

NEWS

The Evergreen State College
Olympia, Washington 98505

for immediate release
December 10, 1975

for further information
Judy Annis, 866-6128

High School students in the Greater Seattle area will have a chance to learn basic rock climbing skills December 13 from experienced climbers in an all day, free program offered by The Evergreen State College Division of Recreation and Campus Activities.

The program, which will begin at 8 a.m. at Sherman Rock in Camp Long (5200 35th Avenue S.W.), will include discussion and practice in knot tying, rope handling, belaying, anchoring, rappelling, climbing, descending and rescue techniques used on rock.

Pete Steilberg, director of Evergreen's Recreation Division and a climber with more than 20 years experience "on the rocks", will direct the all-day workshop with the assistance of a number of seasoned Evergreen student climbers. Steilberg served as a member of Seattle Mountain Rescue team from 1959 to 1971, and was coordinator of the University of Washington's mountain climbing classes for 11 years. He is also co-founder of the Association of Mountaineering Courses, and has participated in a number of rescue/climbs in Western Washington.

Enrollment in the program is limited to the first 30 students who arrive, Steilberg says. No special equipment will be required, but mountain climbing boots or shoes are desirable and warm clothing, old gloves and an "old jacket that could get scarred up" are also suggested. Steilberg says climbers should bring their lunch and plan to stay "until we all get tired".

For additional information about the free all-day climbing session, students are invited to call Steilberg in Olympia at 866-6530 or write " Basic Rock Climbing Workshop for High School, Campus Recreation Center, TESC, Olympia, 98505.

Dick Nichols, Director
Information Services

Judy

prepare
for release
Dec 4th

BASIC ROCK CLIMBING FOR HIGH SCHOOL STUDENTS

** Presented by the Division of Recreation and Campus Activities **

WHERE: Sherman Rock in Camp Long, West Seattle
5200 -- 35th Avenue South West

WHEN: Saturday, December 13, 1975, beginning at
8:00 AM and ending when we get tired.

COST: FREE to High School Students. Class size
limit: 30 Students

SPECIAL EQUIPMENT NEEDS: None necessary. Mountain climbing boots
or shoes are desirable or tight fitting
tennis shoes would help. Warm clothing,
some old gloves that could get scarred,
an old jacket that could get a bit torn
up, and a lunch.

REGISTRATION: Call: 866-6530 in Olympia, or write:
Basic Rock Climbing Workshop for
High School
CRC, The Evergreen State College
Olympia, Washington 98505

NOTE: Prior to actual appearance at the workshop,
a liability waiver card will have to be signed
by a parent or guardian.

WORKSHOP CONTENT: The day will consist of some discussion
and with actual practice in knot tying,
rope handling, belaying, anchoring, ra-
pelling, climbing, decending, and rescue
techniques used on rock.

INSTRUCTORS: The workshop coordinator will be Pete Steilberg, Director of Recreation
and Campus Activities at The Evergreen State College. Among the in-
structors will be Evergreen students Al Bennett, Tomas Boley, Norm
Teinwitz, George Baitinger, Mike Friedman. Others will be there also
pending final arrangements.

SPECIAL GUEST: Dr. Willie Unsoeld, who climbed the West Ridge of Everest in 1963,
has been invited and IF he can rearrange his schedule will be there.

Pete -
> nearly 20 years of
climbing experience -
> member of Seattle Mt
Climbing Assoc 59-71
> climbing mt
for 11 years
> co-founding classes
& writing courses

Pete - more on Pete's background

