

COOPER POINT JOURNAL

ISSUE 9, VOLUME 39, DECEMBER 03, 2009

YOUR STUDENT NEWSPAPER

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Geoduck Union Update

GU faces low turnout, absent reps

by CANDICE CULLITAN

The Geoduck Union found itself faced with low voter turnout this week. As of Wednesday morning, only 109 students had voted. This falls far short of the 1,289 votes needed to ensure valid election results. At Wednesday's meeting, Union representatives resolved to step up outreach efforts.

The Union also confronted the issues of empty seats and absentee representatives. Although there are currently seven seats open—out of a total of 21—the Union has chosen not to reopen the petition process to fill those seats until winter quarter. Representative Trevor Van Dyke suggested the reopening of the process coincide with the winter kick-off event the Union is planning with other student groups. After further discussion, representatives agreed petitioning will reopen in Week 3.

While trying to determine how to deal with representatives who consistently fail to attend meetings—particularly Representative

Melissa Miller, who has attended only one meeting—representatives discovered they could only name 14 out of a stated total of 15 representatives. Eventually it was determined that Rand Hunt is no longer a representative, and thus there are only 14 current representatives. Representative Tessa Wyllie de Echeverria stated she would try to contact Miller again. No further action was taken on the issue.

In other matters, Olympia representatives heard from reservation-based representative Robert Segura for the first time, and the Union discussed formulating statements on Evergreen diversity issues and solidarity with University of California students. Finally, watch Red Square next week as Union representatives don the Speedy Snail costume to get out the vote.

Candice Cullitan is a senior enrolled in evening and weekend studies

Tacoma natives lead Geoducks to win at PLU

by DARREN WOODS

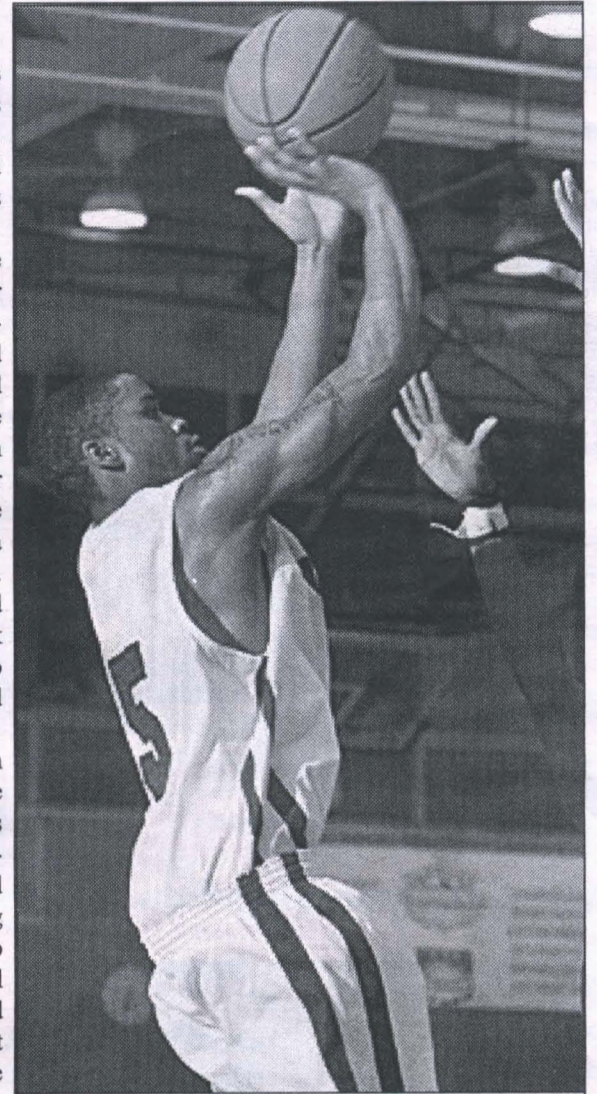
Coming off two straight wins, the Geoducks devoured the Pacific Lutheran University Lutes like they were Thanksgiving turkey on Nov. 24. The Lutes could not finish off a late run they had in the second half and fell victim to the Geoducks 91-82.

Nate Menefee entered the game as Cascade Collegiate Conference Player of the Week for his CCC and Evergreen State single game scoring record against the University of Puget Sound a week before. The Tuesday night contest acted as a homecoming for a lot of the players on the Geoduck roster, for the PLU campus is nestled in the Parkland community that is next-door neighbor to Tacoma. Half of the active roster is from the Tacoma area; so to say that this game did not have a larger significance would be selling the night short. If that was not enough Tacoma connections, head coach Jeff Drinkwine also grew up in the thick basketball culture of Tacoma, Wash. "We used to get kicked out of this gym," Drinkwine scoffed when asked about his high school days in Tacoma.

The stage was set then, before the game even started. Over 500 fans looked on anxiously as the ball was tipped off. In their visiting silver uniforms with green print, the Geoducks got off to a sluggish start. Tacoma product Nate Menefee struggled through the first half of the game accumulating just four points and a couple missed lay-ups. To add insult to injury Menefee received a technical foul for continued complaining to the referees and was benched for the last five minutes of the first half. The rest of the E-State offense picked up the slack and nursed a 35-27 lead going into halftime. Coach Drinkwine must have said something to light a fire under the Geoducks at the half because the Geoducks went on a scoring tear to increase their 8-point lead from halftime to 17 in the first five minutes of the second half. The Lute faithful helped their home team rally back to as close as 7 points, but it would not be enough as Evergreen prevailed by 9.

Any Geoduck fan would be happy with a road win against a NCAA Division III rival. On the other hand, the Geoduck players and most of all coach Drinkwine looked like they had just lost.

Having squandered a 17-point lead, coach Drinkwine let his team know he was disappointed. "We just didn't take care of business," replied Drinkwine in response to the game. "I think we took a few steps back," he added woefully commenting on the broader scope of the game.



NATE MENEFEE, FROM TACOMA, SCORED 15 OF HIS 19 POINTS DURING THE SECOND HALF OF THE NOVEMBER 24 GAME AGAINST THE PLU LUTES.

PHOTO BY CARLOS SANCHEZ, COURTESY OF THE EVERGREEN STATE COLLEGE

The Geoducks shot 50% from the field and 33% from the 3-point arc. Anthony Gallagher had a coming out party as he led all scorers with 21 points. Of Gallagher's 21 points, 12 of them came from 3-point territory where he was a perfect 4-4. The 6'8" Puyallup native added 5 rebounds and 2 steals. Menefee scored a quiet 19 points and 4 rebounds. Players from the greater Tacoma area combined for 54 points, 20 rebounds, and 8 steals against the Lutes.

Darren Woods is a junior enrolled in Art of Conversation and Intermediate French

Costantino axes Gateways initiative; union reps cry foul

by CANDICE CULLITAN

The Geoduck Union's initiative to support Gateways for Incarcerated Youth with a voluntary student fee hit another roadblock when Art Costantino, vice president for student affairs, decided to remove the initiative from the ballot. At Monday's meeting Costantino, Don Bantz, academic vice president and provost, and Collin Orr, director of business services, explained their concerns about the initiative.

Bantz stated the academic division is committed to funding the Gateways program through the 2010-2011 school year. The only remaining obstacle, he said, is to secure tuition waivers. He questioned the wisdom of using a student fee to fund a program that academics may fully fund. Costantino and Orr, on the other hand, thought the details of the initiative were too unclear, and had questions about where

exactly the fee would go and how it would be used.

Union representatives voiced their frustration at being excluded from the decision to remove the initiative from the ballot. Representative Trevor Van Dyke told Costantino, "That was not your decision to make," and representative Nicholas Dehning called it election fraud. After weighing the options, representatives unofficially decided not to put the initiative back on the ballot, since elections are already in progress. Instead, they will bring the measure back for the spring election. Meanwhile, they will work with Evergreen administration to build a more structured fee creation process.

Elections will continue this week and next week. Students can vote at polling stations in the library building, or by logging on to my.evergreen.edu.

Candice Cullitan is a senior enrolled in evening and weekend studies

Community Resource:

The Olympia Free Herbal Clinic

by EMILY BURLOCK

In an age where health care access is near impossible for many, and our bodies have been commandeered by larger forces with less than wholesome intentions, it is time for us to take charge of our own health! From the roots of the grass has sprung an incredible community resource: The Olympia Free Herbal Clinic.

The OFHC started seeing visitors in its new office location downtown a few months ago. We are currently working to do outreach to the Olympia community and making connections with other low-income resources. We just started a Community Sponsorship Program, a way for individuals and businesses to support the Clinic monetarily: sponsors make either a one time donation or pledge to make a monthly donation, as little as \$5 a month.

HOW CAN YOU HELP? We love volunteers, and we are currently accepting applications for internships in the areas of fundraising, donations/advertising, medicine, and receptionist. You could try to get internship credit from Evergreen, even. Check our newsletter (coming soon) for our current supplies

wishlist. We are always accepting donations of organically grown/ethically wildcrafted herbs. And of course, you could always set out a jar for OFHC donations at your next house show!

Location: The White Building, Suite 212, 209 4th Ave E downtown. Entrance is to the right of Last Word Books.

Walk-in Hours: Tuesdays 3-7, Wednesdays 5-7, Thursdays 3-7
Want to volunteer?

billieburlock@gmail.com
Questions, internships, donations, community sponsorship, etc?

olyfreeherbalclinic@riseup.net
"We offer personalized health consultations free of charge; low/no-cost natural remedies; educational workshops; a health-centered library and information; and supplies & support toward harm reduction. We aim to provide resources and referrals to other low/no-cost health services. We serve to empower people to take charge of their own health!"

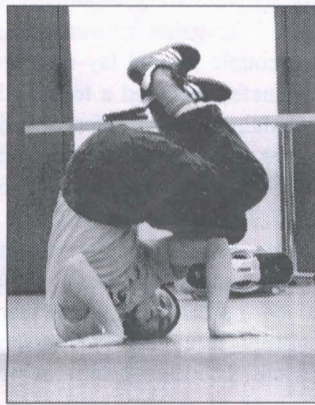
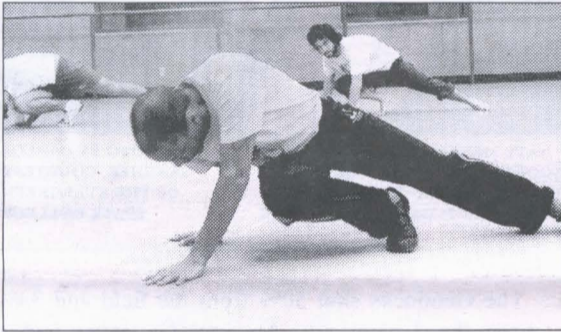
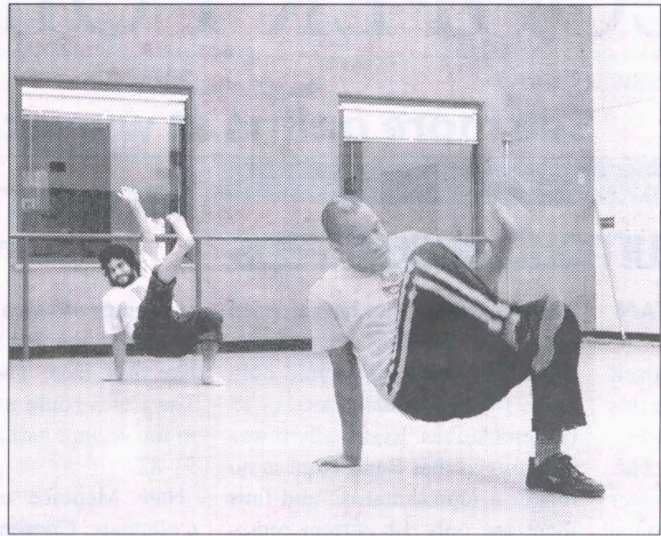
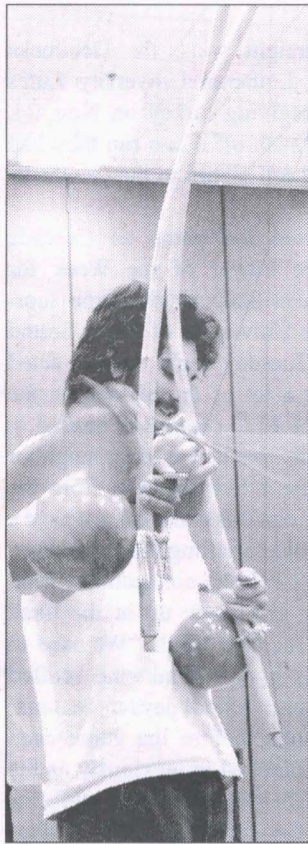
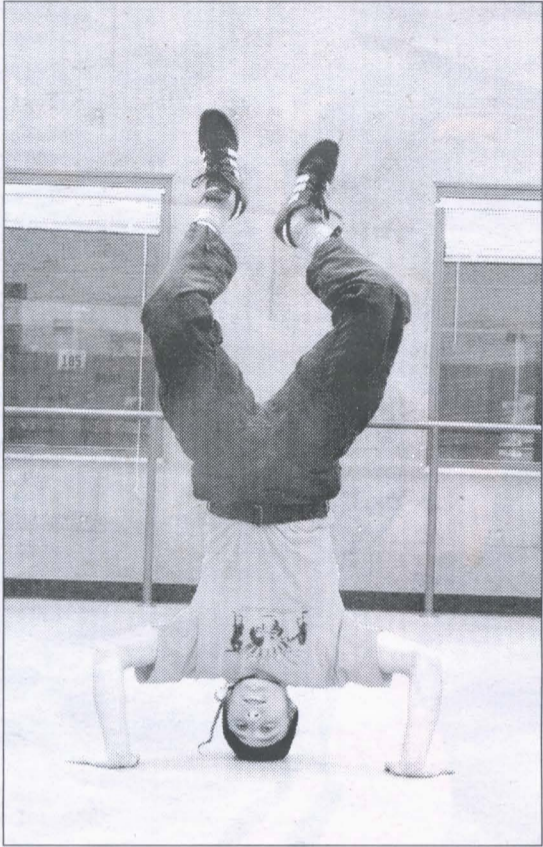
Emily Burlock is a student enrolled in Tend and Tell: Developing and Interpreting an Ethnobotanical Garden

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SPOTLIGHT ON CAPOEIRA ANGOLA



Instructor Contramestre Silvinho shows students the fundamentals of Capoeira Angola, an African-Brazilian martial art. Capoeira was developed in the sixteenth century by enslaved Africans who were brought to Brazil. The martial art combines dance, music and fighting.

Who: Student group
Capoeira Angola
Where: CRC 117
When: 2PM on Wed and
12:30PM on Sat
What: Martial Arts
Contact: Coordinator Ben
Pixie at (360) 867-6879

ARTICLE AND PHOTOS BY R. YAZMIN SHAH

Hey Writers, check this out!

Ever wonder what Hemingway was like before he drank his way to success? Come to the Writers' Guild to find out. The Writers' Guild meets every Wednesday at 4 in LIB 3301. They are accepting submissions of Fiction, Non-Fiction, & Poetry for their literary journal "Print for Breathing" until the end of the quarter. Submissions need to be sent to writersguild-evergreen@gmail.com.

I call it
"talent juice."



Organization Meeting
5 p.m. Wednesdays
C3107

Focusing on the Cooper Point Journal student group

**The CPJ
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We are still taking applications for some positions. Please come in and inquire for details in the office or at cpj.evergreen.edu!

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Insomniacs make the best music

by JILL STORLIE



Systems Officer is back with the follow up to 2004's self-titled debut. The new album, *Underslept*, is the solo effort of multi-instrumentalist Armistad Burwell Smith IV.

As a founding member of both Pinhead and Three Mile Pilot Smith has excelled as a bassist but had little opportunity to showcase his gifts as a singer and songwriter. Systems Officer is the solution to that quandary. Written, produced, and recorded by Smith in his home studio over five years during breaks from his touring and recording commitments *Underslept* is an appetizing collection of progressive pop harmonies and intricate arrangements.

If you like Moving Units, The Postal Service, or Of Montreal I ardently suggest you visit www.temporaryresidence.com and give a listen to "Shape Shifter," one of my favorite tracks (also, sadly the only song made available for previewing on the record company's website). If that offering alone isn't enough to sate your musical jense just get those fingers a-tappin' and make the Internet work for you. Go on, broaden those musical horizons.

Jill Storlie is a junior enrolled in Student Originated Studies: Visual Arts

**RESISTANCE
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Beat down rhapsody

by HILLARY STEVENS

My bruises sing
Beneath my skin
Bones throb in
Sad refrain, a rhapsody, aching
To another hard beating

"Tough love"
From hammer-hands
Hot whiskey breath
Sour, out of tune

Another day
Mom, cheap wine,
And Vicodin
Permanent drug-daze

Another night of
"Goddammit! The little fucker..."
And the Johnny Carson
Show

Black eye, book bag
Torn shirt, no sleep
School shuffle, eyes down,
Dozing, stealing crackers
In case
They've drunk dinner again

Gnawed by despair,
That reeking scavenger,
Fearing each hour (Tick-tock, tick-Tock)
Will someone see? Or do I
Go home to another
Beat Down Rhapsody?

Where the alto sax wailing,
"No, Daddy," is me,
D-A-double D-Eeee...
To basso profundo
Fumes bellowing

And clarinet shrills -
"You ungrateful little
Bastard, after all I do for you..."
To the meaty clash
Of fist in flesh
And belt
Welting back

Blood and misery
Seeping, silent
Notes written,
Black on white
In flickering
Kitchen light

Beat
Down
Rhapsody of suffering
Why don't you listen to
The
Beat Down
Rhapsody
Can't you hear the Beat
Down Rhapsody
Playing every day
In houses
Near
You.

Hillary Stevens is enrolled
in Art of Conversation

Rakestraw finishes strong at Nationals

by DARREN WOODS

Brian Rakestraw left Olympia heading due south on Nov. 20 to do something that very few Evergreen athletes get a chance to do in their athletic careers. He represented The Evergreen State College in a national championship competition. Rakestraw donned the green and white for the country to see at the National Association of Intercollegiate Athletics cross country championships in Fort Vancouver, Wash. The men's 8-kilometer race commenced at 10 a.m. on Saturday, Nov. 21.

Having competed at the national level before, Rakestraw said before the race that he was more self-assured than ever that he would compete well. Going into the weekend the Geoduck team captain stated that he was "feeling confident, feeling a lot less nervous because I've been there before. It's almost like another meet." Rakestraw followed up on this comment by placing 81st out of 250 participants. Rakestraw's finish capped off his most successful cross country season as a Geoduck. The finish was his highest at NAIA's as a Geoduck. Rakestraw finished 10th in the CCC championships less than a month ago, claiming all-conference honors for the third year in a row. His 10th place finish was another career best at Evergreen. In

fact, his finish at the CCC meet was one of his proudest moments of the season. "Sometimes it's easy to get overconfident," replied Rakestraw when asked about some of the things he had to overcome to claim his third all-conference honor in as many years. Rakestraw also admitted to not feeling one hundred percent on race day.

Brian Rakestraw was one of four individuals that represented the CCC who qualified individually for the national meet. Going into nationals the swift Geoduck was optimistic about his chances to perform well. When asked what his goals were for the upcoming meet the senior replied, "Get a good start position and get in a position to get top 30." A top 30 finish would have given Rakestraw all-American honors for the first time in his Evergreen career. Given that Rakestraw did not have a very good start, he created a little more work for himself than he intended. His finish, however, was that of a seasoned veteran. Evergreen cross country coach Craig Dickson added his thoughts after the race, saying that Rakestraw passed a significant amount of athletes in the last three miles of the race.

Darren Woods is a junior enrolled in Art of Conversation and Intermediate French

Evergreen water polo club gaining popularity

by DARREN WOODS

There is something fascinating going on at The Evergreen State College aquatic center. While Evergreen is no stranger to hosting the occasional swim meet, another sport, less contested in the state of Washington, is making its presence felt. The Evergreen water polo club is currently composed of six to eight individuals on a regular basis. Skill level among the group ranges from beginners who have never touched a water polo ball before to veteran water polo players with four years of competitive high school experience or more under their belt.

Water polo is a sport that teams up seven players on each team in the water at the same time in which the ultimate goal for either team is similar to soccer. While players are submerged in water, they use their hands to advance the ball from player to player. An Olympic sport, water polo is played in a 30 by 20 meter pool (depending on age group) with two goals on each side spanning three meters in width and 90 centimeters in height. The ability to swim well, tread water, and handle the ball well are all imperative to excel in the game of water polo. Water polo is dominated at the collegiate level by teams from California, mainly Stanford University, UC Berkeley, UCLA, and USC, to name a few. Water polo has not caught on as much in the northwest given that very few schools have teams that compete consistently. The vast majority of Olympic-sized pools on school campuses across the state of Washington are indoor and the appeal to play this sport indoors is not high.

Which brings us back to the Evergreen water polo club. On a given Tuesday night one might catch the members in the middle

of shooting practice, or possibly refining their passing skills. The main objective for this group is "intent on having fun. The main reason people come, is to have fun," according to Bethany Stringer, an Evergreen sophomore from the San Francisco Bay area. This statement speaks volumes when considering the slope of the learning curve amongst this group of people. The four most experienced players on this team combine 14 years of water polo experience, while many of the other players are giving the sport a try for the first time. The veteran players often act as player coaches in the water, emphasizing basic fundamentals in swimming, treading, passing and shooting. "You don't have to be a strong swimmer, you don't have to know how to play the game," Stringer added as she underscored the overall goal of the group, "to have fun." One goal the water polo gurus would like to achieve within the next few years is increased membership to ultimately play in scrimmages against local club teams.

Any Evergreen student can visit the aquatic center and try their hand at this intriguing team sport, or simply observe and ask questions. The team meets in the CRC aquatic center on Tuesdays and Thursdays from 7:00 p.m. to 8:15 p.m. and welcomes anyone who would like to try something new and have fun. Not to mention, it is a great way to get some exercise and escape the cold during the winter months.

Darren Woods is a Junior enrolled in Art of Conversation and Intermediate French

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Ten dollars can change the world

by ERIN CALDWELL

Many nonprofits have been shut down or seriously limited due to the poor economy and government budget cuts in the past four years. People and businesses are less willing to give cash donations, and are spending less money at fundraisers. While we are all pinching our pennies, now is the time that small donations make the most difference.

When we reach into our pockets and spend \$3 on a latte, it seems too idealistic to think that it could go to something more useful. However, that mentality is simply untrue. Giving to nonprofits, no matter how much or when, can change the world. Take a second to think about it. Three dollars could probably buy a children's book in Africa. A nonprofit that gives children's books in Africa can give one more book because of a three dollar donation. Now a child has a book, directly because of a donation as small as three dollars. If we all gave just .5 percent of our yearly income to charity, think about the difference it would make! Here's an interesting fact: After the 2004 tsunami in Southeast Asia, \$2.78 billion of the U.S. share, or 45% of total giving from around the world, came from ordinary American citizens.

Volunteers are also a very important component of nonprofits. Not only is it a great resource, but it's also an opportunity for an organization to educate people. At the Native Plant Salvage Foundation, the organization I work for, we salvage certain native plants from sites that will

be bulldozed. When our volunteers come to a salvage site, they need to learn about which plants we are interested in and why. Some come with these skills, but many do not. We show them the plants we need, and hopefully from then on out, they can point those plants out in nature. This educates them and piques their interest in our cause.

Volunteering is not just beneficial to the organization, but also to the volunteer. According to the results from the 2000 Canadian National Survey of Giving, Volunteering and Participating (NSGVP), just over two thirds (68 percent) of volunteers said that volunteering helped them to develop better communication skills. 63 percent reported increased knowledge about issues related to their volunteering.

It's easy to become wrapped up in the daily grind, and to pass up volunteer opportunities because we feel too busy. However, if most of us broke it down, we could all probably give up an hour of free time per week. During just one hour at a salvage site, a volunteer can save a tree that would otherwise be

destroyed. That tree will be later planted in the ground, which will in turn create more trees.

This concept was difficult for me to grasp until I volunteered one afternoon at a prairie restoration project with the Nature Conservancy. When we arrived at the prairie, there was no one in sight. We searched for nearly an hour before we found some-

one. By then, only an hour and thirty minutes remained of the volunteer event. I almost left at that point of frustration, and probably because I didn't realize how valuable my time would be. However, I'm glad I stayed because I ended up planting around 40 wildflower plants. Forty more plants are in the earth because of my 1.5 hours. In addition, the Nature Conservancy earns (as part of a grant) \$15 for each volunteer for each hour. All in all, not only did I plant 40 plants, but I helped them earn another \$22.50.

IF MOST OF US BROKE IT DOWN, WE COULD ALL PROBABLY GIVE UP AN HOUR OF FREE TIME PER WEEK. ...THIS CONCEPT WAS DIFFICULT FOR ME TO GRASP UNTIL I VOLUNTEERED... WITH THE NATURE CONSERVANCY

So how do you donate or volunteer? There are many ways to do this. Sending in a check or cash to your organization of choice usually works. A lot of them have

websites with online donation systems. Another great resource is networkforgood.org, which is a nonprofit that lists volunteer or donating opportunities in your geographic area. When I performed a search of "Olympia, WA" on that website, it came up with four pages of results.

In addition, check out the Center for Community-Based Learning and Action, which is located at Sem II E 2125. They have a plethora of contacts and information about local non-profits, and also have information about the Students in Service Program, which is a part-time volunteer program that gives education awards of \$1,000 to \$2,362.50.

So why care? Not everyone is interested in volunteer work or particular social causes. However, think about the park you played at as a child. Or the creative writing teacher that visited your elementary classroom and then sparked your interest in writing poetry. Or even free services at Planned Parenthood. Much of those are run by volunteers or donations. If we continually take without giving, these will not sustain themselves.

The very small efforts we make are what make differences. This applies not only to non-profit contributions, but any form of social change. You are probably not as busy or as poor as you think you are. Give \$10, or volunteer for an hour - that's all it takes.

Erin Caldwell is a senior enrolled in an independent internship

The Crisis Clinic: Serving those in need since 1972

by DAN SHELLEY

Crisis. It's a word with several definitions, but for clarity's sake I'll stick with this one: An emotionally stressful event or traumatic change in a person's life.

Life is full of stress, and the college years can sometimes feel extraordinarily stressful. Balancing academics, work, relationships and feeling connected to changing events from back home can feel overwhelming at times. Thankfully, people in Olympia don't have to bear the burden of crisis themselves.

The Crisis Clinic of Thurston and Mason Counties has been offering support to those in crisis since 1972. It is a free service run by volunteers who answer the phones 24 hours a day, seven days a week. These volunteers are trained in crisis intervention (i.e., actively listening and identifying the feelings that callers struggle with), and have instant access to an information database to locate helpful resources in the community. Whether the caller is having a panic attack, in need of a warm place to sleep for the night, or grieving over the death of a loved one, Crisis Clinic volunteers are ready to listen and help in any way they can.

"We strive to enrich the community by empowering people to take control of their lives through information, referral, crisis

intervention, education, and training," states the Crisis Clinic's mission statement. When people call the clinic, they are not given advice or sympathy from the phone worker they speak with, but are instead invited to come up with solutions to their problems themselves. This method may sound counterintuitive, but by encouraging callers to play an active problem-solving role, phone workers are trying to instill confidence and stir self-determination in the caller. This "person-centered" approach was developed by the eminent psychologist Carl Rogers, who believed that all people are basically good or healthy and have the desire to succeed, but some just need help uncovering their own strength and abilities.

Over 5,000 people called the Crisis Clinic hotline last year and nearly half of those callers were struggling with mental health issues. Volunteers also took 700 calls from suicidal people, of whom 68 were attempting suicide while on the phone. To handle such a large volume of calls, the clinic is staffed by over 40 volunteers who take turns working 4-hour shifts. As long as these volunteers are abiding by the clinic's "person-centered" philosophy and arriving to the phone center on time, the entire operation runs smoothly and the people of Thurston and Mason Counties have access

to a free, dependable service 24 hours a day.

Manpower aside, the Crisis Clinic also requires a steady stream of financial support from the community--in the form of donations, grants and contracts--to continue operating. For those feeling generous this holiday season, I strongly suggest donating to the Crisis Clinic of Thurston and Mason Counties, or any other local nonprofit organization that serves the Olympia community.

To learn more about the Crisis Clinic, and to find a tremendously helpful list of community services in Thurston and Mason Counties, visit www.crisis-clinic.org. If you ever find yourself in crisis, the clinic's 24-hour phone line is (360) 586-2800.

Dan Shelley is a junior enrolled in Academic Writing

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but we love you.

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your strengths and
interests are, but we know
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- M.A. in Strategic Communication
- M.A. in Whole Systems Design

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Calendar

Thursday, December 3

Law Society of Evergreen Meeting
Student Activities Conference Room (3rd floor of Sem 1).
4 p.m.

"Invisible Children: Rough Cut" and "The Rescue"
LH 5. (film portrays some graphic scenes).
5-7 p.m.

Plaid Tidings
Wednesday-Saturday
7:30 p.m.
Sunday 2 p.m.
Capital Playhouse
Price: \$33

Friday, December 4

Grayland Holiday Market Place
Historic Grayland Community Hall
Friday 1-7 p.m.
Saturday 9 a.m.-4 p.m.

Ayurvedic Presentation
Longhouse
5:30 p.m.

Free Films at the Olympia Film Society
Casablanca, directed by Michael Curtiz
6:30 p.m.
Blue Velvet, directed by David Lynch
9 p.m.

Saturday, December 5

Alternative Gift Fair
The Olympia Center
10 a.m.-3 p.m.

TideFest Fine Arts and Crafts show
Gig Harbor High School
Saturday
10 a.m.-5 p.m.
Sunday 11 a.m.-4 p.m.
Price: \$5

Celebration of Darkness and Water
The United Churches
4 p.m.

Sunday, December 6

Healthcare Rally
"Don't Scrooge Around with Basic Health!"
8th Avenue and Pike Street, Seattle
4:30-7 p.m.

Monday, December 7

What's Love Got To Do With It Student Symposium
SEM II C2107
Monday-Wednesday
10 a.m.-3:30 p.m.

Poetry Writing Circle
Rotunda.
5 p.m.

Tuesday, December 8

Unity Jam
Library 1412
noon-1 p.m.

Washington Coalition Sexual Assault Programs Training Opportunity
Towards a Model of Collaborative Advocacy
Lakewood, WA
9 a.m.-4 p.m.

Wednesday, December 9

Students in Service Orientation
Sem II E2125
1-3 p.m.

Gateways for Incarcerated Youth Info Session
Sem II E2125
4 p.m.

For more info and events, check out:

www.cooperpointjournal.com

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India
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Women's group, India
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Madeline Berman

PART FIVE



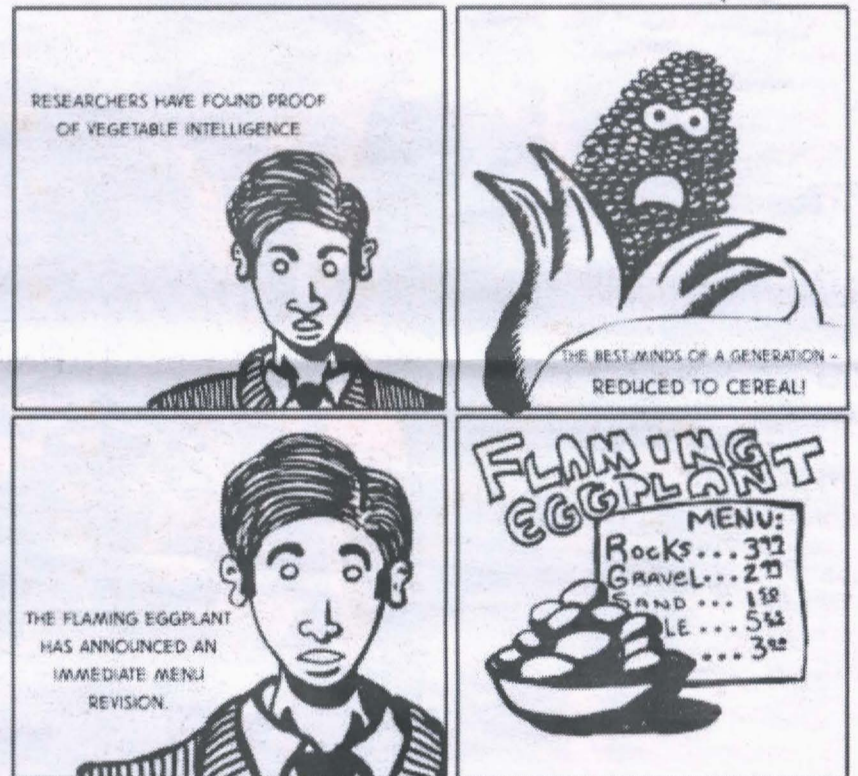
Comics Page

Ryan Buck

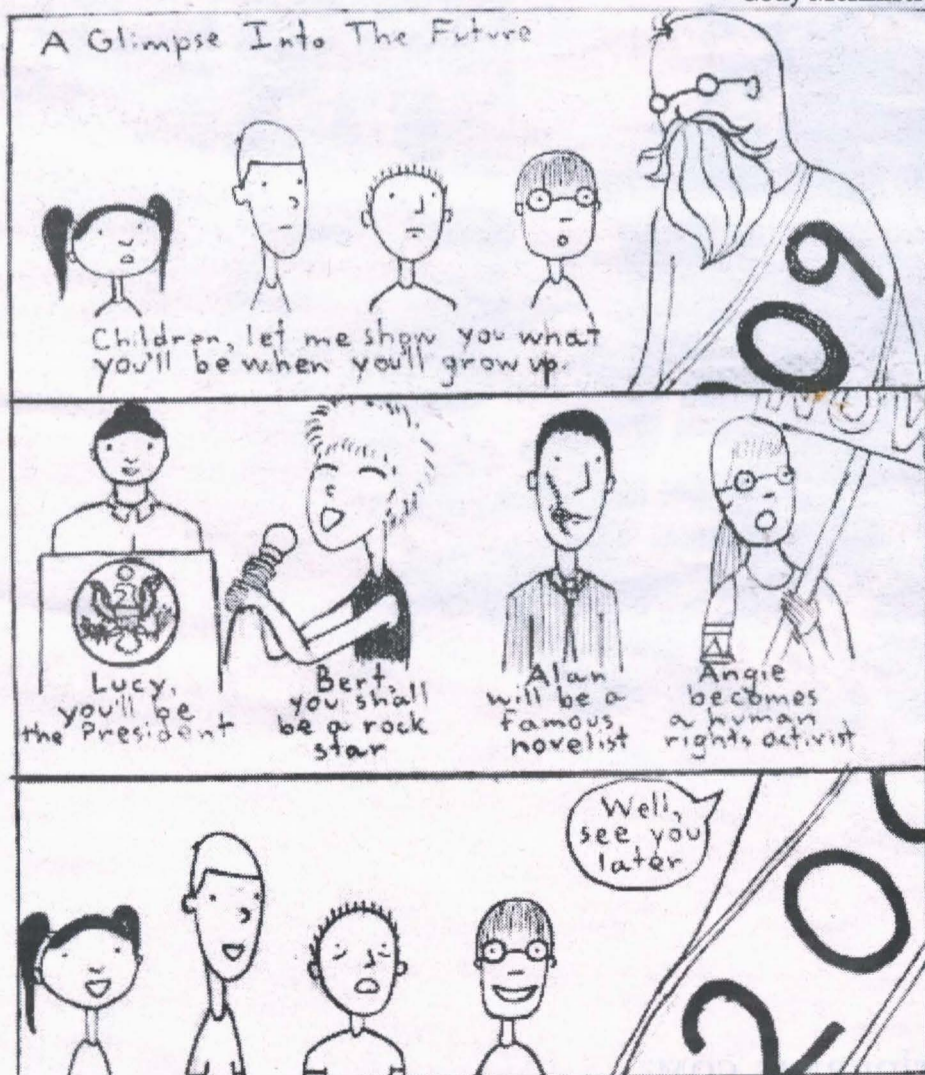


WHATEVER, GREENER

Morgan Picton



Cody McKinstry



Grace Moore



Sometimes I like to think about how I would have faced history, had I been a different person in a different place. It helps me to keep things in perspective and remember how history is written by the victors. Other times I pretend I'm a cowboy.

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