the cooper point journal

The Evergreen State College Newspaper Since 1971 | Feburary 21, 2018

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The Cooper Point Journal

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FROM THE ARCHIVES Student throws up their arms in glee under an ignited United States flag during Gulf War protests on The Evergreen State College campus. Taken by Steve Davis in 1991, courtesy of The Evergreen State College Archives.

HOW WE WORK

The Cooper Point Journal is produced by students at The Evergreen State College, with funding from student fees and advertising from local businesses. The Journal is published for free every other Wednesday during the school year and distributed throughout the Olympia area.

Our content is also available online at www.cooperpointjournal.com.

Our mission is to provide an outlet for student voices, and to inform and entertain the Evergreen community and the Olympia-area more broadly, as well as to provide a platform for students to learn about operating a news publication.

Our office is located on the third floor of the Campus Activities Building (CAB) at The Evergreen State College in room 332 and we have open student meetings from 2 p.m. to 3 p.m. every Wednesday. Come early if you'd like to chat with the editor!

WORK FOR US

We accept submissions from any student at The Evergreen State College, and also from former students, faculty, and staff. We also hire some students onto our staff, who write articles for each issue and receive a learning stipend.

Have an exciting news topic? Know about some weird community happening? Enjoy that new hardcore band? Come talk to us and write about it.

We will also consider submissions from non-Evergreen people, particularly if they have special knowledge on the topic. We prioritize current student content first, followed by former students, faculty and staff, and then general community submissions. Within that, we prioritize content related to Evergreen first, followed by Olympia, the state of Washington, the Pacific Northwest, etc.

To submit an article, reach us at cooperpointjournal@gmail.com.

LETTERS TO THE EDITOR

We want to hear from you! If you have an opinion on anything we've reported in the paper, or goings-on in Olympia or at Evergreen, drop us a line with a paragraph or two (100 - 300 words) for us to publish in the paper. Make sure to include your full name, and your relationship to the college—are you a student, staff, graduate, community member, etc. We reserve the right to edit anything submitted to us before publishing, but we'll do our best to consult with you about any major changes.

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FORMER EVERGREEN CHIEF OF POLICE FORMALLY ALLEGES HOSTILE WORK ENVIROMENT

STACY BROWN MAKES MOVES TOWARDS A LEGAL CLAIM OF DISCRIMINATION BASED ON GENDER AND RACE

By Mason Soto and Georgie Hicks

On February 16 The Cooper Point Journal received information about a litigation hold regarding former Evergreen Chief of Police Stacy Brown who is potentially bringing a lawsuit against the Evergreen State College, alleging that during her time here from September 12, 2016 to August 4, 2017, Brown was the victim of discrimination and hostile work environment.

In the letter addressed to Aileen B. Miller, Assistant Attorney General and representative of The Evergreen State College (TESC), from Younglove & Coker Attorneys At Law, Christopher John Coker who is representing Ms. Brown alleges, "there was not only a pervasive hostility towards law enforcement, in general, at the college, but also towards her,

specifically and that some of that hostility was based on her gender and, at times her race" and that "she was subjected to discriminatory actions and comments from College employees and College administration, as well as attacks on her character and gender by the student body that were either ignored, supported, or implicitly condoned by the College administration."The letter then goes on to further allege, "that the College failed to reasonably respond to a flier being posted around Campus depicting Ms. Brown in a racially and sexually explicit manner." and finally, "that the hostile environment left her with no choice but to resign from the College."

The litigation states that "after riding through the ranks in Lewis County as a deputy, detective, sergeant, detective sergeant, and finally deputy chief, Chief Brown believed the position with TESC was an opportunity to gain experience as a chief and advance her career. Her career goal was to work as the chief for TESC with the hope of someday advancing to a chief position in a larger department," The letter goes on to state, "When she accepted the position with TESC, Chief Brown's career was advancing and she seemed to be well on her way to bigger and better things."

Near the end of the letter under the header "Aftermaths and Damages" the letter states that " While Chief Brown enjoys her [current] work environment with the City of Tumwater, after 27 years in law enforcement, Chief Brown is faced with the reality of being required to essentially start back from the beginning in terms of career progression. With the City of Tumwater, Chief Brown is the patrol officer with the least seniority. By accepting the City of Tumwater position, Chief Brown was forced to take a pay cut in excess of \$15,000 per year. The damage to Chief Brown's reputation as a potential Chief of Police is damaged beyond repair."

The litigation alleges that two emails, including a picture of bacon sent from a student employee, and one faculty member stating that "the police were basically fascists and the events that occured at Chief Brown's swearing in were to be expected", were sent by two male staff and were directed at her specifically because of Ms. Brown's gender. The Cooper Point Journal can confirm that in spite of the degendering language of the litigation, the student employee in question does not identify as male, and in fact her State ID is labeled female.

Another allegation revolves around a flier that was present during part of the protest last year depicting "Chief Brown wearing suggestive clothing, a KKK type hood, and holding a geoduck that appears to be ejaculating," as the letter to Miller explains.

The letter also contains allegations regarding The Flaming Eggplant restaurant and this paper, The Cooper Point Journal (CPJ), to which Brown alleges that anti-police sentiment, and clearly untrue "discriminatory and derogatory statements about her" were allowed to be

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posted and published by Tom Mercado, Former Director of Student Activities because she was a female police chief.

The anti-police sentiment allegedly includes restaurant employees oinking at the police and the CPJ publishing several opinion pieces regarding Brown's interview with the paper and issues of policing in general. For clarity, many articles have been published by multiple writers at the CPJ regarding police and Chief Brown, but only a single female student of color has been targeted in the litigation so far.

The allegations against Mr. Mercado state "When Chief Brown advised Mr. Mercado of her concerns about the restaurant employees' actions and the posting of discriminatory and hostile flyers about her and the police around the student activities building Mr. Mercado appeared to become angry and defiantly informed Chief Brown it was 'freedom of speech'."

Another allegation regards a female faculty member of color who scheduled a meeting to discuss her claim that an officer was racist. The faculty member took concern with the power dynamic exhibited when Ms. Brown showing up to the meeting in uniform and carrying a firearm, as the letter states, "When Chief Brown arrived at Ms. Harris' office for the prescheduled meeting she was immediately confronted by Ms. Harris and told by Ms. harris that she could not believe Chief Brown, a white woman, would show up at her office carrying a firearm." The faculty member informed Brown " that she believed Chief Brown was wearing her uniform and firearm to intentionally prove she had more "privilege" than her and was trying to intimidate her".

In regards to this incident the letter states, "Chief Brown was very concerned about Ms.Harris' seemingly derogatory comments and her race and gender and wanted to bring it to the attention of Ms. Endress because she was worried about being labeled in such a manner," alleging that after being informed Ms. Endress didn't address the issue, investigate or possibly discipline Ms. Harris.



SINGLE PAYER HEALTH CARE SECOND CHANCE FOR WASHINGTON REFORM

Two weeks ago in Texas, 38-year-old second grade teacher Heather Holland became the center of an ongoing discussion regarding healthcare costs after she died of the flu. According to Holland's husband, the teacher died due to the out-of-pocket price of the antiviral medicine prescribed by her doctor being too costly. This is a familiar and seemingly unique American story of death by way of treatment price that has energized a movement from the left toward a more just healthcare system in the United States.

Nationwide, a serious discussion around healthcare has risen around the idea of a single-payer system, which various prominent leftist political organizations as well as Democrats are making a big push for this year. The idea revolves around the idea of guaranteed healthcare for everybody in the United States, paid by their government, that leaves no one, especially those who could not otherwise afford treatment, behind. Such a policy would work under the assumption that health and life are human rights, like protection against fires. This rise in this discussion could be attributed to independent Senator Bernard "Bernie" Sanders, who was famous for pointing out during his 2016 presidential campaign that "shamefully, the United States remains the only major country on Earth that does not guarantee healthcare to all people," and calling for a federal single-payer healthcare system.

Last year, Senator Sanders introduced the Medicare-for-All Act of 2017, which was co-sponsored by 15 Senate Democrats. The bill seeks to expand Medicare, which currently benefits those over the age of 65 as well as people who are disabled, to every individual resident of the country. This move followed in the footsteps of Democratic Congressman John Conyers, who has been introducing such legislation since 2003.

Our current president also made waves in 2016 during his own campaign when he advocated for a healthcare system that would "take care of everybody. I don't care if it costs me votes or not. Everybody's going to be taken care of much better than they're taken care of now." This language did not survive the Republican president's election.

By Sebastian Lopez

Washington, a state stricken by various crises such as lack of housing, opioid addiction, and poverty, has been empowered to be at the forefront of the fight for a statewide single-payer healthcare system for almost 20 years. Though the state benefits from a bipartisan direction in terms of healthcare, it is still stricken by a neoliberal-based structure that cannot cover everybody within its borders, embraces health insurance and pharmaceutical companies, and only covers the most basic of basics in healthcare needs.

The organization Health Care for All Washington (HCFA-WA) could be ascribed as the first of many movement in the last 20 years. The organization has pushed many state legislative bills since 2000, including the 2017-2018 session HB 1026 and SB 5701. These bills, which are derivatives of bills introduced in the past 18 years, both call for a statewide 'health trust' to use for state residents' healthcare needs.

HCFA-WA's 18 years of activity have inspired those at Whole Washington, another singlepayer healthcare organization in Washington seeking a healthcare program that covers everybody. Last month, Whole Washington introduced voter initiative I-1600, which was approved for the November ballot by the Secretary of State and is now seeking the signatures needed to actually make it onto the ballot. I-1600, inspired by the work of HCFA-WA's many legislative aspirations, seeks to create the Whole Washington Health Trust; which would create a single-payer system accessible to all residents of Washington, as well as non-resident students.

"I see people dying because they can't get enough donations on their GoFundMe page. I see patients leave rehab knowing they won't have the home health or outpatient coverage they need to continue to recover. I see elderly disabled individuals paying 25% of their income on healthcare expenses," Erin Georgen, the initiative's writing committee chair, tells the CPJ.

"On top of that, providers are burning out on paperwork and insurance hurdles, while facing proposed funding cuts to healthcare programs they and their patients depend on. Our state

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needs to reduce wasteful administrative costs and ensure consistent funding sources for our state's residence healthcare and the providers who serve them."

The Whole Washington Health Trust would be a nonprofit entity that would be used to provide care for everybody in the state, negotiate drug prices, which would include negotiating bulk drug purchases with the state's tribes, cover vision and dental, cover everybody under the age of 19, and work with out-of-state providers to work for Washington state residents .

The Trust would also create new taxes in order to be funded including a 1% income tax for those earning \$15,000 and above which would be called a 'personal health assessment' and would only be allowed to be used for state healthcare. It would also be funded by a payroll tax of 8.5%, which could be exempt of the first \$60,000, a capital gains tax of 8.5% that would not include retirement income, and home sales and farm income taxes.

"The middle class and businesses are projected to save the most, but the benefits package exceeds all currently available to residents through any public program," Georgen continued, "providers also have a lot to gain by having one primary insurance coverage and one baseline level of benefits residents are covered for, it will reduce the amount of time providers spend getting preauthorizations and negotiating with insurers for the more than 130 plans residents are enrolled in (or not enrolled in) currently."

In order to gather the necessary votes, Whole Washington is asking for donations to put into their 'petition posse'. Last year, the organization gathered \$25,000 and spent \$10,000 on a study which prompted a change in language from a campaign supporting legislation into one revolving around a voter initiative, hence I-1600.

This move has some questioning the validity behind Whole Washington's movement. Though these critics are the same individuals who would like to see a single-payer healthcare system that covers everybody, they question how Whole Washington sees the state of Washington paying for a program that could cost up to 50 billion dollars. The state already suffers from being the most regressive state in the country due to the legal challenge of imposing an income tax. Andrew Saturn, a leftist ac-

tivist and affiliate of WOKE Washington, a progressive organizing group that worked closely with Whole Washington during its outset, calls the initiative "vet another incrementalist proposal from yet another for-profit do-nothing 'message campaign.' These campaigns, which all seem to employ the same group of individuals, view the performance of attempting to change our existing capitalist institutions-and intentionally failing to disrupt the status quo-as some measure of success." The Whole Washington program would still include monthly premiums for those 200% above the poverty line.

Single-payer healthcare as a concept has been on the minds of political economy thinkers since the 19th century. Today, the issue is seen as an important facet in the discussions around social, economic, and environmental justice. Washington itself is one of many states today with movements that are fighting for statewide programs that would provide care for every individual within its borders, though statewide sustainability of such a program seems dubious to most.

Organizations such as the Democratic Socialists of America, as well as federal representatives like Senator Bernie Sanders, are focusing their their energy on pushing a nationwide program that works by deriving itself from an existing program which exhibits a successful structure, ample popularity, and language that could be built upon, such as Medicare.

"[If passed] Washington state could lead the nation in guaranteeing healthcare and help to provide data and an example of how universal healthcare can work effectively in the US. Many of the major achievements our country has made in the past, started with state and local achievement," Erin Georgen continued. "We are a Democratic Republic of States, state level progress often has impact on national discourse and our efforts are a part of a much larger movement too."

Whether or not a statewide program is sustainable, one thing is true: the authorization of such a program by state voters would send the strong message that, yes, healthcare is a human right.

Whole Washington is a grassroots organization intent on creating a statewide universal healthcare program in Washington. To learn more, visit their website at

www.wholewashington.com.



VANEESA HOPSON OLYMPIA MOTHER DEAD AFTER "CHEMICALLY RESTRAINED" BEING AT COP'S REQUEST By Mason Soto

On February 7, in the stilldark morning hours, Vaneesa Hopson died while in the custody of the Olympia Police Department (OPD) and paramedics. By the following nightfall, activists gathered on 4th Avenue in an action remembering Hopson and protesting police brutality. The event climaxed when the driver of a silver Toyota truck sped into the crowd injuring at least two people and sending one to the hospital, creating chaos that soon dispersed folks on the street.

Vaneesa's neighbors report that she was not acting like her normal self the night leading up to her death, and at least one report says that she was trying to get people to call first responders to help her. Both neighbors and police reports say that Vaneesa pulled a fire alarm in her unstable state, to which first the fire department, then the police responded. Witnesses say that while she was calm with police as they handcuffed her, the situation soon escalated, and videos from the incident show at least three policeman actively restraining her on the cement parking lot outside her home, giving her little room to move as she can be heard crying out in pain. At some point the cluster of police called paramedics to the scene and it was decided that she could not be detained and transported without being sedated. In situations like this police and paramedics are expected to administer a class of medications known as "chemical restraints" that can include sedatives and antipsychotics. Sources have still not confirmed what exact medication was used, nor what the exact cause of death was, but many community members have shared fears that the "chemical restraint" contradicted something the victim already had in her system. Vaneesa died minutes after the intravenous drugs were delivered.

Police have since sought to put the onus of the decision to sedate Vaneesa on the medics while trying to minimize the stakes of the situation overall, as OPD spokesperson Sam Costello has said all departments involved acted "within protocol."

A march in memorial was scheduled as reports of the incident spread, and about fifty Olympia community members walked Wednesday night through downtown. Many marched in protest against police violence, shouting Vaneesa's name along with Charleena Lyles, a pregnant black woman shot and killed by Seattle police last summer, and John T. Williams, a member of the Nuu-chah-nulth tribe who was killed similarly in 2010. As the protest grew, the crowd flowed out onto 4th Avenue, eventually blocking traffic. Police presence at the action was sparse for the most part, but confrontations with traffic shook the situation nonetheless. As a video from the scene shows, a truck driver inches up to the crowd, then revs forward despite folks attempting to guide the truck elsewhere. Folks screamed as multiple protestors were rammed by the five thousand pound vehicle, and other witnesses say that in the chaos someone pulled out a gun and threatened the protesters with it. Medics showed up, then police in riot gear, waving their own guns around the scattered crowd.OPD says the truck incident has been reported, but so far nothing has come of it.

Organizing has continued as officials churn out their reactions to Vaneesa's death and the protest. One group known as De-escalate Washington has proposed an initiative to restructure the ways that police are held accountable for use of deadly force, the public hearing for which is happening on February 20. Olympia City Counciler member Reneta Collins spoke at a community gathering at the Artesian Well last week offering condolences for

Vaneesa's family. Readers can support Vaneesa's family by donating to her YouCaring page. Funds will be used to pay outstanding bills and to help support her 9 year old son.

LENA-INDES artist interview by sally linn

I met with Lena in the studio as we bonded over our mutual Juul ownership and sampled each other's flavors. Practicing as a mixed media and interdisciplinary artist, Lena's work is constantly moving towards the same levity and inventiveness that children put into their art. The mediums they work in span the gamut to include drawing, metalworking, puppet making, sculpting, animation, photography, video, and generally anything tactile that they can manipulate with their hands.



Arts & Culture



Generally sticking to the four credit art classes that Evergreen offers, they've been able to explore a variety of disciplines and refine their technique. Despite having priority registration as a senior, when they couldn't get into any ceramics classes this year they took matters into their own hands and took a different approach to the material. Opting to work with Sculpey instead, a polymer clay meant to be used by children that can be baked and cured in a kitchen oven, they're continuing on their own to expand their familiarity and ability with sculpting.

Last year, Lena created a puppet show that involved making felt portraits of their friends and the different stories that were important to them. This kind of collaboration is a common practice for them where they can think about real people and their personal narratives and interpret them into an art practice. Their friends will also occasionally give them drawing assignments like to draw "sad egg boy from the 1970s walks home from school" or "grumpy big pants looking at a frog."

Working with bands to create album art or flyers for shows is another way that they bring other people into their creative practice. This also has the added bonus of publicity since the flyers are displayed in public around school and the town. Working with bands can sometimes be difficult, however, since they'll sometimes have a specific vision in mind and reject some of the really neat ideas that Lena throws at them.

Much of what influences their art comes from channeling the inner child to bring out a sense of whimsy and playfulness. This is evident in the types of materials they choose to work with: felt, hot glue, Sculpey, colored pencils, etc. Bodies, color, and camp are the three biggest motifs of their work as these all intermingle in order to evoke a sense of levity.

As playful as their work is, art making has never been a therapeutic or calming experience for them as many other artists will describe. This is attributed to the highly critical attitude that they evaluate their work with (thought they are trying to ease up a bit.) Even as early as four years old they remember throwing away the drawings they made that they judged to be ugly. Secretly, their mother was rescuing these from the garbage all the while and formed a collection of these rejects.

That is to say, Lena has been making art their entire life and their first art class was taken when they were in kindergarten. Art has always been a central component to their family. Their parents continue to make art in their spare time just for the fun of it. Mom paints and collages. Dad makes line drawing. On family vacations they remember spending time having group art sessions.

Currently, their focus is on the fine metal work that they're doing for their program. They are making useful and usable objects like lamps, utensils, and jewelry. For their current assignment, making a set of six utensils, they didn't want to do the obvious—forks, spoons, knives—so instead they decided to circumvent the over-done and make a set of silly straws. These will likely be silver plated in order to make them foodsafe and extra luxurious.

After graduating this spring, they have plans to move back to Los Angeles where they will be assisting the jewelry maker Hannah Keefe in her studio. However, they aspire to be working with children, either as a nanny or teaching art workshops to kids They want to offer the advice, both to themselves and to all the other kids out there to keep making bad art.

Arts & Culture

UP COMING FRI. FEB 23

Capitol Theater 6:30 p.m. Call Me By Your Name (2018)

Le Voyeur *7 p.m., \$12, All Ages.* Despise You, Savage, Escort, Eteraz, and Minor In Possession

SAT. FEB 24

Le Voyeur *3 p.m., All Ages.* PETS, Skrill Meadow, Generifus

Le Voyuer 6 p.m., \$3, NOTAFLOF, All Ages. TheStoneyMoaners, JNX, Werthless, DeadOb

SUN. FEB 25

West Central Park Project 11 a.m., Free, All Ages. Sunday Work Party

MON. FEB 26

Capitol Theater *6:30 p.m., All Ages.* OFS Annual Membership Meeting

TUES. FEB 27

Cryptotropa Bar 7 p.m., \$5, 21+. Novemthree, The Sun and the Mirror, and Umbrae Flux

WED. FEB 28

230 4th Ave E *6 p.m., All Ages.* Awakening Dreams: Free Visual Art Workshops for Youth

THURS. MAR 1

Olympia Timberland Library *5:30 p.m., Free.* Buying Your First Home Workshop

FRI. MAR 2

The Evergreen State College *3 p.m., Lecture Hall 8.* Combating Fatphobia Workshop

SAT. MAR 3

The VVitch House *8 p.m., \$2-\$3. All Ages.* Interfaith Works Emergency Overnight Shelter Benefit Show

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TUESDAY 2/27

ANIMAL COMMUNICATION

Healing Energy for People and Animals. 6:30 p.m. \$200. All Ages.

Have you ever wanted to talk to you cat and tell her that you love her and also that you'll never forget to feed her so she can go ahead and stop worrying so much about that all the time? Well I've got some good news for you and your cat both (which I will soon be able to communicate to both of you as well because I will be at this event, too)! The artist known as "Healing Energy for People & Animals by Wanda Buckner" is putting on an Animal Communication event on Tuesday, the 27th. Note: The Facebook event doesn't actually guarantee you (or I) will learn to talk to cats in this class. It actually is completely blank and only gives it's mysterious title and location, offering no additional details.

THURSDAY 3/1

SCREENING AND DISCUSSION: BOYS AND MEN HEALING

Lecture Hall 4. 6 p.m. No Cover. All Ages.

The Coalition Against Sexual Violence here at Evergreen will be holding a screening and discussion of the film Boys and Men Healing, a film that addresses the impact of sexual violence on men who are survivors, as well as the impact on our society as a whole. This incredibly important film will be screened at 6 pm and followed by a group discussion. A CASV advocate will be present.

FRIDAY 3/2 - THURSDAY 3/8

By Morrissey Morrissey

GET OUT

Capitol Theater. Various Times. All Ages.

Have you seen this movie yet? No? Honestly, I haven't either. Scary movies scare me a lot, do you think it would be less scary if we went together? Not as a date! Just as friends, or as a reader (you) and a creature (me). It'll be fun! Or really scary! But either way, super good! Get Out is a suspense film about Chris, the main character, meeting his girlfriend's parents for the first time. It is director Jordan Peele's first movie and is nominated for four (FOUR) Oscars! Good job, Jordan Peele! There are four showings on FRI 3/2 9:00PM; TUES 3/6 7:00PM, WED 3/7 4:00PM; THU 3/8 7:00PM. Tickets will be for sale 30 minutes before doors.

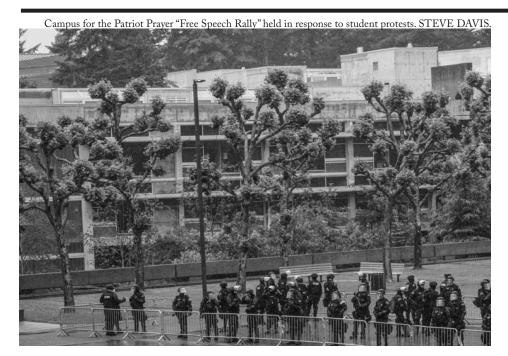
SATURDAY 3/3

ROBOTICS FOR KIDS!

WET Science Center. 11 a.m. No Cover. All Ages.

Okay! I know what you're going to say! "Morrissey, you're a technically a 'full-grown adult 21-year-old creature', not a 'kids'!" and to that I say "Yeah, unfortunately!" I say 'unfortunately' only because I wish I wasn't fully-grown. I want to be taller. But I digress! Don't get ahead of yourself. Although this event is called "for kids", it's definitely all-ages. I checked! This event at Olympia's WET Science Center on Saturday, March 3rd is a class for everyone who is interested in learning the basics of engineering, the history of robotics, and, as their event page states, "discuss cutting edge robots in space" which is incredibly vague but also somehow a really big mood.

Letters & Opinion



SHOTS FIRED @ TESC EVERGREEN CITED AS ONE OF WORST COLLEGE FOR FREE SPEECH

By Jasmine Kozak- Gilroy

On Feburary 12, 2018, the Foundation for Individual Rights (FIRE) released their annual list of the ten worst colleges for free speech, a Buzzfeed- style listicle that addresses instances of suppression of free speech. This year, FIRE chose to include The Evergreen State College, citing the incident in which about thirty students congealed outside Professor Bret Weinstein's classroom and admonished him for the chaos he had caused on the all staff and faculty direct email chain.

Students were reacting not just to his original emails, which started in October with a critique of policies that would encourage hiring for diversity and continued in March with a long winded complaint about the restructuring of Day of Absence/ Day of Presence, but also to his responses to his fellow faculty's replies to his emails, in which he continuously expressed contempt about a lack of what he persevered to be 'civil' discourse surrounding questions of Blackness.

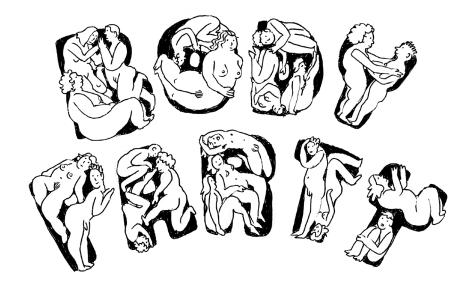
As a student employee and the Managing Editor for The Cooper Point Journal at the time, I followed the email from their inception in the fall. The frustrations expressed by students were not singularly theirsthey were shared by me, and expressed to me by other students, staff, and faculty alike. The folks who showed up outside his office that day were not alone in their taking of Bret Weinstein as an example of one of the many ways in which power dynamics express themselves at Evergreen through a lack of accountability from faculty or the administration that leaves students and coworkers abandoned.

The question of power and who it favors should be central to discussions of free speech, but by equating a number of complex events to clear cut repression, by including instances students yelling at or publicly admonishing professors, protestors burning flags outside Milo Yiannopoulos events, and admission offers being revoked for sending KKK memes, FIRE flattens any discussion of social imbalance. The idea of free speech as it is discussed by FIRE rests on the utopian notion that free speech exists in a vacuum 'free' from intrenched power discrepancies like those between teacher and student, cop and citizen, and white folks and people of color.

In choosing to make no distinctions between the kind of power exerted by administrative bodies, for whom laws regarding free speech were originally designed to keep in check, as opposed to expressions of discontent by students, for whom they were originally designed to protect, they depoliticize the concept of free speech, removing it from very real, crucial political conflicts between neo- Nazis and anti-fascists, between immigrants and white nationalists at the expense of the rights of and respect for students.

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Disagree with me? You're free to. Send your 500 word or less letter to the editor to cooperpointjournal@gmail.com



ADVICE ON SEX, RELATIONSHIPS, + MORE

Do you take any vitamins? How to choose them correctly? Do you eat healthy food?

We take a lot of vitamins everyday but we had a doctor suggest which vitamins to take. If you want to take vitamins and don't have a doctor to consult, you'd be safe finding a good multi-vitamin and taking a vitamin C supplement. We live in a gloomy cloudscape so literally everyone should be taking vitamin D. If you are vegetarian

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your nutrients. We are not down for ort: es, nt, NEW TRADITIONS

or vegan then you should probably seek

out some b12. We recently learned that

you shouldn't take vitamins with your

morning coffee because caffeine blocks

your ability to absorb nutrients! Taking

vitamins is not an excuse to eat junk,

the best way to get your vitamins is

through the food you eat. That being

said, "Healthy" is relative and you can

do your best to eat lots of fruits and

vegetables and still not be getting all



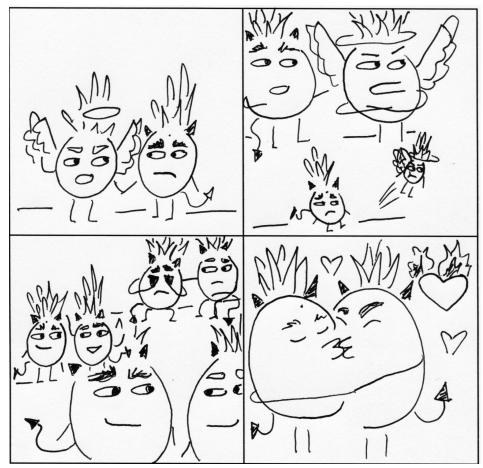


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Letters and Opinion



Deja Vu Liuxing Jay



Stephan Curry Is A Basketball Player Morrissey Morrissey



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The CPJ is always taking comic submissions. Just send your comics to *CPJcomix@gmail.com* at at least 300 dpi or drop off a hard copy to the CPJ office, CAB 332 across from student activities. For more information, as well as submission guidelines and sizing requirments, visit us at http://www.cooperpointjournal.com/submit/

Letters and Opinion

RUBY THOMPSON

food shaming, figuring out what to feed yourself is a struggle and as long as your have enough to eat that's all that matters.

What if the chamomile tea is no longer soothing?

Well, we're gonna go ahead and assume you're attempting to control anxiety through non-pharmaceutical means. We've heard great things about Kava, which you can get in all kinds of forms (powder, tincture, tea). If you're interested in other kinds of tinctures Skullcap and Valerian are good for the nerves. Personally, we really like Magnesium. You can get a powders or a pill supplement but our favorite way, and apparently the most efficient way to absorb magnesium is putting Epsom Salts in a hot bath! For other suggestions that don't involve consuming things, here are some things all us anxious CPJ staffers do to self-soothe. Find a quiet place, put on a timer for 10 minutes and then force yourself to do absolutely nothing until the timer goes off but it's OK if you don't make it. Put on song that you know will make you cry, a release of emotions can reduce the tension. Most importantly, remember that you are not alone in your suffering. Taking time to isolate yourself is good if that's helpful, but there's probably someone in your vicinity that understands what you're going through.

If you have a friend and you see their significant other with someone who's not your friend, do you tell your friend, or do you mind your own business?

The short answer is yes. But unless you know for sure that your friend thinks their relationship is monogamous then don't jump to any conclusions. You could say something like, "Hey I saw your partner out with another person, they looked pretty cozy. Hope this isn't crossing a boundary but I was wondering what's up with that?" Your goal should not be to tear anyone down or to start drama, but to understand more about your friend and to protect them against anyone being dishonest to them.

ARIES 3/21 - 4/19

You've got several big dreams and plans but how many of them can you actually afford? Not just financially but also physically and mentally. The general mood is shifting into a moment of confusion where you will have only your intuition to move you through. Being patient isn't easy for you but you'll benefit now from retreat and stillness. If you must be impulsive, do it in the potent and unbounded space of dreams.

TAURUS 4/20 - 5/20

Allowing things to be chaotic and having fun in spite of disorder is not your strength, but that'll be the best way to handle the coming weeks. You take a lot of responsibility for those around you, usually in a practical way but right now it will be difficult to maintain psychic boundaries, causing much undue worry and guilt. Make choices based not on what you think will alleviate immediate pain but will do the most longterm good for everyone.

GEMINI 5/21 - 6/20

How you approach your public life is indicative of the atmosphere you have set in your private life and vice versa. Best case scenario right now is that you will be able to tap into romantic, poetic wisdom. Worst case scenario, your emotions turn into melodrama and unnecessary brooding. Your imaginative powers are currently strong, but are your feelings appropriate or excessive? Practice your self-control in order to know the difference.

CANCER 6/21 - 7/22

A moment of triumph is on the way. Like all moments, it will be fleeting but it is one that was hard earned and you are encouraged to luxuriate in the experience. The people around you recognize your success; validating messages will arrive in the form of requests for your time and attention. You may already have new adventures on your mind. Thank those that supported you but remember, just because you've been the opportunity doesn't mean you have to take it.

by April Davidson

LEO 7/23 - 8/22 A chapter in your life is over, a final door closes. A happening that is completely beyond your control leads to an experience of transformation and an appreciation for what's essential. Endings are a precondition for new life. Learning how to release and welcome change will send you on a journey that could produce creative forms more stunning and truthful than you ever thought possible. It won't be comfortable but the bonds you retain will grow even stronger.

VIRGO 8/23 - 9/22

Caught up in the paradox between the self and the other, the internal work and insights you have this week will support a balance between contradictions. Relationships are causing more disorder than they are bringing connection but now is not the time to make impulsive choices. Pull back and check in with your personal needs. Your instincts are all your have to guide you now, trust in what you don't know yet.

LIBRA 9/23 - 10/22

You may experience an overwhelming feeling that you need to be alone. Not because you don't want to connect with others but because you need your connections to be more innocent and compassionate. Only in private will you be able to receive information that can dissolve the barriers that prevent the rest of the world from knowing the gentle beauty in your heart. Focus on forgiveness and small gestures of kindness.

SCORPIO 10/23 - 11/21

Sometimes we get a short glimpse of the arrangements of universe, or patterns of time that connect everything. Everything can seem like a huge accident and then something happens that brings perspective and clarity on a new level. As quickly as vision arrives it can disappear again but it will leave an impression. The best you can do right now is to recognize your role in the context of larger cycles, beyond your individual experiences.

SAGITTARIUS 11/22-12/21

There will be a sudden need for you to take things seriously and show responsibility. Whatever the situation is you will be challenged to be accountable, to show up and handle the circumstances with thoughtful consideration. The pressure is on because everyone is looking at you and depending on your to do your best. Focus less on what you think you deserve and more on what you've done to earn your current position.

CAPRICORN 12/22- 1/19 The poster child of patience and diligence, you depend on logic but it can only get you so far. Something feels like it's missing but you won't find out what it is until you show some faith, daydream, crack a joke and appreciate a little absurdity. I promise that if you practice surrendering your claim to reason and progress, it will not unravel your entire life but you might just have some fun.

AQUARIUS 1/20 - 2/18

You can't act on what you don't know, but when you do finally understand the effects your actions have caused then you have a responsibility to address imbalances. We are inextricably bound to others but there is a way to live free. Do you best to see others and yourself clearly, keep your heart and mind open to possibilities beyond material reality. Release doubts and hold tight to your vision of your most evolved self.

PISCES 2/19 - 3/20

There's been a long journey that has led you to this point and you have more to offer than you realize. You have made some irreversible choices, or one has been forced upon you, and you will have to grapple with the aftermath. Transformations are hard but there are more possibilities for renewal than you can know. Making connections with others might feel even more tricky, but don't turn away. Meetings with angels, forgiveness and joy are all likely.

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Body Party is a positive, open-minded column about everything bodied, sex, relationships, and self love. We are not doctors, but we do research all of the answers we provide. Send us question to bodypartcpj@gmail.com or submit 100% anonymously to wastedadvice.sarahah.





