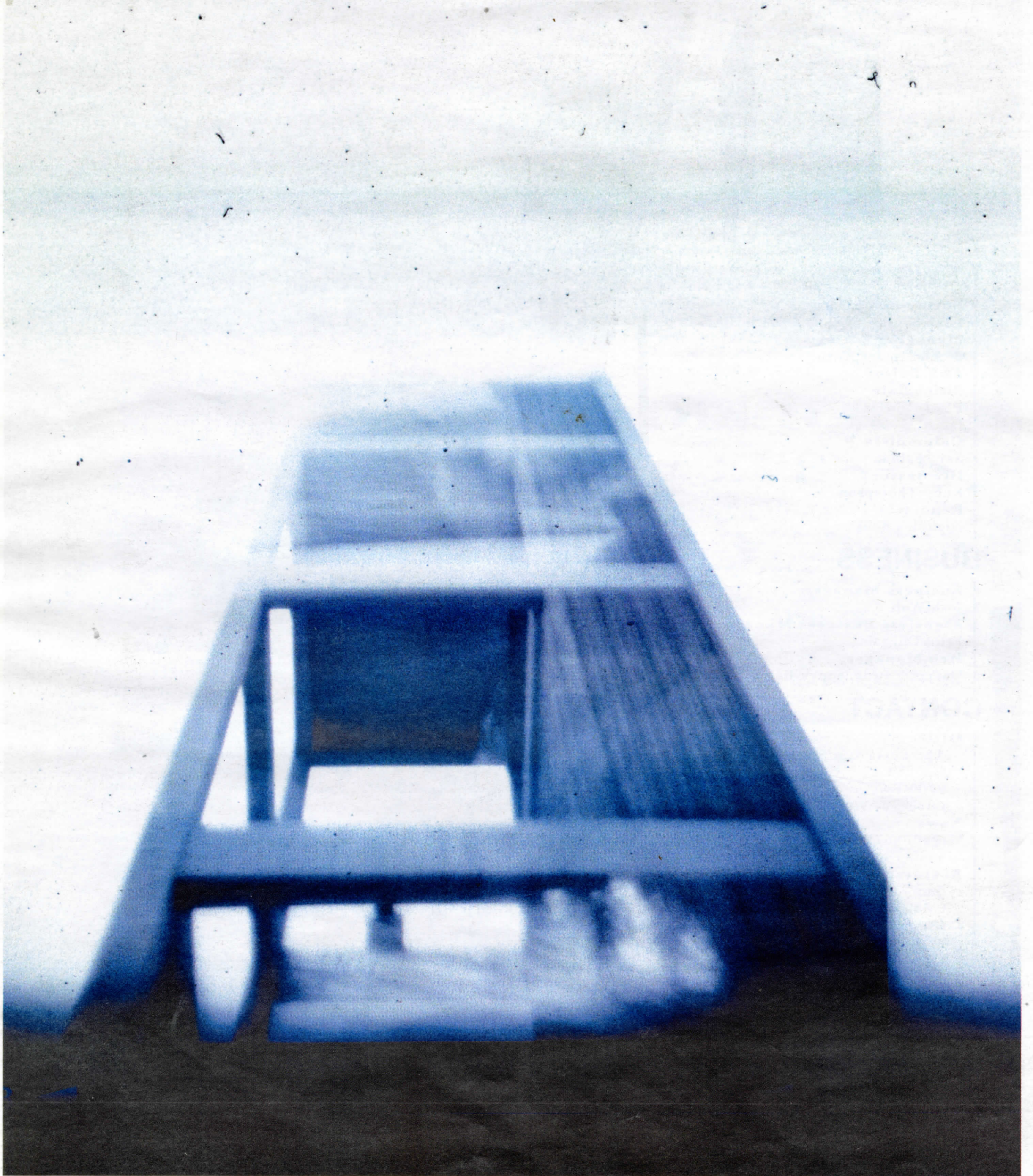


the COOPERPOINT

The Evergreen State College | Olympia, WA | Sept. 22 - Oct. 8 JOURNAL





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COVERART

by JAMIE NADEL

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DisOrientation Week

STUDENT-RUN WEEK OF EVENTS OFFERS ALTERNATIVES TO OFFICIAL ORIENTATION

By **FELIX CHROME**

DisOrientation Week is a series of student-organized events that happen alongside Evergreen's official Orientation Week every year. While Orientation Week is the administration's way of introducing new students to the Evergreen community, DisOrientation Week stands in opposition to common administration narratives and provides more radical perspectives on what is happening in Olympia.

This effort to provide students with information that Orientation Week would normally not include starts with covering people's basic needs. In the past, DisOrientation Week has focused on disseminating alternative ways for students to house, feed, and take care of themselves, with D'Angelo-Patricio calling campus food and housing options a "scam." This year's programming includes discussions about harm reduction, consent, reproductive rights and a workshop titled "How to Get Stuff With Little or No Money." If past years are any guide, this workshop will cover both community groups that offer services like free food or clothing and advocate schemes, like dumpster diving, your mother is less likely to approve of.

Resources are also compiled into The DisOrientation Manual, published in conjunction with

DisOrientation Week every year. Part guidebook, part anarchist manifesto, The Manual is a collection of anonymous writing from the Evergreen community.

"Evergreen is a business, so it is not going to be that critical of itself when trying to orient students."

- Enzo D'Angelo-Patricio

The content ranging from reviews of local businesses, to reports on political actions happening around Olympia, and examinations of oppressive power struc-

tures and how readers can work to dismantle them.

Despite varied topics, The DisOrientation Manual is united by its oppositional tone and anti-authoritarian philosophy, starting with the message printed on the first page of every issue. In what is almost the DisOrientation Week mission statement, they write, "Undoubtedly, as a new student, you have received countless mailings and glossy hangouts from The Evergreen State College admissions office and administration attempting to 'orient' you to the little world unto itself that is Olympia and the Evergreen experience. Well, to their attempts to appeal to your mom and dad we say 'Fuck your whitewashed, glossed-over view of this place we love and thrive in.' Thus, we desire to disorient you."

This sensibility carries itself throughout the whole week of

events, with introductory workshops on anarchism, prison abolition, and decolonization. But DisOrientation works to go beyond discussing the ideas in the academic setting that may be available in seminar or Evergreen programs and opens up spaces for people who are critical of authority to be able to share and discuss beliefs in a more casual, peer-based environment. DisOrientation Week also pushes students to do this beyond the confines of the Student Art Gallery, where events are being held this year. For example, encouraging new students to skip the "Cops and Donuts" event held during Orientation Week to instead gather in Red Square to protest police brutality and show solidarity with Ferguson, Mo. and posting information about an anti-capitalist march being held in Seattle during Orientation Week.

There are also less official DisOrientation Week social events

that go along with the on-campus activities held during the day, which provide new students with accessible entrance points for engaging with the radical scene in Olympia. Hosting parties and shows in the evening allows students to meet others with potentially similar viewpoints, and understand Evergreen culture outside of campus. This helps further DisOrientation Week's goal of providing information, networking, and inspiration. The connections that can be made at the "Anarcho-Mixer," or music show accompanying the DisOrientation Manual release, are just as important to DisOrientation goals of creating more radical communities and building solidarity as what students can learn in workshops.

If you are interested in checking out some of these events there is a full schedule below.

DIS-O WEEK EVENTS

IN THE STUDENT ART GALLERY

MONDAY 9/22

Anarcho-Mixer Noon-3pm
Palestine 101 4:30pm-5:30pm

TUESDAY 9/23

Woods Walk/Plant Talk (Red Square) 1pm
Anarchy or Whatever 4:30pm-5:30pm
Movie Night 6pm-9pm

WEDNESDAY 9/24

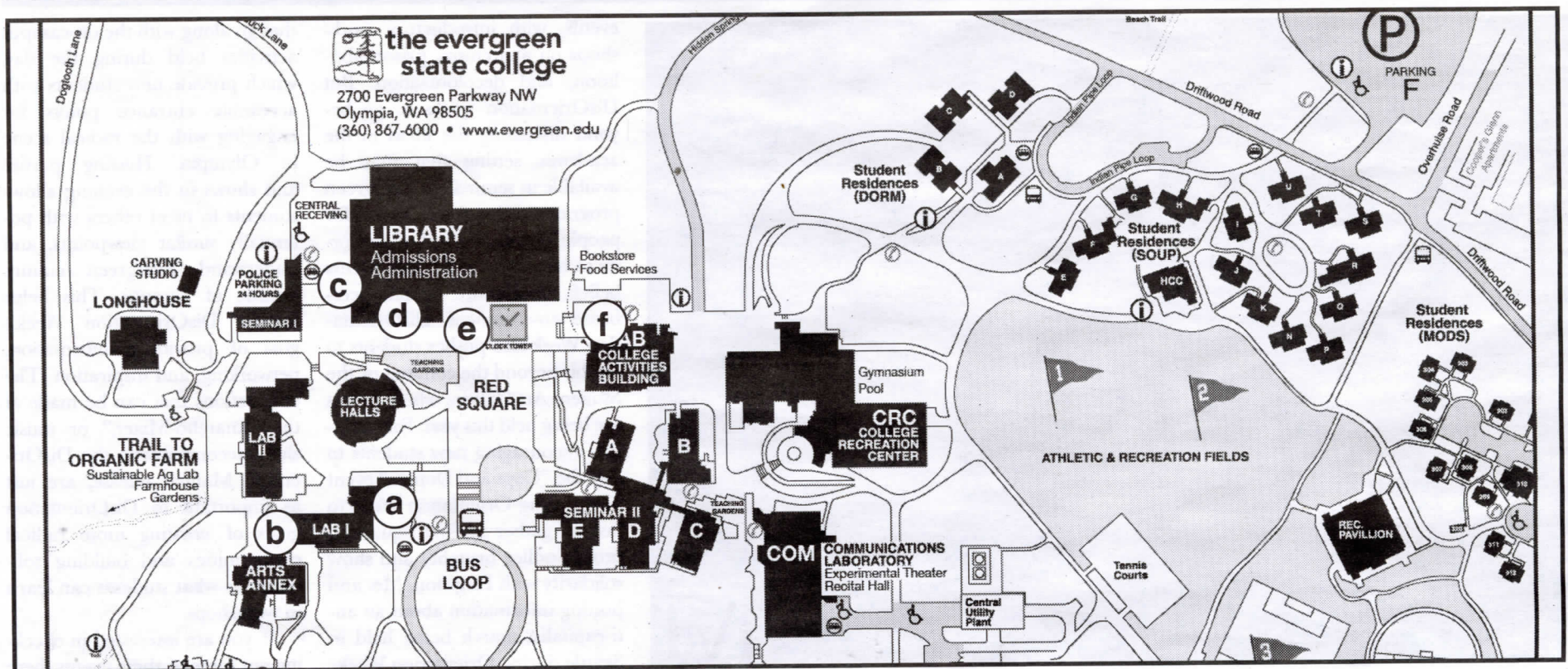
AntiFacism etc 1pm-2pm
Prison Abolition 2pm-3pm
Harm Reduction 3pm-4pm
Consent Workshop 4pm-6pm

THURSDAY 9/25

Plan B and Reproductive Rights 11am-Noon
Combating Fatphobia 1pm-2pm
The New Union 2pm-3pm
Decolonization at Evergreen 4:30pm-6pm
Student Art Gallery Show 7pm-10pm

FRIDAY 9/26

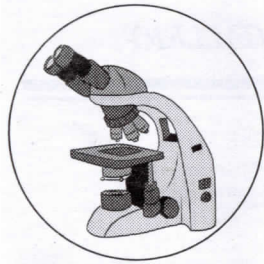
TWAC Report-back 11am-Noon
Anarcho-Mixer II Noon-1pm
Radical "Safety" 1pm-3pm
Report-back from La ZAD 3pm-4pm
How to get stuff for little to no money 4pm-5pm
Strikes and Boycotts 5pm-6pm



Orient Yourself!

A FEW ON-CAMPUS RESOURCES YOU NEED TO KNOW ABOUT

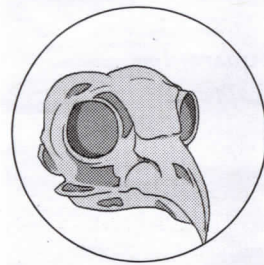
By CASSIE JOHNSON-VILLALOBOS



a. THE SCIENCE SUPPORT CENTER/ LAB STORES

LAB I, Room 2059

To rent field and lab science materials from goggles to plant presses, just visit the second floor of Lab I. You can also sign up for workshops throughout the year to learn how to operate various "instruments" on campus which range from chemical analysis machines to microphotography equipment.

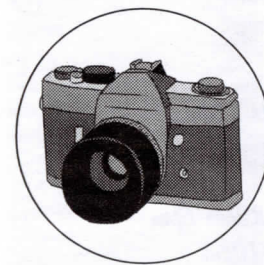


b. NATURAL HISTORY COLLECTION

LAB I, Room 1060

Open to the public on Monday and Wednesday afternoons (1-5pm), this unassuming laboratory houses a diverse collection of animal skins, shells, and skeletons along with bird eggs and insects. Additionally, its Herbarium holds thousands of plant and hundreds of fungi specimens. Natural History Fellows, who staff the space, are available to guide curious students through the lab's

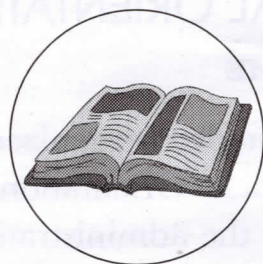
special resources, such as information on changes in animal and plant populations overtime and herbarium collections focused on specific regions in Washington state.



c. MEDIA LOAN

LIB 2504

These folks can hook you up with any media technology your project demands. Sound and visual recording equipment, cameras and photographic accessories, and projectors are just a few of the resources offered. Students can also sign up for access to the Library Building's various media labs and studios. Accessing many of Media Loan's resources requires students to attend an equipment training. This requirement can enrich your loan with education, all free of charge!

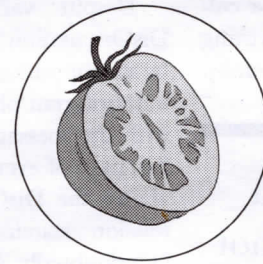


d. WRITING CENTER, QUASR, & LANGUAGE LAB

Library Proper, 2nd Floor

These staffed spaces on the entry level of the library provide guiding lights on a campus dedicated to self-managed and 'student-originated' learning. Evergreen's model also, by necessity, relies heavily on student collaboration. The Writing Center and QUASR, are both staffed with trained tutors. The two organizations share a space dedicated to helping students cultivate the writing skills that seminar papers, evaluations, and research synthesis demand, as well as the math and science skills required in all levels of quantitative coursework.

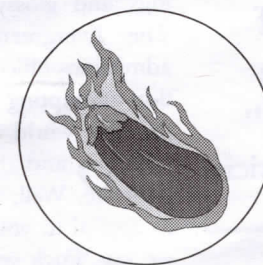
The Language Lab, a separate study space, provides tutors and conversation partners for those studying languages other than English. Computers in the lab are equipped with headphones and microphones so students can use both listening and speaking applications common in various language programs.



e. ORGANIC FARM STAND

Red Square outside Library Building

Produce from the Organic Farm takes a onto the main campus once a week. Tuesdays and Thursdays 3-6pm, organic farm students and staff showcase fruits, vegetables, and herbs. Their selection varies seasonally, but remains affordable, high quality, and hyper-local throughout the growing season. You can purchase the missing parts of your next few meals in between picking books up at the library and checking on your next quarter's loans.



f. FLAMING EGGPLANT

North side of CAB's 3rd Floor

With meals ranging from \$3 to \$12 and 90% locally-sourced organic ingredients, it's hard to beat the Eggplant's menu when it comes to on-campus dining. The student collective that runs the restaurant brings a flavor palette reminiscent of a downtown Olympia diner right where you need it most: in between classes, study sessions, and work or other on-campus activities. Favorite Olympia-area companies such as Magic Kombucha, Eight Arms

Bakery, and Olympia Coffee Roasters supply the Eggplant with products throughout the school year.

WE ALSO RECOMMEND CHECKING OUT:

- First Peoples Multicultural Advising Services
- The Longhouse Ethnobotanical Garden
- Student Art Gallery

STUDENT ACTIVITIES

60+ Student Organizations Student Government

KAOS Radio Free Popcorn Wednesday

The Evergreen Bike Shop Campus Children's Center

Cooper Point Journal Student Newspaper

STUDENT ACTIVITIES FAIR

meet the folks involved in our student organizations and programs
 WEDNESDAY | OCTOBER 1 | 1-3PM | RED SQUARE (LIBRARY LOBBY IF RAINING)

GET INVOLVED

START A
STUDENT
GROUP

HOW?

basic
step
by
step

- 1] have an idea for your student group.
- 2] see an advisor in the student activities office.
- 3] find 3 other people to help register the group.
- 4] go to a registration workshop. see below.
- 5] do your group thing. have meetings. be rad.

WHY?

student
activities
provides
support
for groups
in the
form of

a staff advisor | equipment
& supplies | meeting space
skill development
opportunities | funding
and more!

	Monday	Tuesday	Wednesday	Thursday	Friday
		9/23/14 11AM-1PM	9/24/14 4-6PM		9/26/14 10AM-12PM
WK1 OWK	9/29/14 10AM-12PM	9/30/14 6-8PM		10/2/14 3-5PM	10/3/14 12-2PM
WK2			10/8/14 11AM-1PM	10/9/14 4-6PM	
WK3	10/13/14 6-8PM	10/14/14 2-4PM			10/17/14 11AM-1PM
WK4				10/23/14 12-2PM	
WK5	10/27/14 4-6PM		10/29/14 6-8PM		10/31/14 12-2PM

fall
work
shops
sign up in
student
activities

STUDENT ACTIVITIES OFFICE @ EVERGREEN | CAB 313 | 360.867.6220 | EVERGREEN.EDU/ACTIVITIES



Left: Studying at Caffe Vita downtown. BLAINE EWIG Right: Students study in the library. SHAUNA BITTLE

Best Study Spots

By SERENA IMANI KORN

They call it “homework,” but for many students, studying and completing coursework can be challenging at home. I can’t seem to concentrate enough to finish work at home. There’s something too relaxed and too distracting about studying at home. It’s very important for every student to understand what environments and what

tools allow them to study best. Whether you’re a new student or entering your final quarter, you can always try to find your best situation. Studying some place other than home can be productive, especially if places have reinforcements that reflect some kind of food or coffee substance. Here, I outline places I suggest for great studying, away from your bed.

BURIAL GROUNDS

406 WASHINGTON ST (4TH & WASHINGTON)
M-F: 10 a.m. - midnight
Sun: 10 a.m. - 10 p.m.
Offering: Specialty espresso creations, tea, drip, bagels, pastries, daily specials.

are sure to give you the fuel you need. The Graverobber (hazelnut, 6 shots of ‘spro) is to be taken with extreme caution. The Ice Cold Corpse is less lethal, with only 4 shots of ‘spro and caramel. With less shots (only two), the Rigor Mortis will amp you with sugar (flavored with chocolate, caramel, peanut butter, and marshmallow).

BATDORF & BRONSON

516 S CAPITOL (CAPITOL & 5TH)
M-F: 6:30 a.m. - 6 p.m.
Sat & Sun: 7 a.m. - 6 p.m.
Offering: fair trade, organic, and direct trade roasts, teas, drip, French press, espresso, fresh pastries, and breakfast burritos.

free refill. Getting a French press is a cheap option that allows you to drink any of their available roasts, though if you intend to drink slowly, the second half of the pot gets cold and murky.

OLYMPIA COFFEE ROASTING CO

108 CHERRY ST (4TH & CHERRY)
M-Sat: 7 a.m. - 6 p.m.
Sun: 8 a.m. - 5 p.m.
Offering: full-service espresso options, fresh baked goods, brewed-to-order roasts (pour over), cold toddy, glimpses into the world of coffee roasting.

hog. OCR offers some of the best direct trade and small batch roasts and are one of few that provide the true art of a pour over. OCR is a bit pricier and there are no refills, but the quality might just be worth it. The layout also opens up the roasting area for viewing.

Though Burial Grounds opens a few hours later than other coffee shops, it has the unique advantage of being the only place open late. BG serves as a great place to study late. People simply refer to BG as the “goth coffee shop,” but don’t make assumptions or let that deter you. Yes, they draw to the darker side of art and creation, but are a bright and encouraging place. Their specialty espresso creation

B&B has been around since 1986 and is a prime place to set up for doing homework. It is welcoming of students. It’s main location is large and open, with plenty of space for either an individual to study or a group to work on a project. There are times the coffeehouse gets busy and a bit noisy, and other times it is quiet and almost desolate. I like to get a cup of drip coffee for just under \$2, which comes with a

While all three Olympia Coffee locations are great places to go for coffee, the original downtown roasting location makes for the better place to study. It is small and cozy, simple and inviting. It is best for individualized studying, and you may want to avoid long-term study sessions, as it gets fairly busy and you don’t want to be a table

CAFE LOVE

205 4TH AVE (4TH & WASHINGTON)
M-Sat: 8 a.m. - 8 p.m.
Sun: 10 a.m. - 6 p.m.
Offering: Espresso and drip, tea, small selection of breakfast fare, and sandwiches

lends itself to ample time for studying. The upstairs nook provides a comfortable place to hide away and work. Cafe Love is known for open mics, poetry nights, and comedy nights, so don’t be afraid when people start filing in.

CAFFE VITA

124 4TH AVE (4TH & WASHINGTON)
Daily: 7 a.m. - 9 p.m.
Offering: direct trade roasts, espresso, French press, fresh pastries, tea.

Seattle-based Caffe Vita has been supplying coffee to the hipster neighborhoods around Seattle and Portland for years. What Vita offers best is simplicity. They offer no-nonsense espresso and brew from direct trade roasts. The cafe is also simple and supplies sufficient room and comfort for studying. Vita is friendly to students and offers a student discount. They open early and are open fairly late, which accommodates students who like to study early and those who like to study later. The 1230 Room is located on the other side of the old, thin wall, so some evenings may be disturbed right before closing.

KING SOLOMON’S REEF

212 4TH AVE (4TH & FRANKLIN)
Daily: 8 a.m. - 3 a.m.
Offering: full diner fare (breakfast, lunch, and dinner), espresso, endless drip, cold brew, milkshakes, pie.

open as late, the Reef is still the best place to hunker down and study until the wee hours of the morning. The staff are notoriously wonderful. Your cup of coffee is never cold and never empty. Staff prefer students to study in the “card room,” the area to the right of the restaurant. The important thing to keep in mind, is that the Reef is a diner, a place where people usually come in and out quickly. If you’re going to stay and study, don’t be a jerk to your server. Be quiet, patient, and kind, order some coffee and a slice of pie, let your server know you’ll be there for a while, and don’t forget to tip.

THE SPAR CAFE

114 4TH AVE E (4TH BETWEEN CAPITOL WAY & WASHINGTON)
Sun-Th: 7 a.m. - midnight
Fri & Sat: 7 a.m. - 1 a.m.
Offerings: Full menu morning and night, coffee, espresso, cocktails, dessert, happy hour deals on food and drink, craft beer, games.

The Spar has been around for a long, long time. As a study space, it’s a bit of a best kept secret. The Spar is open early for breakfast and stays open late for dinner and cocktails. It is a large space with roomy tables for studying, including some hidden in back corners. For added privacy, some of the tables have curtains, so one can really hide away to study. The Spar is welcoming to all ages, encouraging students to study, but after 10 p.m., it becomes strictly 21 and older. The menu can be a bit pricey, but happy hour deals are great. Again, because it’s a restaurant, be kind, be patient, and tip well.

Bars

Olympia unfortunately lacks many options for late-night studying. If you don't want to stay on campus locked away in the library until 1 a.m., Olympia's bars have much to offer, if you're older than 21. It seems weird and counter-intuitive, but bars can be a surprisingly productive study space, as long as you (A) aren't distracted by drunk noise or (B) have headphones. Many bars open in the early afternoon. This is a great time to head into a bar, find a table, and zone out on work. Night time in a bar can go a few ways. Some nights, say on a Monday night, a bar might be fairly empty and calm. On other nights, like Friday, it could get really busy and crazy. If looking to the bar option, it's best to learn the ways of a particular bar and find the best times for you to work. You don't have to drink alcohol while working, and some would recommend you don't (others highly recommend you do). Many bars offer food and even coffee.

BROTHERHOOD LOUNGE

119 CAPITOL WAY (STATE & CAPITOL)

Daily 4 p.m. - 2 a.m.

Offerings: Full bar, vending machine, outside food allowed, free movies Sunday nights

but due to its ample space and outlets, the BroHo can really be a great place to study. The bar is friendly to students who want to study in their establishment and many a thesis have been written below their giant guitar. Some nights at the BroHo are known to get a bit crazy, but their website is always up-to-date with information about guest DJs and scheduled free movies.

The BroHo has less to offer in the way of sustenance, but is still one of my favorite places to study. This bar is quirky and fun and can be distracting (pool, shuffleboard, pinball, a photo-

4TH AVE TAVERN

210 4TH AVE (4TH BETWEEN WASHINGTON & FRANKLIN)

Daily 11:30 a.m. - 2 a.m.

Offerings: full-service bar, kitchen menu until 10 p.m. Sunday through Thursday and until midnight Friday and Saturday, typical pub fare (fried goodies), pool (for breaks).

extended study session as an individual or a group. It's dimly lit like any bar, but there is wifi and plenty of room for any kind of work. There is a back area that provides extra privacy. You don't have to drink alcohol, but don't eat the nuts.

The 4th Ave Tavern attracts folks of all kinds, from students to old washed out bikers and hippies. It serves as a surprisingly good place to study. With great food coming out of the kitchen most of the day, you can sustain any

On Campus

or for chunks of time between classes and other things you have to do. If a student is struggling to find a good study spot on campus, sometimes just popping into an empty classroom or lecture hall can be beneficial. Big empty classrooms are usually quiet and encourage a study mindset. However, you must be ready to leave if a class or event starts to file in (you can pack up slowly).

LIBRARY

The library has almost infinite nooks and crannies for you to find. Below the main floor (where you enter), there are rooms students can check out at the front desk and a few you can snag if they're open. This level is usually extra quiet, as any area near archives should be. On the main floor of the library, there are many computer consoles and tables for studying pleasures, as well as the language lab, writing center, and QUASR. On the floor above, there are more study rooms for students to check out. Study rooms are a great way to be cut off from distractions and they have white boards (make sure to check out a marker pack, too). There are many tables near the stained glass windows. Along the walls and around the stacks there are individual study coves, some with computers, some without. There are more tables past the bathroom. The Library is great for individual and group work, though it is a quiet space, so group work might be best in a study room.

STUDY ROOM in the CAB


vidually or with a group. At times it gets a bit crazy, especially when the rest of the CAB gets crazy (like at lunchtime).

It may be a little obvious, but the study space across from the bookstore is a great place to study indi-

SEM II

Throughout the buildings in SEM II, there are seating areas that offer quite a decent place to study either as an individual or with a group. Many are set up across from chalk boards, which makes group work easier. Many classes spill out into these areas workshops and seminars, so be respectful and move if need be.

DOWNTOWN OLYMPIA 108 FRANKLIN ST



PIZZA BY THE SLICE OR WHOLE PIZZA PIES PH 360.786.9640

Where Olympia meets!



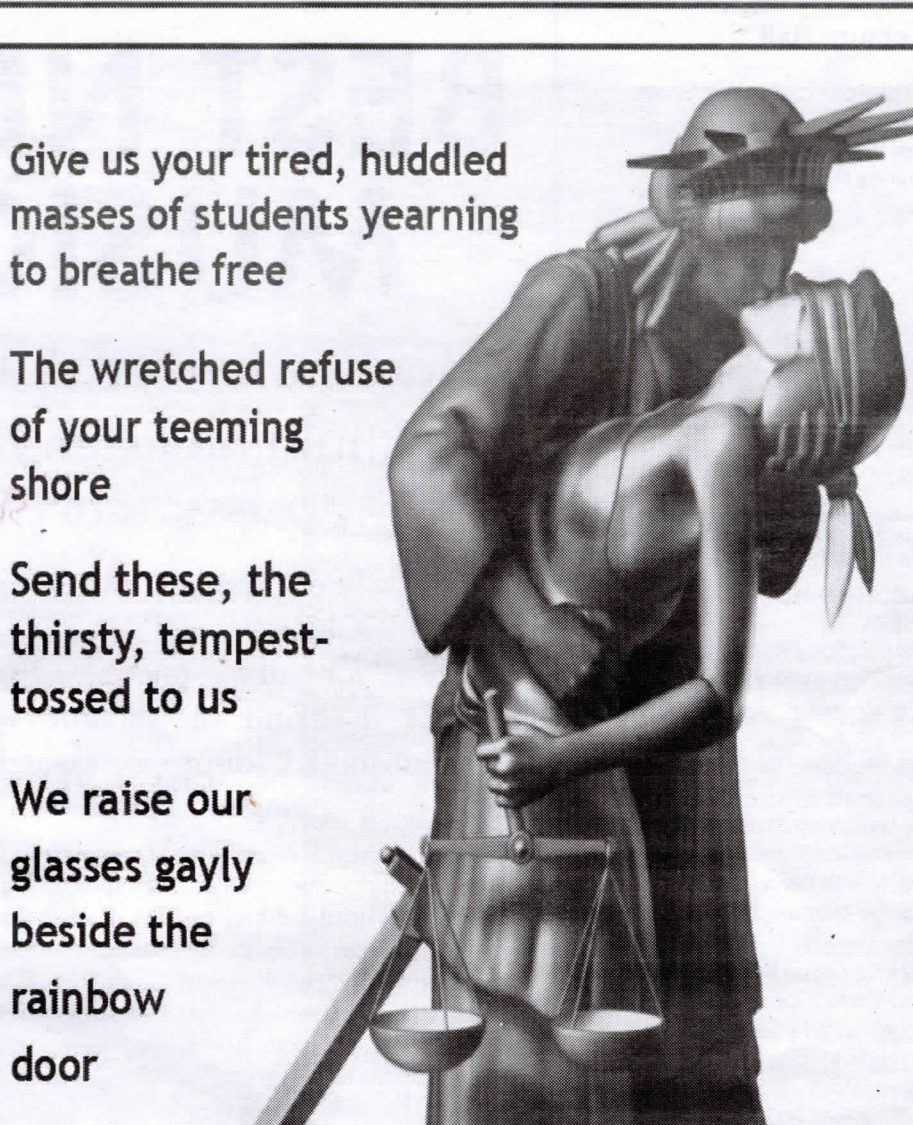
FREE WiFi
The loft now available for special occasions, meetings, doing homework, or just to hang out.

Open Mic Comedy
Tuesday from 8 to 10pm

Open Mic Poetry
Thursday from 7 to 10pm

Open Mon-Sat 8am-8pm, Sun 10am-6pm

205 4th Ave E in Downtown
(across from Harlequin Theater)
360.943.1434



Give us your tired, huddled masses of students yearning to breathe free

The wretched refuse of your teeming shore

Send these, the thirsty, tempest-tossed to us

We raise our glasses gayly beside the rainbow door

Jake's on 4th
Daily DRINK SPECIALS & HAPPY HOUR from 12-8pm!

UP & COMING

MON. SEPT 22

Le Voyer
404 4th Ave E
Spencer Going Away Party

TUES. SEPT 23

The Guest House
1121 4th Ave W
Poetry Reading

WEDS. SEPT 24

Red Square
11am-2pm
Ferguson Solidarity
Demonstration

THURS. SEPT 25

Student Art Gallery
CAB 3rd Floor
No Body, Whelp, Swoon

FRI. SEPT 26

Lecture Hall 1
7:30-9:30pm.
Rocky Horror Picture Show

Le Voyer
404 4th Ave E
Dance Party

Red Square
7pm
ANTHROPOCENE, Darkness
Stole the Sky, Old Growth Poetry
Collective

Track House
8pm. \$3
The Pine Hearts, King Cardinal,
The Rusy Cleavers, Decide
Today, Evolve

SAT. SEPT 27

Lecture Hall 1
8-9pm.
Generation Friends Comedy Arts
Coalition Variety Show

Le Voyer
404 4th Ave E
RedRumsey, Ex-Gods, Reptoid
Metcalf Manor
2110 Amhurst St SE. 7pm.
Drumatic Album Release
Party with Cauze n Efekt, Akeem,
Jackie Mitchell, DJ Pasquan

Northern
414 1/2 Legion Way. 8pm. \$5
Hot Cops, Coma Figura, Captain
Algebra, The Loud Potions

Track House
3pm-1am
FringeFest 2014

SUN. SEPT 28

Le Voyer
404 4th Ave E
Mick Shafer, Colin Hogan, Tree
Top tribe



Sharkpact performs during Flopfest at the Palace Flophouse in August. BLAINE EWIG

BEST NEW MUSIC

Here's what we think you should be listening to

By ISSAC SCOTT

*SPC = Subject
Plurality
Conflict*

While everyone fawns over Portland, Chicago and Austin as hot spots for new music, Olympia quietly ferments the kind of sublime weirdness that has contributed disproportionately to overall "alternative culture," whatever that means.

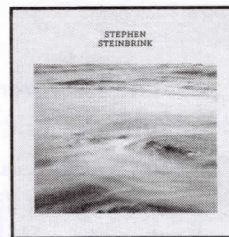
Obviously, themes established by riot grrrl and grunge—Olympia's most heralded cultural exports—remain pervasive in the music world. And what would indie rock be today without Sub Pop and K Records, both formulated by students at Evergreen?

Though the tide of notoriety has largely receded since the '90s, Olympia's music has continued to push forward into new territory while retaining its central D.I.Y. ethos. As a meeting place for artists from across the country, Olympia's music draws from

a wealth of influences and geographic histories.

Rather than a definitive selection, we hope this list serves as a jumping-off point for your own exploration. The albums here by no means represent a complete catalogue of the "best" music that came out in the past year. But it intends to capture the feeling of this moment. These are the albums we have enjoyed the most, and to us represent a snapshot of the most exciting music Olympia has to offer right now.

STEPHEN STEINBRINK
ARRANGED WAVES
(Melodic)



Inspired by years travel across North America and Europe, Olympia-based singer-songwriter Stephen Steinbrink crafts wistful, introspective pop rock songs on his latest album *Arranged Waves*. Here, the Arizona native's sublimely meditative tunes are brought to life by a cast of Olympia musicians including Tom Filardo, Jen Grady of You Are Plural, and LAKE members Ashley Erikson, Eli Moore, and Andrew Dorsett.

Steinbrink and company deliver delicate arrangements and songwriting that resonates deeply and lingers in the mind. Each tune conveys a melancholic sense of departure and reflection, evoking the solitude of a train ride across some European countryside. On "It Takes a Lot to Change a Mind," Stenbrink offers his simple realizations: "You can't touch what isn't real/You can't describe the sublime/You can't force what isn't there."

Such poignant writing shows Steinbrink as a potent cultural observer, inspired as much by his 13 years of extensive travel as by the desolate suburban landscape of his youth.

"I grew up in Phoenix; it's bleakness through and through. A decentralized suburb of nothing," he said. "There are so many ghosts of the recession—the bowling alley I went to as a kid has been abandoned. Friends' houses have been bulldozed. I can't count how many times I've seen a burning down house while stuck in traffic. All these empty buildings from my childhood are unsettling and symbolic of something, but I don't know what. I need to write more songs to figure that out."

Throughout, clear song structures and clean, uncluttered arrangements display a distinguished sense of simplicity. Sonically the aesthetic has much in common with Fleetwood Mac's *Rumors*, with deliberate pace and undeniable melodies. Meanwhile echoes of Americana come through in Steinbrink's plainspoken delivery and meandering slide-guitar lines, such as on "Brand New Manic Brain Holder," and "Sand Mandalas." Elsewhere strolling loops of guitar and electronics combine for a psychedelic atmosphere, bringing in field recordings from locations as disparate as Graz, Austria and a Greyhound from Chicago to Ann Arbor.

— ISSAC SCOTT

NAOMI PUNK
TELEVISION MAN
(Captured Tracks)



Confidently jarring, meticulous and formulaic, Naomi Punk's composition is down to a science. Consistent songwriting is what defines their sophomore album, *Television Man*, as the guitars punch and drive syncopated alongside anti-drumbeat drumming. The vocals yell, as if stuck in the bottom of a well, and there is certainly a heavy darkness to the album that can become bleak, yet their anthemic vocal melodies and

repetitive riffs provide a pop-music glow to the negative overtones.

While the band uses many unorthodox and grating rhythmic phrases that could easily become disordered, Naomi Punk is comfortable and confident in their chaos. The rhythms may sound harsh and jarring, as the guitars claw their way through each track, but the uniform nature of the songs, in sound and structure, provide an encapsulated and complete album for the listener to digest (as Speedy Ortiz's Sadie Bupois pointed out on the musician's music blog, *The Talkhouse*). In a way, Naomi Punk tricks listeners into accepting untraditional rhythms that would otherwise be condemned as experimental or mathy. Instead, Naomi Punk re-appropriates, repurposes, and rebrands technical rhythms into punk music.

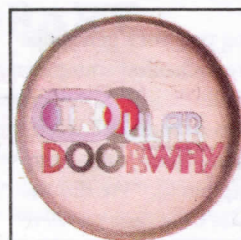
The fact that Naomi Punk hasn't ventured far from their original sound is a common critique among reviewers, but *Television Man* shows the band's progression through a unified sound, and recordings that sound crisp and refined.

All three parts—guitars, vocals, and drums—combine to create cohesive tracks, and hint at a collaborative writing process.

Currently on a 40-show tour across North America, and gearing up for a European tour, Naomi Punk is one of Olympia's few active bands that is nationally and internationally known. *Television Man*, released on the Brooklyn-based record label Captured Tracks, has sparked dozens of reviews and interviews. Clearly aware of their growing popularity, the band posted a statement on their minimalistic website that reads: "THIS IS A WEBSITE FOR THE PROMULGATION OF NAOMI PUNK AS ANOTHER DEFORMED ART OBJECT IN A CRASS MARKETPLACE OF FILTH AND ROT." Suffice it to say, the band is aware of their image. As a burgeoning band in the Internet-era, Naomi Punk couples their music with an array of responses to maintain their DIY roots, as well as their image. The band makes hand-made collages for their shows, and maintains a strong DIY aesthetic through their website naomipunkmusicgroup.com

Travelling the country and spreading fast through the Internet, Naomi Punk have become ambassadors of Olympia's music scene. Be sure to keep an eye on them. — JOSH WOLF

LAKE
CIRCULAR DOORWAY
(K Recs)



LAKE assembles a cabal of talented players for laid back, vintage-sounding grooves in what is arguably most quintessentially Olympia band imaginable. Nearing a decade since their first release, *Circular Doorway* shows that the quartet has settled comfortably into their offbeat pop rock sound. Today their pastel twee style essentially defines the contemporary K Records aesthetic: unrelentingly mellow and cultishly familial. Here, the tunes contain the

refreshing pleasantness of an easy breeze, but with a gentle undercurrent of bittersweetness that allows for emotional depth.

Circular Doorway benefits from the combined experiences of LAKE's members, all of whom are tremendously active in other projects. Singer and keyboardist Ashley Erikson has a successful solo career, and her song "No Wonder I," which forms a focal point of this album, garnered notoriety when it was featured in an episode of *Adventure Time*. Drummer Andrew Dorrsett also plays in the great math rock band *Fall of Electricity* with Ross Cowman (June Madrona/Bicycle Records). Markly Morrison is phenomenal in his spectacularly bizarre karaoke project *Skrill Meadow*.

— ISSAC SCOTT

SLOUCH
SICK MAN DEMO
(Self-released)



Slouch is classic hardcore punk; loud, fast, and sometimes startling. They take their breakdowns seriously, and their live performance is just as explosive as their recorded one. However, diverting from classic hardcore motifs and as a self-identified "queer hardcore punk band," Slouch's lyrics deal with a range of topics that do not adhere to hardcore's typical, often times oppressively masculine themes.

The *Sick Man Demo* begins with a slow, ominous bass line. As distorted feedback nudges its way in, the song is caught up into a slow whirlwind of low, angst-ridden screams. Throughout the song, the drums get faster and faster until the track's abrupt end. The rest of the album follows suit, mixing tempo changes and deep, visceral yells.

Slouch's composition isn't the most inventive, but it sounds intentional. The band sticks to punk themes, and executes them with precision. Their lyrics are aggressive and attacking, asking questions like "You really think you're doing something?" and imploring "Well, what the fuck do you do?" while instruments provide a punching delivery.

Slouch presents a sound that is dreary, angry, and incredibly loud -- all qualities demonstrative of Olympia's punk scene. It's the kind of music that your parents probably hate for all the same reasons you love. With songs titles like "ACAB" (an acronym for the classic slogan "All Cops Are Bastards") and "Trust No One" they establish a disregard for authority and a classic punk attitude. — BLAINE EWIG

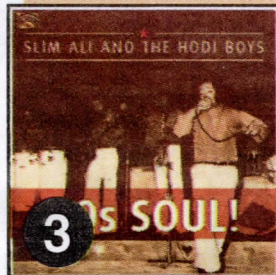
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KAOS 89.3 FM TOP 20
Albums for the week of Sept. 26th



- 1 **Full Moon Radio** - Best Mother
- 2 **My Brightest Diamond** - This is My Hand
- 3 **Slim Ali and the Hodi Boys** - 70's Soul
- 4 **Cecilia Noel** - Havana Rocks
- 5 **Chris Staples** - American Soft
- 6 **Katie Kate** - Nation
- 7 **Dilated Peoples** - Directors of Photography
- 8 **Mndsgn** - Yawn Zen
- 9 **Kris Orlowski** - Believer
- 10 **The Juan Maclean** - In a Dream
- 11 **Sergio Mendes** - Magic
- 12 **Rachael Sage** - Blue Roses
- 13 **Moreno Veloso** - Coisa Boa
- 14 **Justin Jay Hamilton** - Chapters
- 15 **Castanets** - Decimation Blues
- 16 **Hurricane Ruth** - Born on the River
- 17 **Mouth of the South** - Struggle Well
- 18 **Nikki W.** - Sad Generation
- 19 **Ruthie Foster** - Promise of a Brand New Day
- 20 **Silva** - Ocean View

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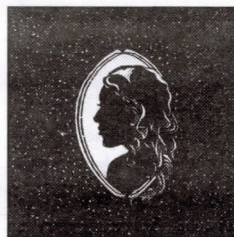
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GLOBELAMP
STAR DUST
(Gazelle)



Globelamp is the solo project of Elizabeth Le Fey, and this psychedelic witch-folk princess means business. The California transplant has already proven that her musical aptitude is more than worthy of our attention. With previous projects including Olympia's Meowtain and Los Angeles-based group Foxygen, Le Fey is an example of a musician whose stellar work ethic has clearly paid off. It's nearly impossible to go to an Olympia show without hearing her

music because she seems to be playing everywhere, all the time.

Globelamp's songs are stories in themselves and *Star Dust*, her most recent full-length release, is the dreamy, unpredictable Neverland-meets-Wonderland universe in which they take place. Her lo-fi stylings create a blissful yet disorienting atmosphere complete with tambourines, emphasized snare drums, and ambient background noise. Le Fey's voice is assertive and sure of itself. She tells her stories like a lyrical orator, not convincing, but rather commanding listeners to take even her most outlandish assertions as fact.

Star Dust was made with contributions by some of Olympia's finest, among them many 'greeniers. However, it is clear that Le Fey is the star of the show, and *Star Dust* is her sunny, but still haunting stage. Globelamp's music can be accessed and purchased on Bandcamp. — BLAINE EWIG

YOU ARE PLURAL
RABBIT RABBIT
(Side With Us)



Though Olympia trio You Are Plural have established themselves on the West Coast over the past several years, their new album *Rabbit Rabbit* is a first in many ways. It's their first full-length album after two shorter EPs, both released in 2011. For the first time, on this album, drummer Chad Austinsen joins the founding duo of cellist Jen Grady and keyboardist Ephriam Nagler. It is also their first album to be released on vinyl.

Rabbit Rabbit sounds more fully realized than what they've released before—their style is more refined.

They describe their music as pop-rock but their choice of instruments, sophisticated rhythms and existential lyrical themes suggest something more unique and exciting. Not many bands center on cello and Wurlitzer keyboard, and the technical abilities they display are remarkable.

Like many in the Olympia music scene, the band challenges expectations and embraces unconventional techniques.

"We like not being a guitar-focused band," Nagler told me. "It is confusing for some sound engineers...they don't really know what we're supposed to sound like."

The tracks on this latest release range from inviting pop-rock gems, like the opening track "The Best is Yet to Come," to more orchestral-sounding pieces such as "We Are Cold Inside."

Their recording process also reflected the local "Do It Yourself" spirit.

"We rented the Quaker Meeting House out by Priest Point, and set up there and played everything live together," Grady explained. "We did the Wurlitzer and cello at various houses around Olympia. One time we were house sitting and we set up and did vocals there in the living room."

In 2010, the duo moved from the Bay Area up to Olympia, Grady's hometown, where they released two EP's with their label Side With Us Records.

Grady and Nagler continue to collaborate with other musical projects around Olympia. Nagler is an engineer at Dub Narcotic Studio and plays a part in a large number of local releases. Recently, Grady's cello and voice is featured on records by Generifus, Stephen Steinbrink, and LAKE.

"When we play in Olympia, we are trying to make it a more special kind of event," said Grady. "There's this guy, Eric, at Olyphant who does handmade 16 millimeter film loops, so he's going to do some projections. In Olympia there's so many amazing musicians, artists, dancers, aerialists, etcetera, so the possibilities are endless." — ISSAC SCOTT

VEXX
VEXX
(M'Lady Records)



Vexx's self-titled EP answers the question "Is punk dead?" with a loud and adamant "NO." Their argument for that assertion sounds pretty convincing, too; the EP is cohesive, powerful, and more calculated than one might expect from a debut. Vexx is well-versed in the language punk—a knowledge conveyed in their shredding guitar and quick-paced drums, which stay tied down by steady bass riffs. Maryjane Dunphe

exudes confidence, and her masterful vocals punch through walls with commanding phrasing and volume, which build and fall in conjunction with each other. Her style is reminiscent of Lydia Lunch and other no wave predecessors.

What's interesting about Vexx is their contrast to Olympia's other punk bands. While many local groups take on punk's later West Coast hardcore sounds, Vexx errs toward a style which is slightly more demonstrative of punk's earlier East Coast incarnates. Though that's not to say that Vexx doesn't fit into the Olympia scene—much to the contrary—Vexx's unique take on one of Oly's most popular genres has been met with open arms and a positive following. — BLAINE EWIG

OH, ROSE
1919
(Guest Records)



Lead by frontwoman Olivia Rose, Oh, Rose is one of Olympia's most promising bands. After practicing for less than three months in late Spring 2014, the group embarked on their first tour: a 10 thousand-mile journey across 28 states and 28 shows. Oh, Rose is blazing trails and growing fast.

Their first release, *A Date at The Guest House*, was "recorded in one night, one take," according to the band's Bandcamp website.

The four-song release features Rose singing solo and playing acoustic guitar, and establishes an honest DIY attitude with a confident lo-fi sound. Rose's voice is always what defines the band's songs, and on *A Date at The Guest House*, the songs are comforting yet chilling, hopeful yet bleak.

On the first track, "Death In A Big City," Rose fearfully sings of an inescapable urban existence, devoid of purpose or passion: "I'll get a new job at a convenience store/develop my talents, and do something more/like stocking the shelves, or sweeping the floors." Rose's lyrics, while sometimes bitter, are always raw and relatable. Rose goes on to sing: "Let's talk about pressure, that's why I came here/the comfort it gave me, is no longer there/and I'm so disengaged, with the shit that I hear/it takes eight pounds of pressure, to rip off my ear/And I don't want to die in a big city." Rose's lyrics provide a powerful, cathartic release for the listener and establish herself as an honest songwriter.

Oh, Rose's EP, *That Do Now See*, was the first release with a full band. Electric guitar, drums, and bass give the songs a much fuller sound and place the folk-like singer-songwriter components in a pop music context. But because *That Do Now See* was recording on 4-track cassette, the songs maintain their lo-fi shimmer and piercing lyrics.

That Do Now See was featured on many music blogs, nationally and internationally, and has been one of the most popular Olympia releases of the year.

The band's latest release, recorded at Dub Narcotic Studio onto reel-to-reel tape, *1919*, is by far their most poppy. The first track, titled, "Lottery," features a high-energy garage rock melody with a surf drumbeat, all while Rose imagines winning the lottery. "If I won the lottery," Rose repeats during the song, "I'd buy back the things that I sold/ to the devil./ Cus I'm a poor, poor sport/ playing games with love." Yet even with such an absurd comical concept (winning the lottery), Rose manages to combine bitter with sweet, softness with sting. Ultimately, Oh, Rose is a genuine project of passion.



Los Angeles garage rock band Santoros plays at Le Voyer on Tuesday, Sept. 30. santoros.tumblr.com.

MON. SEPT 29

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KAOS CD & Vinyl Sale
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Nacosta, The Celestials, Woolen Warrior

FRI. OCT 3

Fall Arts Walk
Downtown Olympia
Le Voyer
404 4th Ave E
Play with fire, The Whorewoods, Bad Habit, Flora's Ghost

SAT. OCT 4

Fall Arts Walk
Downtown Olympia
Le Voyer
404 4th Ave E. 7pm.
Capital Algebra, Big Bad, Robotsvsghosts, Esoteria

Track House
10pm
Arts Walk Halloween Dance Oly
Dance House Party

TUES. SEPT 30

Le Voyer
404 4th Ave E. \$3-5.
Santoros, Psychomagic, No Body, Gourmet

SUN. OCT 5

Le Voyer
404 4th Ave E. 7pm. ALL AGES. \$5
Negative Standards, Sharkpact, Exit Bag, US Disorder

WEDS. OCT 1

Capitol Theater
206 5th Ave SE. 8pm. \$25.00
Cat Power
Le Voyer
404 4th Ave E
Chicken and Egg

MON. OCT 6

Track House
8pm
Bloodmoon, Twisted Heros, Heathen Washington, Countless The Dead

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89.3 FM **Fall '14 KAOS Program Schedule** kaosradio.org

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6 a.m.	The KAOS Breakfast Special Monday through Friday, set your alarm clock to KAOS 89.3 FM. Rise and shine with our stellar morning hosts, including DJ Local (MON) Miriam Khan (TUES) and Ben Levine (THURS) Hear frequent weather reports and special features including: Isla Earth at 6:20 a.m., Workers Independent News Service at 6:45 a.m., The Loh Down on Science at 7:20 a.m. and Jim Hightower at 8:20 a.m.					Alabama Chrome Jack Decatur Vintage country vinyl	Emma's Globetrotting Beats Emma World-spanning beats and grooves	6 a.m.
7 a.m.								7 a.m.
8 a.m.							Wheel of Wonder Radio Ray Pagan, Celtic & Eco-friendly music & news	8 a.m.
9 a.m.	Pacifica's DEMOCRACY NOW! With Amy Goodman					Retroactive		9 a.m.
10 a.m.	Sweeney's Gumbo Ya-ya Tim Sweeney N'awlins y'all!	Sundrenched Anch Bergeson Music from all the sunny climes	Celtic Echoes Connie Jerviss Music from the isles	Xenophilia David Moseley (sometimes Juli Kelen) A love of things global	Spin the Globe Scott Stevens Live locally — groove globally	J.J. Syrja	Cottleston Pie Miss Melissa Songs and stories for all children—no matter the age	10 a.m.
11 a.m.	Philosophy Talk Thoughtful discussion	Pacifica's From the Vault	Radio EcoShock	Parallel University Kim Dobson Live call-in discussion	Pacifica's Writer's Voice	The Audiological Phantasmagoria Professor T.G. Hokum A timely variety of timeless old-time music	Old Ship of Zion Rev. Taylor & Vertis Love Gospel	11 a.m.
Noon	Vibrational Rising Lady Hawk Music to soothe your soul and lift your vibration	Folk'n Around Annabel & David Skattebo Folk, local and not-so	Social Relationship of Sound BDA Soulful variety with social context	A Vixen's Wedding Loi Consuela Variety	Gold Sounds Derek C. Variety	El Mensaje Del Aire Felix Torres All-Spanish language variety	The Club is Open Jason Variety	Noon
1 p.m.	NATIONAL NATIVE NEWS NATIONAL NATIVE NEWS NATIONAL NATIVE NEWS							1 p.m.
2 p.m.	KAOS HIP-HOP BLOCK PARTY MISS EMMA (WED) BALOOZ (THURS) LUVVA J (FRI)							2 p.m.
3 p.m.	FEATURE STORY NEWS FEATURE STORY NEWS					Jungle Hour Sy Khan From Bollywood to the West Indies... and more	Make No Bones About It Raven Redbone Native issues & music	3 p.m.
4 p.m.	W.I.N.G.S	This Way Out	Counter Spin	Between the Lines	Making Contact			4 p.m.
5 p.m.	Dog Bite Chapin Musical gems, new and old	Sonidoz dela Tierra DJ Kalambre Latin flavor'd hip-hop, funk—and more	Mixtape Club Mo Weekly voyage exploring the true art of the mixtape	American Anecdotes Jim, Paul, & Ruby Roo Bluegrass	John's Place John Ford Straight-ahead jazz that'll make your ears SMILE	Chant Down Babylon Chef Moss Reggae, Afro-beats and world rhythms	View From the Shore g.w. galbreath Traditional & contemporary native music	5 p.m.
6 p.m.	Speaking of Wellness... John Ford Science-based medicine	Alternative Radio David Barsamian	New Dimensions Justine Toms	T.U.C Radio Sprouts	INFORMATIVO PACIFICA Public affairs in Spanish Talk Nation Radio	Relaxed Atmosphere Aaron Burt Soul-soothing beats	No Tyme for Nowhere Frank Cardoza Music to travel by; a playlist for the night that hits the soul	6 p.m.
7 p.m.	Free Jazz with Fred Fred Kellogg Celebrating the best of Modal & Avant-Garde for the thinking listener	Dancing in Circles Richard Sinclair From Art Rock to Zithertronics and beyond	Type 2 Era Remy A weekly nightcap of contemporary music recorded since the 1950s	The SOUND K-punk Local variety & occasional live guests	Music from the Underground Marth Copeland Rare & rarely heard psychedelia	Underground Impulse Matt Turner Underground variety	God's Misfits Scott Eaton A mix of non-traditional music of faith	7 p.m.
8 p.m.	Whimsicrumble Glimmer Grove (11 p.m. to 3 a.m.) Aelva Duckhugger Odd lovely musics for all your demented inner-children	Sweet T's Sparkly Gems Sweet T Variety & Electronica	Gateway to Dawn Austin Dashwood Local and international variety	Sounds of the Night Bryce Murphy Underground music	Excuse All the Blood Seamus O'Reilly Metal	Early Morning Enigma George Collin' enigmatic early morning musical mysteries	KAOS Overnight Mix	8 p.m.
9 p.m.								9 p.m.
10 p.m.								10 p.m.
11 p.m.								11 p.m.
12 a.m.								12 a.m.
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3 a.m.								3 a.m.
4 a.m.								4 a.m.
5 a.m.								5 a.m.

Don't Listen to Your Parents

A STYLE GUIDE TO SURVIVING OLYMPIA

By SARA FABIAN

As an incoming first year student, you're probably hyped on nervous energy, party anxiety, or stress because the tools of survival haven't been given to you quite yet. And that's alright, you don't know any better. So you may find yourself in either a crisis to adapt to the Pacific Northwest (PNW) style or in utter panic with too much or too little of the crap you don't need. Now, I've been there. We all have. That's part of the experience, right? Trial and error? Well, as a little cheat sheet, this article can serve as your fashion guide to an always entertaining, crazy, and, to be honest, sloppy first year.

Here, we are the kind of people who'd rather brave a rainstorm in a hoodie than (*shutter*) use an umbrella. And no matter what time we leave a seminar, a coffee study sesh, or party, in a mist or torrential downpour, we pull that hoodie tight over our heads and carry on. While Olympia isn't a vicious fashion feeding frenzy, like that of New York Fashion Week, that doesn't mean the people of Olympia take their interpretations of style and self expression with indifference. A beautiful element about fashion in Olympia is that we have these moments, amongst the absurdity in our town, that reflects the essence of our fashion sense: stubbornly practical yet wildly indulgent. Our version of "hand-me-down retro" looks fashion-forward, while our avant-garde looks classic.

Denim and/or Leather Jacket with a Hoodie Included or Under:

The greatest invention for this ever-changing weather is the trusted denim and/or leather jacket. This is an absolute must for going to school, going out on the weekend, and those walkabouts in the forest. You will appear to be an Olympia natural with this essential piece of armor, PNW perfection.

All Flannel Everything:

Channel your inner '90s grunge with a cozy, long or short sleeved flannel. We even encourage the layering of different colors, like a green-blue flannel jacket with a blue-purple shirt underneath. Anything goes, and especially with flannel, you can never go wrong. It's one of those things that you can roll out of bed, throw on and go to class looking fresh and not like the remnants of the late night before. For those who want to be more creative, a flannel skirt or even pants are a fun way to add some panache. Not only is this a staple of PNW style, but it's a great tool for layering. Tie it around your waist when you get bored or when inside a class, coffee shop, or any social setting.

Boots, Boots and Boots:

You can't go wrong here. Any style, combat boots, rainboots, ankle or knee-high boots—just boots. It's the answer to most PNW weather dilemmas. Trust me when I say that there is nothing worse than having soggy, cold feet all winter long. Between the rain, snow and dismal grey skies, boots and socks are your best friend! Utilize them. A classic pair of black lace-ups are my favorite. And a tip for those who want to keep warm or add a dash of color, an ankle or knee high sock are a perfect and effective way to keep your little toes nice and snug as well as dress up for any occasion.

Never Leave the Dorm/House Without a Scarf or Beanie:

Most people around here actually wear slouchy beanies year-round. At Olympia Arts Walk, coming up on October 3rd and 4th, you can grab a couple of excellent fall and winter accessories made by talented local vendors. Beanies and scarves are especially perfect for rainy days when you need to hide your mishaps from the night before, or those infamous bad hair days.

In New York and other metropolitan cities, it seems to be a race to get those jeans or those shoes before they sell out. Here, we don't have that sense of urgency to our wardrobe. Although, the amount of trendy local boutiques in Olympia remain great and the fanbase is growing. Olympia is both current and a nostalgic ode to the golden eras of '80s and '90s culture. I hope this helps a few of you. We aren't intimidating. The weather isn't so bad. In fact, it's refreshing to go into each season, using our clothes to add and shed each layer of our lives. In Olympia, we do have a great sense self expression. And if you come to find yours, you will find that this town is more welcoming and easier to navigate than you think.

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Members of the Evergreen Shellfish Club hold a geoduck at the Taylor Shellfish Farms hatchery. The club raises shellfish on the Evergreen beach. SHAUNA BITTLE

Greener Gatherings

STUDENT ACTIVITIES AT EVERGREEN OFFER STUDENTS PLENTY OF WAYS TO GET INVOLVED

By **NICHOLAS BENSE**

For Greens looking to become more involved on campus, Student Activities at The Evergreen State College has proven itself as an avenue for students to stand for their beliefs, seek their dreams, find safe places, and live healthy lifestyles. Some of the most renowned alumni of Evergreen found their callings through various student groups, such as the Cooper Point Journal, the newspaper you are currently reading. Matt Groening—the writer and creator of “The Simpsons”—and Craig Bartlett—responsible for bringing us “Hey Arnold!”—are two such individuals who cut their teeth working with the CPJ.

Musicians find outlets for their passions through organizations such as Hip Hop Congress. The artist Macklemore honed many of his rhymes assisting disadvantaged young men through Gateways for Incarcerated Youths. Student Groups have also contributed to modern show business through the alum Bruce Pavitt, who launched the 1979 indie radio show “Subterranean Pop” through local radio station KAOS-FM. Pavitt’s experiences at Evergreen led to a partnership with Jonathan Poneman in 1988 to establish the similarly named record label Sub Pop—signing artists such as Nirvana and Soundgarden—which has been widely recognized for increasing popularity of the grunge music genre. Student groups such as the Evergreen Vocal Ensemble, Evergreen Chamber Orchestra, and the Electronic Music Collective provide students opportunity to enjoy music and refine their talents.

Students have access to organizations on campus that support a large array of artistic mediums. These include the Student Art Gallery, which displays student art projects, exhibits, and hosts events such as live music, including a show

Student groups provide outlets for artistic expression, political activism, community organizing, and old fashioned fun.

Thursday, Sept. 25 at 7 p.m. The Evergreen Fiber Arts Club offers opportunity to learn how to knit some clothing, and Vanishing Point literary magazine provides students opportunity to publish their literary works. Riot to Follow Theater Pro-

ductions is a great place for students interested in acting, writing, and stage crew activities.

The Evergreen Outdoor Program was founded by Willi Unsoeld—the first American to climb Mount Everest—and coordinates trips including an annual climb of Mount Rainier. Through the student group Wild Order for Living Free, you can learn survival skills; you can also help protect the world’s ecosystems with hands-on action through The Evergreen Conservation Corps. The Clean Energy Committee is a means of securing funding for projects to “greenify” the campus and planet.

Those interested in sustainability studies can enrich themselves with Community Gardens, Developing Ecologically Aware Practices (DEAP), Young Roots, The Evergreen Shellfish Club, and Evergreen Students for Sustainable Student Animal Agriculture. The

Campus Food Coalition currently runs a weekly food bank on campus and serves to provide students with a greater degree of choice in terms of campus nutrition.

For those interested in political activism, there are a variety of organizations with focuses spanning local social reform to international peace advocacy. Rachel Corrie, the Evergreen student killed during a protest of Israeli bulldozing of Palestinian homes in the Gaza Strip. Her death resulted in the formation of the Rachel Corrie Foundation for Peace and Justice, which promotes peaceful conflict resolution around the globe. Students for Justice in Palestine allows students to continue her work. Other groups with activist mindsets include Students for Reproductive Justice, For Racial Justice, Students for a Democratic Society, and Abolish Cops and Prisons.

Providing safe places for those of common culture or oppressed groups and educating the privileged is integral to Evergreen’s philosophy. Alongside the Unity Lounge on the 2nd floor of the library, the First Peoples Community provides organizations such as the Native Student Alliance, Womyn of Color Coalition, Black Student Union, the Movimiento Estudiantil Xicano de Aztlan, the Asian Pacific Islander Coalition, and Queer and Trans People of Color. For lesbian, gay, bisexual, and transexual students there exist the Evergreen Queer Alliance and Transgender Resources and Education X-travaganza (T*REX).

Support networks on campus also include the Coalition Against Sexual Violence (CASV), which hosts workshops to heal those who suffer traumatic experiences and offer preventative exercises. Free period products and feminine educational resources are provided by the Womyn’s Resource Center. The Greener 2 Greener program offers students face-to-face peer counseling as well as social networking.

Unity among members of the scientific community at Evergreen can be found with groups such as Chemistry and other Sciences and the Greener Engineering Cooperative. For students with a health career oriented mindset, the group Creative Cures offers opportunities to prepare for medical school and become involved in campus research projects.

Athletics at Evergreen span a wide range of activities, including Division II sports teams such as basketball, volleyball, track and field, and soccer. Notable athletes include Joey Gjertsen—a soccer player who holds the record at Evergreen for career goals—who currently plays professionally for the Seattle Sounders. Evergreen also offers intramural sports and athletic

clubs for everything from rugby, boxing, crew/rowing, wrestling, and fencing. There are classes and clubs at Evergreen including The Evergreen Yoga Service Collective, which hosts themed events, as well as mixed martial arts, track, soccer, rock climbing, weight training, and more.

There are plenty of student activity groups that bring light-hearted fun such as Geoduck Campus Games, including a weekly Humans vs. Zombies live action NERF gun battle on campus, and the Student Video Gamers Alliance. The Gaming Guild gets together to play tabletop role playing games, card games, and boardgames, while the Giant Robot Appreciation Society serves anime and manga fans. Generation Friends Comedic Arts Coalition is a great way to express a sense of humour and The Circus Resurgence can usually be seen clowning around in Red Square or the library with a wide variety of toys and equipment to get your circus on.

Those looking for spiritual experiences can find their niche through Common Bread, described as multiple approaches to cultivate spirituality. The Evergreen Thinkers Society is an open forum for those who pump intellectual iron, and the Greens Association for Psychedelic Studies provides educational resources and support for those into the far out and trippy. Way of Tea is a traditional Japanese meditative practice where students can find solace from their worries by taking time to enjoy a cup of tea and study some culture.

The Geoduck Student Union is the acting student government body on campus, and is currently looking for two first year students to run for election this fall. Those looking to participate in creating change—including the search for a new college president—on campus are encouraged to apply and attend the weekly meetings in the College Activities Building to speak their minds.

Should the current activities fail to address your interests and needs, students are encouraged to form new Student Activities groups to aid in the development of the college’s campus resources. The process requires four separate student signatures, and consists of a series of three different workshops designed to inform students on the specifics of group coordination, event planning, and budget management. Students interested in becoming involved can simply visit Student Activities on the 3rd Floor of the College Activities Building or check out the school website at <http://www.evergreen.edu/activities/>. Whether the organization exists yet or not, there is opportunity for everyone!



RUBY THOMPSON

Welcome to Olympia!

TIPS FROM A LOCAL TO MAKE LIVING IN OLYMPIA EASIER FOR US ALL

By SERENA IMANI KORN

So, you've decided to move to Olympia and attend The Evergreen State College. As an Olympian, born and raised, I'd like to welcome you to our wonderful community. I offer you a gift basket filled with craft beer, the best coffees, a K Records compilation CD, a bag of nutritional yeast, and all the other things Olympia has to offer you. Olympia is

weird, quirky, and endearing place. We're known for a lot of things: being the state capital, the riot grrl scene, the birthplace of K and Kill Rock Star records, brewing amazing beer, and of course, home to that "weird hippie college with no grades." There are a lot of people who love Olympia and a lot of people who hate it. It can sometimes be a hard place to live. Its quirks are sometimes wonderful and other times

entirely aggravating. In college towns, there's always a dynamic that develops between local residents and college students. There are places where this dynamic is vile and tense and other places where it's peaceful and cooperative. I've put together a list of tips and advice to make things easier for you, as a welcome college student, and us, the wacky local residents.

IT'S DARK, WET, AND DREARY: The Pacific Northwest (or Cascadia) is well known as a rainy and depressing place. Movies usually overemphasize these features, but they are true. Until spring, there will be a lot of rain and many dreary nights. Seasonal depression hits us hard. So, invest in waterproof shoes, whatever works for you. Rain pants and a rain jacket aren't totally ridiculous here. Take vitamin D supplements, talk with friends, or visit the counseling center if you start feeling depressed.

DON'T COMPLAIN ABOUT THE WEATHER: We get it—it's wet. It's really, really wet, it's depressing, and we don't know how to deal with snow. But it all becomes less annoying for all of us when we stop complaining about it and just deal with it. It's not going to stop. Try to discover the beauty of rain while listening to Elliott Smith, but don't let it eat you up.

IT'S OK TO USE AN UMBRELLA: There's this "rule" that folks in the Pacific Northwest don't use umbrellas—it's weak. As someone who has lived here my entire life, that is complete bullshit. Yes, you might want to find other ways of keeping dry, but don't be ashamed to use an umbrella, and don't assume people with umbrellas are not from here. But, if you plan to use one, have some etiquette. I don't want to be poked in the eye with your rainbow bubble umbrella.

DRINK GOOD COFFEE: Olympia is home to some of the best coffee roasters and coffee shops. So, forget your Folgers, Starbucks blend, and even the disgraceful obliteration of decent beans by campus brewers—learn to appreciate the true art of coffee. Whether it's a properly crafted cappuccino or a delicate pour over, Olympia coffee will always satisfy. Check out: Olympia Coffee Roasters, Batdorf and Bronson, Café Vita, Burial Grounds, or Café Love.

DON'T ACT LIKE A LOCAL: We are really very happy to have you here and to share our community with you. We invite you to involve yourself deeply and make this your home. But don't pretend you're from here, because we know you're not. Don't try to take what's ours away from us.

DON'T ACT A CERTAIN WAY BECAUSE YOU THINK THAT'S WHAT OLYMPIA IS: You don't have to be a certain way just because you think you'll fit in more. Be yourself. Olympia isn't ever what you think it is, so more often than not, you're just making a fool out of yourself. Being yourself is the most Olympia thing you can do.

DRINK OLYMPIA OR RAINIER BEER: No, Oly isn't brewed here anymore and today's recipe is nothing as it was (it's no longer "the water"), but we still hold a lot of pride for producing one of the best cheap beers of all time. PBR is OK too, as far as cheap beers go, but it doesn't have the same Pacific Northwest nostalgia as Oly or Rainier.

JOIN THE CO-OP: We are very lucky to have access to the Olympia Food Co-op. The Co-op is a great way to get connected with the local community, support sustainability, and have access to some of the finest organic produce. You can become a member in-store at either location or online at <http://olympiafood.coop/>

BRING YOUR BAGS! Thurston County began its ban on single-use plastic bags this summer. There's a fee for choosing a store's paper bags, too. Ultimately, using any store's bags is bad for the environment, so make sure to invest in some durable, reusable grocery bags.

NUTRITIONAL YEAST GOES ON EVERYTHING: Nutritional yeast is a gift to us from the gods. Learn it, love it, put it on everything. It will 9/10 times make whatever you're eating twice as good.

IT'S THE WATER: Seriously—it's all about the water. We are blessed with artesian well water, some of the most amazing fresh and natural water in the world. Some say if you drink the water, you'll never leave. True or not, you still have to drink the water. You can access the downtown artesian well at 4th Avenue and Jefferson Street, whether for a quick sip or to fill up some jugs.

DON'T SLEEP WITH ALL YOUR FRIENDS, OR YOUR FRIENDS' FRIENDS: Olympia has this problem that isn't just unique to college students: everyone you sleep with has probably slept with someone else you know. Olympia is small. In high school, friend groups dated amongst themselves. In college, the issue is compounded. Totally explore your sexuality and have fun. But things start to get weird, awkward, and uncomfortable when you have to drive to Seattle to date someone you don't know. Same goes for your roommates.

DON'T ACT POOR: I don't know if it's a problem unique to Evergreen or what, but there seems to be a large cohort of people who enjoy taking on the aesthetics and struggles of being poor, when in reality they have a lot of support. Olympia has a lot of low income folks, locals and students, who struggle very hard to afford basic necessities. Don't make a mockery of their struggle by thinking it's cool to not have electricity or whatever.

DON'T ABUSE LOCAL RESOURCES: There are great resources in Olympia for folks who are struggling. The Thurston County Food Bank distributes three days a week and has satellite locations, including on campus. If you don't need the food bank or food stamps, please don't use them. I don't want to discourage anyone from applying, even if sometimes you can afford to buy food, because we all need help. But don't be one of those rich kids who think it's cool to spend their money on weed and beer and hoard food resources. Also, it's not edgy, hip, or grunge to wear Goodwill clothes—for a lot of us, it's a necessity.

FORGET ABOUT YOUR UTOPIA: I'm sure you have wonderful ideas about what Olympia is or could be, or what your ideal world is like. But if you come to Olympia with ideas of what it should be, you're going to be disappointed. We aren't interested in having people move here with ideas about a perfect free-loving utopia and thoughts about how we can change.

THIS LAND IS NOT OURS: This land is that of the Squaxin, Nisqually, and Skokomish. This area is rich with indigenous history. Many have fought hard to ensure the survival of cultures and communities indigenous to the Pacific Northwest area. Please be aware and acknowledge these facts. If you venture onto reservation land, you are entering another people's sovereign land. There are copious resources around the area to educate yourself, such as the Squaxin Island Tribe Museum Library and Research Center, just 11 miles from Evergreen's campus.

LEARN OLYMPIA HISTORY: You're here, whether it's temporary or not—act like you care. Invest a little bit of your time into learning about who this land was stolen from, how Olympia was founded, the timeline of Olympia Beer, and so on. As locals, we're forced to learn Washington state history to graduate middle school.

LISTEN TO YOUR COMMUNITY RADIO STATION: Olympia is also home to one of the best independent community radio stations in the country. KAOS is also a student organization. You can listen online at kaosradio.org or through your smartphone radio app!

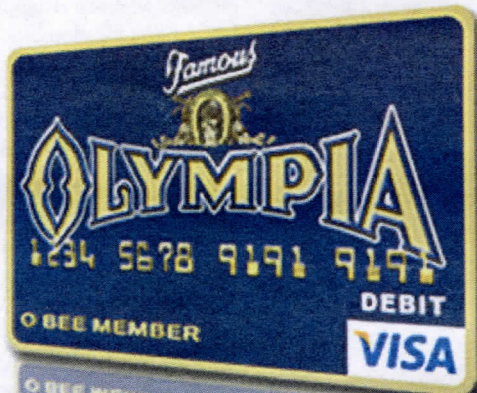
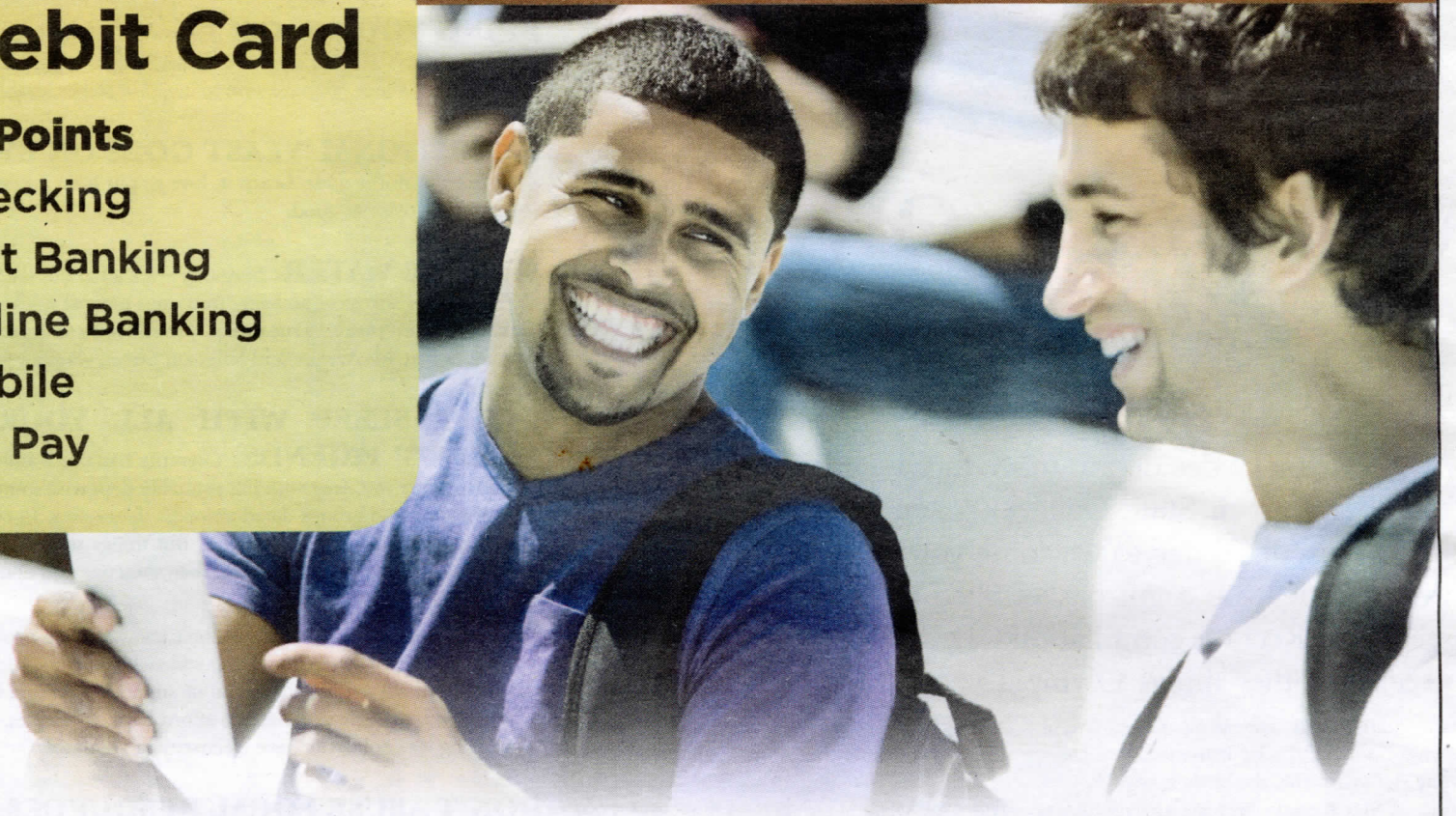
WEED IS LEGAL, BUT DON'T BE AN IDIOT: Yes, Washington state legalized the recreational use of marijuana for people 21 and older. But that doesn't mean you can just smoke weed wherever, whenever you want. The college campus also still doesn't allow it, as they are federally funded. So, don't be an idiot about it. Get yourself a good weed man.

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