

# NEWS

The Evergreen State College  
Olympia, Washington 98501

for immediate release  
April 15, 1977

Thursday (April 21) is National Food Day. In celebration, a series of lectures, a film, and a food processing demonstration will be offered to the public by students at The Evergreen State College between noon and 6 p.m. in Lecture Hall Five.

Lectures will cover maternal nutrition, the effects of processed foods on health and nutrition, the politics of imported fruits and vegetables and alternative agricultural systems and city gardening.

A food demonstration in the College Activities Building will present various ways of preparing healthy foods. Persons are invited to bring their own fruits, vegetables, grains and seeds which will then be prepared for them as part of the demonstration.

A film complementing the National Food Day theme "Food For People, Not for Profit," will be shown as part of the lectures series.

Complete details on the Food Day program are available through the college Information Center, 866-6300.

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