



COOPER POINT JOURNAL

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Oct. 19, 2006

S&A Board members appointed

By Calen Swift

Last Thursday, October 12, this year's S&A Board (Services and Activities Fee Allocation Board) members were appointed. They are: Jayanika Lawrence, Rory Johnson, Chris Hord, Dale Mickel, Alex Valin, Anna Stoerch, Sam Runckel, Max Bauval and Cara Maldonado.

The Board will "go live," according to Utah Newman, the S&A Board Coordinator, on November 1. Until then the board members will be going through training every Monday and Wednesday from 3 p.m. to 5 p.m. (the same times they meet for the rest of the year) and go on a weekend retreat for training and team building.

The S&A Board serves a vital function at Evergreen, distributing funding not only to student groups, but to KAOS, Recreation and Athletics, the Campus Children's Center, and the CPJ. Two years ago, the S&A Board allocated \$4.85 million dollars; this year, they are expected to handle about \$5 million. (The organizations listed—not student groups—operate on a bi-annual budget, which accounts for the large figures every other year.)

The board will join members of Tacoma campus's S&A Board for a retreat at University of Washington's Pack Forest from October 26-28. On the retreat, they will be doing team building and trainings, including "What to Look for in a Proposal" and a communication workshop. They will also establish group norms—kind of like a loose constitution for how they will operate as a group. A large part of their training, both here and while on retreat, is both creating and fielding mock proposals.

Thirteen applicants interviewed on Monday and Wednesday last week, with deliberations taking place on Thursday. They were selected by Newman; Tom Mercado, director of student activities;



The new S&A Board members at a training in the Solarium on Wednesday, October 18.

Photo by Curtis Randolph

Sabrina Wilbert, S&A office manager; and Ryan Stevens and Jesse Gonzalez, past S&A Board members.

"I think they're great," Newman said of the new board members. They are fairly diverse, she remarked; a number of them have international backgrounds, some are "non-traditional" students, some are studying science and some humanities. A few of them were on similar boards at their previous schools, and already have budgeting skills, whereas others have never even applied for this kind of position.

Applicants for a position on the board must be full-time students, and be able to commit to the position for a full academic year. Board members need to be able and willing to work with a diverse group of people, but as Newman said, "are not unilaterally skilled in any one thing."

S&A Board members are paid a stipend of \$300 per quarter.

Interviews were about twenty minutes long each. Applicants faced seven or eight interviewers, including those who made the deliberations, with questions about their personal history, commitment level, why they want to be on the board, ideas on outreach, experience working with diverse people, level of commitment to consensus decision-making, and their understanding of conflict of interest.

"There were some difficult decisions," remarked Newman, and not because of a lack of desirable applicants. "Overall [they were] highly qualified," she said—it was a "dilemma of abundance."

Calen Swift is a junior enrolled in Memory of Fire. Feedback is appreciated; e-mail swical13@evergreen.edu.

Vote, damn you!

By Sap [Sam] Bryson

This is an interview with James H. Staples. He is the owner of The five Corners metaphysical bookstore in downtown Olympia. I wandered into his store a couple weeks ago and ended up listening to him talk for about three hours. This encounter was enough to convince me that he is a man whose voice should be heard. I interviewed him in the interest of our nation. It went as follows:

Sap: "James, I want you to tell me why you think it is important for young people to vote in the November election."

James: "I'd say there are a lot of reasons, the most general and broad being that it is a right and a privilege that lots of people have fought and died for. And no matter what argument that can be given that voting doesn't make a difference or doesn't make as much of a difference as it should, there is no argument that says that not voting is better than voting. If you don't vote, you essentially surrender the power that you are given to have any say in how this government works. This country will only be a democracy if the people make it a democracy. Something a lot of people don't understand, particularly a lot of young people, is that we as individual people hold all the power; all the power the president has, that the Congress and the courts have and that the Constitution has, comes from us. Our forebears set up this government in a way that we the people would be the source of all the power. But this will only continue to be the case if each of us specifically owns and exercises that power. Any problems this government has, and it has plenty, are there because people didn't do anything to fix it. If you don't vote, you are allowing another generation of the people who screwed up the government in the first place to continue screwing it up. You not voting is just as bad as you voting for them.

"The most persistent avoidable threat to your freedom is you. The reason you should vote is that you will have the experience of being an empowered individual who is part of what's going on. If the people who are in power right now could talk you into not voting, they would. The fact that there are a million

SEE "VOTE" PAGE 8

CORRECTIONS

• For the past two issues Jessi Tarlton's name has been misspelled in the comics section.

Haunted Hike at Priest Point Park

By Ian McGuffick

"You're about to enter a landscape being destroyed by humans," warned the wizard at the trail head. Standing under a majestic tree, adorned with a white beard, staff, robe and pointed hat, he reminded community members "the future is in your hands."

Children and parents alike stormed Priest Point Park in droves, Saturday October 14, as Olympia's "Haunted Hike" provided its unique blend of entertainment and lessons in conservation. The event, planned by Patricia Pyle from the Olympia Storm and Surface Water Utility, was said to be a major success in its second year.

"This year was way better. Last year was the first Haunted Hike, and we



Mr. Lawnman makes his yard sick using lawn chemicals. Eric Christensen as Mr. Lawnman, Brenda Griffin as Dandelion, and Jasmine Yost as One Grass Blade.

Photo courtesy of author

expected about 500 people," Pyle said. "900 [people] ended up coming, and when it got dark, we had to send about 200 home."

This year everybody was able to hit the trail, with hiking groups leaving every five minutes between 4 and 6:30 p.m. While waiting, children—dressed as tigers and bears, goblins and ghosts,

princesses and pirates—plucked candy treats from booths, got their faces painted, and gathered around to hear stories. Parents looked on and browsed booths set up by local organizations like Thurston County Environmental Health and WSU Master Gardeners.

SEE "HAUNTED" PAGE 5

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Middle where?

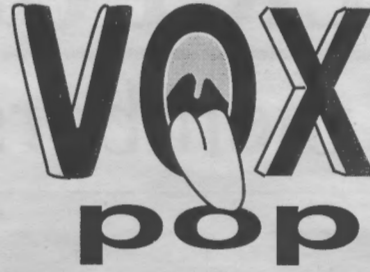
By Sky Cohen

We the members of S.E.S.A.M.E. (Students Educating Students About the Middle East) are here to educate. Our purpose is to raise awareness about the Middle East in context of human rights violations, regional and religious conflict and to further the understanding of the complexities of the region. S.E.S.A.M.E. will be sponsoring and co-sponsoring events throughout the year culminating with the Middle East Film Festival which will be held in early February. As the time nears, more information will be available. If you would like to join our club, come join us in CAB 320 every

Tuesday at 4 p.m. Or if you would just like to receive more information about the Middle East and you have specific questions, visit our blog and leave us a comment (<http://sesamereport.blogspot.com/>) or e-mail us (evergreensesame@gmail.com). We do not promise to have all the answers, but we will be sure to research and answer your questions as soon and as best we can.

May your travels be fruitful.

Sky Cohen is a freshmen enrolled in Culture in the Public Sphere.



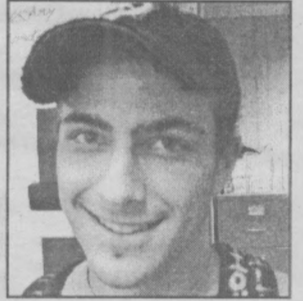
"What do you think of our current two-party political system?"



By Sean Paull and Lindsay Adams

"I think that it's a farce concealing the dictatorship of capital. It channels the people's energies into safer avenues that reduce the possibility of long-lasting revolutionary change."

Paul French, junior
Imperialism



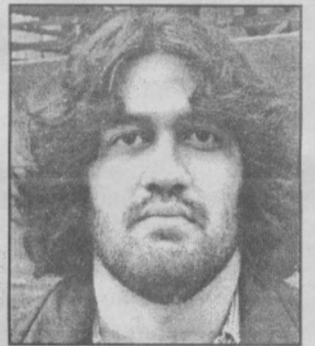
"I don't think it's representative of every view that should be represented."

Alaina Hellum-Alexander, senior
Math in the History of Science



"It's not that great of a system since both parties are funded by taxpayers. The candidate with the most money gets his voice heard."

Daniel Nour, freshman
Forensics and Criminal Behavior



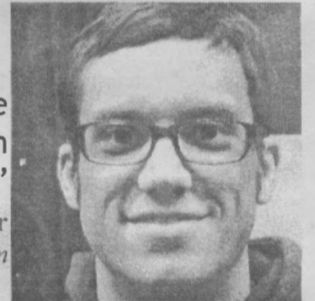
"Well, I think it's crap. The parties aren't very different from one another. They both have a very narrow scope of what the people want."

Melissa Bob, first year
Tribal MPA student



"I think it lacks representation of the population. You have to choose between the two."

Jim Scheall, senior
Advanced Audio Production



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Feel like you, someone you know, or your friend's opinion and ideas are not being represented? Then you should contribute. The Cooper Point Journal is not as fascist as you think.

Have a good Vox Pop question?

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Meetings

Our meetings are open to the Evergreen community. Please come and discuss with us!

Paper Critique 4 p.m. Monday
Comment on that week's paper. Air comments, concerns, questions, etc. If something in the CPJ bothers you, this is the meeting for you!

Student Group Meeting 5 p.m. Monday
Find out what it means to be a member of the student group CPJ. Practice consensus-based decision making.

Content Meeting 5:30 p.m. Monday
Help discuss future content, story ideas, Vox Populi questions and possible long term reporting projects.

Content Forum 12:30 p.m. Wednesday
Lecture and seminar related to journalism and issues surrounding CPJ content.

Thursday Forum 4 p.m. Thursday
Discuss ethics, journalism law and conflict resolution.

All meetings are in CAB 316.

Road work on Evergreen Parkway

Construction to modify the Evergreen Parkway at the south end of the college property near 17th Street began on Monday, October 16. The goals of the project are better roadway safety. The work will improve the connection of the Parkway to the county road and widen the shoulder for bicyclists. In addition, the contract requires a more gentle grade for the connection to the county trail system. This project will take approximately 30 days, but the schedule may vary because of seasonal weather. **Expect minor traffic delays during the project. No road closures are planned.** Questions for this project may be directed to Rich Davis, college engineer, at x6136.

Evergreen Infoshoppe returns

The Evergreen Infoshoppe is being revitalized and reborn, with the goal of being the **campus hub for free radical information and literature, workshops and skill shares, as well as a meeting space for local activist groups.** Interested in having a place to make your own zines for free, or a place to get it distributed? Come to the next meeting on Monday, October 23 at 2 p.m. on the third floor in the Pit of the CAB.

Kate Bornstein workshop and performance

Hosted by the Evergreen Queer Alliance, a **workshop on gender issues** followed by a **solo performance** by Kate Bornstein will be held Friday, October 20. The workshop begins at 5 p.m. in Seminar II A2109, and the performance will be at 8:30 p.m. in Lecture Hall I. Kate Bornstein is an author and performance artist whose published works include the books "Gender Outlaw: On Men, Women and the Rest of Us," "My Gender Workbook," and the cyber-romance-action novel, "Nearly Roadkill" with co-author Caitlin Sullivan. Kate's books are taught in over 120 colleges and universities around the world and she has performed her work live on college campuses, in theaters and performance spaces across the U.S., as well as in Canada, the United Kingdom, Germany, and Austria.

Camping skills, outdoor games with CENSE

This weekend, October 20 to 22, The Center for Environmental and Natural Skills Education (CENSE) will be hosting a **3-day campout** in the Olympic Peninsula featuring a full schedule of workshops and games. Skills such as shelter building, fire making, understanding bird language, hide tanning, and more will be taught. The campout is \$5-10 sliding scale to cover costs and add to CENSE's next event. Student-only vans will be leaving Friday at 6 p.m. and Saturday at 9 a.m. from the library loop. CENSE will be leaving the campsite Sunday at 6 p.m. Registration is required for the vans or you can join CENSE's listserv, cense@lists.riseup.net to make other arrangements. For more information, a supplies list, and directions to the campsite, visit the CENSE website at <http://academic.evergreen.edu/groups/cense/comingevents.html>

Lecture and Q & A with Jock Smith

TESC - Tacoma will host a lecture by Jock Smith, **lawyer, civil rights leader and author** of "Climbing Jacob's Ladder," a memoir of Jock's father Jacob Smith, a prominent black lawyer and political and civil rights leader in New York in the segregated 1950s, who was assassinated when Smith was eight years old, and a chronicle of Jock's evolution from struggling student to successful lawyer. The event is Tuesday, October 24 from 11 a.m. to 1 p.m. and 6 p.m. to 8 p.m. Visit Smith on the web at www.blairpub.com/bio&memoir/climbingjacobs ladder.htm

Help the salmon breathe

The Center for Community-Based Learning and Action is hosting a **native plant restoration trip** to the Chehalis River on Saturday, October 28 from 9 a.m. to 5 p.m. This event is for all interested students and community members. This restoration project was started, in part, by a study conducted by an Evergreen student. Bring a lunch, appropriate clothing, boots, and any tools. RSVP with Lindsey by Oct. 21 to arrange transportation. Contact x6866, feuerl@evergreen.edu

Campus Sustainability Day events

On Wednesday, October 25, there will be a barter fair and live web cast for **Campus Sustainability Day**. At 9:30 a.m. there will be a live web cast in CAB 110 entitled "Where is Your Campus on the Continuum of Integrated Sustainability Planning?" This program will feature presenters and case studies from Arizona State University, Grand Valley State University, Harvard University, and Pima Community College. Then from 5 p.m. to 7 p.m. there will be a barter fair in the pavilion past the soccer field. **Parents made you take a bunch of dumb stuff to college with you?** Trade it for something cool! All items not traded will be donated to local charities that provide goods to individuals and families in need at no charge. From 7 p.m. to 9 p.m. there will be a second showing of the live web cast in the Housing Fishbowl, A Building, 2nd Floor.

Weekly open mic night

"Battling Castanets" is an open mic night hosted by The Writing Center on Wednesday nights at 8 p.m. in the evening writing center located on the second floor of A dorm. This is an **open mic for poetry**, which may also be seen as a writing circle. People may bring songs, poems (both self-written and by other poets), distribute zines, create contacts and seek a supportive audience for that work which is personal and may have otherwise been unheard.

Pandemic awareness information session

McLane Fire Chief Steve North and TESC Emergency Response Planning Coordinator Steve Craig are presenting a **pandemic, or a serious health epidemic, awareness session** to discuss this issue and how it applies to the college and its surrounding area. The event is Thursday, October 26 from 11 a.m. to 12 noon in CAB 110. North and Craig will present background information as well as the current pandemic situation along with health **preventative measures** people can institute now. Additionally, Craig will give an update on the worldwide pandemic situation that he obtained from his recent attendance at an international disaster conference in Rome. To register contact training@evergreen.edu

Mingle, organize, and create indy media

The Greener's Independent Media Group will host its first student group meeting this Thursday, October 19, from 7:00 p.m. to 8:30 p.m. in the Housing Community Center. Focus will be on bridging individual innovations through collaborative efforts. Target interests range in categories like **film, video, sound design, script writing, theater, graphic design, photography, web design, and storyboarding.** This meeting will be an opportunity to check out the office and the resource and software library that is available. Additionally this will be a chance to meet like-minded students who have an extra curricular interest in varying platforms of media interested in working together to organize fun multimedia related events, trainings, and field trips.

POLICE

THE EVERGREEN STATE COLLEGE

Police Reports

Case number: 06-1889
10-13-06 at 2139 hours

A minor, yelling loudly and holding a 1.75-liter bottle of Potter's brand vodka, while on probation for previous minor-in-possession charges, pleaded with an officer not to be arrested, but was anyway.

Case number: unavailable

Police services was contacted about a possible attempted entry into the Lab 1 main door. It appeared as though someone had damaged the metal door handle. It had been forcibly pulled out from the door, but only by about 1/8th of an inch. What now, He-Man?! In the battle of science over muscles, science wins again.

Case number: 06-1894
10-14-06 at 0010 hours

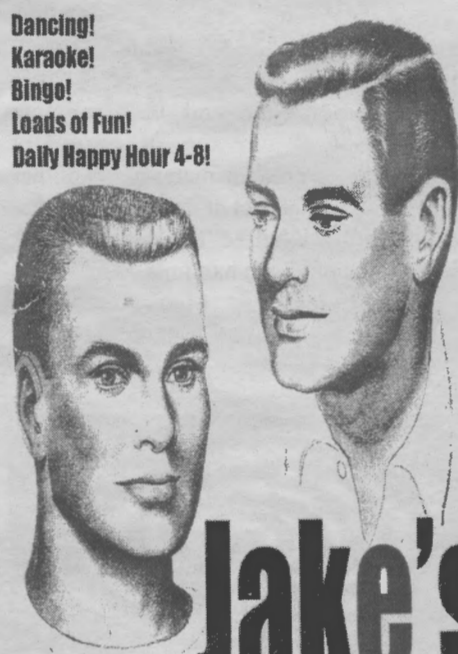
The faulty and junked-up A-dorm elevators inadvertently debarked an officer and RA onto a floor that reeked of burnt marijuana. They followed the smell to a dorm room with the door wide open and the resident's back turned to it. They knocked on the door and asked the resident why the room smelled of burnt marijuana. The resident stated that he had not smoked any marijuana that night. The officer said yes you did, and told him to admit it. The resident admitted to smoking marijuana, and handed over a glass pipe and a plastic bag full of green vegetable matter. He asked if he would be getting his pipe back. When he was told that it would be destroyed, he said goodbye to his pipe.

These tallies represent year-to-date totals.

Traffic stops	34
Minors in possession of alcohol	14
Possession of illicit drugs or paraphernalia	13
Cars booted	13
Cars jump started	21

Blotter compiled by Curtis Randolph.
Photo by Aaron Bietz

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OCTOBER 19, 2006

The Language Symposium:

The phenomenology of abstraction

By Grant Miller

The phenomenology of abstraction can be a memoir illuminating a single moment, an occurrence of exploration-movement, or a moth beckoning a beam of light in the silent desperation of unattainable desire. The text can be a monument to teleology, or perhaps, a deep vibration that requires the holding of breath, the closing of one's eyes, the silent rumination of a human life pulsing without the constraints of time.

Consider the first paragraph of Kenneth Patchen's "Journal of Albion Moonlight":

The angel lay in a little thicket. It had no need of love; there was nothing in the world could startle it—we can lie here with the angel if we like; it couldn't have hurt much when they slit its throat.

Consider the opening scene of Paul Auster's "Leviathan":

Six days ago, a man blew himself up by the side of the road in northern Wisconsin. There were no witnesses, but it appears he was sitting on the grass next to his parked car when the bomb he was building accidentally went off.

In "S/Z," Roland Barthes provides a distinction. A text, he says, can be "Readerly" or "Writerly." Readerly texts require a sort of passivity. There is little room for ambiguity or interpretation. Writerly texts, on the other hand, require an active participation of the reader,

an engagement that lends itself to the creation of meaning. For a Writerly text, the reader is, in a sense, the author of meaning.

The previous examples illuminate this distinction. "Journal of Albion Moonlight" is a Writerly text. If you've read the whole book, perhaps you haven't finished it. If you've read the first sentence, perhaps you've read the whole book. When you close the text, perhaps you haven't heard what the author is telling you, because in the Writerly text, you have reached the destination after you have read the first word.

In "Leviathan," the reader is presented fragmented information, just enough information to compel the reader to ask some questions: Who is the man? Why did he build a bomb? What was he up to? And in the text, this Readerly text (a wonderful read, by the way), Paul Auster will tell us exactly what happened and why.

Writing evolved as a form of communication. Writing in this sense is teleological. Words, sentences, paragraphs, books, are all railroad tracks that move ideas from one place to another. It is on these railways that words travel, these means to ends, and connect with the reader to illuminate meaning, information or "who did what."

But I remember when we were children, before we had ridden a train, we would sit on the tracks, put our ears to the cold steel and listen, bounce rocks on the rails and hear the low reverberation arch in pitch and disappear down paths that led to distant places of our creation, places we called our own. The railroad tracks were our refuge, our solace. They

were not means of travel, they were not means to an end—the railroad tracks were ends in themselves.

Often, Writerly texts that don't confine themselves to the rudimentary, Aristotelian structures of language or narrative styles are considered to be "experimental" or "inaccessible," and this inaccessibility is shunned as "elitism."

But this is misleading. "Experimental" writing is not elitism, but exploration.

There was an early monastic technique of prayer called *Lectio Divina*, which is Latin for "spiritual reading." The intention was to achieve communion with God and to achieve a state of peace, contemplation, and spiritual exploration and insight through engagement with the text. The actual reading of the words on the page, the configuration of language, the oral repetition of the same passage over and over again—this was supposed to help one commune with God.

It turns out that God may be a muscle, roughly the size of a small coin called the Wernicke's area. This muscle is also known as "the language muscle." The Wernicke's area is connected to the Broca's area by a neural pathway called the arcuate fasciculus. It is the Wernicke's area and the Broca's area that allows us to

explore and finally comprehend language, and it is language that helps us to explore and comprehend reality.

And if it is through language that we construct and interpret reality, the phenomenology of abstraction may be an approach to a haze, a borderland between signifiers and signifieds dressed in meaning-clothing, shivering in the "Yes" of an eternal and cosmic discourse of explosions, often misrepresented as violent, but orgasmic in their sheer defiance of grand narratives and their tracing of seemingly concrete interpretations of metaphor back to metaphor and back to metaphor and then further still, back to the beginning, or the end, or back to the silence of a single word on a single page that may transmit the infinity of possibility.

This article was brought to you by the Writing Center, Lib 2304, (360) 867-6420.

Contact the Language Symposium: languagesymposium@gmail.com.

Grant Miller is a senior enrolled in Postmodernism and Postmodernity. He is a tutor in the Writing Center.

All-women museum in Washington D.C. may accept Pacific Northwest artist

By Lisa Hubert

The only museum in the world that features all-women artists is located in Washington D.C., and is classically titled "The National Museum of Women in the Arts." Finding a solution for what other museums rarely manage to notice is a problem; the NMWA brings female artists to the forefront in artistic movements from the 16th century to the present. This is something not often seen in male-dominated art history. The permanent collection is comprised of more than 3,000 works and is constantly growing.

The progress America has made in light of equal rights for men and women (although this is not all-inclusive, we still have a ways to go) allows for women artists to now step up into the spotlight.

Just as the job market was once permeated by successful businesswomen—when before it had been primarily businessmen—so should the world of art now be permeated by recognized and successful women artists.

Located within the NMWA is a Library and Research Center whose function it is to bring knowledge and understanding to the public by providing thousands of resources and research materials. Another very interesting aspect of this library is that it houses a few hundred 'book arts.' This is when a book has been handmade, designed, or created by an artist. Many times these books are actually sculptural pieces. Others are illustrated by a featured woman artist.

The library holds more than 600 of these works by women artists, and also some that were collaborated upon with men.

The award-winning quarterly publication produced by the NMWA at one point "... was named Best Book by the American Association of Museums in its 2001 Publications Design Competition," according to the museum website. It outlines the work of the museum and the on-going exhibitions there.

Take a look at what's going on here in our own gallery at Evergreen. Why it seems as though we are featuring a woman artist by the name of Louise Williams of Lacey, WA who also seems to have been a great supporter of women in the arts! A close friend of Louise and Evergreen grad Connie Simpson is compiling a revised introductory video about the artist to send to the museum. She will be offering, if Williams is accepted, that the museum may have the 15 plus works that Simpson herself owns for its permanent collection.

What an amazing thing if accomplished! It would just be another victory for every woman artist out there. I'd encourage all artists at Evergreen to take an active role in pursuing goals like these. If enough people feel passionately about something, then nothing is impossible.

Visit the NMWA's website to learn more: <http://www.nmwa.org/>

Lisa Hubert is a junior enrolled in Mind and the World.

Poetry

Smoke

By Sumiyuki Miyahara

In the consciousness hazy I sunder myself from my lair
I fly out to the morning air, pulling my favorite out
In the three-inch locale off my face the vermilion's a-glare
From my mouth in the air the appeal of exhaling spreads out
My two batteries strongly recharged with the spirits of gods
And my head gets unsteady and winsome lines waver in streams
As my brain is regaining intensive perception by odds
The profound indistinctness around me clears off like a dream
We are these days oppressed by the nosy because they do not
Have affairs but to sing how they're healthy, contented, and light
In addition to splitting us by the unseen prison house from our tots
Do they dare to wipe out our remaining and miserable right?
Thus today by imagining such things aloud to cold winds
I am bringing about the blest rings for a-wringing the blinds

Sumiyuki Miyahara is an exchange student from Japan.

Traditions café & World Folk Art

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Classified

Voice actors wanted
all ages. 2-6pm Friday
20 at com111B e-mail
joffeorama@gmail.com
Animation involves
coyotes and grapes

Independent study in Ireland

The Phoenix

By Lauriel Schuman

Over the spring quarter of 2006, I traveled to Ireland through an independent learning contract to study responsible and sustainable tourism. I spent a total of two months in Ireland living on the Dingle Peninsula and traveling throughout the country. The opportunity to engage in independent, hands-on research while fulfilling a dream to explore Ireland was extraordinary. The story that follows is an essay that describes some of my experiences.

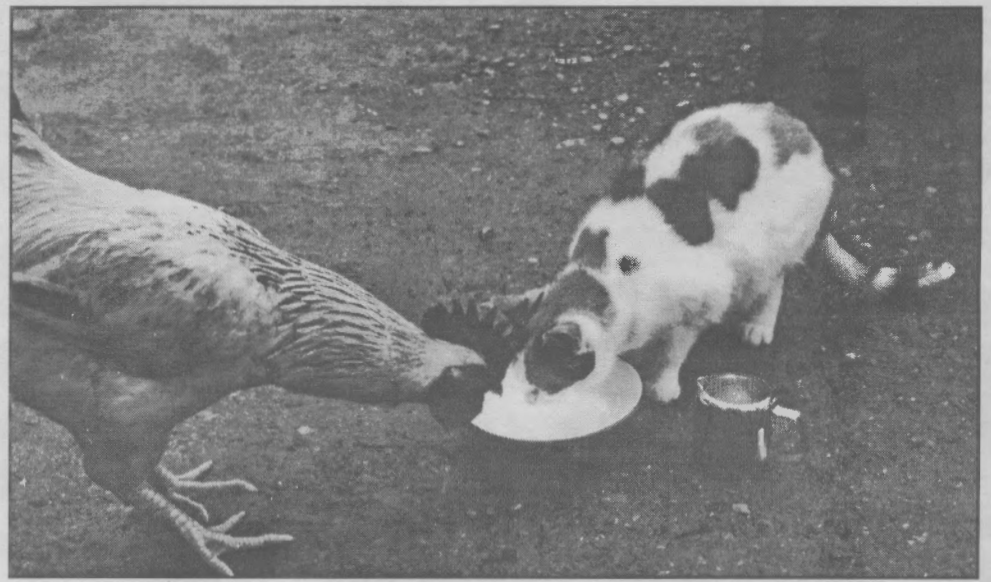
Each of our mornings here is distinctly colored by the rooster's endless cock-a-doodle-dooo, beginning no later than the first light, which our northerly latitude brings quite early. Sometimes he sits on the railing of our porch and eyes us through the window, projecting his rooster call

right to us in a nearly endearing manner.

I've only just begun to be able to sleep through the noise. We're now going on our fourth week here, and I imagine once I leave I will miss my avian alarm clock. As roosters go, he's quite handsome and exceptionally personable.

While he'll never let you actually touch him, he will follow you around while you wander the yard or hang out while you weed the gardens. He'll pick up worms that have been unearthed and sometimes he'll even look at you in a way that seems to say, "You do like me, right?" Then I nod and am glad that I live in middle of nowhere Ireland and have a rooster as a companion.

The rooster's bird friends include his lady chicken and two not-so-friendly geese that sit on eggs and hiss when you come too close. Then there are the more



Rooster and cat sharing milk.

Lauriel Schuman

cuddly animals I live with that include three dogs and four cats, which all vie for your attention in the same manner that burrs stick to your socks.

They too follow you around on your daily activities, so in the end you will have no less than four animals within a few feet at any one time. So, while there may be few people around to keep you company, there is always plenty of

company to be had.

When my boyfriend, Daniel, and I first came to The Phoenix at the end of April we were looking for work. We love the countryside and were looking for jobs that were more than just a paycheck. We were seeking an experience that would be both personally fulfilling as well as for an

SEE "IRELAND" PAGE 6

HAUNTED

CONTINUED FROM COVER

Yet the Haunted Hike was the event's major draw: An entertaining stroll through one of the parks looped trails offered an array of costumed critters including raccoons, mice, ogres and tree fairies. At each stop, confronted by characters, attendees were given an animated display coupled with a lesson in sustainability.

At the beginning of the hike, children were given bags filled with what the actors called "drops"—small blue stones. At different points throughout, as part of a themed game, they were asked to acquire or give up these drops depending on their living habits.

In the "Waterhog Family" production, a man, presumably "Mr. Waterhog," blasts his faucet while his teenage daughter complains that her 20 minute shower was cut short. A disgruntled raccoon soon emerges and puts the Waterhog's wasteful habits in check. After breaking into song, the actors told children the scenario: "If you take baths, give up a drop," said the girl from the shower. "If you take short showers, five minutes or less, you can keep them."

The game and its lessons continued throughout the hike: Mr. Lawnman and his plants sang their anthem "Can't get Water from Chemicals." Children dressed as mice, surrounded by scattered doggy bags, asked



Jessica Lawrence, Jeni Parreno and Evelyn Carlson are the voices of the trees. When the trees die, so do the fairies.

Ian McGuffick

attendees to pick up their pets poop. In one lively skit, a gardener leaves ivy in the forest to compost. Hikers soon see her mistake as the discarded weeds give life to power hungry ivy zombies.

"This forest is hereby claimed by the Ivy Empire," the monsters shouted, rising from a grave of vines.

Waving a flag made of sticks, twisted in ivy, the zombies unveiled their ivy domination plot: to climb and then destroy trees. Kids who had helped remove ivy were given drops, others left to ponder the plants menacing effects.

"The idea was to bring people into nature and be a part of it," said event organizer Patricia Pyle. "A lot of people there had never even been to Priest Point Park before. I wanted it to be wacky, clever, educational and reach out to a wider group of people."

The end of the Haunted Hike featured the land of change.

Here were four tables where hikers were asked to make pledges—walk instead of drive, practice natural lawn maintenance, conserve water and remove harmful weeds like ivy.

"This was a lot of fun," said mother Julie Hanks, accompanied by seven-year-old son Nathan. "I think [Nathan] and I took in some valuable lessons. He was asking me along the way about how we can conserve water and about removing the ivy in our yard," she said.

Jonathan Stewart was also glad that he brought his two kids. "Although," he said, "I do think it was a little morbid at times and preachy."

Stewart referred to a portion of the hike where a frog character tells children that "the forest will disappear and so will you." This is followed by a grim reaper character: "Close your eyes and feel the darkness all around you," it says.

Behind the reaper, a tree fairy, after pleading for humans to help her, drops dead.

Pyle, who wrote the haunted hike script, said the event was, in part, meant to reach people who are not necessarily environmentally friendly. Gravestones, cobwebs and scary acts were meant to go along with the Halloween premise.

"When I planned this event I thought about my seventy-eight year-old mother and trying to explain something like ground water to her," she said. "How many people do you think would have showed up if we told them it was about ground water?" she added, "Probably about nine."

Ian McGuffick is a senior enrolled in a contract called Print Journalismism.

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Kate Bornstein:
 On Men, Women, and the Rest of Us!
 Friday, October 20th
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 TESC Lecture Hall 1

Author of *Gender Outlaws: On Men, Women and the Rest of Us*, *My Gender Workbook* and, most recently, *Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws*



Milltown Saturday Market, Daniel Cassell is selling homemade vegetarian patés and bread.

Lauriel Schuman

find myself making the rounds sampling goods and making conversation about the area. My two favorite stopping places were the handmade cheese table, which was like no cheese you can find at home, and the lady that sold chili sauces and spreads, one of the only places to buy anything with spice in it.

The other part of what I do at The Phoenix is work in the café kitchen and wait on tables. My years of restaurant experience have come in handy, but at the same time the style of service is totally different. Here in Ireland, ignoring the customer is almost expected, but I try to strike a balance with what I think is terrible service and giving the customers their space.

The best part is talking with the guests when I get a chance. There are many locals and tourists and they all come to The Phoenix knowing that it is unique and interesting. Most people will walk around the gardens and play with the animals, and they always appreciate the atmosphere.

By having the opportunity to live and work here, I have to say that I have changed in many ways and learned more than I could have imagined.

I have to laugh a bit every time I think

of all the people that told me sustaining a vegetarian diet would be difficult in Ireland, and it reminds me that when traveling, people's individual experience is completely colored by what they're looking for.

I found good food and alternative culture and lived as part of it in an amazing place. I have been inspired by my experience and will take much of it with me as I journey into new adventures. After living here for over a month and loving it, we have chosen to move on in a few weeks and travel by bicycle throughout France and Spain, another inspiration that came from our time here. I'm happy I came here, and I know that I'll miss it. I think most of all, I'll miss the rooster.

If you would like more information on opportunities to study abroad, please set up an appointment with Michael Clifforne in Academic Advising (ext. 6312). In addition, there are weekly study abroad workshops held throughout the year and it would be great to see you there!

Lauriel Schuman is a senior enrolled in Political Ecology of Land and is a peer

IRELAND

CONTINUED FROM PAGE 5

establishment that we felt was a positive contribution to the community.

The Phoenix was just such a place, an organic vegetarian café and bed and breakfast that grew their own herbs and many vegetables, brought homemade goods to market and was run by an eccentric family for the past fourteen years.

From the beginning, our taste buds were intrigued. Unfortunately, the owner had no paying work for us, but did make an offer to have us stay working in exchange for room and board until the season picked up and paid work might become available. While our need to make money was a bit dire, our bellies won the debate.

In the end, we chose to stay, knowing we would have an interesting summer in an absolutely stunning place nestled between the mountains and the ocean on southwest Ireland's Dingle Peninsula. So here we are, four weeks later, living with more animals than people and the absolutely crazy owner Lorna, her husband Billy, two of their children Kim and Kyle, and a German guy named Matthias.

Since our first arrival in April we have had many incredible and life changing experiences. Twice a week I bake bread,

both for personal consumption as well as to sell at market on Saturdays. My bread making education consisted of, "Here, take some yeast, put it in this mixing bowl, pour in warm water, and then start adding flour until it's the right consistency to let it rise."

What consistency would that be? "Oh, just a good one." And that was it. Luckily, I picked it up quickly and what was once a pretty scary undertaking is now demystified and quite fun, something that I will continue to do when I return home.

Then there are the incredible vegetarian pates and soups that Lorna has taught me to make, which has only inspired daydreams of selling such goods at the market in Olympia.

My instruction in these foods was similar to the bread, but I have the general idea now and can't wait to develop a few of my own. On the weekends, I sell the food at two local markets, one in Milltown and the other in Castle Gregory. At the markets, I have the opportunity to meet locals selling everything from organic meats and handmade cheeses, to the most delicious cakes and treats you can imagine.

Many regular customers come in and make the rounds, while occasional tourists find their way in and relish the experience of something different. When the customer flow slows down, I often

Snowboarding in Switzerland, part II

(continued from last week)

By Bob Spilsbury

Danielle was off in her own world listening to Bruce Springsteen on her iPod and singing "Born in the USA" to herself. What a proud American, I thought to myself; she probably doesn't even realize the song is about a Vietnam War veteran who is criticizing the things his country did rather than endorsing them. On the chairlift, Danielle talked about how it was going to be her twenty-second birthday in less than a week. "I'm going to celebrate with lots of tequila shots," she said. "Although, as each year goes by, I've begun to hate my birthday more and more because it's just a sign I'm getting older. I hate the feeling of aging! Nothing shocks me anymore, and I feel like I've experienced all that there is to know of life. I miss that feeling of being sixteen and having that excitement of the future

in front of you, you know, that feeling when the world is yours and you've got it all in your hands."

I told her I thought it was a shame that she thought she had experienced everything. "This is your first time being in Switzerland isn't it? Don't tell me you've experienced skiing in the Swiss Alps before, because I know you haven't." She was silent for a moment, then said, "You're right, I wish I had brought my digital camera up here, because I never want to forget these mountains, they are so beautiful."

I kept thinking of Bob Dylan's song "Forever Young" after hearing Danielle talk about aging. He wrote: "May your hands always be busy. May your feet always be swift, may you have a strong foundation when the winds of changes

SEE "SWITZERLAND" PAGE 8

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Iron deficiency and anemia

By Rachel Evick

Chances are, you know someone who is anemic. Although rare in men (fewer than 2 percent), a startling 4 to 10 percent of pre-menopausal women have anemia. Defined as a decline in circulating red blood cells, anemia results in a reduction of the ability of the blood to transport oxygen to tissues. Because all cells depend on oxygen, this could cause a variety of symptoms such as pallor, fatigue, heart palpitations, shortness of breath, headaches, inability to regulate body temperature, and more importantly for students, it can impair your ability to concentrate. While there are many different types of anemia, the most common type is caused by a lack of iron.

One of iron's main functions in the body is to transport oxygen as part of hemoglobin and myoglobin. Hemoglobin, which is present in red blood cells, is critical for transferring oxygen from the lungs, to the tissues. Myoglobin found in muscle cells, accepts, stores, transports and releases oxygen in the muscles. Iron is also used as a component of the cytochromes, which are essential for respiration and energy metabolism, and as a component of certain enzymes, synthesis of some neurotransmitters, collagen, and even DNA. In addition, iron is needed for

proper immune function.

Women in their childbearing years are at the greatest risk of iron deficiency because of blood loss from menstruation, the demands of pregnancy, and childbirth.

Heavy periods, or any conditions that contribute to heavy periods such as fibroids, put women at a particularly increased risk for iron deficiency anemia. Also, inflammatory bowel conditions, celiac disease, hemorrhoids, and ulcers can cause iron deficiency. Other causes are poor absorption of iron in the diet, or from eating a diet that does not contain enough iron.

The recommended daily allowance (RDA) for women ages 19-50 is 18 mg per day and the RDA for men ages 19 and up and women over the age of 51 is 8 mg per day. Some studies argue that the RDAs for vegetarians should be higher, 33 mg per day for women, and 18 mg per day for men.

Many people assume that all of the iron they ingest in a meal is absorbed, but the degree of absorption depends

on the type of iron eaten and if it's eaten with any other foods that affect its availability to the body. There are two types of iron found in food, heme and non-heme iron.

Approximately 40 percent of the iron in meat is heme iron, and 60 percent of the iron in meat and all of the iron in plant foods is non-heme iron. Heme iron is absorbed well; the body will use about 20 percent of that ingested. Foods

containing large amounts of heme iron are clams, oysters, organ meats, beef, pork, poultry, and fish. Anywhere from 2 to 20 percent of non-heme iron is absorbed from food, good dietary

sources of non-heme iron are dried beans and peas, iron-fortified cereals, dark green leafy vegetables, dried fruits, nuts, blackstrap molasses, and seeds. One reason that there is such a varying degree of absorption of non-heme iron is that the amount of non-heme iron absorbed by the body is very sensitive to several dietary factors. Consuming vitamin-C rich foods with non-heme iron can enhance

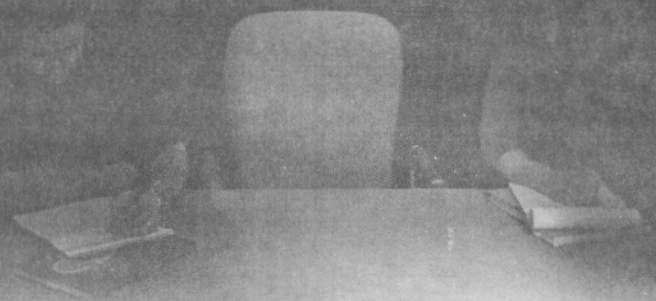
absorption. Certain factors also impede the body's absorption of dietary iron. Polyphenols found in tea, coffee, red wine, berries, apples, and chocolate, as well as phytates found in foods such as seeds, dried beans, soy, and bran could interfere with absorption of iron. In addition, calcium in foods such as milk and cheese impair the absorption of heme and non-heme iron. Calcium from supplements and antacids impair the absorption of iron from food. Also, according to the Linus Pauling Institute Micronutrient Information Center, soy protein, such as that found in tofu, has an inhibitory effect on iron absorption that is not related to its phytate content. Cooking in cast iron pans and skillets is thought to increase iron content of food because the iron from the pan is transferred to food cooked in them, and boiling, steaming, or otherwise cooking in pans composed of any material can increase the release of non-heme iron stored in vegetables.

Because there are many types of anemia, all with different and sometimes very serious causes, it's important to see a medical provider if you suspect you are suffering from anemia. With awareness of personal risk factors and the appropriate screening your provider will be able to determine a suitable treatment.

Rachel Evick is a senior enrolled in the medical assistant program.

“Many people assume that all of the iron they ingest in a meal is absorbed, but the degree of absorption depends on the type of iron eaten”

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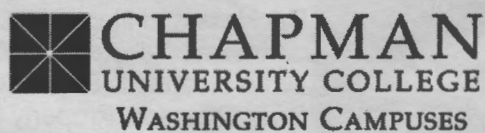
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Mexica Tiahui celebrates



Aztec dancing requires concentrated prayer, and of course, strength and stamina. Mexica Tiahui (Meshika Tee-a-wee) illustrate all of these qualities.



An Indigenous Warrior encourages all people to acknowledge the land that we walk upon as sacred and holy.



An altar, set on a Mexican blanket, holds sacred items to the Aztec people. They sing a song for Tonanzin (Toe-nan-seen), our Earth Mother.



Photo by By Sap [Sam] Bryson

James H. Staples, owner of The Five Corners bookstore.

VOTE

CONTINUED FROM COVER

new young people who were too young to vote in the last election but can now scares the shit out of the current administration, as it damn well should. It's important to know that you can make a difference. A good example to show that your vote does matter

is in '84 when Reagan was running for re-election.

"He won with an overwhelming majority, and he used that to announce that he had won 'a mandate of the people' and he used that to justify all the horrible things he did during the last four years of his presidency, in which he sent us deeper into debt than we had ever been, he destroyed the employment rate etc ... The mandate he won was the result of something like 23 percent of the votes that could have been cast being cast.

"Ronald Reagan won the vast majority of those votes, which means that he became president on the strength of like, 15 percent of the population voting for him.

"The only reason 15 percent of the population gets you elected is because of the 75 percent that didn't freaking vote.

"Right now in our government, the White House, the House of Representatives, the Senate and the Judiciary are all dominated not only by Republicans, but by hardcore right wing Republican ideologues who have been single handedly responsible, since Reagan, for demolishing the middle class, making this country the most hated nation on Earth, increasing terrorism, according to the intelligence community of this very administration," he thumps on the table enthusiastically, "increasing terrorism in the world, increasing the threat of terrorism in the world.

"The bottom line is we need to unlock the Republican hegemony that controls this country right now. The only way that is going to happen is if lots and lots of people vote. It is statistically very probable

that the fewer people who vote in this election, the more votes will be for Republicans.

"There is about 23 to 28 percent of the population that's going to vote hardcore right-wing Republican no matter what.

"No matter about all the scandals, no matter what's going on with the war, no matter how the economy is, they will vote for Bush and his party. They will vote for Republicans in this election because that is what they do. Those people will vote, I guarantee it.

"So an overwhelming number of people need to vote in opposite directions. And bottom line, the best demographic the Democrats have is young people. So all you young people out there listen very carefully to me; this is important.

"If the Democrats win the House of Representatives, just that, in this upcoming election, it will mean that Nancy Pelosi, a Democrat from (Northern) California, will become the Speaker of the House.

"If the Democrats overwhelmingly win power in this election, it will be very likely that the president and vice president will be impeached. By the way, if one of them is impeached, they both will be.

"There is no way one could get away while another takes the blame. If the president and the vice president are both impeached and convicted, it will mean that the Speaker of the House will become president.

"And at that point the Speaker would be Nancy Pelosi. In other words, my young friends, if enough people vote Democrat in the coming election we

could see the first female be Hillary Clinton.

"Finally, I want to say is a little cynical but I wa is basically a message I r when I was young, and I st it's very much the way I the official opportunity th opinions makes your opin I didn't vote for George F valid in light of the fact th else.

"To put it another way election, I don't really wa I know a lot of other peop from you after this election in the election. If the pers the person you don't like g are not entitled to your op given it on a silver platter. the ground, and you stomp

"Therefore, why shou future opinions to have a radio talk personality Ed to here on Air America 10 on November 7, I honestly can continue to call yourse

"The time is very serio coming up on November other people say this to election in American histo important election in the



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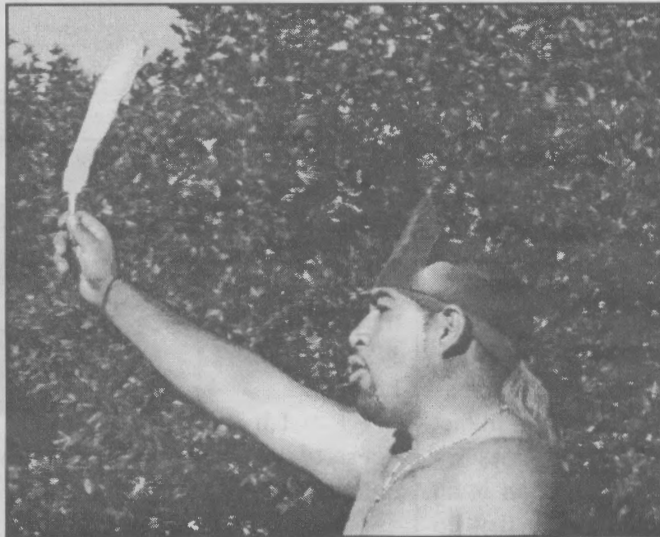
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Sharon Chirichillo is an Evergreen graduate of 1993.

Indigenous Peoples' Day

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text.



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president, and it wouldn't be one other thing, and this is what I want to say anyway. This is the love I received from my parents and I will thank them for this and this is the love I feel. Taking advantage of the fact that we all have to voice our opinions valid. The fact that George Bush only becomes really popular because I did vote for somebody else.

if you don't vote in this election, you are not going to hear from you, and you are the only person who don't want to hear from you. I don't care what happens because you like got elected, if you don't get elected, I don't care. You are not going to hear from you anymore. You were not going to hear from you, you took it, you threw it on the ground.

ould I expect any of your votes to have any validity? To quote the words of the President, "If you don't vote, you are not going to hear from you." I don't understand how you can be an American.

us right now. This election is the most important election in our past hundred years, and it is

without a doubt the most important election in my lifetime. And it is so critically important that people show up at the polls.

"If enough people show up at the polls, the kind of voter fraud the Republicans would have to pull off to turn this in their favor would probably be the very impetus we need to start the revolution that has been a long time coming in this country.

"So that's what I say. If you don't vote on November 7, you can't expect to take part in the revolution on November 8. That's what it boils down to.

"People who don't like this country being the way it is need to vote, people who think elections are crooked need to vote, the more you're convinced that your vote doesn't matter the more you need to vote, because if everybody votes then it'll start mattering again.

"I don't even see how anyone who was alive when Clinton was president can say that Democrats and Republicans are the same and that the outcome of elections doesn't really make a difference.

"When Clinton was president, this country had a budget surplus, when Clinton was president unemployment got down to 2.3 percent, when Clinton was president the minimum wage finally went up. However, in the six years that Bush has been President, there have been eight different attempts to raise the minimum wage.

"They've all been shot down. Since Bush has been president unemployment has more than doubled. We are currently in a situation where American productivity over the last year has increased 33

percent, and American wages have decreased 4.5 percent. George Bush has single-handedly created more debt than every other United States president combined.

"The reason that state of affairs was possible is because young people didn't think that voting mattered and so they didn't turn out. We need to vote because the situation is crappy.

"Even if you do believe your one vote doesn't matter, how many other people are going to see you and think it's cool and then vote themselves? Maybe by you voting you will get five or six other people to vote who wouldn't have.

"The more people who vote in this election on November 7, the more likely the Republican stranglehold on this country will be ended. If you don't vote, you are letting everything that is wrong with this country continue to be wrong."

So if you give a damn please vote for the Dems. I know the Democrats aren't perfect, and I know we can't expect politicians to fix everything for us. People like you and me have to make the difference, and the way I look at it, if we vote for the Dems, it will be easier.

Samuel Bryson is a first-year student enrolled in Understanding Species. He is also trying to stop being a lazy bastard.

Also, Impeach Bush!
http://www.petitiononline.com/mod_perl/petition-sign.cgi?DropBush

Switzerland

CONTINUED FROM PAGE 6

shift. May your heart always be joyful, may your song always be sung, may you stay forever young, forever young."

When we got back to the Balmers hostel we found out that Greer, Guyan and Hally hadn't gone skydiving because of the fog, and they were feeling quite disappointed. I played Guyan in a few games of billiards, but he was distracted and couldn't stop thinking about the failed skydiving adventure. "At least they're giving us our money back, but I don't think I'm going to get another chance to come back here and go skydiving," he said. Soon after, at the 7 p.m. Happy Hour, we drank several rounds of Amstel Light—only 2 Euro on tap—and talked until the night wore down. Overall, Switzerland was a trip that all of us were glad we took, even if we had to take an all-night train back, and in the middle of the night get off in Florence just in time for an 8 a.m. class. It was worth it. Greer and Hally even decided to go back and skydive in the last few weeks of our study abroad semester and returned raving about the Balmers hostel all over again.

"May your hands always be busy. May your feet always be swift, may you have a strong foundation when the winds of changes shift. May your heart always be joyful, may your song always be sung, May you stay forever young, forever young."

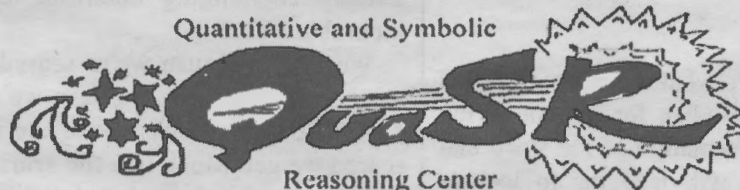
—Bob Dylan

Bob Spilsbury is a junior enrolled in Four Philosophers.

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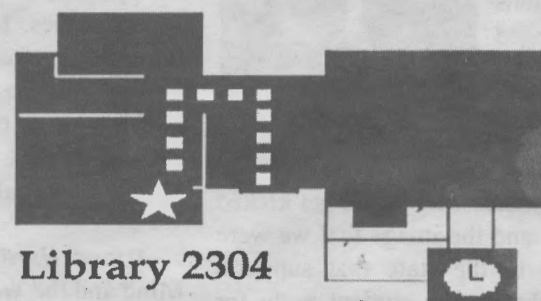


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Criticism of CPJ's drug testing coverage

By Dave Weber

Editor:

Arland Hurd's article, "Written drug testing policy not implemented," (as seen in CPJ in the October



12 issue) was in no way an accurate representation of the conversation I had with him on September 28, an interview he tape-recorded.

From the lead sentence, in which Hurd portrays a meeting of "the leaders of the athletic department" specifically to discuss drug policies "one year ago," the facts go out the window.

The meeting in question was conducted on May 23, fewer than five months ago, which Hurd should have known because he requested and received a copy of the minutes from me. Furthermore, the meeting was not a specially-called single-subject meeting. It was simply one of the Athletics & Recreation Department's biweekly staff meetings, at which all staff members, not a select group of "leaders," discussed, during one part of the meeting, a recent drug-related incident involving a student-athlete and the potential for using testing as a means to curtail further problems.

Prior to this year, athletes at Evergreen have routinely signed a waiver granting the college the option of testing for drugs. This year, we decided to go away from NCAA terminology in the old form to one more specific to our campus. Student athletes have been informed that this new waiver is in the works and will be distributed to them when it is completed and approved by the state Attorney General's Office.

Hurd miscasts comments I made to him about our plans to, in fact, implement a written drug policy covering Evergreen's student athletes.

I was very clear with him in our taped interview that a study group consisting of athletics staff, health center staff, student athletes and other student affairs professionals had been formed to clarify

Evergreen's drug policy and had not yet begun its work. To give Hurd an idea what some of our thoughts were going into the process, I shared some ideas with him.

One of these was that Evergreen would examine the policies, readily available on the internet, of institutions around the state, including Central Washington University, a like-sized, state-affiliated school that had already been through the process of writing and implementing its drug policy. He all but quoted me as saying it is a done deal that we are in fact copying Central's policy and goes on to state that "Central Washington is an NCAA school and holds values that do not match Evergreen's values."

Leaving aside the fact that for several years Evergreen was also an NCAA member before returning to the NAIA for cost-containment reasons, I am at a loss as to what "values" Central's athletics program would have that ours does not. The parallel I described with Central was not based on what national governing body it belongs to, but its status as a Washington state-affiliated college of just slightly more students.

Hurd seems to understand that Evergreen does have a responsibility to the state that supports it, but his detour through last year's senior theme, Ralph Waldo Emerson, the legislature, the American College Health Association and his own views is extremely confusing.

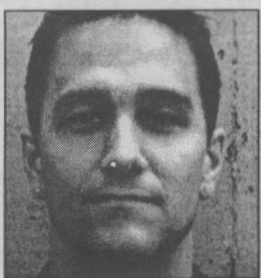
Evergreen continues to study drug testing of student athletes as a part of the Athletics & Recreation Department's "value" of making participation a positive experience for the athletes that reflects well on the college as a whole. We have not come to the end of that path yet. If we have not completed our work on a timetable suitable to Hurd, he is entitled to his opinion. However, while I realize the CPJ does not claim to be journalism per se, but a forum for the ideas of all students, the work published should at least be accurate.

Dave Weber is the Director of Athletics & Recreation.

Author responds

By Arland Hurd

I wrote a story [October 12] that was not clear in its intentions and that changed pertinent facts. My concern was for the mental welfare



of student athletes who might get kicked off the team and the image that we were representing to the state that supports us. I apologize to the student body for putting quotes into a context that gave

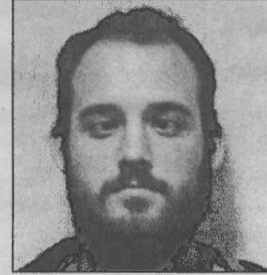
new meaning to what they were intended to mean. I apologize for not conveying the factual information of the story that I wrote. This will lead me to include no opinion and more factual news in future stories. I understand that getting information from a news source that is supposed to provide knowledgeable information is confusing when you find out that it is not. For that confusion that I have put out, I also apologize.

Arland Hurd is a senior enrolled in Mind and the World.

Talking the invisible elephant, Herpes, into view

By Casey Jaywork

One in five American adults is living with genital herpes. Most of them don't know it.



If this doesn't scare the shit out of you, you're not paying attention.

I'm writing this not as some disgruntled religious zealot concerned for the "morals of youth", nor as an ivory-towered "health advocate" who couldn't get laid if he wanted to. I'm writing it as a student who has been living with genital herpes for the better part of two years.

Yes, I have it.

And I've got to tell you, the hardest part hasn't been the painful outbreaks, the medication, or the difficulties of managing a relationship with someone who isn't infected.

It's the stigma.

Imagine that you're at a party (since I hear that you college kids go to such things from time to time), and someone cracks a racist joke. At best, they'd probably be shunned; at worst, beaten.

Now imagine someone cracks a joke about STDs ("I wouldn't borrow her cigarette, Philbert. You might catch herpes!"). What happens? Everyone laughs, and about a quarter of the people in the room suddenly look really uncomfortable. What are we supposed to do? Invite ridicule and social leper-status upon ourselves by interjecting? Hell, no! I'm gonna drink my brew, keep my mouth shut, and be sure to laugh especially hard the next time someone says that, so no one will think that I have it.

Folks, I've done that for a long time, and I'm finished. In our country, we purportedly refuse to tolerate the oppression of a group based on color, gender, sexuality, or any other condition which is outside of their control. Why then do we stand for the omnipresent stigma against people living with the already challenging condition of an incurable STD?

We do it because we're scared: the more scared we get, the less we want to know; the less we know, the more scared we get. Much like the arms race and mandatory freshman meal plans, this vicious cycle has got to stop.

I remember the day I was diagnosed: chain-smoking outside the ER, exhausted from crying, my mother comforting me ... oh, and the young woman to whom I had unwittingly given it was also present. That was fun.

I remember rearranging my future in my mind; it was like rearranging furniture in a burnt-down house.

I remember thinking that no one would ever love me.

I've learned now that I was wrong. I can still lead a full, happy life, still have meaningful relationships (and/or, with a few precautions, hookups). My purpose in writing this is to teach you what I have learned:

1. Herpes comes in two flavors: Simplex One (oral) and Simplex Two (genital). Some estimates put the orally infected population at around 80% in the United States (i.e. you probably have it). The rarity of outbreaks coupled with its widespread presence makes it not worth worrying about (although you may not want to play tonsil hockey with someone who has an open cold sore). Genital herpes is less prevalent: the CDC estimates that about one in four women and one in five men have it.

2. Condoms aren't terribly effective. Herpes is not like HIV, where bodily fluids are the culprit of transmission. All that's required is skin to skin contact, and it can still be transmitted even when sores are not present (though it's unlikely). Take my word for it; I've never had unprotected intercourse in my life, and yet I still caught it.

3. Having genital herpes is not the end of the world. It can't be spread by shared toilet seats or handshakes, and the people who are really your friends will remain so even after you tell them you have it. Sex is a bit trickier; however, I've found that creativity in the bedroom (or car, or dorm) can more than make up for what you lose by being safe.

4. As with most taboo subjects, there's really only one correct response to this issue: earnest discussion. As long as genital herpes (and STDs in general) remain an invisible elephant, two things will continue happening: people will keep getting infected, and more importantly, tens of thousands will feel the shame and isolation that comes with sexual "impurity."

I'm no saint, but what sins I have committed are between me and whatever God there may be; I will not stand to be vilified and degraded by people whom I have never met, who have no idea what my life entails. I urge anyone reading this: take a stand. It's virtually guaranteed that you are friends with someone who has genital herpes, and it's far from inconceivable that you have it yourself. Start acting like it.

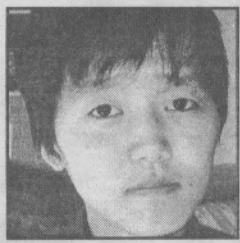
Start talking about it.

Casey Jaywork is a freshman enrolled in Tradition and Transformation.

A survival guide for students of color

By Tenzin Tingkhya

If you identify as a student of color, this article is for you. Now, seeing as you've made it this far through the year, you're clearly employing some good techniques. But in case you've been slipping and need a little faith, or are just looking for some extra hints on living in this little universe, you've come to what I hope is the right place.



This knowledge does not belong to me, it has been obtained through the shared stories and collective wisdom (but not collective opinion) of students of color at the Evergreen State College. Remember, the choices you make and the actions you take represent your people. Choose wisely.

1) If a stranger with extremely baggy, saggy pants that expose frightening territory below the hips (not the hippie or anarchist Greener, but another stereotype of young white male) comes up to you and says, "What's up, my brotha!" the appropriate response is:

- A. Jump him.
- B. Ignore, walk away.
- C. Pull down his pants, run away. (On second thought, just walk. He won't be able to catch up anyway.)
- D. Politely inform him that he is no relation of yours, and advise him to pull up his pantaloons, as he may catch cold. (Are

you sure you're a person of color?)

E. Throw him gangsta hand signals and give a confident nod of your head. (Be warned, this may freak out the young man, and he may report you to the police for aggressive behavior.)

2) You are in a room of mixed company, and have been smoking a green substance. Someone you don't know (or thought you knew better) starts talking about channeling spirits and a desire to bond through a sweat lodge experience, then turns to you and asks you to confer upon them "a tribal name, man," you:

- A. Destroy them with your tomahawk. If they're across the room then you use your bow and arrows.
- B. Light sage and commence chanting.
- C. Bestow upon them the name "Dumbfuck of the Forest."
- D. Light their dreadlocks on fire. Just a little.

3) You open the bathroom door and encounter the rancid smell of unflushed urine. This is the twenty-third time this quarter (you know, because you've kept track, because you're just that anally organized of an Asian). You:

- A. Make a large, Kinko's printed poster going through the proper hygienic steps of bathroom behavior.
- B. Patiently explain to your roommates that you simply don't care that there are

water shortages in Third World countries. If they don't shape up, some asses are going to be getting kung-fu'd up in here.

C. Construct a chart detailing the bacteria buildup that occurs after repeated lacks of flushing after urination. Since they don't clean the bathroom, they should at least maintain it as well as they can.

D. Drink coffee and Mountain Dew all morning (a Friday or Saturday, preferably). Pee in the toilet around midday. RESIST URGE TO FLUSH. That night, one (or more, hopefully) of your roommates comes home drunk beyond the 'healthy' point. Wait for them to visit the Porcelain King, and enjoy the sounds of them retching uncontrollably.

4) You are on the second floor of the CAB, waiting for a friend to get out of the restroom. As you lean nonchalantly against a wall, a campus member walks by and spills their drink in front of you. After releasing a couple expletives, they look at you apologetically. They ask if they can be of any help, to which you respond with a crinkling of eyebrows and confusion. They squint and lean in a little, speaking in a louder tone of voice. Finally they give you a nervous smile and nod, and walk away. You are left with the remnants of orange soda and ice at your feet. You:

- A. Continue waiting for your friend, then tell them about the weird thing that just happened, and leave the premises.
- B. Waste the mofu. They got it on your shoes!
- C. Lap up the soda. You just lost your job. You can't afford to pass up nutrients like this!
- D. Wave at the other Mexican in the CAB to come clean up the mess (they're actually Filipino, but whatever).

5) Your teachers let the class take a ten-minute break, and you try to make it to the bathroom before the other 20 students. Unfortunately, you are stuck in line. As you are casually

staring at a dot on the wall, you can't help overhearing a fascinating conversation about a trip a girl in your class will be taking. "I'm going to have such an awesome summer! Guess what I'm doing ... I'm going to Africa!" The other girls make excited noises. You:

- A. Wait patiently. There must be more.
- B. Can't hide your look of shock. Why would anyone want to go there, unless with the Red Cross or something?
- C. Still wait for more information. She can't possibly mean she is going to Africa, can she? As in, all of it? Not a specific place, like one of its fifty-two countries?
- D. Ask her to give a big "Hi" from Evergreen to all the Africans.

6) You're on a class field trip and folks are loosening up like they're supposed to. The class clown/trickster/funny kid frolics into the room, and people turn their heads to see what's next. "Look, everybody! Don't I look so Asian?" The student has their eyelids scotch-taped in what looks like a painful way. "Hi, I'm Oriental! Wait, is this Japanese or Chinese eyes I'm doing?" As people all around break into laughter for a good 20 seconds, you:

- A. Smile, the ever-patient wallflower.
- B. Were laughing right along with them. I mean, the kid practically passes for being multiracial now. Isn't that cool?
- C. Glower in silence.
- D. Do your favorite impression of a white person: "Try being objective, it's easy ... just strip away any self-awareness of national identity, ethnic background, racial identity, class history, sex and gender personas, age, mental and physical diversity—now you've got a perspective worth paying attention to."

Tenzin Tingkhya is a senior enrolled in Tradition and Transformation and is a member of the newly formed group Queer People of Color (QPOC).

Fed up

Unpalatable Aramark meals

By Amber Carver

I don't know how widespread the sentiment is, but it seems to me that the Greenery has gone downhill. When I came to Evergreen two years ago, I was not put off by the quality of Aramark's food. It did not strike me as great, but it was palatable. Last year, I moved off campus and ceased eating from Aramark almost entirely.



When I enrolled in "Introduction to Natural Science" this year, I decided to renew my block meals in order to spend less time cooking.

I bought the smallest plan possible, expecting to add more to it later. Tonight I used my last block meal, and I honestly don't have any desire to renew my meal plan.

In my opinion, the food at the Greenery has become ghoulishly bad. Their dishes are depressingly bland, because the only spice that gets thrown in once in a while is curry powder. There is no theme to the entrees; they are a perpetual buffet of leftovers. Aramark serves chicken burritos—with none of the accoutrements that burritos call for—next to boiled carrots.

There are three separate stations: vegetarian, omnivore and other, and they almost invariably carry the same side

dishes. Tonight it was curried peas, carrots and mushrooms. The entrees were a choice of rubbery meat, which was literally impossible to cut with a butter knife, or hot-pockets. Nearly all of my friends have contracted food sickness at least once from something they ate at the Greenery.

I am not naturally inclined to complain, and my purpose for writing this article is not to advocate disposing of Aramark. My only goal is to let other students know that the food on campus has not always been this bad, and it needn't be so horrible now.

I imagine that Aramark is trying to cut operational costs by purchasing cheaper ingredients and making fewer dishes at each mealtime.

Yet these measures are only serving to drive away potential customers such as myself; if I can avoid eating there for the rest of the school year, I will gladly do so. On the other hand, if Aramark were willing to up its food planning and preparation standards a modest amount, I would be more willing to eat there.

Few of us really have the time or money to cook our own food, and Aramark knows this. It knows that many of us will continue to eat there, no matter how bad the food gets, and it knows that we won't complain, because we don't have the time to pursue change.

A lot has been done in this department by a core group of extremely motivated individuals, and we will have a student-run café some time in the future, if all goes as planned. In the meantime, we don't have to put up with so much dietary abuse. Demand some common decency from Aramark, and if you feel as I do, don't keep on taking it as if you had no choice.

Amber Carver is a sophomore enrolled in Introduction to Natural Science.

Smells like Evergreen

By Emily Uhlig

This is a notice to anyone who doesn't use soap, thinks showers are a special occasion, and doesn't wash their clothes because they think they have a better use of seventy-five cents. You know who you are and everyone else knows it too.

Your body odor is distracting your fellow students. I walk in a classroom and it's like getting punched in the nose.

Every time I come back from a break it's like getting knocked out again. I can't concentrate on my schoolwork because the fumes coming from my classmates make me dizzy.

A lot of students here seem to think that avoiding all uses of the word soap is a way of asserting their anti-conformity. If you live and go to school here then you are conformed.

If you don't want to be like society, then go all the way and leave. Whether you like it or not, there are reasons why our society



functions the way it does. Showers, clothes washers and soap evolved out of human desire to live close and interact with each other.

A society does not function very well if people can't stand to be in the same room as each other. People who reject these customs are also rejecting connections to other people.

Keeping yourself clean shows other people that you have respect for them. You respect them enough to present yourself to them as well as you can. You care about their opinion and want them to see you at your best.

But personal hygiene is also about having respect for yourself, because if you don't respect anyone else, how can you respect yourself?

How can you expect anyone to respect you? If you care about yourself, you present yourself as well as you can. You want to see yourself at your best. You have potential and you don't throw it away. You're worth more than that.

Emily Uhlig is a junior enrolled in American Literature.

COOPER POINT JOURNAL

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Applications are available at CAB 316

News: cpj@evergreen.edu

Business: cpjbiz@evergreen.edu



Photo by Arland Hurd

Geoduck defender Rob Hippensteal in a game against Albertson College on October 10.

Women's soccer coach resigns

By Arland Hurd

Paolo Mottola, The Evergreen State College women's soccer coach, resigned after the October 7 win against Warner Pacific.

Two weeks after he took the position of head coach, Mottola's wife told him they were getting a divorce.

Mottola is also the coaching director of South Hill Revolution Soccer Club, where he will continue to coach.

Coaching at South Hill will allow him to be closer to home. In a telephone interview on Monday Mottola said, "I was concerned about my mental health. It was the best thing for me to resign."

Mottola was commuting from Fircrest to Evergreen—about a 60 mile round trip—to

make it to the 6 a.m. women's practice. In the Monday interview Mottola recalled that he "wasn't doing a good job in the state [he] was in."

He led the women's team to a 6-9 overall record and a 4-4 Cascadia Conference record (which should be enough to get the women into the NAIA playoffs later this month).

Mottola, who played professionally, will leave the women under the leadership of former assistant coach Luise Frank, who will be guided by the men's head coach John Purttnerman.

The women have one more game, which will be at Kirkland.

Arland Hurd is a senior enrolled in Mind and the World.

Evergreen box scores

Men's Soccer:

Evergreen Men soccer
ACI (8-5-1) vs. Evergreen State (4-8-1)
Date: 10/14/2006
Weather: 63 Cloudy
Attendance: 72

Goals by period	1	2	Total
ACI.....	2	1	3
Evergreen State.....	1	0	1

Women's Soccer:

Canceled due to referee no-show.

Evergreen Cross-Country

Women's 5k/Rank Team

1 Portland State University
Total Time: 1:35:22.45
Average: 19:04.49

2 Corban College
Total Time: 1:36:09.49
Average: 19:13.90

3 Oregon State
Total Time: 1:36:51.40
Average: 19:22.28

4 Portland B
Total Time: 1:39:18.53
Average: 19:51.71

Evergreen State College
Total Time 1:22:16.72*
Average: 20:34.18

* Total for four people

Men's 8k/Rank Team

1 Corban College
Total Time: 2:12:51.45
Average: 26:34.29

2 Portland State University
Total Time: 2:12:58.24
Average: 26:35.65

3 Evergreen State College
Total Time: 2:18:43.26
Average: 27:44.66

4 Warner Pacific College
Total Time: 2:26:47.39
Average: 29:21.48

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"LIVE"

Jerry Quickley is blessed with many things. Among them – a golden voice, mad storytelling skills, and the uncanny ability to sculpt language into ribbons of social relevance wrapped around pillars of lyrical beauty. I've seen many shows this past year but I cannot remember being moved so profoundly to

laughter and tears as I was by this too-short one-man performance.

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Thursday 19

1 to 5 p.m. **Mushroom ID Field Workshop**, hosted by CENSE. Sem II B1107.

3 p.m. Men's Soccer home game, Geoducks v. Concordia University.

5:30 to 7:30 p.m. "The Mask of Masculinity" **workshop** by Evan Hastings. CRC Building. To register call (360) 867-5221.

6 to 8:30 p.m. **Day of the Dead Workshop**, hosted by **Queer People of Color** and MEChA. Sem II A2105.

7 to 8:30 p.m. **Greener's Independent Media Group** student meeting. HCC.

7 to 9 p.m. **Olympia Movement for Justice and Peace** presents "Forum on Iran: Next Imperial Target?" First Christian Church, 701 Franklin St. SE. Free and open to the public. For more information call (360) 280-6198.

Friday 20

6 p.m. Vans to CENSE Olympic Peninsula **Earthskills Campout** leave library loop.

7 to 11 p.m. **South Sound Project for Military Resistance and Justice and Veterans for Peace #109** present "An Evening in Solidarity with Military Resisters and Those Who Seek Justice in the Military." Eagles Ballroom, 805 4th Ave. E. \$10 to \$30 sliding scale.

8 to 10 p.m. "Loves, Desire and the Envy of Eternity" **lecture**, hosted by the **Phrontestarians**. Recital Hall.

8:30 p.m. "On Men, Women, and the Rest of Us!" **Performance** by author Kate Bornstein LH 1.

Saturday 21

9 a.m. Vans to CENSE Olympic Peninsula **Earthskills Campout** leave library loop.

10 a.m. Men's and Women's **Cross Country meet**, Pete Steilberg Open.

8 p.m. **Clamor Music Fest**, to benefit Clamor Magazine and **Books to Prisoners**. Manium, 421 4th Ave. Featuring Tricrotic, Rigamortis, Juha, Swift. \$8-10 sliding scale. Mixed-genre punk/hip hop/folk with hot soup and bread to eat.

Monday 22

2 p.m. **The Evergreen Infoshoppe's** second planning meeting. Third floor of the CAB in the Pit.

Tuesday 23

7 p.m. "Road to Colossus: A Documentary by Erik Burke" **film** screening. LH 1.

Wednesday 24

11 a.m. to 4 p.m. **The Annual Graduate School Fair**. Library lobby 2nd Floor.

3:30 p.m. **Consensus Decision Making**, Working Together in Groups, with Grace Cox. CAB 108. Open to all students.

Geoduck Union public meeting
Wednesdays, 1 to 3 p.m., Sem II A1105

Weekly/Ongoing

Battling Castanets open mic series, poetry reading
Wednesdays, 8 p.m., the evening writing center, A Dorm, second floor

Students for a Democratic Society
Wednesdays, 2 p.m., Sem II E3105

Wings of Recovery **Narcotics Anon.**
Tuesdays, 8 p.m., Sem II 3107
Narcotics Anon. Helpline, (360) 754-4433

Next Week: Friday, Oct. 27, 6:15 p.m. **American Chemical Society** Puget Sound Section presents Dr. Carolyn Fisher, speaking on "Spices and Herbs: Chemistry and Health." Sem II B1105.

Friday, Oct. 27, 7 p.m. A Benefit for KAOS and Thurston Community Television featuring **Amy Goodman**, host of Democracy Now. North Thurston Performing Arts Center. \$10 in advance, \$15 at the door.

Sunday, Nov. 5, 3 p.m. **Seattle Opera** Young Artists, to perform "The Maid Becomes the Mrs." St. John's Episcopal Church, 114 20th Ave. SE. By donation.

KAOS 89.3 FM

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North Thurston High School Performing Arts Center

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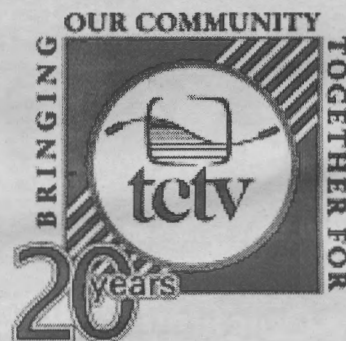
\$10 advance / \$15 at the door

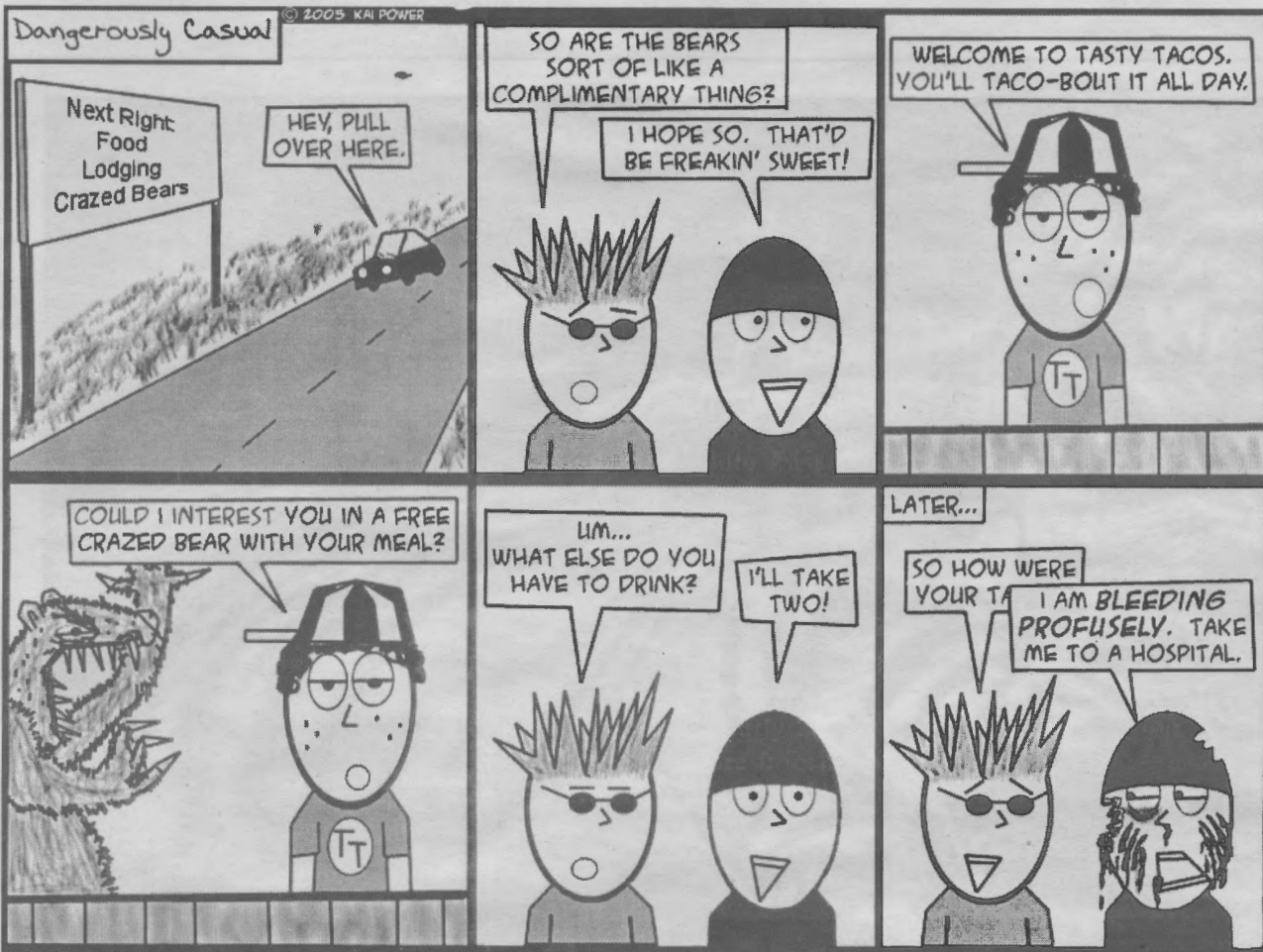
Tickets available at the following outlets:

In Olympia - TCTV Studios - 440 Yauger Way SW • KAOS Studios - TESC CAB 301 • Orca Books - 509 4th Ave. East • Rainy Day Records - 301 5th Ave. SE • Traditions Fair Trade - 300 5th Ave. SW • In Lacey - Boomerang Entertainment (formerly CD Connection) - 700 Sleater-Kinney Suite S.

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**Community media for
greater Thurston County!**





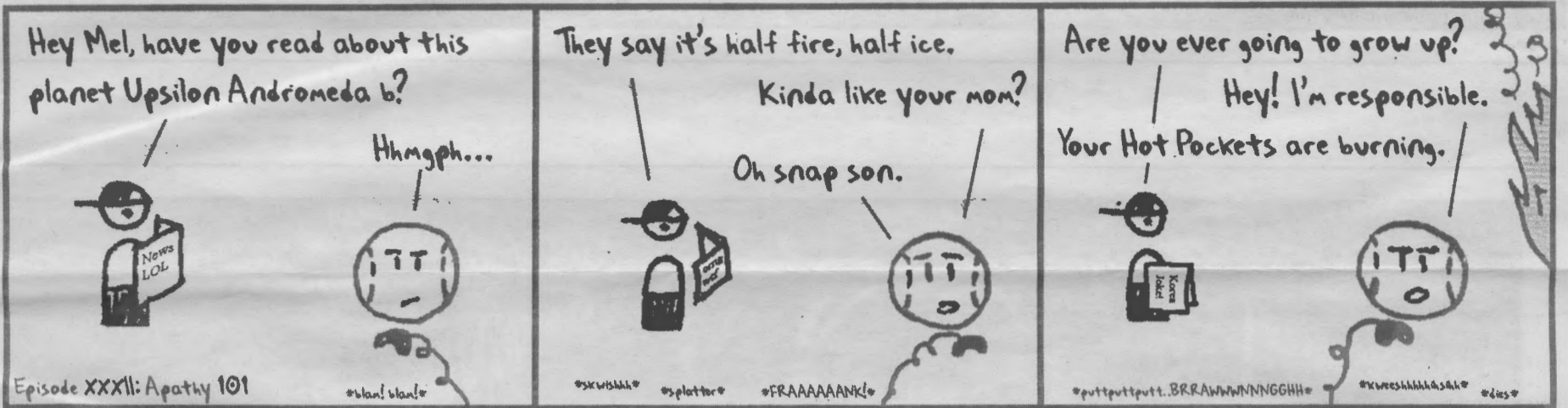
PARTY ANIMALS! Neo [Melvin Gines]



Ken the chicken-my first star cartoon.

WHITE OUT

PETER GUDMUNSON



RYAN KRUSE



SUBMIT YOUR COMICS!
YOU KNOW YOU WANNA DO IT...

To be continued...
Part two of 4



Zoo photos

by Joseph Becker

Joseph Becker is a graduating senior interning at Point Defiance Zoo & Aquarium.