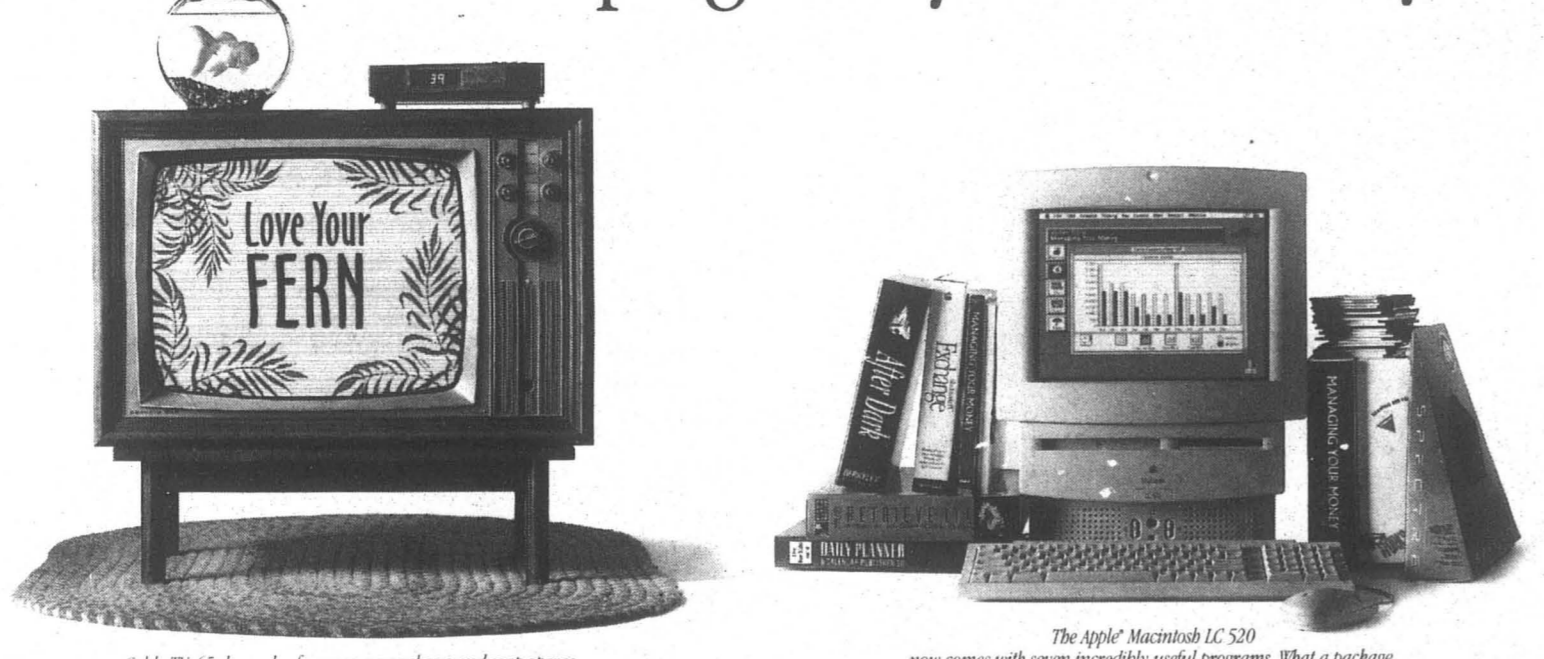
Where to get condoms and so on on campus

When used properly, condoms, dental dams and finger cots can prevent the transmission of HIV through sexual activity.
You must use a condom or latex barrier every time you have sex.
HIV can be spread through oral sex. For men, use a condom. There are many condoms available designed especially for oral sex. For a woman, use a dental dam. A dental dam is a square of latex placed between the mouth and genital area. You can make a dental dam out of a condom. Cut off the tip of the condom. Then, cut lengthwise along the tube that remains. You should now have a flat square of latex.
You must use only water-based lubricants with condoms, dental dams and other latex products. Petroleum-based lubricants can break down the latex, making it ineffective. Always check the label to make sure the lubricant chosen is water-based.
On campus, condoms and other latex products are available for free at the Health Center, located on the first floor of the Seminar building.
A supply is available 24-hours outside the center, or you can pick up condom variety packs inside the Health Center when it is open. The Health Center also offers safer sex counseling to students. You can call 866-6000 x6200 to make an appointment, or use the drop-in hours, from 1 to 4 p.m., Monday through Thursday, Friday 8 to 12 p.m.
You can purchase condoms at cost at the Branch, located in Housing's Community Center. The Branch is open from 3 to 11 p.m., Monday through Friday, and 11 a.m. to 11 p.m., Saturdays and Sundays.
Often, there are free condoms available on the information table outside the LGBPRC, on the CAB third floor.
If you are a campus housing resident, you can also contact Housing stewards or Assistant Resident Managers to get free condoms. All stewards and ARMs have condoms outside the doors of their apartments. Or, contact the ARM or steward on duty by contacting Public Safety at x6140 or checking the case next to the A-dorm elevators, where the names and extensions numbers are posted.

Information and resources

- Hotlines:**
- Washington state 1-800-272-AIDS
 - National 1-800-342-AIDS
 - SIDA (Spanish) 1-800-344-SIDA
 - Hearing Impaired 1-800-AIDS-TTY
- Community Organizations:**
- Olympia AIDS Prevention Project**
705-4753
 - Olympia AIDS Task Force**
352-2375
Provides direct care to persons living with HIV/AIDS, including a drop-in center. Advocates for individuals infected and affected by HIV. Provides information and referral to state and community resources, including a peakers bureau made up of trained individuals living with HIV/AIDS.
 - Olympia Needle Exchange**
741-1375
 - Planned Parenthood**
754-5522
HIV/AIDS information, safer sex and birth control counseling, HIV testing
 - TESC Health Center**
866-6000 x6200
Serves TESC students. Provides HIV/AIDS counseling and information, HIV testing, free condoms, latex love kits and bleach kits.
 - Thurston County Health Department**
786-5581
Counseling and testing, case management

Both of these cost about \$30 a month, but ours comes with programs you can actually use.



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Visit your Apple Campus Reseller for more information.
The Evergreen State College Bookstore
Mon. - Thurs. 8:30 - 6:00
Friday 8:30-5:00
Saturday 11:00-3:00

Cases of AIDS in Thurston county and beyond

United States reported cases meeting CDC AIDS definitions as of June 30, 1993: 310,680 52% white, 31% African-American, 17% Hispanic 19% age 20-29 194,334 deaths from AIDS	For current AIDS statistics, call the state AIDS hotline, 1-800-272-2437.	Washington State reported cases meeting CDC AIDS definitions as of Oct. 31, 1993: 4,680 85% white 95% male 20% age 20-29 2,722 deaths from AIDS
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Respect yourself; protect yourself

This page brought to you as a public service from the CPJ text: Sara Steffens layout: Sara Steffens, Seth Long Special thanks to Erin Shaw, TESC student and OATF intern, for information and ideas

Where you can get tested for HIV in Olympia

If you are worried that you may be infected with HIV, or if you have had unprotected sex or put yourself at risk in another way, you should get an HIV test.
The test cannot actually detect the presence of the virus. What you are actually tested for is the antibodies produced when your body is exposed to the virus.
There are many places in Olympia that offer testing services for free or for a nominal fee.
When you are tested for HIV, you will also be counseled about safer sex and other ways of protecting yourself from HIV.
Expect to wait around two weeks for your results.

- The Thurston County Health Mobile** offers free, anonymous HIV tests. The Health Mobile offers walk-in tests Mondays at the South Sound IT bus station, from 3 to 7 p.m. Walk-in tests are offered at the Columbia Street IT bus station on Tuesdays, from 3 to 7 p.m. For more information, call 956-0175.
- Bread and Roses** offers free walk-in HIV tests on Thursdays, from 1 to 4 p.m. The testing site is on Cherry St., between 4th and State streets. Call 705-4753 for more information.
- TESC Health Center** offers HIV tests to students Wednesdays, from 5 to 7:30 p.m.

You will be charged a \$25 lab fee. Call the Health Center at 866-6000 x6200 for more information or to schedule an appointment.

***The Thurston County Health Department** offers HIV tests. They suggest a \$20 donation. You must call to make an appointment, the number is 786-5583. The Thurston County Health Department is located at 529 W 4th Ave.

***Planned Parenthood** offers HIV tests for \$40. You must call to make an appointment, 754-5522. Planned Parenthood is located at 312 4th Ave.

Sadiq and David bring Kunjabunja back to Evergreen

by Lisa Thomas

It's time once again for mandolin madness and an extreme banjo bonanza by none other than those two wacky boys Sadiq and David. Yes the return of Sadiq and David expects to be a show like no other. If you are new to Evergreen this year this is a must see event. For those of you who were entirely out of it last year, these two ex-greener musical types made quite a following on campus. But regardless of where you were last year or how hip you were to this musical sensation you might be interested to know just what Sadiq and David are all about.

I met with David and Sadiq on a cold November night to find out just what they'd been up to. The meeting took place in a small but cozy apartment where Sadiq resides. The conversations we had were recorded and what follows are some of the interesting things that I learned.

Sadiq and David are the kind of friends that most people can only wish to hold onto. They have known each other since the first grade and can remember singing folk songs to their class even at that time. They took piano lessons during their elementary years together and were actively split up by teachers because they were known to cause trouble.

Despite the numerous separations David and Sadiq clung together like static cling and began recording skits and music onto what Sadiq calls, "really low quality tapes." All of this began sometime around the sixth grade. These recordings which kept them up all night were done mostly by improvisation and whatever musical making toys they had around. Their first recording was titled, "Windows and Fleas," and lead into other such recordings as, "Heavy Spider Volume One: Hot Buttered Bananas," "Heavy



Sadiq and David will perform in the Library Lobby Friday at 7 p.m. cost is \$2.50 at the door. photo by Lisa Thomas

Spider Volume Two: Welcome to the Void," and "The Whackie System." These somewhat planned but not very structured recording moments are the foundation of what formed the Sadiq and David of today.

In fact, Sadiq and David have a process they go through when writing new material which is based heavily on what they had done in their earlier years. They call this process, "Kunjabunjas." This process simply means getting

together and improvising new songs and strange scenarios and recording them onto tape. Try the kunjabunja method at home sometime, it should prove to be fun for the entire family.

Although David and Sadiq are living up in Seattle, they don't seem to be the least bit influenced by Seattle's grunge scene. In fact, they see this whole musical style as something that narrows peoples perceptions. They are not impressed by most bands today which

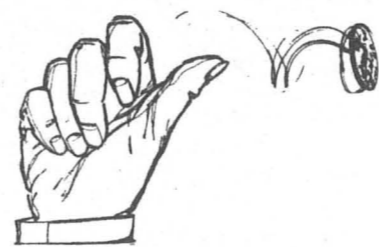
have defined roles as to how they will play or what they'll perform. It seems that Sadiq and David are looking to set themselves off as a band that has diverse music while also adding other elements of performance.

Much can be said for these two guys who are looking toward the future with an open perspective. The growth of **see Mandolin, page 14**

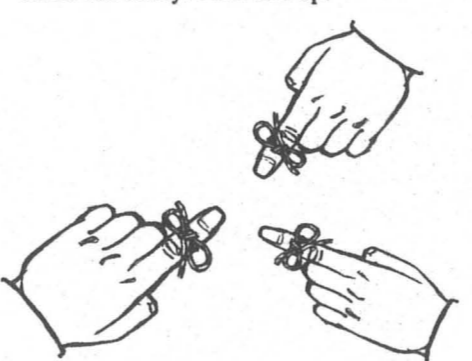
CALENDAR

THURSDAY 2

TESC—Mindscreen presents a Vincent price double feature; *Theater of Blood* and *Confessions of an Opium Eater*. It all starts at 8 p.m. in LH 4.



CPJ—The Cooper Point Journal came out today. Pick one up.



HEY YOU—It's week 9, do you know where the laundry room is?



FRIDAY 3

TESC—Sadiq & David will be performing in the Library lobby at 7:30 p.m. Cost is \$2 in advance and \$2 plus 50 cents at the door. To save the 50 cents, buy your tickets in advance at TESC Bookstore or Rainy Day Records and be ahead of the game. The show is sponsored by SODA-POP and SPAZ.

TESC—Erin Corday and Joel Litwin will be performing at the Evergreen Recital Hall at 7:30 p.m. Special guest Timothy Hull will also be performing. \$4 for students and \$5 for general admission. Tickets can be purchased in advance at TESC Bookstore, Rainy Day Records and Positively 4th St.



SATURDAY 4

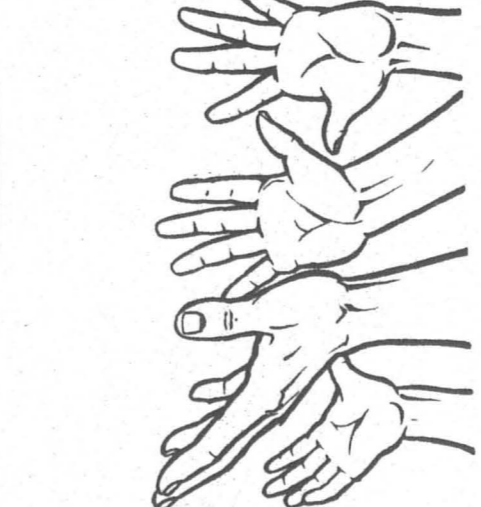
TESC—Hey kids, it's the end of the quarter! Hitting Birth, Caspar Brotzmann Massaker and The Clarke Nova will be playing in L4300. It costs \$4 for students and \$5 for everyone else. Tickets can be bought in advance at TESC Bookstore, Positively 4th St. and Rainy Day Records.

TESC—At 7 p.m. there will be a free performance of Homer's *The Odyssey* at Evergreen's Experimental Theater. That's right kids, it's free.

OLYMPIA—The Best Christmas Pageant Ever will be performed at 1 and 3 p.m. at the Olympia High School theater. Tickets cost \$6 for adults and \$5 for children under 14.

SUNDAY 5

OLYMPIA—Sage, Imij and Jolly Mon will be performing tonight at Thekla. Cost is \$4. Doors open at 8 p.m. 21 and over.



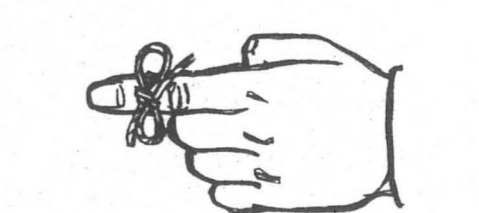
MONDAY 6

TESC—From 3 to 4:30 p.m., there will be a workshop in L2205 for writing and editing self evaluations.



TUESDAY 7

TESC—WashPIRG and Greg Wright of the Evergreen recycling project are sponsoring a plastics recycling day today. Four types of plastic will be collected; 1, 2, 4 and 6. If your plastic container has one of these numbers on it, clean it and bring it to the A-dorm courtyard.



TESC—Sing, laugh and talk in a warm friendly atmosphere with Evergreen Students for Christ, at 7 p.m. in L2218.



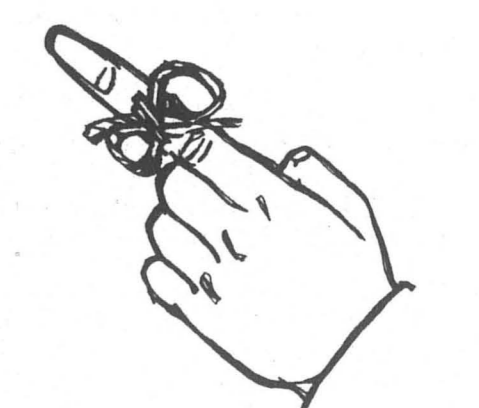
TESC—Men's Abuse Survivor Support Group, 6 to 8 p.m. in Library 4004.

TESC—The Evergreen Music Production Organization has weekly meetings at noon in CAB 320. Stop by and suggest bands you would like to see play on campus.



WEDNESDAY 8

TESC—Auditions for the play *Quilters* will be held at 7 p.m. at the American Legion Hall (corner of Legion Way and Water St.). There are seven roles available for women ages 18 thru 60.



KAOS—Diana Arens' interview with Howard Zinn will be aired at 9:30 p.m. on her show *Free Things Are Cool*, on KAOS 89.3 FM.



TESC—Come see the late Federico Fellini's *La Strada* tonight at 8 in LH 1.

THE REAL WORLD—A major cable network invites you to move to L.A. and live in a plush condo on their tab, while you run around trying to become a country music sensation.

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VW BUG, 1968. Baby blue, new brakes, shoes, seals, clutch and carb. \$1,700 OBO. Call 491-7642 and leave a message today!	SPRING BREAK '94 - City of Lake Havasu, AZ is seeking responsible campus reps to promote largest Spring Break in the West. Earn \$\$\$ + Free trips! Jim (206) 329-5583 or (800) 4 - HAVASU	GRAD SPEAKER If you could have 1 day without hearing how much everything sucks, what would it be? How about Graduation day! Vote Jello Biafra for grad speaker. Let's just have a good time.
The CPJ now has a classified ad rate of \$2 for students of TESC. If you want more information, please contact Julie in CAB 316.	Do you enjoy cave life? Applications are now available for employment at the Happy Land Underground Amusement Facility. Pick one up today at KAOS box 23 or call us at 866-4349	

disability dialogue, from page 3

I have a disability, but this doesn't mean I'm not able. Once this is recognized — and I mean fully recognized — then it follows that when society, that is a person, limits another by whatever means. This amounts to denying a person's basic human rights.

We have to see the other as being human and all else follows. So I guess what it amounts to is a degree of self-criticism, exposing where we deny the humanity of the other. Out of this attitude real dialogue can occur.

MH: What do you see in people when they approach you?

CH: I see people confronting their fears.

I mean, think about it. If you're white, you're not going to turn black. But something can sure happen to you. You could end up like me, if you're lucky.

In this materialistic society, it seems like people think in terms of what you don't have instead of what you are. People think of themselves that way. They get Jonsed. And if you do that to yourself, think of what you do to others without even realizing it. You've limited them, and in doing so, limited yourself.

MH: So, you're not seen as a whole person?

CH: Yes. People see you as a thing.

That's a part of the phenomenon of labeling, the mechanics of exclusion. If I'm not seen as a whole person, it's easy to justify my not having or not being allowed the same things as a "whole person" takes for granted.

Take sexuality, for instance. If you're a person with a disability, society really doesn't see you as a sexual being. In a way, it's a double-bind. You could be sexy as hell, as you know, there are 10,000 different ways to "do it," but, if no one else sees you as a sexual being, it becomes hard to see yourself as such.

MH: Do you think we can get beyond these preconceptions and stereotypes of each other and ourselves as oppressed groups?

CH: Yes. We have to stop placing

FYI

To contact the Union of Students with Disabilities, call 866-6000 ext. 6092 voice/TDD, or stop by the office in CAB 320, the S&A area.

Jenni Mechem and Bobbie Lavendar are the coordinators; office hours are 12 to 5 p.m. Wednesday.

limitations on others and ourselves.

I guess it takes an exercise in imagination. And you have to take risks, and be willing to give up some part of yourself unconditionally. If you're not willing to risk some part of yourself, what you do is trivial. Because only by, in essence, giving up a part of yourself to another, can you become a part of them, and they of you.

To me, this is how you learn to see through another's eyes. Then I think we can transcend the limitations that we so willingly surrender ourselves to.

D. Maia Huang and Curtis Hayes are members of the Evergreen community.

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Safer alternatives to home toxics

A clip-n-save guide

Air fresheners: Avoid over-the-counter sprays. Simmer cinnamon and cloves on stove. Set out a dish of vinegar to remove strong cooking odors. Use baking soda to absorb carpet, drain or refrigerator/freezer odors. Let a baking soda paste sit on wooden cutting boards to absorb onion/garlic odors.

Coffee stains: Clean stained mugs by rubbing with a paste of salt and vinegar. Clean coffee pot weekly by running a weak vinegar and water mixture through, wipe warmer plate and other surfaces with vinegar.

Degreaser: sprinkle kitty litter or cornmeal on spot, allow to sit for a few hours, then sweep up and dispose. **Drain cleaner:** Pour a kettle of boiling water down drain each week to melt fat. For clogs, pour 1/2 cup baking soda and 1/2 cup vinegar down drain. Cover drain and let sit 15 minutes; rinse with 2 quarts boiling water. Weekly treatment will keep your clogs minimal.

Disinfectant: Apply rubbing alcohol with sponge, let dry. **Hand cleaner:** Rub baby oil, maragarine or butter into hands, wipe dry, follow with soap and water.

Household cleaner: Mix 1/2 cup ammonia, 1/2 cup white vinegar, 1/2 gallon water and 1/4 cup baking soda.

Cleans everything from carpets to walls. Laundry bleach: cut chlorine bleach in half and add 1/2 cup baking soda, or try lemon juice to freshen clothing.

Nail polish remover: Leave your nails unpolished.

Oven cleaner: Pour lots of slat on fresh spills and scrape them off after the oven cools. Mix 2 tablespoons liquid soap, 2 teaspoons borax and warm water, let sit 20 minutes. Scrub with steel wool and non-chlorine scouring powder. Rub very soiled areas with a stick of pumice.

Pesticides: Kill ants in house with soapy water. Control pet fleas with regular by washing and combing your pet frequently, vacuum often. If you must use a spray, the safest are pyrethrin or rymethrin. To avoid fruit flies, keep food and garbage covered and counter surfaces clean. A fine mist of sugar water will kill the fruit flies by gumming up their wings. Wipe up afterwards.

Shoe polish: apply olive oil, beeswax or cold-pressed nut oil to leather and buff with a chamois cloth.

Wood polish: apply mineral oil sparingly with a soft cloth. Or, polish with amixture of three parts olive oil and one part white vinegar, or a mixture of one part lemon oil to two parts vegetable, olive or mineral oil. Rub toothpaste on wood furniture to remove water marks.

nosebleed, from cover

I can't concentrate. "Some people have had itchy skin, bloody noses," said Jacob. "I wear contacts, and it feels like I have dust in them when the humidity gets bad. Some folks will feel symptoms."

"At this point we don't have any solutions or good options yet," said Lowe. "Home methods such as pans or bowls of water on air induction units might help. It's pretty minor, but some say it helps."

Humidifiers might improve a limited area, said Lowe, but they can also

cause mold and hay fever. They might work for a small area, but for a larger one, they'd have little effect.

"We don't have humidity control except in the CRC and swimming pool," said Jacob. "We don't have any equipment that actually would control it. A new system would put humidity and water vapor into the air, and that poses other kinds of health hazards. This will happen anytime it gets cold. In the future, we need to start those systems earlier so air flow is back to normal by the time people enter the building."

Rob Davis is a CPJ staffer.

Mandolin, from page 12

their band is a realistic goal with Mark (a new member) already undergoing the initiation process. Expect to see Mark at the upcoming show and chant his name if you feel inspired.

Since I haven't already mentioned it, Sadiq, David, and Mark too, will be performing Friday December 3rd. You can find these young fellows in the library lobby at 7:30 p.m. Tickets for the show are \$2.00 in advance or \$2.50 at the door, but worth every penny I'm sure. So go and be festive and listen for a song entitled, "Brother Jumps School," it's a song that David's apparently proud of.

Lisa Thomas is the CPJ Seattle correspondent on the front lines.

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Comics

Coven House by Cat Kenney

EMMY! HEY CAT, ER, WHAT'S WRONG? I SEEM TO HAVE LOST MY CLASS... WHAT? YOU MEAN YOU HAD SOME TO BEGIN WITH? OH, AND YOU SEEM TO HAVE LOST YOUR MIND TO LIVE... BEER IT'S NOT JUST FOR BREWERS ANYMORE

Roadkill by Andy Lyons

WELL, I'M OFF TO CLASS! DEEZ STEWART! QUIT LOOKING A-90 GUILTY, PEOPLE WILL GET SUSPICIOUS. WHAT'S THIS? SLAM. EUREKA. SEE FIRST SAYS 'N' OADS. CASH PLEASE. RUDOLPH VAN DIEP. INDIAN PIPE TILES. OLYMPIA WA TEL: 800-777-7777. THESE GUYZ SELL SHIT

Free Ridiculous Media by Steve Sprunger

HELLO OLYMPIA! TOOT SIX AND I ARE DISCUSSING THE ETHICS OF COMPUTER, VIDEO, AND NEWS PAPER DATING SERVICES. ATROCIOUS? IT'S PARHETIC! WE'VE GOT ENOUGH SOCIAL PROBLEMS WITHOUT HAVING TO RELY ON TECHNOLOGY TO GET A DATE! GOOD POINT SIX! BUT I'M SURE... HUH? WHAT'S THIS? OH, IT'S A WORD FROM OUR SPONSOR, IT SAYS: S.P.A. (SINGLE PERSONAL ARTIST) SEEKS EQUALLY RIDICULOUS PARTNER FOR LONG TALKS ABOUT LOVE, SEX, THE BRAIN, THE PUBLIC, AND THE WORD CALL EXT. C.P.J.

Life in the 90's by David Wehnut

Joe! Could it be? You're actually reading the want ads? Yes, it's true. It's time for me to get a job. I know now that I can no longer waste my life sitting on the couch watching television. Really? And what made you realize that? They repossessed my couch and TV set.

Rationalize by Evenstar Deane & Joe Watt

Reasons comics should be certified as both PC and funny: Possible response to a PC comic: "Ha, ha."	Possible response to a non-PC and funny comic: Nasty response page war and mediation.	Possible consequence of required certification: More CPJ ad space, due to the elimination of most comics.	Possible response to a PC and funny comic: I DON'T GET IT
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1/3 by Omar Solenski

ENVY SLAYS ITSELF BY ITS OWN ARROWS. c. 600 B.C.

Figure E. cow.
...it is like your hopes - nothing
...it is like your paradise.
...it, your heroes, artists, religions: NOTHING.

Samizdat by Edward Leroy Dove

KISS O' DEATH

\$1 50¢

Tolerant Town by Jim Wellings

OOPS.

Snuggle by Jonah ER Loeb

SQUISHY THE PET ROAD-KILL ONCE AGAIN SAVES THE DAY

Stick-Figure Strip by Wendy Hall

This is really hard for me to say... (DRAMATIC PAUSE)... I really like you alot and I think you're a really nice person. I just... have a real problem with you having people over. Your friends are great - I just feel like the house is being used like a dorm and it makes me angry and I'm getting sick because I've been so unhappy. I know you're mad at me and you have every right to be. And I know I'm a hypocrite because I've had people over too and I'm willing to stop so I'm not being a hypocrite. I'm not trying to control you or anything, I just can't be unhappy and I won't be. I have my limits and this is beyond my limits. (FAKE SOB) I'm really sorry about this and I still like you and I understand if you hate me.

ROOMMATE MODEL #2: Passive-Aggressive S.N.A.G.

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